



## West London Cycling Association 10 & "Kilo"

Saturday 17<sup>th</sup> September 2016

Course: H10/3a

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**Event Secretary:** Adam Evans

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**Timekeepers:** Marion Fountain (Didcot Phoenix CC), Cecil Hambleton (West London CA)  
& David Canning (Newbury RC)

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### Prize Winners

Men Overall	1 <sup>st</sup> (£25)	David Billings (Cycology Bikes)	22:09
	2 <sup>nd</sup> (£15)	Thomas Whatley (Paceline RT)	22:22
	3 <sup>rd</sup> (£10)	Gary Prosser (Newbury RC)	23:12
Ladies Overall	1 <sup>st</sup> (£25)	Rachael Elliott (Newbury RC)	22:46
	2 <sup>nd</sup> (£15)	Claire Kitching (Newbury RC)	25:43
Vets on standard	1 <sup>st</sup> (£25)	Ian Greenstreet (Newbury RC)	+4:39
	2 <sup>nd</sup> (£15)	Steve Mead (Didcot Phoenix CC)	+4:01
	3 <sup>rd</sup> (£10)	Alastair Jarman (Newbury RC)	+3:43
Team	1 <sup>st</sup> (£15 each)	Newbury RC: Ian Greenstreet, Rachael Elliott & Gary Prosser	1:08:13 (agg)
WLCA "Kilo"	1 <sup>st</sup>	Ian Greenstreet	1:09
	2 <sup>nd</sup>	Ian Lakey	1:16
	=3 <sup>rd</sup>	Keith Revell	1:19
		Rachael Elliot	

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Well done to everyone who took part – these are just the headline results and we know there are plenty more impressive results. Please see below for the full results.

Thank you to everyone who stayed for the prize ceremony and we wish you all a successful for any remaining rides this season and for next year.

We hope you'll come back and ride again next year!

## Results

Pos	Name	Club	Ave Speed (mph)	Ave Speed (Km/h)	Turn	10 Miles	
1	David Billings	Cycology Bikes	27.08	43.59	11:24	22:09	1
2	Ian Greenstreet	Newbury RC	26.97	43.40	11:24	22:15	
3	Thomas Whatley	Paceline RT	26.83	43.17	11:17	22:22	2
4	Steve Mead	Didcot Phoenix CC	26.39	42.48	11:38	22:44	
5	Rachael Elliot	Newbury RC	26.35	42.41	11:29	22:46	1
6	Gary Prosser	Newbury RC	25.86	41.62	11:41	23:12	3
7	Alastair Jarman	Newbury RC	25.51	41.06	11:52	23:31	
8	Stuart Martingale	Sotonia CC	25.42	40.92	11:55	23:36	
9	Alan Allcock	Didcot Phoenix CC	24.61	39.60	12:07	24:23	
10	Ian Lakey	Newbury RC	24.19	38.94	12:34	24:48	
11	Peter Warwick	Didcot Phoenix CC	24.00	38.62	12:48	25:00	
12	Cliff Voller	Newbury RC	23.81	38.32	12:43	25:12	
12	Keith Revell	London Dynamo	23.81	38.32	12:32	25:12	
14	Paul O'Driscoll	Team Swindon Cycles	23.53	37.87	12:42	25:30	
15	Claire Kitching	Newbury RC	23.33	37.55	12:56	25:43	2
16	Graham Morrison	Newbury RC	22.42	36.07	13:26	26:46	
17	Nicholas Cosgreave	Farnborough & Camberley CC	22.18	35.70	13:25	27:03	
18	John Eames	Team Swift	21.90	35.24	14:29	27:24	
19	Robert Jolliffe	New Forest CC	20.74	33.37	14:28	28:56	
20	Hilary Walker	Serpentine Running Club	20.01	32.20	15:15	29:59	
21	Stephen Ralston	London Dynamo	25.73	41.41		31:19*	
22	Michael Fountain	Didcot Phoenix CC	18.26	29.39	15:57	32:51	
23	Jan Farmer	Serpentine Running Club	13.42	21.50	23:28	44:43	
<b>Tandems</b>							
1	Edric Hobbs & Caroline Hobbs	Bike City T3	22.87	36.81	13:11	26:14	

