

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



## The Start Sheet for the East Anglian VTTA 25m TT

**GERI LANG MEMORIAL CUP** Awarded annually to the best on standard Group member in  
the last Group 25

**Course E2/25 – Sunday 29<sup>th</sup> July 2018 - Starts at 06:30am**

**Course details E2/25: - START at paint mark on A142 just before slip road to A14 westbound. Take slip road and continue onto A14 westbound, and stay in left lane onto A11 where A14 diverges. Continue to Four Went Ways (12.77m), where take slip road to elevated roundabout and circle to rejoin A11 northbound. Retrace via A11 and A14 to FINISH at the drain cover 60 kerb joints before 'Give way in 100 yards' sign on slip road to A142.**

## Start Sheet

Bib	Start Time	Firstname	Lastname	Club	Gender
30	06:30:00	Becky	Mccorquodale	Stowmarket & District CC	Female
31	06:31:00	Hugh	Williams	Redbridge CC	Male
32	06:32:00	Vida	Sutova	Redbridge CC	Female
33	06:33:00	Gillian	Morgan	Westerley Cycling Club	Female
34	06:34:00	Paul	Willis	CC London	Male
35	06:35:00	Karen	Dennett	Bishop's Stortford CC	Female
36	06:36:00	Paul	Breeze	Peterborough CC	Male
37	06:37:00	Brian	Martin	Ciclos Uno	Male
38	06:38:00	Peter	Horsnell	Chelmer CC	Male
39	06:39:00	Sarah-anne	Lucas	Folkestone Velo Club	Female
40	06:40:00	Dominic	Whitehead	St Ives CC	Male
41	06:41:00	Andrew	Knight	Team Bottrill / Vanguard	Male
42	06:42:00	Michael	Fry	Glendene CC	Male
43	06:43:00	Patrick	Charlton	Wolsey RC	Male
44	06:44:00	Amy	Pritchard	Giant Camden Team Liv	Female
45	06:45:00	Ron	Back	West Suffolk Wheelers	Male
46	06:46:00	Mark	Thomas	Bigfoot CC	Male
47	06:47:00	Matthew	Cook	Bedfordshire Road RT	Male
48	06:48:00	Stewart	Kirk	CC Sudbury	Male
49	06:49:00	Wayne	Greve	Shaftesbury CC	Male
50	06:50:00	Bob	Quarton	Wolsey RC	Male
51	06:51:00	Michael	Porter	34 Nomads CC	Male
52	06:52:00	Tony	Baxter	Withington Wheelers	Male
53	06:53:00	Nigel	Croxford	High Wycombe CC	Male
54	06:54:00	Martin	Atkinson	Peterborough CC	Male
55	06:55:00	Jennifer	Smart	VC Norwich	Female
56	06:56:00	Andrew	Bright	Chronos RT	Male
57	06:57:00	Steve	Shore	Southend Wheelers	Male
58	06:58:00	Tina	Reid	trainSharp	Female
59	06:59:00	Mark	Endersby	Anglia Velo	Male
60	07:00:00	Graham	Pepperdine	Verulam CC	Male
61	07:01:00	Philip	Waring	VTTA (East Anglia Group)	Male
62	07:02:00	Michael	Wood	CC Breckland	Male
63	07:03:00	James	Wood	West Suffolk Wheelers	Male
64	07:04:00	Christopher	Symonds	North Road CC	Male
65	07:05:00	Richard	Payn	34 Nomads CC	Male
66	07:06:00	Carl	Murley	Wisbech Whs	Male
67	07:07:00	Stephen	Wilkinson	Folkestone Velo Club	Male
68	07:08:00	Mark	Smart	VC Norwich	Male
69	07:09:00	Adrian	Cox	Team Milton Keynes	Male
70	07:10:00	Susan	Triplow	Essex Roads CC	Female
71	07:11:00	Robert	Royston	Sydenham Whs	Male
72	07:12:00	Chris	Roberts	Team PedalRevolution.co.uk	Male
73	07:13:00	Peter	Tibbitts	Ford CC	Male
74	07:14:00	Julia	Freeman	Easterley Road Club	Female
75	07:15:00	Patrick	Ellerbeck	St Neots CC	Male
76	07:16:00	Mike	Padfield	North Norfolk Whs	Male

