

Start Sheet for the

Northampton & District Cycling Association

10-mile Time Trial (TT Series Event 8 of 9)

Saturday 15 September 2018 starting at 2 pm

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for the following categories of the N&DCA Time Trial Series Championships, Overall, Ladies, Junior, Masters and Team.



FOUNDED 1935

PRESIDENT:
Ray Grundy

For up to date N&DCA news including the latest points tables visit our website

<http://www.northamptondca.org.uk>

Headquarters: Marston Social Club, Station Road, Marston Moretaine, MK43 0PN

Facilities: The HQ will be open from **12.30 pm**. Signing-on and number collection will be at the HQ. A free cup of tea or coffee will be available for all marshals and helpers and for competitors on return of your race number.

Parking: Parking will be available in the field beside the Sports and Social club.

Timekeepers: Richard Daniells and David Jones

CTT Observer: Will Smith

Prize Values	Fastest	Lady	Junior / Juvenile	Masters X (born 1959-1968)	Masters Y (born 1949-1958)	Masters Z (born 1948 or earlier)	Team of 3
1 st	£15	£9	£9	£9	£9	£9	£18
2 nd	£12	£7	£7	£7	£7	£7	£15
3 rd	£10	£6	£6	£6	£6	£6	-
4 th	£9	-	-	-	-	-	-
5 th	£8						
6 th	£7						

Local Regulations: NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Bedfordshire Police stress that all competitors are made aware of the need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

National Committee Recommendations: IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets and provide a signed parental consent form. It is recommended that a working REAR LIGHT either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Doping Control: This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the results board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Numbers: These will be available at the Event Headquarters, not at the Start. Please ensure that you sign the "Signing-On" sheet and clearly call out your number when crossing the finish line – **failure to do so may result in no time being recorded**. On returning your number you must also sign back in.

***** **ALLOW 10 MINUTES TO RIDE TO START** *****
***** **Please note changed course due to roadworks** *****
Course Details: F15/10E (10 miles)

Start at North end of Bedford Road, Marston Moretaine, 25yds before main road. Proceed to junction, turn left onto old road and continue to Marston RAB, where:
Turn (1.1 miles) and retrace past junction (Start) to Fields Road RAB, where:
Turn (3.2 miles) and retrace to Marston RAB, where:
Turn (6.3 miles) and retrace to Fields Road RAB, where:
Turn (8.6 miles) and retrace to:
Finish on old A421, North of junction with Green Lane.

Ride with GPS link <https://ridewithgps.com/routes/21256684>

Note: The only motor vehicles associated with the Event allowed at the Start or Finish will be those of the Timekeepers – there is however a lay-by available for some parking close to the start.

Event Secretary: James McKenzie, 22 High Street, Blunham, Bedford, MK44 3NL – Mob 07891513952
HQ: Marston Social Club, Station Road, Marston Moretaine, MK43 0PN