#### **TOUR DE TROSSACHS 2018**

## Start time 10:00 - Sunday, 7th October 2018

Welcome to the 2018 Tour de Trossachs – delighted to report that we've got 'almost' a full field although there was times I was despairing at the lethargy of riders in entering and my lack of marshals – a wee tantrum by me on facebook seemed to do the trick – so thank you to riders for entering and for all the offers of help that came from that ! the power of social media !

It worked well last year using the memorial hall so we are back again, although we still have permission to use the car park at the Scottish Wool Centre – please pop into the café at the centre or visit the shop it's a good time to start Christmas shopping.

The Aberfoyle Memorial Hall address is Trossachs Road, Aberfoyle, FK8 3SW (red circle)

The Scottish Wool Centre address is off Main Street, turn left at Visit Scotland Centre and then left again behind the Wool Centre – Post code FK8 3UQ. (blue circle) *Please respect other car park users and be considerate while changing and placing your rollers.* 

There are toilets at the Hall but there are also public toilets beside the Visit Scotland building.

We will have tea/coffee and biscuits and maybe cake if we get some donations (hint hint!) available at the hall. Donations from the tea bar will be going to Return to Life – so it would be worth a bit of baking effort and bring a little extra pocket money for the tin.

https://www.facebook.com/ReturnToLifeR2L/?ref=br\_rs



## The Course ...

### Map can be found on ivy website.

On A81 at Shannochil Road end 1.5km south of the Roy Roy Hotel.

Fork left onto A821 through Aberfoyle village to turn right at Bank of Scotland building and proceed over the Dukes pass.

Keep right at the Loch Katrine road end (7.5ml).

Onto Invertrossachs Road junction (14.1m).

Turn right onto Invertrossachs Road and continue to junction of Callander to Glasgow A81.

Turn right onto A81 and continue to bottom of Braes of Greenock (17.2m).

Bear left onto B822 and proceed to junction at Thornhill A873 (21ml).

Turn right onto A873 and proceed through Ruskie to join the A81 on the other side of the Braes (25ml).

Proceed on A81 through Port of Menteith to finish at layby (28ml).

Approx 1mile from Rob Roy Hotel.

CARE MUST BE TAKEN BY RIDERS WHEN CROSSING FROM A811 onto Invertrossachs road you will be crossing over oncoming traffic and be vigilant on the Invertrossachs road, it is narrow and has driveways which people may be coming out of.

REMEMBER – MARSHALLS ARE THERE TO DIRECT RIDERS NOT STOP TRAFFIC FOR YOUR CONVENIENCE!!!

Hill Climb – there is also a time taken on the hill-climb – you will see the 200m to go before prime flag (green with white border) before the timekeeper at the top of the hill (beside a white flag) – remember and smile.

## Big Thanks time ...

Talking about marshalls – the delivery of the Tour de Trossachs is once again a massive team effort by members of Glasgow Ivy Cycling Club, other local clubs, friends and family. I would also like to thank the office bearers of CTT Scotland for their help and guidance throughout.

Thanks also to the Scottish Wool Centre for the use of their car park – please support them by browsing round the shop and buying some early Christmas presents or having lunch at the café – much recommended.

Here is the list of those who are helping – and I'm sure it will be added to on the day – mainly cause I just nag everybody to come out and help in what I think is the best bike race in the world!

**HELPERS LIST** 

Signing on table – Lindsay Haveron and Brian
Gear Checks – not required
Commissaire / Observer – Stevie Blom and Willie Cosh
Start Timekeeper – Jim Smith

Pusher offers – Iain Quinn, Ian Thomson
Hill climb timekeeper – Catriona Stirling
Hill climb recorder - Jim McKay
Finish Timekeeper – Mhairi Laffoley
Finish Recorder - Donna Clayton
Results board co-ordinator – Lindsay Haveron and Brian
Results board communications – Zosia Martin
Presentation co-ordinator – Janette
Course signage – Paul H
First Aid – Artemis Outdoors

#### **Marshalls**

Rob Roy Roundabout – Linda and Geoff Smith + Steven Currie
Right turn up hill – Marion Wilson, Alex Smith, Brian Kelly
Bottom of hill at L.Kat junction – Lisa H & Scott + Alan Mill
Brig O Turk – not essential – roadworks dependent - TBC
Right turn into Invertrossachs Road – Paul H and Glen H
Bridge at Invertrossachs – Andy Stewart and Wendy Stewart + James Johnstone
Roundabout at Callander – Paul W and Kenny Clark and Les McLeod
Fork at Braes of Greenock start including road on left – Iain Cowden and Ronnie Graham
Thornhill – Coatbridge Clarion (2)
Bottom of Braes of Greenock – Coatbridge Clarion (2)

Thank you my heros ...
(hope you realise you now have a job for ever – usually first Sunday in October –
put it in your diary now please)

#### The Riders List ...

Published on the CTT website – but here goes.

