



Promoted for & on behalf of Cycling Time Trials under their rules & regulations

LEWES WANDERERS CYCLING CLUB

(President: Mr. Richard Meed)



Present their 28th Annual

GRAND PRIX DES GENTLEMEN

To be held on Sunday, 7th October 2018

Over 17.2 miles on Course GS/838a

Timekeepers: Mick Kilby & Richard Meed

A Gentlemen's Grand Prix is for teams comprising one veteran and one other rider. The veteran is paced round the course by his/her partner but may overtake 200 yards before the finish line (time taken as the second of the two riders crosses the line). Two veterans may form a team but one must be pacer and one the designated veteran. With the exception of fastest pair on actual, all results are handicap times based on CTT standard target times for the paced rider.

PRIZE LIST

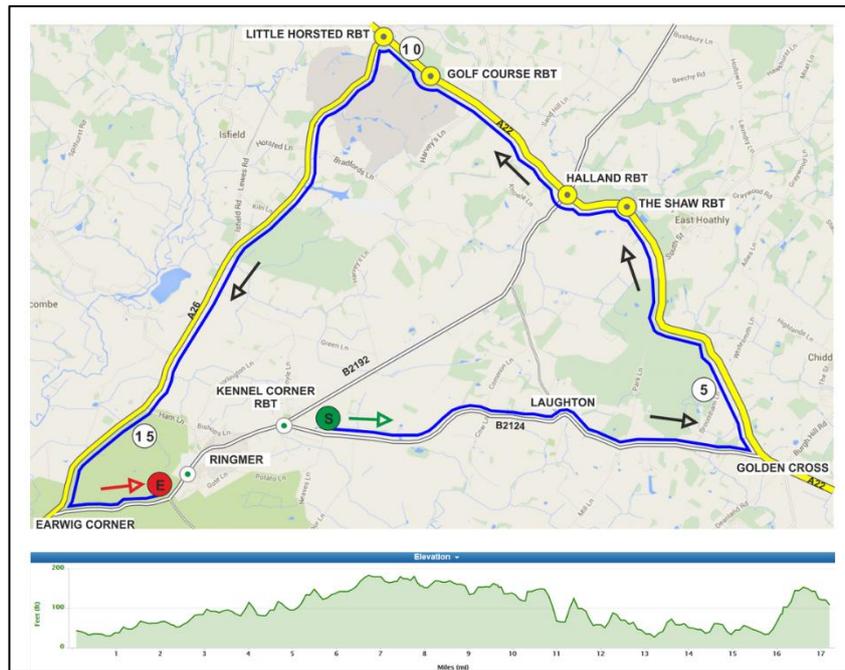
1 st Team on Standard:	£70
2 nd Team on Standard:	£50
3 rd Team on Standard:	£40
4 th Team on Standard:	£30
1 st Women's Team on Standard:	£30
1 st Family Team on Standard:	£30
Fastest Pair on Actual:	£30

With the exception of Fastest on Actual, all Team prizes must comprise riders from the same club

Organiser: Dominic Lowden,
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In memory of Rose Hills who sadly died in an accident while cycling on 21 August 2013. Rose was a regular marshal at Earwig Corner for this event.

Course GS/838A



OS REF (TQ)	COURSE DIRECTIONS – GS/838A	MILES	
467127	START on B2124, east of Ringmer at the junction with Half Mile Drove.	0.00	0.00
534126	Follow B2124 to junction with A22 at Golden Cross	4.30	4.30
511165	LEFT and follow A22 via Whitesmith to The Shaw RBT (roundabout)	2.96	7.26
473190	LEFT 1 st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT (CHECK)	2.94	10.20
423114	LEFT 1 st exit and follow A25 to Earwig Corner, Lewes (CHECK)	5.89	16.09
441117	SHARP LEFT and follow B2192 to FINISH opposite the covered Bus Stop on the outskirts of Ringmer	1.11	17.20

Headquarters

Laughton Village Hall, Church Lane, Laughton BN8 6AH. Laughton is on the B2124 between Ringmer and Golden Cross. Turn south at the crossroads in the centre of the village, opposite the Roebuck PH. The hall is 200 yds on Right.

The Start is about 10 minutes from HQ. Go back to the crossroads and turn LEFT towards Ringmer.

Follow the B2124 for approximately 2 miles to the START.

Numbers will be at the hall, which will be open from 07:30hrs. **BOTH** riders **MUST** sign for their number in accordance with CTT rules. Both riders must sign-off on completion of the ride.

Hazards: Any additional hazards not listed on the Start Sheet will be displayed or advised at the Signing-On Point. All competitors must take note of these details when they sign on.

Times will be available at HQ. No times will be given at the finish.

There are toilets in the hall - please use them. **Anyone reported for misbehavior will be disqualified.** Please help us to ensure this venue will continue to be available.

Parking

There is parking available outside the hall and in the car park approx. 100 m further down towards the church. If parking on the road please use the opposite side of the road to the hall and do not block driveways.

London South District Regulation

No vehicles, except those of the Timekeepers and Event Officials, shall be parked in the vicinity of the start and finish areas.

