

ESSEX ROADS



CYCLING CLUB

Open 25 mile Time Trial Results

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group Counter

held on

Monday 27th August 2018

Course E11/25 — Start time 7.00 am

Timekeepers:

Tony Brown and Laura Carter

Thanks to the following people who helped make this event happen:

Gill Carter, Helen Spraggins, Lea Marshal, Antonio Paolino, Dave Nock, & Nigel Hoggart

Prize List

Fastest Scratch

1st Colin Ward (Essex Roads CC) 51:08 (New Course Record)

2nd Paul Hart (Southend Wheelers) 52:01

3rd Richard Price (London Phoenix CC) 52:21

Fastest Lady

1st Julia Freeman (Easterley RC) 1:05:06

2nd Emily Kampf (Trisport Epping) 1:07:03

Fastest Team

Essex Roads CC - 2:52:43

Colin Ward – 0:51:08

Ben Love – 1:00:02

Paul Ruffy – 1:01:33

No	Name	Club	SPOCO Status	Time	Average	Scratch Position	Lady Position
70	Colin Ward	Essex Roads CC	Veteran	00:51:08	29.10	1st	
50	Paul Hart	Southend Wheelers	Senior	00:52:01	28.60	2nd	
35	Richard Price	London Phoenix CC	Senior	00:52:21	28.42	3rd	
45	Ben Stowe	Arctic Tacx RT	Senior	00:53:02	28.06	4th	
20	Andrew Bradbury	Paceline RT	Senior	00:53:51	27.63	5th	
60	David Veitch	Lea Valley CC	Senior	00:54:12	27.45	6th	
69	Nick Clarke	Lovelo Cinelli RT	Senior	00:55:17	26.92	7th	
26	Christopher Smith	Southend Wheelers	Senior	00:55:52	26.63	8th	
40	Rob Young	Team Vision Racing - Silverhook	Veteran	00:56:48	26.20	9th	
25	Andy Stuart	Velo Club St Raphael	Veteran	00:57:32	25.86	10th	
55	Terry Garlinge	Team Vision Racing - Silverhook	Veteran	00:57:36	25.83	11th	
61	Daniel Ryan	North Road CC	Senior	00:57:41	25.80	12th	
42	David Halliday	Newmarket Cycling & Tri Club	Senior	00:58:10	25.58	13th	
47	Joshua Leak	Trisport Epping	Senior	00:58:58	25.23	14th	
10	Sam Wightman	Chelmer CC	Veteran	00:59:22	25.06	15th	
53	Ben Love	Essex Roads CC	Senior	01:00:02	24.79	16th	
15	Dominic Bray	Finsbury Park CC	Veteran	01:00:27	24.62	17th	
27	Simon Neatham	Finsbury Park CC	Senior Vet	01:01:01	24.39	18th	
22	Paul Ruffy	Essex Roads CC	Veteran	01:01:33	24.18	19th	
62	Nick White	East London Velo	Veteran	01:01:37	24.15	20th	
5	Carl Stephens	Basildon CC	Veteran	01:01:41	24.12	21st	
21	Patrick Ellerbeck	St Neots CC	Super Vet	01:01:58	24.01	22nd	
16	Dan Foster	3T-RACING	Senior Vet	01:02:00	24.00	23rd	
56	Peter Tibbitts	Ford CC	Super Vet	01:02:02	23.99	24th	
11	David Churchill	Direct Power Cycling Team	Senior Vet	01:02:34	23.78	25th	
46	Ian Braybrook	Basildon CC	Veteran	01:02:49	23.69	26th	
51	Barry Holderness	Essex Roads CC	Veteran	01:02:49	23.69	27th	
36	Robert Royston	Sydenham Whs	Super Vet	01:03:44	23.35	28th	
48	Christopher Hudson	Essex Roads CC	Senior	01:03:44	23.35	29th	
14	Daniel Lord	Lee Valley Youth CC	Junior	01:04:08	23.20	30th	
8	Dominic Ross	Finsbury Park CC	Senior Vet	01:04:41	23.01	31st	
6	Adam Bishop	Lea Valley CC	Veteran	01:04:50	22.95	32nd	
66	Julia Freeman	Easterley Road Club	Senior Lady Vet	01:05:06	22.86	33rd	1st
68	Steven Little	VC Revolution	Veteran	01:06:04	22.52	34th	
41	Nick Hickman	Hitchin Nomads CC	Senior Vet	01:06:25	22.40	35th	
58	Dan Carter	Essex Roads CC	Veteran	01:06:31	22.37	36th	
13	David Martin	Becontree Wheelers CC	Senior Vet	01:07:02	22.20	37th	
59	Emily Kampf	Trisport Epping	Senior Lady	01:07:03	22.19	38th	2nd
17	Simon Constable	Basildon CC	Veteran	01:07:45	21.96	39th	
34	Phil Harper	Essex Roads CC	Senior	01:07:57	21.90	40th	
2	Neal Marrin	Finsbury Park CC	Veteran	01:08:24	21.75	41st	
67	Daniel Sharp	Charlotteville Cycling Club	Veteran	01:09:07	21.53	42nd	
64	Stuart Payne	Ford CC	Senior Vet	01:09:08	21.52	43rd	
44	Colin Doe	Ford CC	Super Vet	01:09:09	21.52	44th	
57	Ian Damant	Becontree Wheelers CC	Senior Vet	01:10:53	20.99	45th	
49	Lindsay Aqui	Ful-on Tri	Senior Lady	01:12:42	20.47	46th	3rd
43	Keith Dalton	Ford CC	Super Vet	01:12:50	20.43	47th	
29	John Loxley	Colchester Rovers CC	Super Vet	01:13:03	20.37	48th	
54	David Fenn	CC Sudbury	Super Vet	01:13:06	20.36	49th	
39	Richard Pimlott	Finsbury Park CC	Senior Vet	01:21:13	18.32	50th	
19	Colin White	Colchester Rovers CC	King Vet	01:50:24	13.48	51st	
37	Hugh Williams	Redbridge CC	Senior Vet	DNF			
3	Harry Moore	Cycling Club Hackney	Senior Vet	DNS(A)			
4	Paul Shuttleworth	Team Shuttle	Super Vet	DNS(A)			
9	Julie Shuttleworth	Team Shuttle	Super Lady Vet	DNS(A)			
24	Rob Ellis	East London Velo	Senior	DNS(A)			
32	Graham Pepperdine	Verulam CC	Senior Vet	DNS(A)			
52	Jeremy Greenwood	Finsbury Park CC	Veteran	DNS(A)			
63	Jonty Robinson	Essex Roads CC	Veteran	DNS(A)			
7	Rory Mccarron	Regents Park Rouleurs	Senior	DNS			
12	Adam Young	Walden Velo	Veteran	DNS			
18	Rad Kohanzad	Hub Velo	Senior	DNS			
23	Geoff Bores	Ford CC	Super Vet	DNS			
28	Nigel Fitzroy	Chelmer CC	Senior Vet	DNS			
30	Philip Murrell	Finsbury Park CC	Veteran	DNS			
31	David Carey	Southend Wheelers	Veteran	DNS			
33	Rahul Batra	East London Velo	Senior	DNS			