Good time to mention that there will be bin bags at the start for the collection on jackets etc – these will be brought back to the HQ afterwards for collection – anything left will be added to my cycling kit if it fits and I like the colour.

Please remember to shout your number as you cross the line, if you are able, it really does help the timekeepers.

bib	firstname	lastname	club	gender	category
1	Steve	Donaldson	Fullarton Wheelers	Male	Veteran
2	Murray	Lawson	East Kilbride Road Club	Male	Juvenile
3	Paul	Lawson	Weaver Valley CC	Male	Veteran
4	Gavin	Laffoley	Fife Century Road Club	Male	Espoir
5	George	Adam	SVTTA	Male	Veteran
6	Sean	Webster	Glasgow Triathlon Club	Male	Veteran
7	lan	Loughran	Velopreda	Male	Veteran

8	Georgia	Young	East Kilbride Road Club	Female	Junior
9	Jim	Barr	VC Glasgow South	Male	Veteran
10	Brian	Muir	Royal Albert CC	Male	Veteran
11	John	Gemmell	Ayr Roads CC	Male	Veteran
12	David	Irving	Inverclyde Velo	Male	Veteran
13	Daniel	Blair	Glasgow Ivy CC	Male	Senior
14	Stuart	Garner	Dumfries CC	Male	Senior
15	Derek	Mcmillan	SVTTA	Male	Veteran
16	Robert	Shennan	Johnstone Wheelers	Male	Veteran
17	Lindsay	Foster	Hitchin Nomads CC	Male	Veteran
18	Andrew	Stewart	Dunfermline CC	Male	Veteran
19	Alan	Clark	Glasgow Green Cycle Club	Male	Senior
20	Richard	Dowling	Perth United CC	Male	Veteran
21	James	Cooper	Glasgow Nightingale CC	Male	Veteran
22	Katherine	Wren	Stirling Bike Club	Female	Veteran
23	Brian	Morrell	Dumfries CC	Male	Veteran
24	Michael	Burke	Glasgow Ivy CC	Male	Senior
25	lan	Dobbie	West Lothian Clarion	Male	Veteran
26	David	Dalziel	Glasgow Nightingale CC	Male	Veteran
27	Joseph	Cotton	Glasgow Green Cycle Club	Male	Senior
28	Stuart	Mcclymont	Lomond Roads CC	Male	Veteran
29	Frederick	Connor	VC Glasgow South	Male	Veteran
30	Paul	Mclafferty	Glasgow Ivy CC	Male	Senior
31	Colin	Sales	Paisley Velo	Male	Senior
31	Matthew	Mccullagh	Edinburgh Road Club	Male	Juvenile
33	Sharon	Bird	Edinburgh Road Club	Female	Senior
34	Alan	Macintyre	Coatbridge Clarion CC	Male	Veteran
35	Karl	Farmer	VC Glasgow South	Male	Senior
36	Allan	Maxwell	VC Glasgow South	Male	Veteran
37	Jim	Lockhart	Glasgow Triathlon Club	Male	Veteran
38	Gregor	Mcarthur	Glasgow Nightingale CC	Male	Junior
39	Gavin	Church	Dumfries CC	Male	Senior
40	Graham	Smith	Law Wheelers	Male	Veteran
41	Kevin	Kelly	VO2 Maximum RT	Male	Veteran
42	Thomas	Mcnulty	Glasgow Nightingale CC	Male	Veteran
43	Daniel	Ewing	Aberdeen Wheelers	Male	Senior
44	Edward	Clifton	Ayr Roads CC	Male	Senior
45	Randle	Shenton	Team Swift	Male	Veteran
46	Andrew	Wilson	St Christopher's CC	Male	Veteran
47	Jim	Reilly	Coatbridge Clarion CC	Male	Veteran
48	Julie	Fitzpatrick	Glasgow Nightingale CC	Female	Veteran
49	David	Griffiths	Bioracer-Project GO	Male	Senior
50	Jason	Roberts	Bioracer-Project GO	Male	Veteran
51	Bobby	Mcghee	Ayr Roads CC	Male	Veteran
52	James	Cluckie	Coatbridge Clarion CC	Male	Veteran
53	Gordon	Watson	Billy Bilsland Cycles	Male	Senior

