

TAVISTOCK WHEELERS CC

Present our open 10mile TT

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

On Sunday 2nd September 2018 (First rider starts at 08-01hrs)

Event HQ

SOURTON Village Hall (EX20 4HN)

Open from 07-00 hrs for sign on/off and number collection/return, plus usual facilities and refreshments post race. Minimal car parking is available at the hall but extra parking is available in the two furthest car parks from the Highwayman Inn by kind permission of the owners. Please show consideration to the local residents and avoid parking on the Inn frontage. Thank you.

Event secretary

Niall Todd, Moenek House, Drakewalls, Gunnislake, PL18 9EL

Mobile: 07732 427508 Email: nialltodd@hotmail.com

Start timekeeper: Mr Dan Worth TWCC, Finish timekeeper: Mr John Bradbury TWCC.

Marshals and helpers: Members and friends of Tavistock Wheelers CC.

Awards

Men: 1st £25, 2nd £15, 3rd £10

Women: 1st £25, 2nd £15, 3rd £10

Veterans: 1st 40-49 (A) £15 1st 50-59 (B) £15 1st 60+ (C) £15

2nd 40-49 (A) £10 2nd 50-59 (B) £10

Course S40/10 Starts on the A30 approximately 2.1 miles to the West of Sourton Junction (4.7 miles West of Okehampton) at the west end of the public lay-by, at a point level with the solar panel mast marked TME5023. Proceed West to Stowford Cross and filter left into slip road signposted Broadwoodwidge. NB this slip road is for TWO WAY traffic, so keep left of centre line. With care, turn right at top of slip road and proceed over bridge crossing the dual carriageway, taking first left into the slip road to rejoin the A30 Eastbound. Extreme care is needed when entering the carriageway as there is NO filtering lane. Riders are advised to approach slowly, look right for traffic and keep to the nearside white line. Continue on the A30 Eastwards towards Sourton Junction. Finish on the carriageway at a point level with the

fourth bollard from the west end of the public lay-by situated before the first over/bridge from the turn (GR SX 481903). Distance to top of slip road at the turn approx 5.88 miles from start.

Riders notes

Allow 15 minutes to reach the start from HQ. The S40/10 course is on a high-speed road. Overtaking traffic will be moving fast. For your own safety keep well to the left and as close to the fog line as possible. (1m. Max)

Please familiarise yourselves well with the course it is your responsibility to know where you are riding.

Please observe the Highway Code.

KEEP YOUR HEAD UP AND LOOK WHERE YOU ARE RIDING. Do not white line. Please fit a working rear light to your cycle flashing or constant to be used if conditions are dull. It is also advisable to wear bright clothing.

In the interests of your own safety Cycling Time Trials and the event promoters strongly advise riders to wear a **HARD SHELL HELMET** that meets an approved international safety standard. Local regulation 1 - All riders on completion of their competitive ride must continue without stopping or turning in the road to the event HQ.

The risk assessment form and signing on and signing off sheets will be on the table at the front of the HQ hall. When signing on please look to see if there are any extra safety notes on the risk assessment form added after the pre race course inspection.

Please remember that Event Officials have no legal right to interfere with or regulate traffic.

CTT requires all riders to be aware of, and observe the rules applying to company riding and drafting.

Please do not approach finishing time keepers whilst the event is in progress.

Please call out your number loud and clear on the finish line if at all possible :-).

THIS EVENT MAY BE SUBJECT TO DOPING CONTROL

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. You must also sign out when you return your number to show that you have returned and checked.

Race numbers required for Doping Control will be displayed at the HQ adjacent to the results board.

If your number is displayed you should report immediately to Doping Control which will be nearby.

Remember it is your responsibility to check and ensure you comply.

Thank you all for your support and we hope you have a safe and successful race.

0801	Martin	Williams	Tavistock Whs CC
0802	William	Hancock	Lanhydrock Wheelers
0803	Jacob	Keatt	Chelmer CC
0804	Morris	Elphick	Exeter Whs CC
0805	Philip	Bray	Plymouth Corinthian CC
0806	David	Hall	Royal Navy & Royal Marines CA
0807	Philip	Young	Alltrax
0808	Cordelia	Preece	Tavistock Whs CC
0809	Heather	Fell	Tavistock Whs CC
0810	James	Tribble	Mid Devon CC
0811	Peter	Miners	Lanhydrock Wheelers
0812	Chris	Guest	St Austell Whs CC
0813	Dean	Vincent	St Austell Whs CC
0814	Phil	Bowden	Penzance Wheelers CC
0815	Rob	Scott	City Cycle Couriers RT
0816	Chris	Harper	Penzance Wheelers CC
0817	Martina	Geraghty	Penzance Wheelers CC
0818	Ivor	Pooke	City Cycle Couriers RT
0819	Juliana	Allen	Alltrax
0820	Andrew	White	Bpm Coaching
0821	James	Cartlidge	Plymouth Corinthian CC
0822	Tom	Moran	Plymouth Corinthian CC
0823	Richard	Brown	Tavistock Whs CC
0824	John	Morse	Audax UK
0825	Chris	Shakya	Exeter Whs CC
0826	Phil	Smith	Mid Devon CC
0827	Rose	Willis	St Austell Whs CC
0828	Kim	Brace	Bath Cycling Club
0829	Paul	Wynne	Exeter Whs CC
0830	Dean	Robson	Northover VT / Rudy Project
0831	Robin	Riches	Lanhydrock Wheelers
0832	Adam	Gitlin	Alltrax
0833	Steven	Smith	Penzance Wheelers CC
0834	Edward	Trezona-phillips	www.giant-helston.co.uk
0835	Craig	Harper	Verulam CC
0836	Huw	Thomas	Wellington Wheelers Cycling Club
0837	Mike	Page	Bournemouth Arrow CC
0838	Andrew	Parnowski	Alltrax
0839	Matt	Slater	Revo Racing