

**HEADQUARTERS & PARKING:** Event HQ is SHAROW VILLAGE HALL. (approx. 2.5 miles west of the start on the Ripon Road, on the right hand side as you begin to leave the village). Signing-on sheet, numbers and Results Board will be located here (Hall open from 07.00). A changing area, toilets and showers are available. Refreshments are also available – please return your number here for a free drink after your ride. There is ample parking at the HQ either on the hard standing in front of the hall, or on the grass along the fence bordering the road. **Please do not park in any other areas. DO NOT PARK OR DRIVE ON THE CRICKET FIELD! Do not park on the roads in the village.**

**There is NO PARKING available near the start, or finish, except for Officials.**

There is to be **NO PARKING IN DISHFORTH AREA, or in Rainton Lane – POLICE REQUEST.** Nearest parking is on slip-road from A168 towards Asenby.

**To get to the Start** – turn left out of the gate and proceed east through Sharow village for approx. 2.5 miles. Allow plenty of time to get to the start.

**Important Notes:**

1. There are houses near the event HQ. **Please keep noise to a minimum** and do not disturb local residents. Remember that noise travels easily on a quiet Sunday morning!
2. **Turbo-trainers must not be used within 150yds of any occupied property.** If you are parked close to housing then set up your turbo in the area near to the hall itself.
3. Ensure that your body number is worn **below the waist** where it can be seen from vehicles approaching from your rear.
4. The road at the start area is narrow and twisting. Keep close in to the side of the road when awaiting your start.
5. **NO U-TURNS IN THE VICINITY OF THE START.**

IN THE INTEREST OF YOUR OWN SAFETY CYCLING TIME TRIALS, AND THE EVENT PROMOTERS, STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD.

NB: HARD SHELL HELMETS ARE COMPULSORY FOR JUNIORS AND RIDERS AGED UNDER 18 YEARS

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use

**Course Details- V232:**

The start is located approx. 1 mile west of Dishforth on the unclassified road leading to Ripon, at the eastern end of field gateway on the northern side of the road, 10 yards east of power pole 30 (on southern side of road), and approx. 0.25 mile west of the A1. Proceed east under A1 and via two roundabouts down slip-road to join A168 (1.135 miles), continue along A168/A19 to slip road leading to Knayton (11.541), left and then right (11.981) over A19 and right again (12.101) to join A19 southbound. Proceed to slip-road to Dishforth (22.952), bear left onto roundabout (23.287), take 2nd exit and proceed on A168 to finish approx. 0.7 miles beyond the windsock at Dishforth Airfield, at a mark opposite the centre of the fourth of six emergency openings to the A1(M).

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Please note that marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

**KNAYTON TURN** – riders must **NOT** cut the corners at the 2 right turns at the Knayton turn. Riders reported by the turn marshals risk disqualification from the event, and possible further action by CTT Yorkshire District.

**Yorkshire BARs & YCF Short Distance Championship**

**Note:** Competitions Secretary: Phil Hurt, 11, Greenside Terrace, LEEDS LS12 4SZ. Tel. 0113 263 2383.

Entry-form will be available at this event, or save postage and e-mail your performances to **YCFCOMPS@LIVE.CO.UK**

**Yorks BAR:** Men 25/50/100 & 12Hr. Women 10/15/25/50 Juniors (M & F) Two 10s & two 25s. Entrants to be 1<sup>st</sup> Claim members of clubs based within old Yorkshire boundary. Riders living outside of Yorkshire must have been a member of their club for 3 years.

**YCF Short Distance Competition:** 10/25/50. Entrants to be 1<sup>st</sup> Claim members of clubs affiliated to YCF.

**Events to count** (for either comp) – all events in CTT Handbook.

THE ONE FORM CAN BE USED TO ENTER ALL COMPETITIONS – FILL IN ALL LINES APPLICABLE.

*Promoted for, and on behalf of, **Cycling Time Trials**, under their Rules & Regulations.*

# YORKSHIRE CYCLING FEDERATION

## Team 25 miles Time Trial

YCF AFFILIATED CLUBS ONLY

**To be held Sunday October 2<sup>nd</sup> 2016**

**Course V232: Dishforth – A168/A19 – Knayton**

**Last Rider (no.120) to start 10:00 am.**

**Event Secretary:** Mr.G.L.Barker,  
3, Rosemont Drive, Pudsey,  
LEEDS. LS28 7AN  
Tel. 0113 2570449

**Timekeepers:** Messrs.J.Hardy & M.Phillips.

### AWARDS

1<sup>st</sup> Fastest Team of 3 riders (aggregate) 3@ £40.00  
2<sup>nd</sup> Fastest Team of 3 riders (aggregate) 3@ £30.00  
(NB: only 1 fastest team award per club)

1<sup>st</sup> Handicap Team of 3 riders (aggregate) 3@ £40.00  
2<sup>nd</sup> Handicap Team of 3 riders (aggregate) 3@ £30.00  
(NB: only 1 handicap team award per club)

1<sup>st</sup> Fastest Team to hold the Lloyd Trophy for 1 year.