Course:	Waters Upton - Hodnet - Market Drayton - Hodnet - Shawbirch - Crudgington A442 A53
Course Ref:	D30/11
Distance:	30 Miles
OS map:	Landranger 127
Start point:	SJ628198
Finish point:	SJ630177
Normal HQ:	Ellerdine Village Hall

Int. Distance	Description
0	Start at T-junction of unclassified road to Ellerdine & Rowton on A442, 1/2 mile north of Waters Upton
5.15	Proceed north via A442 to Espley Island (Hodnet)
8.48	Turn right, taking 3rd exit and proceed north-east via A53 to Tern Hill Island
9.68	Go straight over, taking 2nd exit to continue along A53 north-east to Muller Island
11.43	Go straight over, taking 1st exit to continue north-east along A53 to Drayton Meadows Island
12.72	Go straight ahead to continue North East along A53 to Market Drayton Island
13.18	Encircle, taking 4th exit to return south-west along A53 to Drayton Meadows Island
13.68	Go straight ahead to continue south-west along A53 to Muller Island.
14.38	Go straight over, taking 2nd exit continue south-west along A53 to Tern Hill Island
17.71	Go straight over, taking 2nd exit to continue along A53 to Espley Island (Hodnet)
27.10	Turn left, taking 1st exit to join A442 and proceed south to Shawbirch Island
	Encircle, taking 4th exit and proceed north on A442 to FINISH at blue paint mark at bridge over
30	brook at Sleap approx 0.2 miles before Crudgington crossroads