

THE RAKE

HILLCLIMB 2018



Lancashire Road Club

Sunday 7th October - 12pm





LANCASHIRE ROAD CLUB

Lancashire Road Club Hill Climb, Sunday 7th October 2018

Course L812 "The Rake" Ramsbottom under C.T.T. Rules & Regulations

Timekeeper Start: Rick Winstanley
Timekeeper Finish: Roger Winstanley
Recorder: Lynda Winstanley
Event Secretary: Duncan Smith

Start time 12:00pm

Course Details

Start at lamp post No 3 outside the public library in Carr Street, Ramsbottom. Proceed via Carr Street, Tanners Street, Rawson's Rake and The Rake to finish at the lamp post opposite Exeter Cottage, Chapel Lane, Holcombe, approximately 120 yards before the junction with Helmshore Road. The course is some 947 yards long with an average gradient of 1 in 8.8.

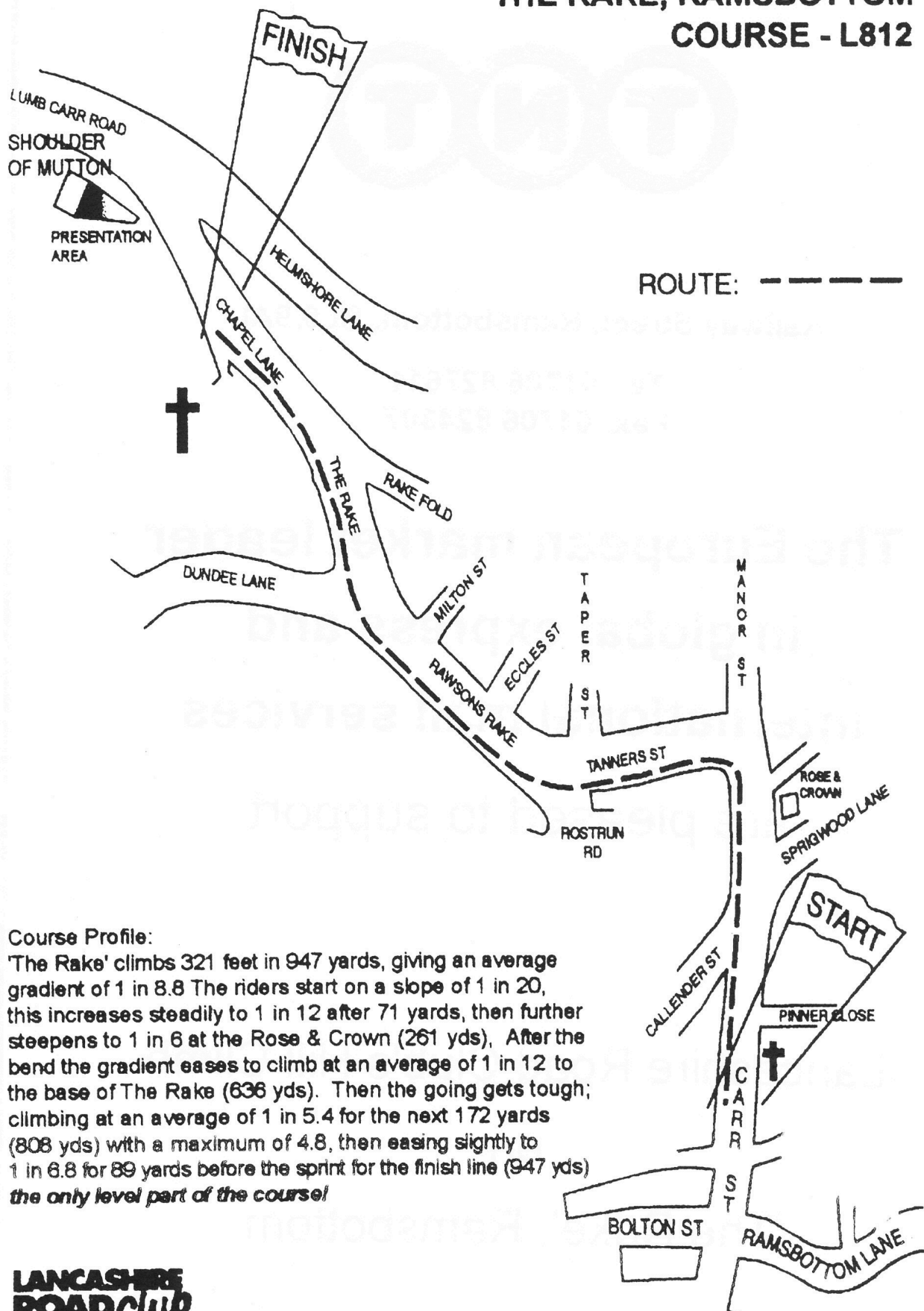
Competitor Notes

1. Body and arm numbers will be used. Numbers will be available at the start, please allow time for fixing.
2. Riders must not stand in the road at the start or finish.
3. Please note the contents of C.T.T. Regulation 31 relating to Hill Climbs and their conduct.
4. Please do not park on any part of the course, the road will be closed to all motor vehicles from 12:00pm for the duration of the event.
5. Riders will not be permitted to warm up on the course, there are plenty of hills in the area around Ramsbottom.
6. Please keep your head up, head down riding is not permitted and may result in disqualification.
7. Please return your number to a Marshal on completion.
8. The wearing of helmets is compulsory for juniors and juvenile riders.
9. Please do not park on the Shoulder of Mutton Car Park.

