Northampton & District Cycling Association 10-mile Time Trial (TT Series Event 10 of 10)



FOUNDED 1935

PRESIDENT: Ray Grundy

Saturday 17 September 2016 starting at 2 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for the following categories of the N&DCA Time Trial Series Championships, Overall, Ladies, Junior, Masters and Team.

For up to date N&DCA news including the latest points tables visit our website

http://www.northamptondca.org.uk

Headquarters: Marston Social Club, Station Road, Marston Moretaine, MK43 OPN

Facilities: The HQ will be open from **12.30 pm**. Signing-on and number collection will be at the HQ. A variety of home bakes will be on sale. A free cup of tea or coffee will be available for all marshals and helpers and for competitors on return of your race number.

Parking: Parking will be available in the field beside the Sports and Social club.

Prize Values	Fastest	Lady	Junior / Juvenil e	Masters X (born 1957-1966)	Masters Y (born 1947-1956)	Masters Z (born 1946 or earlier)	Team of 3
1 st	£18	£9	£9	£9	£9	£9	£24
2 nd	£16	£7	£7	£7	£7	£7	£18
3 rd	£14	£6	£6	£6	£6	£6	-
4 th	£12	1	-	-	-	-	-
5 th	£10						
6 th	£9						
7 th	£8	- 1	-	-	-	-	-
8 th	£7						

Local Regulations: NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Bedfordshire Police stress that all competitors are made aware of the need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

National Committee Recommendations: IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working REAR LIGHT either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Numbers: These will be available at the Event Headquarters, not at the Start. Please ensure that you sign the "Signing-On" sheet and clearly call out your number when crossing the finish line.

Doping Control: This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the results board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Start on old A421 at lay-by, on top of hill, 0.4 miles north of Brogborough at point 15½ flat kerb stones South of the North end of the raised kerb stones (GR 966387). Proceed North East along old A421, straight on at (new) RAB and through (new) pedestrian crossing and at Marston roundabout, taking second exit. Continue NE on old A421 to

Turn at Fields Road Wootton roundabout (5.44 miles).

Retrace south along old A421, straight on at Marston RAB and through (new) pedestrian crossing and over (new) RAB to:

Finish approximately ³/₄ mile after side road to Lidlington, at second drain 28 yards past start of Armco barrier (GR 972398).

Note: The only motor vehicles associated with the Event allowed near the Start or Finish will be those of the Timekeepers.

Event Secretary: James McKenzie, 22 High Street, Blunham, Bedford, MK44 3NL – Mob 07891513952 **HQ**: Marston Social Club, Station Road, Marston Moretaine, MK43 0PN