

GS METRO in association with The Feathers Inn  
(<http://thefeathers.net/>)

**Hedley on the Hill HC**

Promoted for and on behalf of Cycling Time Trials under their  
Rules and Regulations



Sunday 16th September 2018  
**10:00am Start**

Course: MH11

**First Rider: 10:05am**

Time Keepers: Peter & Frances Schultz

Assistant Timekeeper: Sharon Dyson

Event Secretary: Ben Lane, 1 High Ridge View, NE42 6JB  
Tel: 07720054210

Start Team – Nev Martin / Ben Lane

## Sign on Headquarters

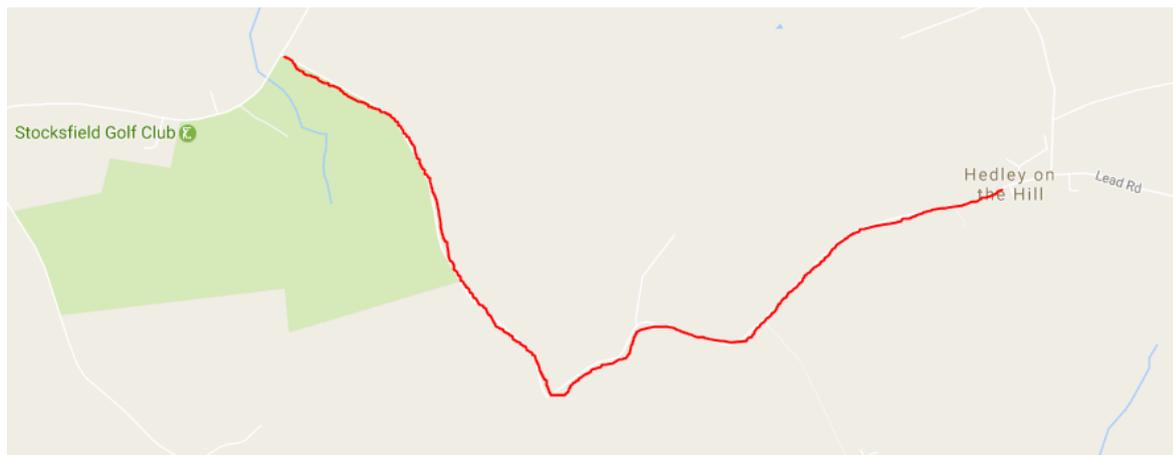
Helen and the team at the Feathers Inn (postcode NE43 7SW) will have the pub open – we'll do sign on in the car park. Numbers available from 09:00.

Please park considerately in the village – don't park in the pub carpark as a full lunch service is expected. No turbos in the village please. There are plenty of roads to warm up on.

Each rider must sign for themselves and nobody else before collecting their number. Once the course has been completed, remember to sign out and return your number. **NOTE: Riders who do not sign-out will be recorded as a "DNF" on the official results sheet. Juvenile and Junior riders must hand in a completed parental consent form to be permitted to race.**

## Course Description

Start near the foot of the hill on minor road leading to Hedley on the Hill – opposite electric pylon approx. 100 metres from the T-junction of the minor New Ridley to Painshawfield road. Proceed up hill for approx. 1.7km to finish at crest of hill approx 85 metres before the Hedley on the hill village boundary pillars



### **Safety notes:**

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Due to hard winter the general conditions of road surfaces can be poor. Broken surfaces and/or potholes are likely on the course to some degree. It is the responsibility of the rider to be aware of their line and be aware of road conditions ahead.

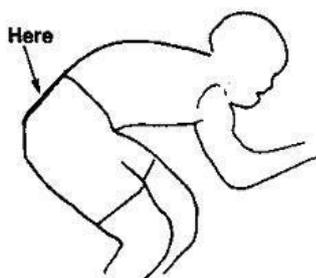
### **Riders:**

- No U-turns to be made in the vicinity of the timekeeper.
- You will not receive a push from the start team in accordance with hill climb race regulations – as the count gets to 3/2/1 GO you will be released without assistance.
- Please refrain from warming up on the course once the time trial has commenced.
- No dismounting in the finishing area.
- You must look ahead and not ride with your head down.
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all

times.

- You must not take pace or shelter from any other vehicle or competitor (no drafting) – failure to comply may lead to disciplinary action being taken.
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. **All competitors under the age of 18 years MUST wear a hard-shell helmet.**
- It is strongly recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below:



**If it's too high and we can't see it, this may result in disqualification.**

Please shout out your number as you pass the Finish Timekeeper.