The success and future of the event depend on the good conduct of all concerned as such spectators are kindly requested to:

Keep the roads clear for competitors.
Not to over-crowd the finish area.
Cheer as loudly as possible for each and every rider.

HILL CLIMB THE RAKE, RAMSBOTTOM COURSE - L812



Course Profile:

'The Rake' climbs 321 feet in 947 yards, giving an average gradient of 1 in 8.8. The riders start on a slope of 1 in 20, this increases steadily to 1 in 12 after 71 yards, then further steepens to 1 in 6 at the Rose & Crown (261 yds). After the bend the gradient eases to climb at an average of 1 in 12 to the base of The Rake (636 yds). Then the going gets tough; climbing at an average of 1 in 5.4 for the next 172 yards (808 yds) with a maximum of 4.8, then easing slightly to 1 in 6.8 for 89 yards before the sprint for the finish line (947 yds) *the only level part of the course!*

**LANCASHIRE
ROAD Club**

Prize List

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| 1st Overall | £100, Winners jersey, framed print of the cover design and Frank Douglas Cup. |
| 2nd Overall | £50 |
| 3rd Overall | £25 |
| 1st Woman | £100 Winners jersey and a framed print of the cover design. |
| 2nd Woman | £50 |
| 3rd Woman | £25 |
| 1st Vet | £40, framed print of the cover design and winners jersey. |
| 2nd Vet | £20 |
| 1st Junior | £20, winners jersey plus £20 gift voucher for Geoff Smith Cycles. |
| 2nd Junior | £10 |
| 1st Juvenile | £20 plus £20 gift voucher for Geoff Smith Cycles. |
| 2nd Juvenile | £10 |

Fastest rider breaking course record £100 (2 mins 14 secs)

Fastest woman breaking course record £100 (3 mins 08.7 secs)

Fastest unsponsored team of 3 £30.