54	Darren	Carruthers	Glasgow Green Cycle Club	Male	Senior
55	Eddie	Addis	RT 23	Male	Senior
56	Craig	Napier	Glasgow Triathlon Club	Male	Veteran
57	Jacqui	Thomson	Fusion Triathlon Club	Female	Veteran
58	Calum	Doyle	VC Glasgow South	Male	Junior
59	Nico	Anelli	Bioracer-Project GO	Male	Espoir
60	Ewan	Taylor	Velocity 44	Male	Senior
61	lan	Archibald	Johnstone Wheelers	Male	Veteran
62		, ii dinibala	Donald McLean/Mark Leadbetter	Tandem	receiuii
63	Oscar	Marletta	VC Glasgow South	Male	Veteran
64	John	Leonard	Velopreda	Male	Veteran
65	Lewis	Duff	GTR - Return To Life	Male	Veteran
66	20 113	Dun	on netam to the	Widie	Veteran
67	Celia	Greig	Glasgow Triathlon Club	Female	Veteran
68	lain	Martin	Glasgow Green Cycle Club	Male	Veteran
69	Neil	Griffiths	Glasgow Wheelers	Male	Senior
70	Carlos	Riise	Shetland Wheelers	Male	Veteran
71	Vincent	Pickering	St Christopher's CC	Male	Veteran
72	Nathalie	Jones	Glasgow Triathlon Club	Female	Veteran
73	Charlie	Milarvie	Loudoun Road Club	Male	Veteran
74	Ken	Thomson	Dunfermline CC	Male	Veteran
, . 75	Alexander	Macrae	Dooleys RT	Male	Espoir
76	Douglas	Stevenson	Velopreda	Male	Veteran
77	Laura	Irwin	Musselburgh RCC	Female	Senior
78	Thomas	Mcneish	Royal Albert CC	Male	Veteran
79	Alex	Mcallister	Ayr Roads CC	Male	Veteran
80	Jimmy	Storrar	Velocity 44	Male	Senior
81	Colin	Charters	Glasgow Green Cycle Club	Male	Veteran
82	Ali	Rainey	diagow dicen cycle clas	Female	Veteran
83	Gary	Webb	Dunfermline CC	Male	Veteran
84	William	Bonar	GTR - Return To Life	Male	Senior
85	Arthur	Doyle	GTR - Return To Life	Male	Veteran
86	David	Kellett	Coatbridge Clarion CC	Male	Veteran
87	Paula	Regener	coulding clarion cc	Female	Veteran
88	Charles	Adams	VC Glasgow South	Male	Veteran
89	Allan	Duncan	Fullarton Wheelers	Male	Veteran
90	James	Cusick	Dooleys RT	Male	Veteran
91	Kevin	Bell	Glasgow Green Cycle Club	Male	Veteran
92	Ally	Anderson	diagow dicen cycle clab	Female	veteran
93	Thomas	Gooding-hill	Ayr Roads CC	Male	Veteran
94	Richard	Provan	Glasgow Couriers	Male	Veteran
95	Neil	Pendrich	SVTTA	Male	Veteran
96	Joe	Somerville	Glasgow Triathlon Club	Male	Senior
97	Alison	MacKenzie	Sladbow Thatmon Club	Female	3011101
98	Scott	Knox	Ayr Roads CC	Male	Veteran
99	Alan	Davidson	Dundee Thistle	Male	Veteran
	, uuii	Davidson	Danace initie	IVIAIC	veteran

101 Michael Curran Ayr Roads CC Male Ve	toron
101 Michael Cultail Ayl Rodus CC Male Ve	teran
102 Emily Palmer Nightingale Female	
103 Alex Mcphee Dooleys RT Male Ve	teran
104 Sean Quinn Law Wheelers Male Ve	teran
105 Adam Wild GS Metro Male Esp	poir
106 Lyndsay Curren Dooleys RT Female Ser	nior
107	
108 Chris Godfree Edinburgh Road Club Male Ve	teran
109 Matthew Hennon Inverclyde Velo Male Ve	teran
110 Wilson Renwick RT 23 Male Ser	nior
111	
112 David Mylett VC Glasgow South Male Ve	teran
113 Ian Elliot Hawick Cycling Club Male Ve	teran
114 Colin Sinclair Royal Albert CC Male Ve	teran
115 Robert Friel Bioracer-Project GO Male Ser	nior
116	
117	
118 Lester Grant Auchencrow Thistle CC Male Ser	nior
119 Scott Newman Glasgow Couriers Male Ser	nior
120 Chris Smart GTR - Return To Life Male Ser	nior

