

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

2018 Welsh Cycling Association 10 mile Time Trial Championship.

Promoted by

Pontypool Road Cycling Club

Sunday 12 August 2018 – R10/17 – 8.08 am

Event Sec: Roger Wood 18 Oaklands Park Drive, Rhiwderin, Newport NP10 8RB

Mobile: 07510961945. Complaints should be made in writing to me within 24 hours.

Timekeepers: Starter – Phyl Harradine. Finish – Robin Field.

Event Headquarters: Abergavenny Scout Hall, Fairfield Car Park, Park Avenue
Abergavenny NP7 5SS. Open from 7.08 am.

Awards –

Men's Championship	1st - £30 and championship medal and Champions Cap
	2nd - £20 and championship medal
	3rd - £10 and championship medal
Ladies Championship	1st - £30 and championship medal and Champions Cap
	2nd - £20 and championship medal
	3rd - £10 and championship medal
Junior Championship	1st - Championship medal and Champions Cap
	2nd - Championship medal
	3rd - Championship medal
	1st female - Championship medal and Champions Cap
	1st Juvenile - Championship medal and Champions Cap
	1st female Juvenile -Championship medal and Champions Cap

Remember to sign in and OUT after the race. Failure to do so will result in disqualification.

In the interests of your own safety, Cycling Time Trails and the event promoters strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard. It is a regulation of the CTT that all riders under the age of 18 or juniors should wear a hard shell helmet conforming to a safety

standard in accordance with the regulation 15 and have a rear facing flashing red light fitted to your machine.

Course Description R10/17 - A40 Hardwick - Raglan

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick roundabout, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan roundabout (4.94 miles) and turn by circling roundabout and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

This event may be subject to Doping Control - It is your responsibility to check! Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board, if your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

There will be a short presentation immediately following confirmation of the results. Medals need to be collected on the day. Please stay to applaud the Champions for 2018.

Have a safe fast ride!

2018 WCA 10 mile TT Championship. Junior, Ladies and Mens Overflow event.

Start	No	Name	Club	Age	Standard
8.08	8	Morgan Lloyd	Towy Riders	m	13
8.09	9	Kyle Jones	WORX Factory Racing Powered by Silverstone	m	13
8.10	10	Robbie Morgan	Newport Phoenix CC	m	14
8.11	11	Aimee Lane	Wyre Forest Cycle Racing Club	f	14
8.12	12	Louis Hay	Cwmcarn Paragon Road Club	m	15
8.13	13	Eden Rae Davies	Port Talbot Whs CC	f	14
8.14	14	David Middleton	Cardiff Ajax CC	m	18
8.15	15	Oliver Rowlands	Newport Phoenix CC	m	16
8.16	16	Charlotte Mitchell	Newport Phoenix CC	f	17
8.17	17	Matthew Hanford	Bynea Cycling Club	m	17
8.18	18	Samuel Reakes	Bynea Cycling Club	m	17
8.19	19	Joshua Sandman	Team Backstedt Bike Performance	m	18
8.21	21	John Thompson	Severn Road Club	mv	70 00:31:09
8.22	22	Ron Boast	Ogmore Valley Wheelers	mv	67 00:30:28
8.23	23	Mark Westwood	Cwmcarn Paragon Road Club	mv	56 00:28:06
8.24	24	Allen Janes	Bristol South Cycling Club	mv	72 00:31:36
8.25	25	David Davies	Cwmcarn Paragon Road Club	mv	81 00:33:45
8.26	26	Terry Harradine	CC Topp	mv	71 00:31:22
8.27	27	Ken Evans	PDQ Cycle Coaching	mv	62 00:29:22
8.28	28	Michael Harborne	Warwickshire Road Club	mv	75 00:32:18
8.29	29	Tony Emery	Dursley Road Club	mv	71 00:31:22
8.30	30	Derek Morgan	Gannet CC	mv	78 00:33:01
8.31	31	David Steel	Hereford & Dist Whs CC	mv	71 00:31:22
8.32	32	Kevin Bessant	Bynea Cycling Club	mv	55 00:27:54
8.33	33	Paul Rees	Bynea Cycling Club	mv	53 00:27:30
8.34	34	Ed Hadley	Hereford & Dist Whs CC	mv	62 00:29:22
8.35	35	Kevin Fiander	Monmouth Tri Club	mv	55 00:27:54
8.36	36	Ian Gibson	Abercynon Road Club	mv	58 00:28:31
8.37	37	Robin Fox	Dursley Road Club	mv	60 00:28:57
8.38	38	Michael Collins	VC Sevale (Malvern)	mv	49 00:26:42
8.39	39	Mark Leeming	PDQ Cycle Coaching	mv	42 00:25:22
8.40	40	Russell Boon	Avonlea/Treasure RT	mv	53 00:27:30
8.42	42	Andrea Parish	VeloSistas TT Team	fv	50 00:26:54
8.43	43	Claire Bird	Pontypool Road Cycling Club	f	

