



H10/17R Open 10 Mile Time Trial

Saturday 18th August 2018, 4PM

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Event HQ - Kingston Bagpuize with Southmoor Village Hall, Draycott Road, Southmoor, Oxon, OX13 5HX
(open from 3PM)

Event secretary - Richard Gildea, 24 Tweed Drive, Didcot, OX11 7XH

Phone: 07900578233

Email: timetrials@didcotphoenix.co.uk

Timekeepers

Mick Fountain

Ron Smith

DPCC

DPCC

Prizes

Men TT bike		Women TT bike		Men road bike		Women road bike	
First	£20	First	£20	First	£20	First	£20
Second	£15	Second	£15	Second	£15	Second	£15
Third	£10	Third	£10				
Men team of 3		Women team of 2		Vets (on standard)		Course record	
First	£45	First	£30	First	£20	Men	£20
Second	£30			Second	£15	Women	£20
Third	£15			Third	£10		

Note: One prize per rider, excluding team and course record prizes

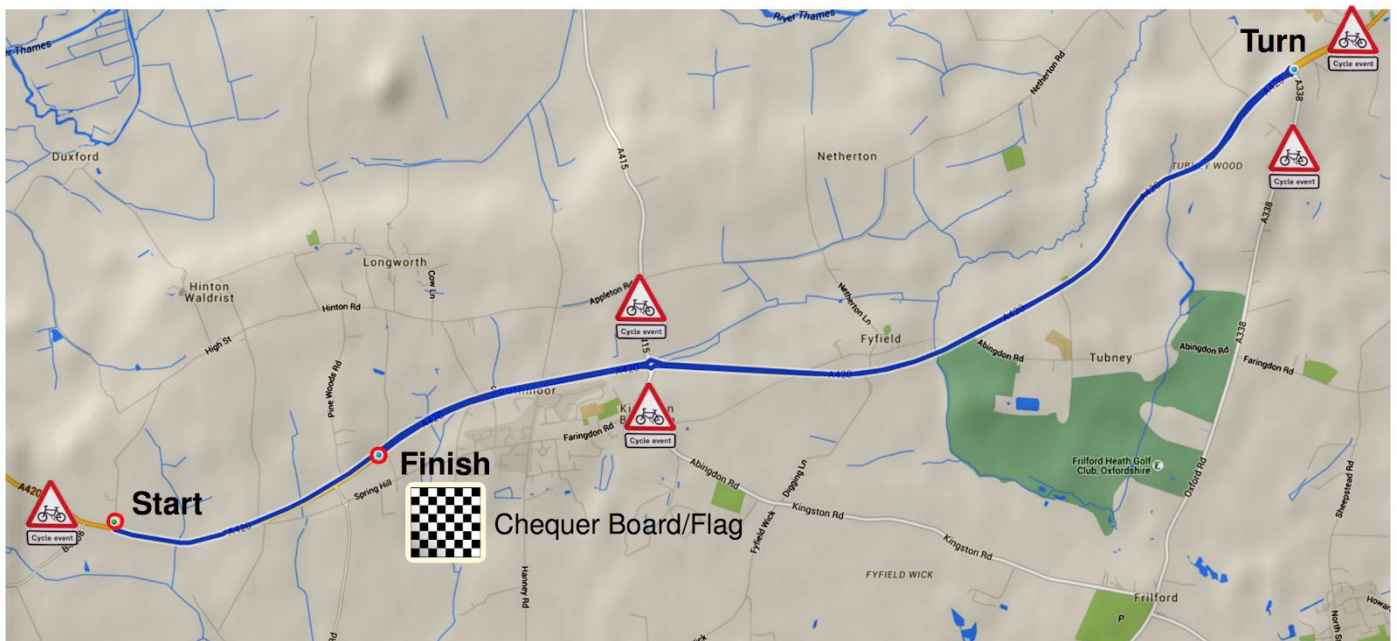
Course records

	Rider	Club	Date	Time
Male	Stuart Travis	Team Bottrill / Vanguard	14 July 2018	18:48
Female	Rachael Elliott	Newbury RC	28th August 2016	21:04

Road bike competition

No TT-specific equipment, i.e. no aerobars, no disc/trispoke,
helmet must not have a visor or cover the ears, socks no higher than mid-calf.
Skinsuits are allowed.