### **Prize List**

		<b>1</b>	<b>2</b>	<b>3</b>
<b>Men</b>	<b>Overall</b>	£25.00	£15.00	£10.00
<b>Ladies</b>	<b>Overall</b>	£25.00	£15.00	£10.00
	Mv40	£10.00		
	MV50	£10.00		
	MV60	£10.00		
	LV40	£10.00		
	JNR	£10.00		
	JUV	£10.00		
	Team (3) - each	£10.00		

Start Sheet - the full start sheet is also available on the CTT website event page

<b>bib</b>	<b>start_time</b>	<b>firstname</b>	<b>lastname</b>	<b>club</b>	<b>gender</b>	<b>category</b>
5	10:05	Philip	Green	GS Metro	Male	Veteran
6	10:06	Andy	Richardson	Muckle Cycle Club	Male	Senior
7	10:07	Michael	Todd	Derwentside CC	Male	Senior
8	10:08	Stan	Allan	GS Metro	Male	Veteran
9	10:09	Frank	Devlin	South Shields Velo Cycling Club	Male	Veteran
10	10:10	Adam	Greenwood	Muckle Cycle Club	Male	Senior
11	10:11	Graeme	Kirton	South Shields Velo Cycling Club	Male	Veteran
12	10:12	Christopher	Beaty	Allen Valley Velo	Male	Senior
13	10:13	Max	Lutz-atkinson	Ribble Pro Cycling	Male	Juvenile
14	10:14	Mark	Herbert	Derwentside CC	Male	Veteran
15	10:15	Neil	Scott	Muckle Cycle Club	Male	Veteran
16	10:16	Graeme	Wardale	South Shields Velo Cycling Club	Male	Veteran
17	10:17	Ben	Walker	Muckle Cycle Club	Male	Senior
18	10:18	Tom	Guy	Sunderland Clarion Tyne & Wear Fire & Rescue Service	Male	Veteran
19	10:19	Brendan	Mcmillan	CC	Male	Senior
20	10:20	Stephen	Pattison	Muckle Cycle Club	Male	Veteran
21	10:21	Chris	Mather	Derwentside CC	Male	Veteran
22	10:22	Lee	Cuthbertson	Muckle Cycle Club	Male	Senior
23	10:23	Ellis	Mccoy	GS Metro	Male	Senior
24	10:24	Simon	Walker	Muckle Cycle Club	Male	Senior
25	10:25	Craig	Berry	GS Metro	Male	Veteran
26	10:26	Craig	Hodgson	Muckle Cycle Club	Male	Senior
27	10:27	Cameron	Turner	Malton Whs	Male	Veteran
28	10:28	Paul	Hague	Gosforth RC	Male	Veteran
29	10:29	Andrew	Hall	GS Metro	Male	Senior
30	10:30	Ben	Wilkinson	Muckle Cycle Club	Male	Espoir
31	10:31	David	Nearney	South Shields Velo Cycling Club	Male	Senior
32	10:32	Danny	Grieves	GS Metro	Male	Senior
33	10:33	Helen	Parkin	Muckle Cycle Club	Female	Senior
34	10:34	Angela	Mcgurk	Blaydon CC	Female	Senior
35	10:35	Sarah	Wilkinson	Cestria C.C.	Female	Veteran
36	10:36	Jen	Mcmahon	Muckle Cycle Club	Female	Senior
37	10:37	Rachel	Galler	Blaydon CC	Female	Senior
38	10:38	Hannah	Farran	Boompods EDCO NRG	Female	Senior
39	10:39	Alana	Prior	Liv CC Halo Cycles	Female	Junior
40	10:40	Fiona	Burnie	GS Metro	Female	Senior
41	10:41	Dan	Pons	Blaydon CC	Male	Senior
42	10:42	James	Corfield	GS Metro	Male	Junior
43	10:43	Neil	Wilkinson	Cestria C.C.	Male	Veteran
44	10:44	Ross	Walton	GS Metro	Male	Senior
45	10:45	Charles	Bayley	Gosforth RC	Male	Senior
46	10:46	Jamie	Johnson	Barnesbury CC	Male	Senior
47	10:47	Mark	Robertson	Army Cycling Union	Male	Senior

48	10:48	Jonathan	Bayley	Reifen Racing	Male	Senior
49	10:49	Colin	Atkinson	Muckle Cycle Club	Male	Veteran
50	10:50	Thomas	Prentice	GS Metro	Male	Junior