One rider one prize except team

The Riders

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|----|-------|--------------------|---------------------------------|--------|----------|
| 1 | 12:01 | Steven Horrocks | Lancashire RC | Male | Veteran |
| 2 | 12:02 | David Tinker | Clayton Velo | Male | Veteran |
| 3 | 12:03 | Dan Connor | Croston Velo | Male | Senior |
| 4 | 12:04 | Joseph Cadwallader | Bury Clarion CC | Male | Veteran |
| 5 | 12:05 | Conor Mckinnon | Southport CC | Male | Junior |
| 6 | 12:06 | Heather Bamforth | The Racing Chance Foundation | Female | Senior |
| 7 | 12:07 | James Duffy | Bury Clarion CC | Male | Senior |
| 8 | 12:08 | Dennis Baron | Clitheroe Bike Club | Male | Veteran |
| 9 | 12:09 | Martha Tibbot | Saddleworth Clarion CC | Female | Senior |
| 10 | 12:10 | Frank Nightingale | Ribble Valley C&RC | Male | Veteran |
| 11 | 12:11 | Simon Reilly | Lancashire RC | Male | Senior |
| 12 | 12:12 | Ian Jackson | East Lancashire RC | Male | Senior |
| 13 | 12:13 | Noah Davies | Cycle Sport Pendle | Male | Juvenile |
| 14 | 12:14 | Steve Jobson | Fareham Wheelers CC | Male | Veteran |
| 15 | 12:15 | William Curry | Cycle Sport Pendle | Male | Juvenile |
| 16 | 12:16 | Mark Berry | Rossendale RC | Male | Veteran |
| 17 | 12:17 | Frances Cattanach | Rhos-on-Sea CC | Female | Veteran |
| 18 | 12:18 | Tony Shaw | Secret-training CC | Male | Veteran |
| 19 | 12:19 | Geoffrey Side | The Racing Chance Foundation | Male | Veteran |
| 20 | 12:20 | Ian Harling | North Lancashire Road Club | Male | Veteran |
| 21 | 12:21 | Kate Taylor | Team SB Hub | Female | Junior |
| 22 | 12:22 | Kelvin Hibberd | Lancashire RC | Male | Veteran |
| 23 | 12:23 | Marc Lowden | Bury Clarion CC | Male | Senior |
| 24 | 12:24 | Martin Byrne | Allterrain Road Club | Male | Veteran |
| 25 | 12:25 | Matthew Bell | Warrington Road Club | Male | Espoir |
| 26 | 12:26 | Melissa Boylin | The Racing Chance Foundation | Female | Juvenile |
| 27 | 12:27 | Patrick Hickey | Total Transition Triathlon Club | Male | Senior |
| 28 | 12:28 | Rob Scott | Manchester Wheelers | Male | Senior |

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|----|-------|-------------------|------------------------------|--------|----------|
| 29 | 12:29 | Tony Bowler | Rossendale RC | Male | Veteran |
| 30 | 12:30 | Tristan Watson | ABC Centreville | Male | Senior |
| 31 | 12:31 | Darren Hall | Team JMC | Male | Veteran |
| 32 | 12:32 | Craig Ball | St Helens CRC | Male | Senior |
| 33 | 12:33 | Julian Ferrier | Lancashire RC | Male | Veteran |
| 34 | 12:34 | Chris Wynne | Rhos-on-Sea CC | Male | Veteran |
| 35 | 12:35 | Henry James | Team SB Hub | Male | Junior |
| 36 | 12:36 | Gemma Webster | Harry Middleton CC | Female | Senior |
| 37 | 12:37 | Brian Oakley | Whitby Whs | Male | Veteran |
| 38 | 12:38 | Jacob Vezey | Harrogate Nova CC | Male | Senior |
| 39 | 12:39 | Martyn Stewart | East Lancashire RC | Male | Senior |
| 40 | 12:40 | Josh Whitehead | Team SB Hub | Male | Junior |
| 41 | 12:41 | James Richardson | Bury Clarion CC | Male | Veteran |
| 42 | 12:42 | Adam Smith | Eastlands Velo | Male | Juvenile |
| 43 | 12:43 | Alison Young | Fareham Wheelers CC | Female | Senior |
| 44 | 12:44 | Marcus Hurst | Bury Clarion CC | Male | Veteran |
| 45 | 12:45 | Alex O'Brien | Garstang CC | Male | Senior |
| 46 | 12:46 | Andrew Mclaughlan | ABC Centreville | Male | Senior |
| 47 | 12:47 | Jessica Adams | The Racing Chance Foundation | Female | Senior |
| 48 | 12:48 | John Stirzaker | Bury Clarion CC | Male | Veteran |
| 49 | 12:49 | Daniel Pullen | Cycling Sheffield Giant | Male | Espoir |
| 50 | 12:50 | Aj Hughes | Sportcity Velo | Male | Juvenile |
| 51 | 12:51 | Rick Bailey | Team B38/Underpin Racing | Male | Senior |
| 52 | 12:52 | Sam Holden | Lancashire RC | Male | Senior |
| 53 | 12:53 | Richard Morgan | Barrow Central Wheelers | Male | Senior |
| 54 | 12:54 | Joseph Cooke | East Lancashire RC | Male | Junior |
| 55 | 12:55 | Holly Carter | Manchester Wheelers | Female | Senior |
| 56 | 12:56 | Cameron Turner | Malton Whs | Male | Veteran |