Course map:



<http://lwdcriskassessments.co.uk/Courses/H10%2017R%20Kingston%20Bagpuize/H10%2017R%20course.pdf>

Course Description

Start at the corner of the lane from Hinton Waldrist, about 5 yards south of the “Give Way” signs and in line with the north edge of a metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right.)

Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 towards the next dual carriageway section in Tubney Wood.

On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to turn around the roundabout and take the third exit to return westwards on A420 (M, Check).

Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420.

Finish, still on the A420 dual carriageway by-pass, beside the first drain in the lay-by, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yards east of the footpath steps in the middle of the lay-by and 537 yards short of the crossroads.

Risk assessment:

<http://lwdcriskassessments.co.uk/Courses/H10%2017R%20Kingston%20Bagpuize/H10%2017R%20LWDC%20RA.pdf>

Strava segment:

<https://www.strava.com/segments/7186031>

In the interests of your own safety, Cycling Time Trials and the Event Promoter advise you to wear a hard shell helmet that meets an internationally accepted safety standard.

It is also recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Local Regulations applicable to this event:

LWDC 1 Reporting of breaches of Local Regulations

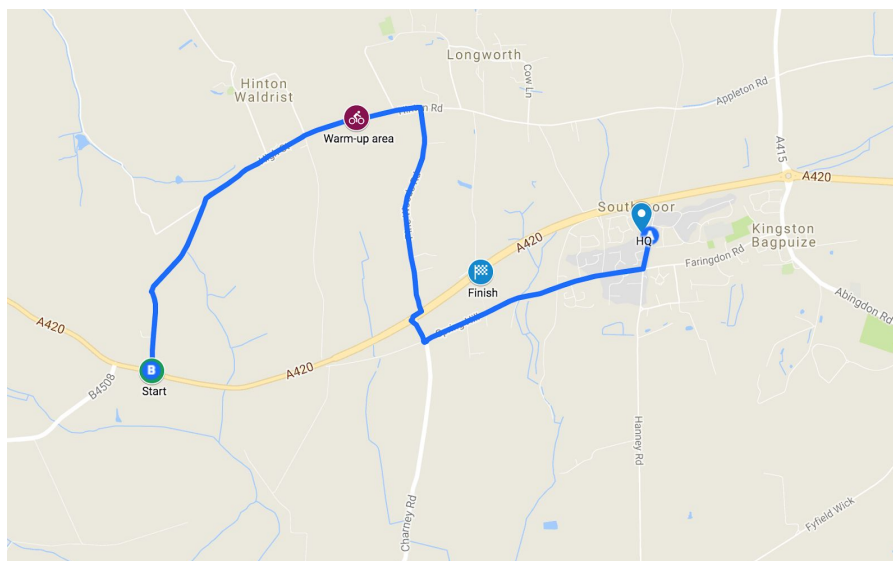
All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

LWDC 2 Parking Restrictions

No vehicles, except those of the timekeeper (s) and other event officials, shall be parked in the vicinity of the start and finish points.

The shortest distance from the HQ to the start is **3.3 miles** via Pine Woods Road/Hinton Road, or **2.1 miles** via the A420. **Leave at least 10-15 minutes:**

- From the hall, turn right onto Draycott Road, and then at the T-junction turn right again onto Faringdon road and continue for approximately 1 mile.
- At the roundabout turn right (3rd exit) towards the A420.
- EITHER cross the A420 diagonally to the right (*take care*) and then continue up Pine Woods Road to a T-junction with Hinton Road. Turn left and continue through the village of Hinton Waldrist until you reach the start at the T-junction with the A420.
- OR turn left onto the A420 and continue for approximately 1 mile to the start on the right.



Returning from the finish take the first left after the finish layby, and immediately take the first exit to retrace your steps towards the HQ.

Numbers, refreshments and toilets will be available at the HQ.

