

EASTERN COUNTIES



CYCLING ASSOCIATION

24 mile 3-up Team Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

to be held on

Sunday 18th September 2016SP

Course E22/24 — Start at 8.00 am

Timekeepers:

John Cottee and Laura Carter

AWARDS

1st Team: Gilt Medals — 2nd: ECCA Medals — 3rd: ECCA Medals

Event headquarters:

Birch Village Hall, School Hill, Birch, Essex CO2 0NA

Event secretary: Lea Marshall, 96 Brockenhurst Way, Bicknacre, Essex CM34XG Telephone: 07880 616487

COURSE DETAILS E22/24

START in Lower Road which is first lane on left, north of Birch Village Hall, at entrance gate to pumping station. Proceed to junction with B1022 where turn sharp left (**M**) (GREAT CARE). Proceed through Tiptree, Great Totham North and Great Totham South, to Heybridge turning left (**M**) onto B1026 at Triangle roundabout. Continue through Goldhanger and Tolleshunt D'Arcy until reaching former Kings Head PH where turn left (**M**) and continue for 1 mile to bear right (**M**) at Staffords Corner, continuing on Layer Road over reservoir passing Layer Church and Waterworks to turn left (**M**) into Birch Road at junction with Layer Fox PH. Continue on Birch Road to FINISH just past the opening to Garlands Farm.

LONDON EAST LOCAL REGULATIONS

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the timekeepers car.
- 4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

RIDERS BRIEFING NOTICE

Riders that have finished should proceed straight-on to the event headquarters.

Take care when passing through Birch village.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.

No.	Name	Club	Start
1	Carol Cartwright		
2	Andrew Merchant	Southend Wheelers	8.01
3	Nicola Wright		
4	Karl Bunyan		
5	David McCarthy	Lea Valley CC	8.04
6	Mark Freeman		
7	Simon Smith		
8	Terry Butcher	Southend Wheelers	8.07
9	Adrian Cartwright		
10	Paul Donegan		
11	Ann Shuttleworth	Chelmer CC	8.10
12	Izzie Torrie		
13	Adam Jones		
14	Barry Simpson	Southend Wheelers	8.13
15	Katie Ann Elliston		
16	Paul Shelley		
17	Oliver Simmonds	Diss & District CC	8.16
18	Ian Nixon		
19	Anna Dearing		
20	Chris Hamlion	Colchester Rovers	8.19
21	Roy Cuppelditch		
22	Julie Kane		
23	Jane Harris	Southend Wheelers	8.22
24	Dave Whybrow		
25	Alan Spurden		
26	Peter Harding	Chelmer CC	8.25
27	David Harding		
	<i>Reserve: A Stapleton</i>		
28	Jamie Maidment		
29	David Pennington	Southend Wheelers	8.28
30	Christopher Smith		
31	Thomas Platts		
32	Andy Sewell	Aspire Velo Racing Team	8.31
33	Tim Lynch		
34	Murat Ozdenya		
35	Dean Lubin	Team Vision Racing - Silverhook	8.34
36	Andrew Page		
37	Duncan Gilbert		
38	Graham Painter	Chelmer CC	8.37
39	Antony Stapleton		
	<i>Reserve: A Spurden</i>		
40	Timothy Chilvers		
41	Colin Wilgress	Essex Roads CC	8.40
42	Colin Ward		