8.44	44	Carol	Bowen	Abercynon Road Club	fv	56	00:28:06
8.45	45	Anna	Morris	Southampton University Road Cycling	f		
8.46	46	Diane	Wilson-evans	Bynea Cycling Club	fv	58	00:28:31
8.47	47	Gaynor	Hughes	Bynea Cycling Club	fv	53	00:27:30
8.48	48	Hollie	Labunsky	Port Talbot Whs CC	f		
8.49	49	Lucy	Davies	Arctic Tacx RT	f		
8.50	50	Elizabeth	Bennett	Team Jadan-Weldtite p/b Vive Le Velo	f		
8.51	51	Jo	Buckland	Bush Healthcare CRT	fv	51	00:27:06
8.52	52	Deborah	Sheridan	Warwickshire Road Club	fv	61	00:29:09
8.53	53	Louisa	Cooper	Bournemouth Jubilee Whs	f		
8.54	54	Arja	Scarsbrook	Bush Healthcare CRT	fv	70	00:31:09
8.55	55	Stephanie	Post	Team Bottrill / Vanguard	f		

2018 WCA 10 mile TT Championship. Men's event.

9.01	1	Stephen	Ratcliffe	Brecon Wheelers	mv	50	00:26:54
9.02	2	Dean	Prosser	Hereford & Dist Whs CC	mv	49	00:26:42
9.03	3	Richard	Lloyd	Pontypool Road Cycling Club	m		
9.04	4	David	Singleton	Acme Whs (Rhondda) CC	mv	54	00:27:42
9.05	5	John	O'dwyer	Dursley Road Club	m		
9.06	6	Jeffrey	Adams	Pontypool Road Cycling Club	mv	71	00:31:22
9.07	7	Tonymartin	Lake	Gloucester City Cycling Club	mv	45	00:25:56
9.08	8	Tony	Chapman	Frome and District Wheelers	mv	46	00:26:07
9.09	9	John	Shehan	Bynea Cycling Club	mv	72	00:31:36
9.10	10	Christopher	Owram	Severn Valley Cycles	m		
9.11	11	Gareth	Hill	Abercynon Road Club	mv	46	00:26:07
9.12	12	Paul	Jones	Ystwyth CC	mv	43	00:25:33
9.13	13	Roger	Taylor	Frome and District Wheelers	mv	72	00:31:36
9.14	14	Mike	Tucker	Frome and District Wheelers	mv	78	00:33:01
9.15	15	Darren	Gardner	Bath Cycling Club	mv	43	00:25:33
9.16	16	Lee	Gaughan	Climb on Bikes RT	mv	48	00:26:31
9.17	17	Neil	Meredith	Abercynon Road Club	m		
9.18	18	Andy	Cole	Frome and District Wheelers	mv	68	00:30:41
9.19	19	Peter	Murrieri	NFTO Race Club	mv	59	00:28:44
9.20	20	Nick	Giles	Wrexham RC	mv	59	00:28:44
9.21	21	Leon	Evans	Cardiff Ajax CC	mv	44	00:25:45
9.22	22	Digby	Rusling	Royal Dean Forest Cycle Club	mv	49	00:26:42
9.23	23	Iain	Cade	Bath Cycling Club	m		
9.24	24	Jon	Vickery	Cwmcarn Paragon Road Club	mv	54	00:27:42
9.25	25	Lloyd	Dobson	Army Cycling Union	m		
9.26	26	Luke	Bradford	Hereford Triathlon Club	mv	40	00:25:00
9.27	27	Kevin	Grant	Frome and District Wheelers	mv	61	00:29:09
9.28	28	Simon	Kinsey	Virtual Cycling Club	mv	48	00:26:31
9.29	29	Robert	Lucas	Port Talbot Whs CC	mv	70	00:31:09
9.30	30	Martin	Osman	CC Giro	mv	44	00:25:45
9.31	31	Ian	Lindsay	Gloucester City Cycling Club	mv	45	00:25:56
9.32	32	Cliff	Voller	Newbury RC	mv	67	00:30:28
9.33	33	Michael	Williams	Hereford & Dist Whs CC	mv	61	00:29:09
9.34	34	Steven	Brown	Gloucester City Cycling Club	mv	45	00:25:56
9.35	35	Thomas	Dye	Cardiff Ajax CC	m		
9.36	36	Garry	Shuker	Walsall Roads Cycling Club	mv	63	00:29:35
9.37	37	Robert	Smith	365veloRacingClub	mv	47	00:26:19
9.38	38	Richard	Rees	Cardiff Ajax CC	m		
9.39	39	Jonathan	Hopkins	Bynea Cycling Club	mv	44	00:25:45
9.40	40	Tom	Ellis	Bikestrong-KTM	m		
9.41	41	Chris	Hughes	Hereford & Dist Whs CC	mv	58	00:28:31
9.42	42	Michael	Stephens	Hereford Triathlon Club	mv	58	00:28:31
9.43	43	Euan	Davies	University of Bath Cycling Club	m		
9.44	44	Andrew	Milner	North Cotswold CC	mv	46	00:26:07
9.45	45	Owen	Burgess	Newport Phoenix CC	m		
9.46	46	Terry	Anthony	Ogmore Valley Wheelers	mv	66	00:30:15
9.47	47	Mike	Parry	Hereford Triathlon Club	mv	52	00:27:18