### Timetable ...

Event crew start to arrive at venue to prepare -8:00Sign on opens for riders -9:00Marshalls all in place and confirmed -9:50First rider off -10:00Last rider off -11:20Estimated last rider over the line -13:00 Last man off isn't always last man in! Prize presentation -13:30

### **Prize Presentation ...**

This will be at the Aberfoyle Memorial Hall – please walk up from the car park or bring your bikes – there will not be enough car parking. The time is estimated and we will endeavour to get the prizes agreed as soon as possible after the last rider crosses the line. If you are a prize winner but cannot stay – let me know and I'll arrange for it to be posted/transferred to you soon after the event. (Or you could donate it to the charity started by Stevie Blom – Return To Life - just saying ! - https://www.facebook.com/ReturnToLifeR2L/)

### **Prizes**

Estimated at present

Men – 1,2,3,4,5,6 fastest for whole course

Men - 1,2,3 fastest for hill climb

Women – 1,2,3 fastest for whole course

Women - 1,2,3 fastest for hill climb

V40 – Men and Women – fastest for whole course

V50 - Men and Women - fastest for whole course

V60/70 – Men and Women – fastest for whole course

Vet on Standard – VTTA prize

Junior – 1 fastest on whole course

Junior – 1 fastest for hill climb

# Handy mobile phone numbers on the day ...

Janette Hazlett - Race HQ - 07717 815725

Steven Hazlett – Roaming Rider help on course – 07951 325 522 *if you become a bit stuck – either phone HQ or Stevie and we will arrange for somebody to come out and help. He will be driving around the course so if you don't have your phone (who would !) just wait or get to the nearest marshall and we will get help to you.* 

Stevie Blom and Willie Cosh is our observer and will be out on the course too. Ed Hood will be out on the course too and I'm sure wouldn't mind phoning in for you either!

That's it I think – looking forward to seeing you all on Sunday – thanks for helping to make this event once again 'great'! Wishing you all PBs.

### REMEMBER CAKE! and money for CAKE!

#### Janette

P.S. just cause I like winding people up and I notice it's not on our club website (it's being revamped and outwith my control) – here are the results for 2015 – the race couldn't go ahead in 2016 because of roadworks and another large event on in Aberfoyle and 2018 was a short course due to roadworks.

No.	Rider	Team	Cat	Hill		Finish	
80	Chris Smart	Paisley Velo Race Team	Sen	0:14:20	2	1:07:23	1
75	Arthur Doyle	www.Dooleys-Cycles.co.uk	V40	0:13:59	1	1:08:20	2
36	David Griffiths	Pro Vision Cycle Clothing	Sen	0:14:59	3	1:11:27	3
60	Jamie Kennedy	Paisley Velo Race Team	V40	0:15:08	7	1:11:55	4
70	Jim Cusick	www.Dooleys-Cycles.co.uk	V50	0:15:46	13	1:11:57	5
65	Patrick Pennefather	Rock to Roll Cycles Ltd	Sen	0:15:56	17	1:12:27	6
30	Joseph McMillan	Synergy Cycles	Sen	0:16:07	18	1:13:01	7
55	Carlos Riise	Shetland Wheelers	V50	0:15:06	5	1:13:02	8
69	Neil Muir	Royal Albert CC	Sen	0:15:24	10	1:13:38	9
79	Scott Newman	Glasgow Couriers	Sen	0:15:18	9	1:14:00	10
53	Craig Adams	Leslie Bike Shop/Bikers Boutique	Sen	0:15:55	16	1:14:10	11
67	John Glass	West Lothian Clarion CC	Sen	0:15:08	7	1:14:25	12