\* Includes an 8 minute late start penalty

Name	Club	Finish Time
Philip Strongman		DNS Apols
Jonathan Gough		DNS Apols
Luke Woolfson		DNS Apols
Leslie Morris		DNS
Antony Bee		DNS
Howard Waller		DNS
David Hanbury		DNS
Philip Burgin		DNS
Bryan Telford		DNS
Bob Brabbins		DNS

### Veterans on Standard

No	Name	Club	Category	Std	Std +/-	Position
1	Ian Greenstreet	Newbury RC	V52	26:54	+4:39	1
2	Steve Mead	Didcot Phoenix CC	V50	26:45	+4:01	2
3	Alastair Jarman	Newbury RC	V56	27:14	+3:43	
4	Alan Allcock	Didcot Phoenix CC	V61	27:44	+3:21	3
5	Cliff Voller	Newbury RC	V65	28:14	+3:02	
6	Gary Prosser	Newbury RC	V43	26:13	+3:01	
7	Claire Kitching	Newbury RC	WV48	28:43	+3:00	
8	Stuart Martingale	Sotonia CC	V48	26:36	+3:00	
9	Ian Lakey	Newbury RC	V55	27:09	+2:21	
10	Keith Revell	London Dynamo	V58	27:26	+2:14	
11	John Eames	Team Swift	V69	28:52	+1:28	
12	Peter Warwick	Didcot Phoenix CC	V46	26:27	+1:27	
13	Paul O'Driscoll	Team Swindon Cycles	V45	26:23	+0:53	
14	Nicholas Cosgreave	Farnborough & Camberley CC	V58	27:26	+0:23	
15	Hilary Walker	Serpentine Running Club	WV62	30:06	+0:07	
16	Graham Morrison	Newbury RC	V43	26:13	-0:33	
17	Robert Jolliffe	New Forest CC	V64	28:06	-0:50	
18	Michael Fountain	Didcot Phoenix CC	V75	30:07	-2:44	
19	Stephen Ralston	London Dynamo	V40	25:59	-5:20*	
20	Jan Farmer	Serpentine Running Club	WV65	30:31	-14:12	

\* Includes an 8 minute late start penalty

## Acknowledgements

As always, I would like to extend a huge thank you to all of the volunteers, who gave up their personal time to help out. It cannot be overstated how important their contribution is and simply put, the event would not run without their help. Their names are as follows:

- **Marion Fountain** – Timekeeping
- **Cecil Hambleton** – Timekeeping (“Kilo”)
- **Dave Canning** – Assistant Timekeeping
- **Mick Fountain** – Results
- **David Nicholls** – Pushing Off
- **Justin Strong** – Results Relay
- **Neil Pugh** – Finish Assistant
- **Andy Tucker** – Turn Time Logger
- **Kevin Evely** – Turn Marshal
- **Nina Martin** – Turn Marshal
- **Debbie Studart** – Catering
- **Kelly Evans** – Sign On/Results

I cannot thank the above people enough, but I feel that I should make a special mention of **Debbie** from **Peace of Cake** who not only single headedly manned the kitchen, in order to make sure that everyone was fed and watered, but she also made cake, as well as picking up some supplies and staying behind to tidy up afterwards. As I mentioned in the presentation, Debbie hand makes cakes for all occasions and can be contacted by email at: [debbie@peaceofcake.uk.com](mailto:debbie@peaceofcake.uk.com). Additionally, I would also like to thank **Rachael Elliott** for providing cake.

If you have any feedback or suggestions for next year, please let me know by emailing [inspodam@hotmail.com](mailto:inspodam@hotmail.com) or calling 07900 904143.

Thank you again for making the event a success, and I look forward to seeing you next year.

Adam Evans  
Newbury RC