SPOCO Status Positions

No	Name	Club	SPOCO Status	Time	Team Time	Position
14	Daniel Lord	Lee Valley Youth CC	Junior	01:04:08	23.20	1st
50	Paul Hart	Southend Wheelers	Senior	00:52:01	28.60	1st
35	Richard Price	London Phoenix CC	Senior	00:52:21	28.42	2nd
45	Ben Stowe	Arctic Tacx RT	Senior	00:53:02	28.06	3rd
20	Andrew Bradbury	Paceline RT	Senior	00:53:51	27.63	4th
60	David Veitch	Lea Valley CC	Senior	00:54:12	27.45	5th
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48	Christopher Hudson	Essex Roads CC	Senior	01:03:44	23.35	12th
59	Emily Kampf	Trisport Epping	Senior Lady	01:07:03	22.19	13th
34	Phil Harper	Essex Roads CC	Senior	01:07:57	21.90	14th
49	Lindsay AQUI	Ful-on Tri	Senior Lady	01:12:42	20.47	15th
70	Colin Ward	Essex Roads CC	Veteran	00:51:08	29.10	1st
40	Rob Young	Team Vision Racing - Silverhook	Veteran	00:56:48	26.20	2nd
25	Andy Stuart	Velo Club St Raphael	Veteran	00:57:32	25.86	3rd
55	Terry Garlinge	Team Vision Racing - Silverhook	Veteran	00:57:36	25.83	4th
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36	Robert Royston	Sydenham Whs	Super Vet	01:03:44	23.35	3rd
44	Colin Doe	Ford CC	Super Vet	01:09:09	21.52	4th
43	Keith Dalton	Ford CC	Super Vet	01:12:50	20.43	5th
29	John Loxley	Colchester Rovers CC	Super Vet	01:13:03	20.37	6th
54	David Fenn	CC Sudbury	Super Vet	01:13:06	20.36	7th
19	Colin White	Colchester Rovers CC	King Vet	01:50:24	13.48	1st

Team Positions

No	Name	Club	SPOCO Status	Time	Team Time	Position
70	Colin Ward	Essex Roads CC	Veteran	00:51:08	02:52:43	1st
53	Ben Love	Essex Roads CC	Senior	01:00:02		
22	Paul Ruffy	Essex Roads CC	Veteran	01:01:33		
15	Dominic Bray	Finsbury Park CC	Veteran	01:00:27	03:06:09	2nd
27	Simon Neatham	Finsbury Park CC	Senior Vet	01:01:01		
8	Dominic Ross	Finsbury Park CC	Senior Vet	01:04:41		
5	Carl Stephens	Basildon CC	Veteran	01:01:41	03:12:15	3rd
46	Ian Braybrook	Basildon CC	Veteran	01:02:49		
17	Simon Constable	Basildon CC	Veteran	01:07:45		
56	Peter Tibbitts	Ford CC	Super Vet	01:02:02	03:20:19	4th
64	Stuart Payne	Ford CC	Senior Vet	01:09:08		
44	Colin Doe	Ford CC	Super Vet	01:09:09		