

12 hour course 2018

Section one

| | | |
|--|-------|-------|
| Start at The Club House Wrexham, Oak Road | 00.00 | 00.49 |
| proceed to T-junction turn left on to B5130 | 00.49 | 00.49 |
| continue to T-junction, turn left on to A534 | 03.25 | 03.74 |
| continue to Llan-y-pwll RAB encircle retrace | 02.30 | 06.04 |
| on A534 to Broxton RAB take 3 rd exit on the A41 | 07.19 | 13.23 |
| continue on A41 through Hampton Heath RAB | | |
| To Grindley Brook RAB 3 rd exit onto A49/41 by pass | 08.73 | 21.96 |
| Through Wrexham Road RAB, to Wem Road RAB | 02.27 | 24.23 |
| take 3 rd exit Continue on A41/A49 by pass to | | |
| Whitchurch south RAB 2 nd exit to Prees Heath RAB | 01.70 | 25.93 |
| Take 1st exit A41 to Ternhill RAB | 06.98 | 32.91 |

Section two

| | | |
|---|-------|-------|
| Take 3 rd exit onto A53 continue to Espley RAB | 03.33 | 36.24 |
| Take 1 st exit onto the A442 to Shawbirch RAB | 09.39 | 45.63 |
| Encircle RAB and retrace to Espley RAB encircle | 09.43 | 55.06 |
| Retrace to Shawbirch encircle retrace to Espley | 18.82 | 73.88 |
| Take 3 rd exit onto A53 to Ternhill RAB | 03.34 | 77.22 |
| 1 st exit onto the A41 to Prees Heath RAB | 06.92 | 84.14 |
| Take 3 rd exit (note second is a service road) onto | | |
| A41/A49 Whitchurch By pass to Wem Road RAB | 01.66 | 85.80 |
| Continue straight on to Wrexham Road RAB take 1 st exit onto | | |
| A495/A525 sp Ellesmere/Wrexham to Redbrook | 02.56 | 88.36 |

Section three circuit. 22.31 miles

| | | |
|---|-------|--------|
| Keep left on A495 road sp Welshampton/Ellesmere | | |
| Continue on the A495 to Welshampton turn left (with care) | | |
| on the B5063 sp Wem 6, follow B5063 through | 06.24 | 94.60 |
| Northwood, Wolverley to Horton left on unclassified road | | |
| s/p Edstaston/Whixall/The Moat | 04.98 | 99.58 |
| Left with care onto unclassified Road s/p Whitchurch | | |
| follow road through to B5476 turn left and continue | 01.99 | 101.57 |
| through Quina Brook, Tilstock, to Wem Road RAB | 06.54 | 108.11 |
| 1 st exit on A41/49 bypass to Wrexham Road RAB | | |
| 1 st exit onto A495/525 road to sp Welshampton | 02.56 | 110.67 |
| left to complete the circuit | | |
| Repeat circuit two | 22.31 | 132.98 |
| Repeat circuit three | 22.31 | 155.29 |
| Repeat circuit four | 22.31 | 177.60 |
| Repeat circuit five | 22.31 | 199.91 |

Section Four

| | | |
|--|-------|--------|
| Continue straight on the A525 sp Wrexham continue | | |
| via Cross Lane junction A525/B5130 (caution TRAFFIC LIGHTS) | | |
| <u>FAILURE TO OBEY THEM COULD LEAD TO BEING DISQUALIFIED</u> | | |
| Straight onto RAB take 2 nd exit | 10.08 | 209.99 |
| Continue to next RAB 2 nd exit | 00.78 | 210.77 |
| Again continue to next RAB 2 nd exit | 00.11 | 210.88 |
| Straight on at next RAB | 00.44 | 211.32 |
| Again straight onto next RAB | 00.27 | 211.59 |
| Continue to T-Junction left | 00.10 | 211.69 |