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|----|-------|--------------------|------------------------------|--------|---------|
| 57 | 12:57 | Dan Robinson | Manchester Wheelers | Male | Senior |
| 58 | 12:58 | David Gamble | Bury Clarion CC | Male | Veteran |
| 59 | 12:59 | James Bottrill | The Racing Chance Foundation | Male | Junior |
| 60 | 13:00 | Declan Brady | Bury Clarion CC | Male | Senior |
| 61 | 13:01 | Stefan Dobrowolski | Harry Middleton CC | Male | Veteran |
| 62 | 13:02 | Erica Booth | Lancashire RC | Female | Senior |
| 63 | 13:03 | Andy Porter | Horwich Cycling Club | Male | Veteran |
| 64 | 13:04 | Alex Dobrowolski | Harry Middleton CC | Male | Junior |
| 65 | 13:05 | Freddie Jagger | Team B38/Underpin Racing | Male | Senior |
| 66 | 13:06 | Zak Walker | Honister 92 | Male | Senior |
| 67 | 13:07 | Martin Bailey | Southport CC | Male | Veteran |
| 68 | 13:08 | Benjamin Horrobin | Horwich Cycling Club | Male | Espoir |
| 69 | 13:09 | Paul Nelson | Ribble Valley CCC Team | Male | Senior |
| 70 | 13:10 | Em Pantoja | Army Cycling Union | Female | Senior |
| 71 | 13:11 | Elliot Reed | N-Fuse Identity Racing | Male | Espoir |
| 72 | 13:12 | David Gleave | Velo Club Cumbria | Male | Senior |
| 73 | 13:13 | Ben Stead | ABC Centreville | Male | Senior |
| 74 | 13:14 | Ben Lane | GS Metro | Male | Veteran |
| 75 | 13:15 | Zeb Kyffin | Ribble Pro Cycling | Male | Espoir |
| 76 | 13:16 | Ross Walton | GS Metro | Male | Senior |
| 77 | 13:17 | Anna Weaver | NJC-Biemme-Echelon | Female | Senior |
| 78 | 13:18 | Ben Huddart | Lancashire RC | Male | Espoir |
| 79 | 13:19 | Kieran Manchester | Saddleworth Clarion CC | Male | Senior |
| 80 | 13:20 | Rodger Wilkins | Racepace | Male | Veteran |
| 81 | 13:21 | Matthew Finegan | Cycle Sport Pendle | Male | Junior |
| 82 | 13:22 | Sarah Jepson | Racepace | Female | Senior |
| 84 | 13:24 | Andrew Disley | Team KTM UK | Male | Senior |
| 86 | 13:26 | David Stammers | Team ASL-Bolton | Male | Senior |

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|-----|-------|------------------------|------------------------------|--------|----------|
| 88 | 13:28 | Archie Irving | Beacon Wheelers | Male | Juvenile |
| 90 | 13:30 | Tamsin Vicary | The Racing Chance Foundation | Female | Senior |
| 92 | 13:32 | David Powell | Horwich Cycling Club | Male | Senior |
| 94 | 13:34 | Louis Szymanski | ABC Centreville | Male | Senior |
| 96 | 13:36 | Andrew Feather | BCR Racing | Male | Senior |
| 98 | 13:38 | Corinne Side | The Racing Chance Foundation | Female | Junior |
| 100 | 13:40 | Francis Woodcock | Bury Clarion CC | Male | Juvenile |
| 102 | 13:42 | Jessica Evans | ASSOS Equipe UK | Female | Senior |
| 104 | 13:44 | Lee Carter | Ribble Valley C&RC | Male | Senior |
| 106 | 13:46 | Mary Wilkinson | Yorkshire Road Club | Female | Senior |
| 108 | 13:48 | Paul Roby | Lancashire RC | Male | Veteran |
| 110 | 13:50 | Fiona Burnie | GS Metro | Female | Senior |
| 112 | 13:52 | Jude Taylor | Team B38/Underpin Racing | Male | Senior |
| 114 | 13:54 | Thomas Hanlon | Team Chronomaster | Male | Senior |
| 116 | 13:56 | David Huck | Barrow Central Wheelers | Male | Senior |
| 118 | 13:58 | Kieran Wynne-Cattanach | Team B38/Underpin Racing | Male | Espoir |
| 120 | 14:00 | Dan Evans | ASSOS Equipe UK | Male | Senior |



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