**Open 50 mile TT – L5012**

**Promoted for and on behalf of Cycling Time Trials under their rules and regulations**

**Saturday 4th August First rider off: 14:04hrs**

**Event organiser:** Kenneth Brown **Timekeeper:** Mrs Tracey Moore

33 Chaucer Road, Workington, Cumbria, CA14 4HQ **Assistant:** Mr Tim Houghton

Tel 07921334158 email kennethbrown81@sky.com

**Event HQ-** St Herberts Church Hall, Braithwaite, Cumbria, CA12 5TD. Parking is limited please park curiously there is parking available at the start, that is a short walk or the adjacent school has parking with honesty box. The HQ is approximately 0.5 mile from the start and will be open from around 12 noon. Refreshments will be available following the event.

I am aware roadworks are currently planned on the course. I have been advised that they are only in place mon-fri 8-5 so the road should be clear.

**Course details**

Start at eastern side of the junction of the old road with the northern side of the A66, 0.36 miles east of Braithwaite village hall. Proceed in an easterly direction along the A66 to TURN by encircling the traffic island at the junction of the A66 and A591 near Keswick (1.95 miles). Take 4th exit and retrace along A66 past the start and continue to TURN by encircling the traffic island near Cockermouth (14.8 miles). Take the 4th exit and retrace along the A66 through the start point, to TURN by encircling the traffic island at the junction with the A66 and the A591 (27.65 miles). Retrace along the A66 to TURN at the traffic island near Cockermouth (40.5 miles) and retrace along the A66 to FINISH at the east end of the tarmac footpath in layby on north east side and 50 yards short of the overhead bridge which is one mile west Braithwaite VH. 50 miles.
 <https://ridewithgps.com/routes/28210998>

**The following Local Regulations have been approved by the national Committee in accordance with** **Regulation 38. CTT Regulation 17: Signing on sheet and signing out sheet**: (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing on sheet when collecting their number. (b) In type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their number and sign the official signing out sheet. The following local regulations have been approved by the national committee in accordance with regulation 38. Any breaches may lead to disciplinary action being taken. **Local Reg No. 5**: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event**. Local Reg No. 6**: Any competitor making a U turn in the vicinity of the start or finish will be disqualified from the event**. Local Reg No.9**: No parking on the A66 except in a designated layby**. Local Reg. No.15**: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification. Riders must give their number at the finish and elsewhere on the course if requested. Riders must NOT STAND in the road at the start or finish. Riders must NOT ride with their heads down.

**Helmets**: All competitors under the age of 18 and/or juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (see reg. 15) CTT strongly recommends ALL competitors to wear such a helmet

**Competitors Machines – Lights**: CTT recommends that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

**AWARDS-** one rider one prize except team (highest value awarded)

|  |  |  |  |
| --- | --- | --- | --- |
|  | 1st | 2nd | 3rd |
| Overall | £40 | £35 | £30 |
| Vet 40+ | £30 | £20 |  |
| Vet 50+ | £30 | £20 |  |
| Vet 60+ | £30 | £20 |  |
| Ladies | £30 | £25 | £20 |
| Team of 3 | £30 |  |  |

