ADEPT CYCLING

23 Mile SPOCO Time Trial

Held on Sunay 5th August 2018

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

by:- **Adept Cycling**

Event Organiser:

Neil Foster

Tel: 07770452348

Email: neil.foster72@gmail.com

 Result Sheet

Congratulations to all prize winners

Prizes - One rider one prize

Fastest Vet 40-49 Vet 50-59 Vet 60-69 1st  £40 Paul Thirling £20 Ian Taylor £20 Paul Fountain £20 Russ Richardson

2nd £30 Steve Gibson

3rd £10 Richard Lilleker

Vet 70+ Fastest Lady Road Bike

£20 Mike Cole 1st £20 Lou Hamilton 1st £20 Tim Home

2nd £15 Caroline Ratcliff

Many thanks to all the people who help to make this event happen, the timekeepers Dave Oliver and Phil Everitt, the marshals Gary MacBean, Martin Gibson, Mark Brough, Andy Moss, Ricky Lamb, Shaun Tyson, Lee Douglass, Gerry Watson for pushing off and John Grant for assisting the timekeepers. And a massive thanks to my wife Jan Foster and Gill Guy for cake baking and catering .

Many Thanks to our race sponsor North East Healthcare Solutions

