



# LIVERPOOL BRAVEHEART

 **BICYCLE CLUB** 

EST. 2014

*2 up 10 mile Time Trial Sat 15/09/18 2pm*  
D10/1 Rainford

**FOR AND ON BEHALF OF CYCLING TIME TRIALS  
UNDER THEIR RULES AND REGULATIONS**

IN THE INTERESTS OF YOUR OWN SAFETY  
CYCLING TIME TRIALS AND EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR  
A **HARD SHELL** HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY  
STANDARD.

IN ACCORDANCE WITH REGULATION 15 :**ALL** JUVENILE and JUNIOR COMPETITORS  
MUST WEAR PROTECTIVE HARD SHELL HELMETS.

All Teams **Must** wear the same kit

IT IS RECOMMENDED THAT A WORKING **REAR LIGHT**, EITHER FLASHING OR CON-  
STANT, IS FITTED TO THE MACHINE IN A POSITION VISIBLE TO THE FOLLOWING  
ROAD USERS AND IS ACTIVE WHILST THE MACHINE IS IN USE.

ALL RIDERS MUST NOW **SIGN OFF** AS WELL AS SIGNING ON!!  
PLEASE ALLOW SUFFICIENT TIME FOR THIS REQUIREMENT.

**TIME KEEPERS:**

KATHERINE WOODER and DOM McGUINNESS

ORGANISER: DUFF FAWCETT [duffjoy@blueyonder.co.uk](mailto:duffjoy@blueyonder.co.uk)



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DO NOT PASS THE START OR FINISH ON YOUR WAY OUT OR BACK! FOLLOW THE ROUTE SHOWN ON THE MAP BY THE GREEN ARROWS. KEEP IN SINGLE FILE !!

**PLEASE KEEP AWAY FROM THE BUNGALOWS IN THE HQ AREA. PARK VEHICLES AT THE FAR END OF THE ROAD. RESIDENTS HAVE COMPLAINED ABOUT CYCLISTS HAVING "COMFORT BREAKS" IN THIS AREA**

**ANYONE FOUND WILL BE DISQUALIFIED**

**HEADQUARTERS:** SAT NAV DIRECTIONS: WA11 7TA.

ORMSKIRK RD, RUNNING PARALLEL TO A570 RAINFORD RD. NEXT TO THE OLD WHEATSHEAF PUBLIC HOUSE. (SEE COURSE MAP)

## D10/1 COURSE MAP


**COURSE MAP  
D10/1  
RAINFORD  
BICKERSTAFF**

**KEY :**

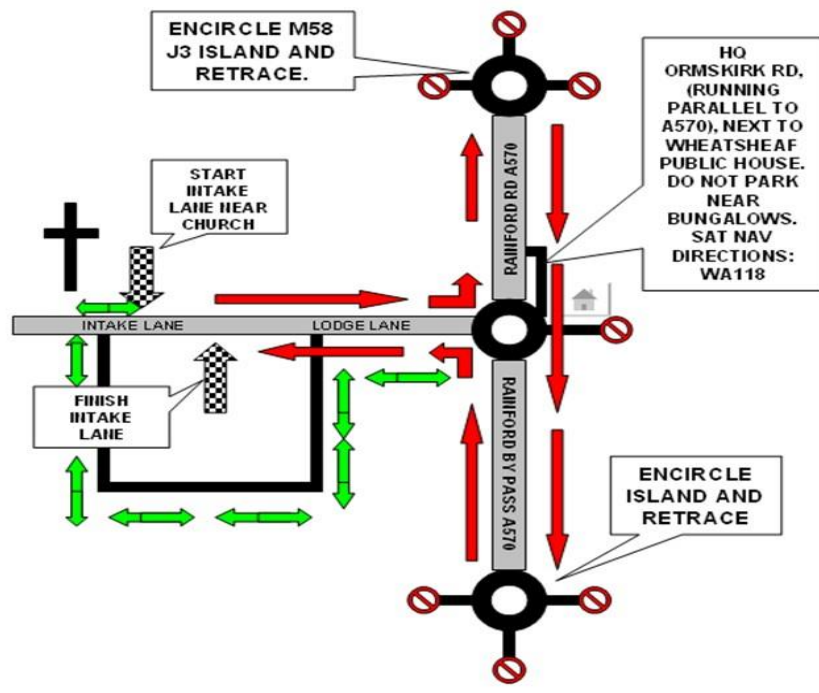
**TT ROUTE.** → 

**ROUTE TO START AND BACK** → 

**NO ENTRY.** → 

**START FINISH.** → 

**WHEAT-SHEAF PUBLIC HOUSE.** → 



Start at the field entrance on Intake Lane at the first raised kerbstone 210 yds south of Bickerstaffe church. Proceed to Wheatsheaf island A570 Rainford Bypass and turn left (1.691m) Proceed to M58 island -take care here - and encircle (3.353m) Straight across Wheatsheaf island and proceed to Rainford island (6.98m) and retace back on A570 to Wheatsheaf island (8.736m) Left along Lodge Lane / Intake Lane to finish at second gatepost on edge of plantation



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## PRIZE LIST:

### ONE TEAM ONE PRIZE

1<sup>ST</sup> CLUB TEAM £50

2<sup>ND</sup> Club Team £30

3<sup>RD</sup> Club Team £20

1<sup>ST</sup> Composite Team £30

1<sup>ST</sup> Club Team inc Youth £40

1<sup>ST</sup> Composite Team inc Youth £20

1<sup>ST</sup> Club Team inc Junior £40

1<sup>ST</sup> Composite Team inc Junior £30

1<sup>ST</sup> Club Ladies Team £30

1<sup>ST</sup> Team with an Octogenarian £30

**if possible prizes will be presented in cash at the end of the TTT so please hang around for your cash ! 😊**