45	Graeme Cockburn	Glasgow Nightingale CC	V50	0:15:38	11	1:14:41	13
29	Ian Archibald	Team Thomsons Cycles	V50	0:15:01	4	1:15:00	14
50	Thomas Gordon	Fullarton Wheelers	V50	0:16:28	20	1:15:19	15
59	Veli-Matti Raikkonen	Granite City RT	Sen	0:16:07	18	1:15:26	16
64	Jon Clarke	Glasgow Nightingale CC	Sen	0:15:53	15	1:15:40	17
40	Allan Mill	Sandy Wallace Cycles	Sen	0:16:52	28	1:16:02	18
77	Richard Provan	Glasgow Couriers	Sen	0:16:41	26	1:16:11	19
10	Ricky Sutherland	Icarus Racing	V40	0:17:14	36	1:16:50	20
41	Martin Ferry	Scotia CC	V40	0:15:48	14	1:17:00	21
35	Duncan Orme	Kent Valley RC	V40	0:16:37	23	1:17:17	22
18	Scott Glasgow	Nightingale CC	V40	0:17:01	32	1:17:22	23
72	Alan Dobbie	Edinburgh RC	V40	0:15:41	12	1:17:33	24
15	Campbell West	Kent Valley RC	Sen	0:17:10	35	1:17:35	25
20	David Baird	Walkers Cycling Club	V40	0:16:57	30	1:17:52	26
47	Christopher Watters	VC Glasgow South	V40	0:16:54	29	1:18:43	27
68	Paul Friel	Glasgow Road Club	V40	0:16:30	22	1:18:54	28
9	Lindsay Curran	www.Dooleys-Cycles.co.uk	Lady	0:16:41	26	1:19:03	29
54	Michael Curran	Ayr Roads Cycling Club	Sen	0:17:51	41	1:19:23	30
38	Andrew Matheson	Musselburgh RCC	V50	0:17:07	34	1:19:29	31
46	Alastair Pell	Glasgow Nightingale CC	V50	0:16:58	31	1:20:19	32
28	Joseph Shaw	Falkirk Bicycle Club	V40	0:18:36	44	1:21:00	33
48	Sandy Anderson	Ronde Cycling Club	Sen	0:16:29	21	1:21:18	34
58	Allan Duncan		V50	0:17:05	33	1:21:26	35
37	Alan Manson		V50	0:17:28	39	1:21:53	36
51	Brian Marsland		V40	0:17:23	38	1:22:25	37
32	Adrian Hay	Dunfermline CC	Sen	0:17:15	37	1:22:31	38
62	Stephen Malaney	Glasgow Couriers	Sen	0:17:41	40	1:22:34	39
74	Brian McGhee	RC Cumbernauld & Kilsyth	V40	0:18:21	43	1:23:29	40
61	Jonathan Ward	Lomond Roads CC	V50	0:19:23	53	1:23:35	41
33	Neil McLeod	Stirling Bike Club	V40	0:18:13	42	1:23:36	42
71	Stuart McClymont	Lomond Roads CC	V50	0:19:10	49	1:24:37	43
11	Christine McLean	Shetland Wheelers	Lady	0:18:41	46	1:24:57	44
66	Kenny Malaney	Glasgow Couriers	Sen	0:19:45	54	1:26:57	45
27	Edd Shackley	Glasgow Ivy CC	V40	0:19:21	52	1:27:10	46
12	Alan Solway	Kennoway RC	V60	0:20:13	55	1:27:56	47
63	Fraser Robinson	Keswick Bikes - KMB	V60	0:20:30	58	1:28:07	48
3	Christine Fischer	Stirling Bike Club	F	0:19:20	51	1:28:10	49
7	Elizabeth Clayton	Lichfield City CC	Lady	0:19:00	47	1:29:26	50
73	Andrew McGhee	Glasgow Couriers	Sen	0:16:40	25	1:29:39	51
22	Hamish Irvine	Cairngorm CC	V50	0:19:09	48	1:29:46	52
56	Grant Thomson	RC Cumbernauld & Kilsyth	Sen	0:18:39	45	1:30:42	53
5	Paula Regener		Lady	0:20:34	59	1:30:44	54
42	James MacDonald	West Lothian Clarion CC	V40	0:19:17	50	1:31:13	55
13	lain Binning	Stirling Bike Club	V60	0:21:31	60	1:32:02	56
1	Katherine Wren	Stirling Bike Club	Lady	0:21:40	61	1:34:19	57
6	Amanda Brown	Pedal Power RT	Lady	0:20:16	56	1:35:09	58
4	George Skinner	Scottish Veterans Time Trial Association	V70	0:20:23	57	1:40:28	59
17	Andrew Wilson	St Christopher's CC	V60	0:23:41	62	1:41:43	60
25	Wilson Renwick	Hawick CC	Sen	0:15:06	5	2:00:00	61
44	Steven Dunn	Falkirk Bicycle Club	V40	0:16:38	24	2:00:00	61