Competitors must sign on before taking their number which can be exchanged later for a free drink

REMEMBER THAT YOU MUST SIGN OUT AT HQ AFTER COMPLETING YOUR RIDE OR ELSE YOU MAY BE RECORDED AS DNF

Start Number	Start Time	Rider	Club	Gender	Category
0	16:00	Peter Oliver Christopher Edginton	Fairly United Cycling Team (tandem)	Male Male	Veteran Veteran
1	16:01	Kristen Lovelock	Cowley Road Condors CC	Female	Veteran
2	16:02	Harri James	Didcot Phoenix CC	Male	Senior
3	16:03	Ron Hallam	South Pennine RC	Male	Veteran
4	16:04	Nick McCormick	Epsom CC	Male	Veteran
5	16:05	Alison Vessey	Didcot Phoenix CC	Female	Veteran
6	16:06	Andrew Pollard	Cowley Road Condors CC	Male	Senior
7	16:07	Brian James	Brighton Mitre CC	Male	Veteran
8	16:08	Richard Howes	Coventry Road Club	Male	Veteran
9	16:09	Zoe Preston	Oxonian CC	Female	Veteran
10	16:10	Carlo Toledo	Gloucester City Cycling Club	Male	Veteran
11	16:11	Chris Summers	Sotonia CC	Male	Veteran
12	16:12	Keith Barcock	Banbury Star Cyclists' Club	Male	Veteran
13	16:13	Samantha Messenger	Bicester Millennium CC	Female	Veteran
14	16:14	Simon McGowan	Didcot Phoenix CC	Male	Veteran
15	16:15	John Pinfold	Cheltenham & County Cycling Club	Male	Veteran
16	16:16	Anthony Atkin	Didcot Phoenix CC	Male	Senior
17	16:17	Rose McGovern	Cowley Road Condors CC	Female	Senior
18	16:18	Tom Burnley	Thames Velo	Male	Senior
19	16:19	Karen Whyte	VeloVitesse/ALLCAP/James Barry/Johnson Controls – Hitachi/SiS	Female	Veteran
20	16:20	Graham Winstone	Oxonian CC	Male	Veteran
21	16:21	Elliott Rooney	Oxford Tri Club	Male	Senior
22	16:22	Adam Quilter	Aylesbury CC	Male	Veteran
23	16:23	Paul Plaskitt	Didcot Phoenix CC	Male	Veteran
24	16:24	Jef Outhwaite	Stourbridge CC	Male	Veteran
25	16:25	Gillian Morgan	Westerley Cycling Club	Female	Veteran
26	16:26	Andrew Payne	Maidenhead & District CC	Male	Veteran

27	16:27	Stephen Messenger	Bicester Millennium CC	Male	Veteran
28	16:28	Carl Bond	Kenton RC	Male	Veteran
29	16:29	Stephen Haynes	Banbury Star Cyclists' Club	Male	Veteran
30	16:30	Richard Moule	Bossard Whs	Male	Veteran
31	16:31	Sam Wootton	Banbury Star Cyclists' Club	Male	Senior
32	16:32	Frank Kilsby	Velo Club St Raphael	Male	Senior
33	16:33	David Hanson	Oxonian CC	Male	Veteran
34	16:34	Paul Demicoli	Didcot Phoenix CC	Male	Veteran
35	16:35	Philip Burgin	Newbury RC	Male	Veteran
36	16:36	Frazier Carr	SPIRIT TIFOSI RT	Male	Senior
37	16:37	Tim Maundrell	Didcot Phoenix CC	Male	Senior
38	16:38	Martin Attwood	Cowley Road Condors CC	Male	Senior
39	16:39	Michael1 Murkin	Swindon Road Club	Male	Veteran
40	16:40	Andrew Morgan	TRi20 Triathlon Club	Male	Veteran
41	16:41	Joanna Spragg	Bossard Whs	Female	Veteran
42	16:42	Dave Johnson	Bicester Millennium CC	Male	Veteran
43	16:43	Ian Potts	Chippenham & District Wheelers	Male	Veteran
44	16:44	Alan Allcock	Didcot Phoenix CC	Male	Veteran
45	16:45	James Moss	North Road CC	Male	Veteran
46	16:46	Nick Parris	G.S. Henley	Male	Veteran
47	16:47	Reza Gorjestani	Hillingdon Triathletes	Male	Veteran
48	16:48	Rad Hart-george	Bicester Millennium CC	Male	Senior
49	16:49	Jamie Noel	Abingdon Race Team	Male	Senior
50	16:50	Ollie Taylor	Flamme Rouge Cycling Team	Male	Senior
51	16:51	Arja Scarsbrook	Bush Healthcare CRT	Female	Veteran
52	16:52	Christopher Edginton	Fairly United Cycling Team	Male	Veteran
53	16:53	Kate Bradley	Born to Bike - Bridgtown Cycles	Female	Veteran
54	16:54	David Holland	Cowley Road Condors CC	Male	Senior
55	16:55	Peter Fry	Cowley Road Condors CC	Male	Senior
56	16:56	Peter Oliver	Fairly United Cycling Team	Male	Veteran
57	16:57	Ian Radburn	Oxonian CC	Male	Veteran