9.48	48	Alan	Cooper	Avonlea/Treasure RT	mv	61	00:29:09
9.49	49	David	Roe	Revo Racing	mv	69	00:30:55
9.50	50	Gary	Flower	Acme Whs (Rhondda) CC	mv	49	00:26:42
9.51	51	Carlo	Toledo	Gloucester City Cycling Club	mv	52	00:27:18
9.52	52	Andy	Williams	Newport Phoenix CC	mv	50	00:26:54
9.53	53	Gareth	Lynch	VTTA (South Wales)	mv	43	00:25:33
9.54	54	Andy	Kelly	Bristol South Cycling Club	mv	53	00:27:30
9.55	55	Andrew	Derrick	Severn Road Club	m		
9.56	56	Paul	Colman	Pembrokeshire Velo	mv	57	00:28:19
9.57	57	Guy	Evans	Hereford & Dist Whs CC	mv	59	00:28:44
9.58	58	Brad	Davies	Bynea Cycling Club	mv	52	00:27:18
9.59	59	Robert	Finch	Arctic Tacx RT	mv	60	00:28:57
10.00	60	Stuart	Evans	Port Talbot Whs CC	mv	72	00:31:36
10.01	61	Steven	Madeley	Ogmore Valley Wheelers	mv	57	00:28:19
10.02	62	Owain	Roberts	Port Talbot Whs CC	m		
10.03	63	Jake	Tay	Severn Road Club	mv	45	00:25:56
10.04	64	Marco	Marletta	Cardiff Jif	mv	52	00:27:18
10.05	65	Rich	Long	Merthyr CC	m		
10.06	66	Simon	Geary	Hereford & Dist Whs CC	mv	46	00:26:07
10.07	67	Jeffrey	Rees	Gower Riders Cycling Club	mv	55	00:27:54
10.08	68	Jason	Cole	Milford Tritons Cycling Club	m		
10.09	69	Stephen	Landeg	Ogmore Valley Wheelers	mv	64	00:29:48
10.10	70	Paul	Milner	Worcester St. Johns CC	mv	48	00:26:31
10.11	71	Andy	Hazell	Nova Raiders CC	mv	71	00:31:22
10.12	72	Richard	Coleman	Stourbridge Velo	mv	64	00:29:48
10.13	73	Philip	Sims	Newport Phoenix CC	mv	42	00:25:22
10.14	74	Arwel	Davies	Towy Racing Cycling Club (TRCC)	mv	45	00:25:56
10.15	75	Derek	Dowdeswell	Gloucester City Cycling Club	mv	64	00:29:48
10.16	76	David	Brice	Bynea Cycling Club	mv	57	00:28:19
10.17	77	Mark	Palliser	Hereford & Dist Whs CC	mv	53	00:27:30
10.18	78	Peter	Lynk	Bournemouth Jubilee Whs	mv	52	00:27:18
10.19	79	Matthew	Smith	Brighton Excelsior CC	m		
10.20	80	Rob	Hussey	Royal Dean Forest Cycle Club	m		
10.21	81	Michael	Portlock	Merthyr CC	mv	48	00:26:31
10.22	82	Simon	Tarrant	Cheltenham & County Cycling Club	mv	44	00:25:45
10.23	83	David	Bucknall	Royal Dean Forest Cycle Club	mv	44	00:25:45