CTT Regulations & Recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18's. In the interest of your own safety, CTT and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Gents GP 2018 - Start Sheet

Bib No	Start Time	Name	-	Club	M/F	Age	Desig Vet	Handicap
1	08:32	Graham	Knowles	Lewes Wanderers CC	Male	63		
2	08:32	Brian	Clark	Lewes Wanderers CC	Male	77	V	00:55:44
3	08:34	Adam	Rogers	Eastbourne Rovers CC	Male	43		
4	08:34	Anita	Turner	Eastbourne Rovers CC	Female	48	V	00:47:47
5	08:36	Martin	Bailey	Kettering CC	Male	52		
6	08:36	Tom	Bailey	Kettering CC	Male	81	V	00:57:23
7	08:38	Peter	Fox	Lewes Wanderers CC	Male	63		
8	08:38	Gina	Boakes	Lewes Wanderers CC	Female	53	V	00:49:34
9	08:40	Nick	Mann	Metropolitan Police Cycle Club	Male	57	V	00:48:08
10	08:40	David	Kennett	Addiscombe CC	Male	50		
11	08:42	Jason	Green	Sussex Nomads CC	Male	46		
12	08:42	Neil	Glover	Sussex Nomads CC	Male	55	V	00:47:26
13	08:44	John	Mankelow	Lewes Wanderers CC	Male	70	V	00:52:57
14	08:44	Kate	Mankelow	Lewes Wanderers CC	Female	39		
15	08:46	David	Greenwood	Rye & District Wheelers CC	Male	53		
16	08:46	Rebecca	Wilson	Rye & District Wheelers CC	Female	53	V	00:49:34
17	08:48	Mark	Hancock	Anerley BC	Male	56		
18	08:48	Barrie	Foster	Anerley BC	Male	69	V	00:52:33
19	08:50	Steve	Jones	Hemel Hempstead CC	Male	38		
20	08:50	Ron	Collins	TMG Horizon Cycling Team	Male	71	V	00:53:20
21	08:52	Brett	Davis	Lewes Wanderers CC	Male	45		
22	08:52	Lisa	Davis	Lewes Wanderers CC	Female	44	V	00:46:24
23	08:54	Paul	Barnard	South Downs Bikes / Casco Europe	Male	33		
24	08:54	David	Barnard	VC Etoile	Male	58	V	00:48:29
25	08:56	Trevor	Leeding	Worthing Excelsior CC	Male	52		
26	08:56	Allan	Orman	Worthing Excelsior CC	Male	72	V	00:53:43
27	08:58	David	Clements	Eastbourne Rovers CC	Male	46		
28	08:58	Geoff	Smith	Eastbourne Rovers CC	Male	68	V	00:52:10
29	09:00	Samuel	Beadle	VC de Londres	Male	17		
30	09:00	David	Beadle	VC de Londres	Male	51	V	00:46:04
31	09:02	Mark	Jones	GS Stella	Male	58		
32	09:02	Ben	Fielden	GS Stella	Male	76	V	00:55:19
33	09:04	Olivia	Webb	Eastbourne Rovers CC	Female	49		
34	09:04	Alison	Eaton	Eastbourne Rovers CC	Female	56	V	00:50:40
35	09:06	Dan	Sadler	RT 316	Male	41		
36	09:06	Greg	Hunt	RT 316	Male	52	V	00:46:24
37	09:08	Dominic	Maxwell	Worthing Excelsior CC	Male	45		
38	09:08	Paul	Townsley	Worthing Excelsior CC	Male	69	V	00:52:33
39	09:10	Jason	Blenkarn	Sussex Nomads CC	Male	32		
40	09:10	Michael	Thyer	Sussex Nomads CC	Male	68	V	00:52:10
41	09:12	Simon	Steeles	Worthing Excelsior CC	Male	47		
42	09:12	Rick	Hughes	Worthing Excelsior CC	Male	55	V	00:47:26
43	09:14	Nick	Dwyer	Lewes Wanderers CC	Male	55		
44	09:14	Dominic	Lowden	Lewes Wanderers CC	Male	60	V	00:49:12
45	09:16	Nick	Wilson	Rye & District Wheelers CC	Male	55		
46	09:16	Steve	Gooch	Rye & District Wheelers CC	Male	52	V	00:46:24
47	09:18	Nik	Allen	Worthing Excelsior CC	Male	47		
48	09:18	John	Mcgrath	Worthing Excelsior CC	Male	55	V	00:47:26
49	09:20	Pip	Jenkins	Southborough & Dist. Whs	Female	30		
50	09:20	Neil	Couchman	Southborough & Dist. Whs	Male	40	V	00:42:30
51	09:22	Peter	Hooper	Eastbourne Rovers CC	Male	33		
52	09:22	David	Clark	Eastbourne Rovers CC	Male	49	V	00:45:24
53	09:24	Rupert	Graham	SPIRIT TIFOSI RT	Male	25		
54	09:24	Phil	Brown	trainSharp	Male	48	V	00:45:04
55	09:26	Mikey	Weavers	Team ASL	Male	20		
56	09:26	Pete	Morris	Team ASL	Male	40	V	00:42:30
57	09:28	Rory	Barrett	Southborough & Dist. Whs	Male	35		
58	09:28	Matt	Kuwertz	Southborough & Dist. Whs	Male	43	V	00:43:27