58	16:58	Greg Fitzek	Cowley Road Condors CC	Male	Espoir
59	16:59	Jared Jedynowicz	Didcot Phoenix CC	Male	Senior
60	17:00	Tony Ball	Team Swift	Male	Veteran
61	17:01	Nicholas Cosgreave	Farnborough & Camberley CC	Male	Veteran
62	17:02	Dan Charleston	High Wycombe CC	Male	Veteran
63	17:03	Helen Roby	Spirit Bikes CC	Female	Veteran
64	17:04	Alexander Donger	Cowley Road Condors CC	Male	Senior
65	17:05	Jo Wilkie	Ride 24/7	Female	Veteran
66	17:06	Harry Kirby	Bicester Millennium CC	Male	Junior
67	17:07	Kevin Hurley	Newbury RC	Male	Veteran
68	17:08	Martin Stanley	Didcot Phoenix CC	Male	Veteran
69	17:09	Nigel Brown	Newbury RC	Male	Veteran
70	17:10	James Barlow	Bicester Millennium CC	Male	Senior
71	17:11	Gavin Mitchell	Twickenham CC	Male	Senior
72	17:12	Gregory Woodford	Reading CC	Male	Veteran
73	17:13	Paul James	VTTA West Group	Male	Veteran
74	17:14	Henry Latimer	Nuun-Sigma Sport-London RT	Male	Senior
75	17:15	David Barry	sportfagley	Male	Veteran
76	17:16	Howard Waller	Python RT	Male	Veteran
77	17:17	Adam Whitfield	Abingdon Race Team	Male	Senior
78	17:18	Paul Welsby	DRAG2ZERO	Male	Veteran
79	17:19	Aimee Jones	Cowley Road Condors CC	Female	Senior
80	17:20	Andy Court	Bicester Millennium CC	Male	Veteran
81	17:21	Stuart Gourley	Radeon-Cycology RT	Male	Senior
82	17:22	Matthew Rowley	Oxonian CC	Male	Veteran
83	17:23	Simon Evans	Didcot Phoenix CC	Male	Veteran
84	17:24	Alex Bradley	Oxford University CC	Male	Senior
85	17:25	Anna Woodcock	Oxonian CC	Female	Senior
86	17:26	Michael Bennett	Bicester Millennium CC	Male	Veteran
87	17:27	James Hunt	Oxonian CC	Male	Veteran
88	17:28	Rob Vessey	Didcot Phoenix CC	Male	Veteran

89	17:29	Adam Charleston	Hillingdon Slipstreamers	Male	Juvenile
90	17:30	Jon Simpkins	DRAG2ZERO	Male	Veteran
91	17:31	Darren Milligan	Abingdon Race Team	Male	Senior
92	17:32	Tim Beaven	Bicester Millennium CC	Male	Veteran
93	17:33	Jorj James	Maidenhead & District CC	Male	Veteran
94	17:34	Ian Greenstreet	AeroCoach	Male	Veteran
95	17:35	Nick Marks	CC London	Male	Veteran
96	17:36	Malcolm Rose	Oxonian CC	Male	Veteran
97	17:37	Rory Finch	G.S. Henley	Male	Espoir
98	17:38	Timothy Allen	SPIRIT TIFOSI RT	Male	Espoir
99	17:39	Adrian Feek	Bath Road Club	Male	Veteran
100	17:40	Richard Gildea	Didcot Phoenix CC	Male	Senior
101	17:41	Mark Boyles	Banbury Star Cyclists' Club	Male	Veteran
102	17:42	Thomas Whatley	Paceline RT	Male	Senior
103	17:43	Tony Flynn	Willesden CC	Male	Veteran
104	17:44	Chris Boddy	Didcot Phoenix CC	Male	Senior
105	17:45	Daniel Sharp	Charlottesville Cycling Club	Male	Veteran
106	17:46	Tim Cartwright	Newbury RC	Male	Senior