10.24	84	Paul	Hayward	Pontypool Road Cycling Club	mv	46	00:26:07
10.25	85	Alex	Touche	Newport Phoenix CC	m		
10.26	86	Grant	Arnold	Pembrokeshire Velo	m		
10.27	87	Marinus	Petersen	Team NBCC	m		
10.28	88	Jason	Streather	Velo Club St Raphael	mv	44	00:25:45
10.29	89	David	Wilson-evans	Bynea Cycling Club	mv	61	00:29:09
10.30	90	Mark	Brock	Somerset Road Club	mv	47	00:26:19
10.31	91	Steve	Potts	Velo Club St Raphael	mv	60	00:28:57
10.32	92	David	Medhurst	Cardiff Ajax CC	m		
10.33	93	Rob	Hall	Salt and Sham Cycle Club	mv	45	00:25:56
10.34	94	Daniel	Colman	Pembrokeshire Velo	m		
10.35	95	Peter	Hatt	Velo Club St Raphael	mv	51	00:27:06
10.36	96	Nathan	Leaves	Cwmcarn Paragon Road Club	m		
10.37	97	Steffan	Roberts	Ystwyth CC	m		
10.38	98	Carwyn	Davies	Cwmcarn Paragon Road Club	mv	40	00:25:00
10.39	99	Bryn	Davies	Hafren CC	mv	45	00:25:56
10.40	100	Steven	Cottington	Bath Cycling Club	mv	56	00:28:06
10.41	101	Julian	Harper	Revo Racing	mv	49	00:26:42
10.42	102	Matt J	Smith	Port Talbot Whs CC	mv	42	00:25:22
10.43	103	Nick	Young	Yeovil Cycling Club	mv	53	00:27:30
10.44	104	James	Hutchins	6AM Cycling	mv	44	00:25:45
10.45	105	Andy	Davies	Cardiff Jif	m		
10.46	106	Billy	Leason	Shutt Ridley RT	m		
10.47	107	Danny	Glyn Roberts	Anglesey Cycling Group	m		

10.48	108	Paul	Guest	Worcester St. Johns CC	mv	47	00:26:19
10.49	109	Michael	Davis	Bikestrong-KTM	m		
10.50	110	Mark	Woolford	Team Swindon Cycles	mv	52	00:27:18
10.51	111	Michiel	Vaal	Team Backstedt Bike Performance	mv	56	00:28:06
10.52	112	Luke	Cornish	Cwmcarn Paragon Road Club	m		
10.53	113	Dean	Ware	Team Backstedt Bike Performance	m		
10.54	114	Will	Bevan	Ross on Wye & Dist CC	m		
10.55	115	James	Cook	Radeon-Cycology RT	m		
10.56	116	Chris	Massey	Team Backstedt Bike Performance	mv	46	00:26:07
10.57	117	Ben	Skinner	Rule 5	m		
10.58	118	George	Evans	Team Bottrill / Vanguard	m		
10.59	119	David	Janes	Wheels of Dorset Aero Testing Bike Fitting	m		
11.00	120	Matt	Slater	Revo Racing	mv	43	00:25:33