77	07:17:00	David	Carey	Southend Wheelers	Male
78	07:18:00	Ian	Cardy	Chelmer CC	Male
79	07:19:00	Chris	Melia	Born to Bike - Bridgtown Cycles	Female
80	07:20:00	Chris	Nudds	CC Breckland	Male
81	07:21:00	Roger	Sewell	Wisbech Whs	Male
82	07:22:00	Chris	Dyason	Cambridge CC	Male
83	07:23:00	Stephen	Tierney	Team Bottrill / Vanguard	Male
84	07:24:00	Bob	Richardson	Bournemouth Jubilee Whs	Male
85	07:25:00	Martin	Bullen	Peterborough CC	Male
86	07:26:00	Lawrence	Wintregold	Hounslow & District Whs	Male
87	07:27:00	John	Bradbury	CC Sudbury	Male
88	07:28:00	Kevin	Haynes	Finsbury Park CC	Male
89	07:29:00	David	Crisp	3T-RACING	Male
90	07:30:00	Jon	Friend	Bedfordshire Road RT	Male
91	07:31:00	Steven	Bass	Maldon & District CC	Male
92	07:32:00	Colin	Lizieri	Cambridge CC	Male
93	07:33:00	Paul	Hayward	VC Baracchi	Male
94	07:34:00	Gavin	Hinxman (trike)	DRAG2ZERO	Male
95	07:35:00	Jeff	Roberts	High Wycombe CC	Male
96	07:36:00	Lee	Turner	Sigma Sports	Male
97	07:37:00	Stu	Levene	Whitewebbs CC	Male
98	07:38:00	Janet	Fairclough	St Helens CRC	Female
99	07:39:00	Steven	Neill	Kings Lynn CC	Male
100	07:40:00	Richard	Carrington	West Suffolk Wheelers	Male
101	07:41:00	Chris	Tye	Plomesgate CC	Male
102	07:42:00	Darran	Bennett	Ely & District CC/B&T Motor Repairs	Male
103	07:43:00	Mark	Valios	Bigfoot CC	Male
104	07:44:00	Paul	French	Bedfordshire Road RT	Male
105	07:45:00	John	Dowling	Hemel Hempstead CC	Male
106	07:46:00	Tim	Kingston	GS Invicta - Eye Level Optical- Herbert Cycles	Male
107	07:47:00	Tim	Phillips	St Ives CC	Male
108	07:48:00	Andy	Stuart	Velo Club St Raphael	Male
109	07:49:00	Paul	Smith	VeloRefined.com Aerosmiths	Male
110	07:50:00	Damon	Day	CC Sudbury	Male
111	07:51:00	Murat	Ozdenya	Team Vision Racing - Silverhook	Male
112	07:52:00	Matt	Steel	Shaftesbury CC	Male
113	07:53:00	Terry	Garlinge	Team Vision Racing - Silverhook	Male
114	07:54:00	John	Hassall	Bossard Whs	Male
115	07:55:00	Tim	Beaven	Bicester Millennium CC	Male
116	07:56:00	Jon	Puleston-jones	Dulwich Paragon CC	Male
117	07:57:00	Sam	Wightman	Chelmer CC	Male
118	07:58:00	Stephen	Murphy	Shaftesbury CC	Male
119	07:59:00	Martin	Reynolds	Cambridge CC	Male
120	08:00:00	Iain	Boardman	Dulwich Paragon CC	Male
121	08:01:00	Richard	Gifford	trainSharp	Male
122	08:02:00	Mark	Newton	Elite Cycling	Male
123	08:03:00	Andrew	Grant	Cambridge CC	Male
124	08:04:00	Dave	Green	CC Breckland	Male
125	08:05:00	Andy	Proffitt	Ipswich BC	Male
126	08:06:00	David	Procter	Team Velovelocity	Male

127	08:07:00	Simon	Norman	Bedfordshire Road RT	Male
128	08:08:00	Julian	Elliott	Finsbury Park CC	Male
129	08:09:00	Adam	Bidwell	Kingston Wheelers CC	Male
130	08:10:00	Kevin	Tye	VeloRefined.com Aerosmiths	Male
131	08:11:00	James	Rix	Team Bottrill / Vanguard	Male
132	08:12:00	Matthew	Smith	DRAG2ZERO	Male

**NOTES TO RIDERS - The following local regulations must be adhered to: -**

- 1. No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action. Have a fast, but safe ride.**
  - 2. NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
  - 3. Numbers will be situated in the HQ and riders must sign for them personally. They can be exchanged for a hot or cold drink after the event in the small gym and remember to sign your number back in after your ride.**
  - 4. NO cars to stop or park at the start or finish areas, the finish is a clearway.**
  - 5. No warming-up by competitors is allowed along any part of the designated course, after the event has started.**
- NOTE: NO Riders allowed in the start area more than 5 minutes before starting.**
- 6. ON FINISHING RIDERS MUST STAY TO THE LEFT HAND SIDE OF THE SLIP ROAD, ANY RIDER MOVING OVER TO THE RIGHT WILL BE DISQUALIFIED, THIS IS FOR YOUR OWN SAFETY**
  - 7. AT THE TOP OF THE SLIP ROAD GO LEFT, THEN TAKE NEXT LEFT, WINDMILL HILL FOLLOW TO EXNING, AT T JUNCTION GO LEFT INTO EXNING ROAD, THE LEISURE CENTRE IS APPROX. 2.5 MILES.**
  - 8. Please check notice board next to results board on returning number for Doping control.**

**Timekeepers: John Cottee & Eric Angell**

**Event Secretary: Gary Boyd, 3 Blundell Close, Hackney, London, E8 2RS**

**Mobile: 07792950305**

## **East Anglian VTTA awards**

**Actual Fastest 1st Best on Standard 1st Lady on Standard**

**Fastest age groups: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-79, & 80+**

**Club team of three on Standard GERI LANG MEMORIAL CUP - for East Anglian Group members only**

**EVENT HQ – Small Gym at Newmarket Leisure Centre, Exning Road, Newmarket, Suffolk, CB8 0EB. To get to the HQ, turn off the A14 and turn northwards on the A142. Turn left into Windmill Hill. At T junction turn left into Exning Road and the Leisure Centre is on your right approximately 2.5 miles along Exning Road.**

**There is adequate parking, but please be considerate and park sensibly.**

### **Note:**

**The Start is approximately 2.5 miles from the HQ, please allow enough time to get to the start on time. The route to the Start is different to that from the Finish but it will be well signed in both directions and you should follow those signs.**

**There are adequate areas beyond the start to park and warm up.**

**Changing facilities and showers are available in the Leisure Centre, please do not change in the car park.**