Have a Fast and Safe Ride

Thanks

Ken

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| --- | --- | --- | --- | --- |
| Start Time | Firstname | Lastname | Club | Gender |
| 14:04:00 | Kenneth | Brown | Velo Club Cumbria | Male |
| 14:05:00 | Patrick  | Pennefather  | Border City Whs CC | Male |
| 14:06:00 | Rob | Tweddle | Tri Lakeland | Male |
| 14:07:00 | Kath | Finn | Kendal Cycle Club | Female |
| 14:08:00 | Clifford | Degraff | Velo Club Cumbria | Male |
| 14:09:00 | Laura  | Johnston  | Tri Lakeland | Female |
| 14:10:00 | Craig  | Horseman | Beacon Wheelers | Male |
| 14:11:00 | Alan | Cornthwaite | Velo Club Cumbria | Male |
| 14:12:00 | William | Armstrong | Velo Club Cumbria | Male |
| 14:13:00 | Mhairi | Wear | Beacon Wheelers | Female |
| 14:14:00 | Phil | Wright | Hartlepool CC | Male |
| 14:15:00 | David | Thompson | Rock to Roll CC | Male |
| 14:16:00 | Ian | Elliot | Hawick Cycling Club | Male |
| 14:17:00 | David  | Golden | Army Cycling Union | Male |
| 14:18:00 | Craig | Wilson | Nelson Whs CC | Male |
| 14:19:00 | Denis | Thompson | West Pennine Road Club | Male |
| 14:20:00 | Paul | Taylor | North Lancashire Road Club | Male |
| 14:21:00 | Steve | Wilkinson | Nelson Whs CC | Male |
| 14:22:00 | Chris | Stothard | Velo Club Cumbria | Male |
| 14:23:00 | Theresa | Taylor | Ribble Valley Crossroads Care Cycling Team | Female |
| 14:24:00 | Paul | Revell | Barrow Central Wheelers | Male |
| 14:25:00 | Mark | Warters | Ayr Roads CC | Male |
| 14:26:00 | Sue | Cheetham | North Lancashire Road Club | Female |
| 14:27:00 | Lee | Spoor | Tri Preston | Male |
| 14:28:00 | Stuart | Timmins | North Lancashire Road Club | Male |
| 14:29:00 | Mike | Westmorland | Border City Whs CC | Male |
| 14:30:00 | Dan | Taylor | Coveryourcar.co.uk RT - Fitted and Tailored Car Covers | Male |
| 14:31:00 | Carol | Westmorland | Border City Whs CC | Female |
| 14:32:00 | Julian | Cook | Velo Club Cumbria | Male |
| 14:33:00 | David | Wright | Warrington Road Club/Horton Light Engineering/RS Cyclesport | Male |
| 14:34:00 | Tim | Williams | Chester RC | Male |
| 14:35:00 | Paul David | Fleming | Preston Whs | Male |
| 14:36:00 | Adrian | Sowerby | Border City Whs CC | Male |
| 14:37:00 | Archie  | Irving | Beacon Wheelers | Male |
| 14:38:00 | Zoe | Whiteside | Team Bottrill / Vanguard | Female |
| 14:39:00 | Stephen | I'anson | Buxton CC/Sett Valley Cycles | Male |
| 14:40:00 | Tom | Rigby  | Croston Velo | Male |
| 14:41:00 | Peter | Haigh | Nelson Whs CC | Male |
| 14:42:00 | Graham | Jones | Edinburgh Road Club | Male |
| 14:43:00 | Murray | Doyle | Bute Wheelers | Male |
| 14:44:00 | Katie | Lukas | Beacon Wheelers | Female |
| 14:45:00 | Tom | Roper | University of Liverpool Cycling Club | Male |
| 14:46:00 | Peter | Howarth | Stretford Wheelers CC | Male |
| 14:47:00 | John | Mason | Velo Club Cumbria | Male |
| 14:48:00 | Charlotte | Boothman | ABC Centreville | Female |
| 14:49:00 | Danny | Mccabe | Garstang CC | Male |
| 14:50:00 | Stephen | Irwin | North Lancashire Road Club | Male |
| 14:51:00 | Sean | Owens | Croston Velo | Male |
| 14:52:00 | Scott | Leverington | Springfield Financial Racing Team | Male |
| 14:53:00 | Kenneth | Brown | Velo Club Cumbria | Male |
| 14:54:00 | Hannah | Macdonald | Liverpool Century RC | Female |
| 14:55:00 | Paul | Russell | Springfield Financial Racing Team | Male |
| 14:56:00 | Tony | Shaw | Nelson Whs CC | Male |
| 14:57:00 | Emma | Houterman | North Lancashire Road Club | Female |
| 14:58:00 | Thomas | Mcneish | Royal Albert CC | Male |
| 14:59:00 | Kenneth | Addison | Southport CC | Male |
| 15:00:00 | Richard | Bickley | Border City Whs CC | Male |
| 15:01:00 | Simon | Hayes | Velo Club Cumbria | Male |
| 15:02:00 | Hope | Kerry | Team Lusso | Female |
| 15:03:00 | Martin | Kerry  | Lancashire RC | Male |
| 15:04:00 | Tim | Bennett | Kent Valley RC | Male |
| 15:05:00 | Mick | Black | Springfield Financial Racing Team | Male |
| 15:06:00 | Tim | Clark | Team Blanco Enduro  | Male |
| 15:07:00 | Mark | Hulme | West Pennine Road Club | Male |
| 15:08:00 | Stephen | Turner | Border City Whs CC | Male |
| 15:09:00 | Kieran | Lacey | Barrow Central Wheelers | Male |
| 15:10:00 | Philip | Jones | Transition Race Team  | Male |
| 15:11:00 | Phil  | Shaw | Kent Valley RC | Male |
| 15:12:00 | Martin  | Bailey | Southport CC | Male |
| 15:13:00 | Kevin | Chadwick  | Lakes Road Club | Male |
| 15:14:00 | David | Gleave | Velo Club Cumbria | Male |
| 15:15:00 | Scott | Smith | Barrow Central Wheelers | Male |