



South West Tricycle Association

10 Mile Time Trial - Course U7B

Sunday 2 September 2018

Promoted for and on behalf of Cycling Time Trials
under their Rules and Regulations. Run in conjunction with the
Severn Road Club events.

A Tricyclists' Time Trial League Event

Event Secretary

John Thompson

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At the HQ on the day

From 7.00 am Brian Griffiths 07496 131491

From 8:30 am Dave Leighton 07890 149957

Timekeepers

Sheila Edwards (Finish timekeeper)

Mike Edwards (Recorder)

Tony Emery (Start timekeeper)

SWTA AGM at the HQ at 10.00 am

Event Headquarters

- **Falfield Village Hall (GL12 8DH) - open from 6:30 am.**
From the M5, exit at junction 14 (SP Thornbury), turn left at A38 towards Bristol. Falfield Village Hall is almost immediately on the right, close to the Huntsman Inn.
- **HQ to start** approximately 2.5 miles north on A38
- Please **do not wear cycling shoes** in the HQ main hall.
- **Race numbers** at the HQ (we will use SRC numbers)
- **Signing on and out sheets at the HQ**

All competitors are required to sign on before the start. We are also required to sign out. As soon as you finish (even if you pack) and return to the HQ to hand in your number, you must also sign out and be available for any doping control.

Parking

There is limited parking at the Village Hall but the **Huntsman Inn (GL12 8DF)** have kindly allowed competitors to use their car park at their own risk. Entrance to Huntsman inn carpark off Sundayhill Lane opposite the church. Please avoid parking directly in front of the church or on the surrounding pavements. The Parish Council has also requested that riders **do not park on the grass verges outside the hall.**

Course (U7b)

Start (OS Grid Ref. ST 695963) in layby in line with southern end of bus stop approximately half mile South of Newport. Proceed north on A38 to Slimbridge roundabout (5.3 miles). Circle and retrace to finish just south of Newport opposite bus stop in lay-by (OS Grid Ref. ST 698971) approx 0.3 mile before the start. [This moves the start a short distance south from the start used in recent years. This follows remeasurement which shows the previous distance was probably a few yards short, even though most GPS measures show 10.00 miles.]

Safety

- At the start please queue in single file off the road.
- Please do not make 'U' turns at either the start or the finish. Do not warm up past the start or finish.
- The road narrows at Berkley Bridge (approx. 2.5 miles), with less room than before last year's 'improvements'. There is a shared pavement / cycle path over the bridge, but you are under no legal obligation to use it. If staying on the road take care, be aware of cars approaching from behind, and indicate your intentions clearly.
- About 0.6 miles after Berkley Bridge the road narrows on the approach to the car auctions (entrance on the left on the outward leg). Watch out for traffic turning into the car auctions premises.
- Cycling Time Trials recommends that competitors wear helmet that meets an internationally accepted safety standard.
- It is also recommended that a rear light, either flashing or constant, is fitted to the machine in a position visible to following road users.

Prizes:

TA medals for first scratch and first on handicap.

There will be a mystery prize for the best plus on vets' standard

No	Rider	Team	H'cap	Vet standard	Time off
1	Roger Alma	Worcester St. Johns CC	9m	34:01	8:01
2	Malcolm Timmis	Bromsgrove Olympique CC	9m	32:54	8:02
3	Malcolm Waters	Hampshire Road Club	7m	31:03	8:03
4	Ian Matthews	Team Tor 2000 KALAS	7m	29:13	8:04
5	John Thompson	Severn Road Club	Scratch	30:50	8:05
6	Jim Montgomerie	Revo Racing	3m	31:30	8:06
7	Norman Fenn	Team Echelon	6m	32:54	8:07
8	Michael Gelder	SWTA	Scratch	28:33	8:08