



New Forest Cycling Club

Boxing Day 10 26th December 2018

The Boxing Day 10 has traditionally been a fun event to end the year, although we have still seen fast times in previous years. Fancy dress is encouraged and there will be prizes for the best costume! Any profit from the event is being donated to our two nominated charities, Oakhaven Hospice and the Hampshire and Isle of Wight Air Ambulance. Teas and refreshments will be available on the day for a donation that will also go to the charities.

HQ and Parking

The event HQ and signing on is at Bisterne Village Hall on the B3347 and will be open for sign on from 8:30am.

Please be aware that parking at the village hall itself is limited. There is space for 20 cars at St Paul's church car park almost next door to the village hall; the gate will be open from 9am. There is a long layby a short distance north of the HQ and one to the south just past the start of the 30mph limit. Please **DO NOT** park on the grass verge outside the HQ.

Preferred route to the start and return to HQ from the finish

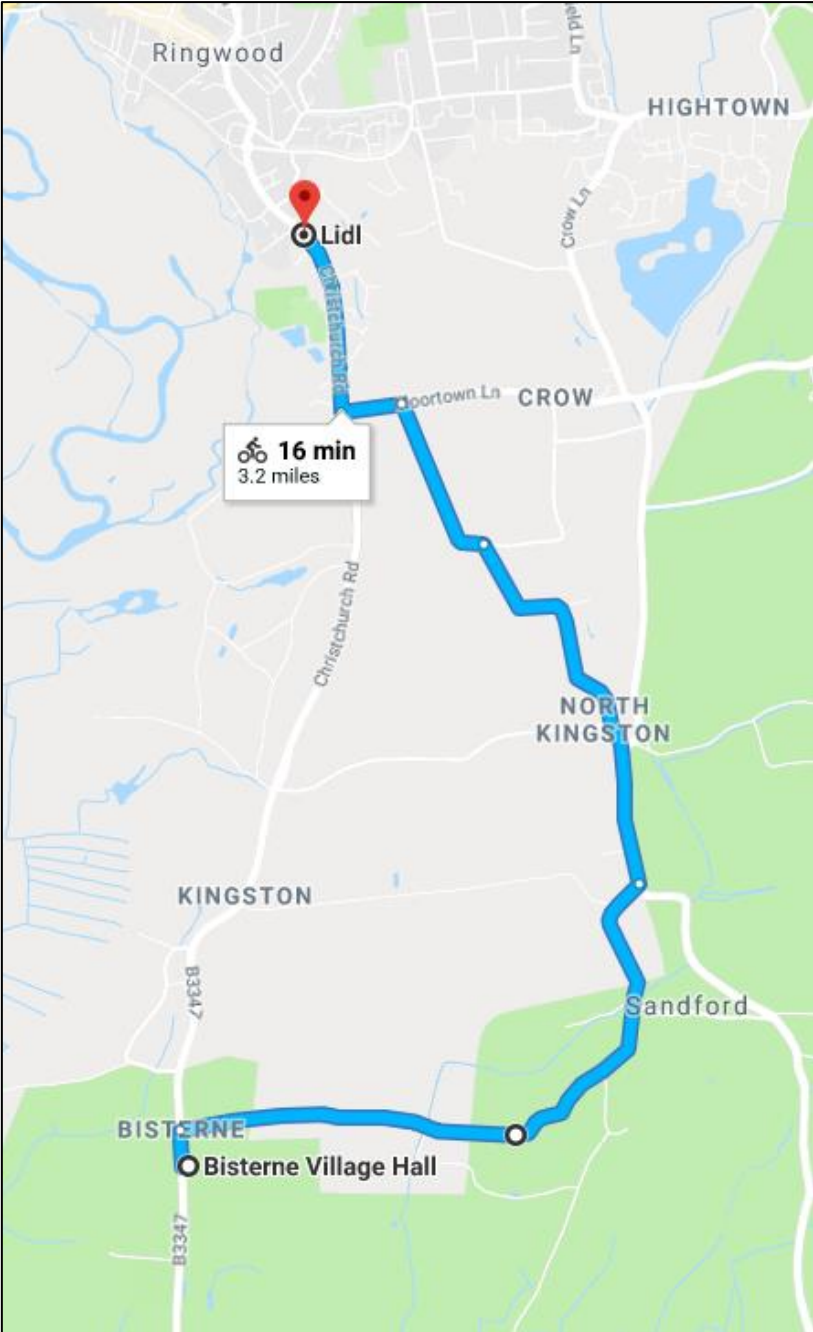
The P311 course is becoming very busy with traffic so, in order to ensure safety and a fair ride for all competitors, we ask that you consider taking the suggested route to the start and back from the finish to minimise the number of non-racing riders on the course. The suggested route is 3.2 miles. Please allow plenty of time to get to the start.

To the Start

From the hall, turn right onto the B3347. Please take a particular care when leaving the hall to wait for a suitable gap in traffic and to avoid impeding riders who are racing on the course. After 100m, turn right into Dragon Lane. Follow Dragon Lane to the end and turn left at the T-Junction. Follow this road to the end and then turn left onto Moortown Lane. Continue to the end of Moortown Lane and turn right onto the B3347 to proceed to the start by the Lidl supermarket.

Returning to the HQ

The route back to the HQ begins very shortly after the finish, but please ride on past Moortown Lane and turn around at the David Lloyd entrance in order to avoid turning right immediately after the finish and risk impeding other riders. Please be aware that you are still on the course as you return to the start of Moortown Lane. To return to the hall after the event, turn into Moortown Lane just past the garage, take the first right into Long Lane and retrace via Dragon Lane (there is no road name sign at this end of Dragon Lane).



The alternate route to and from the village hall.

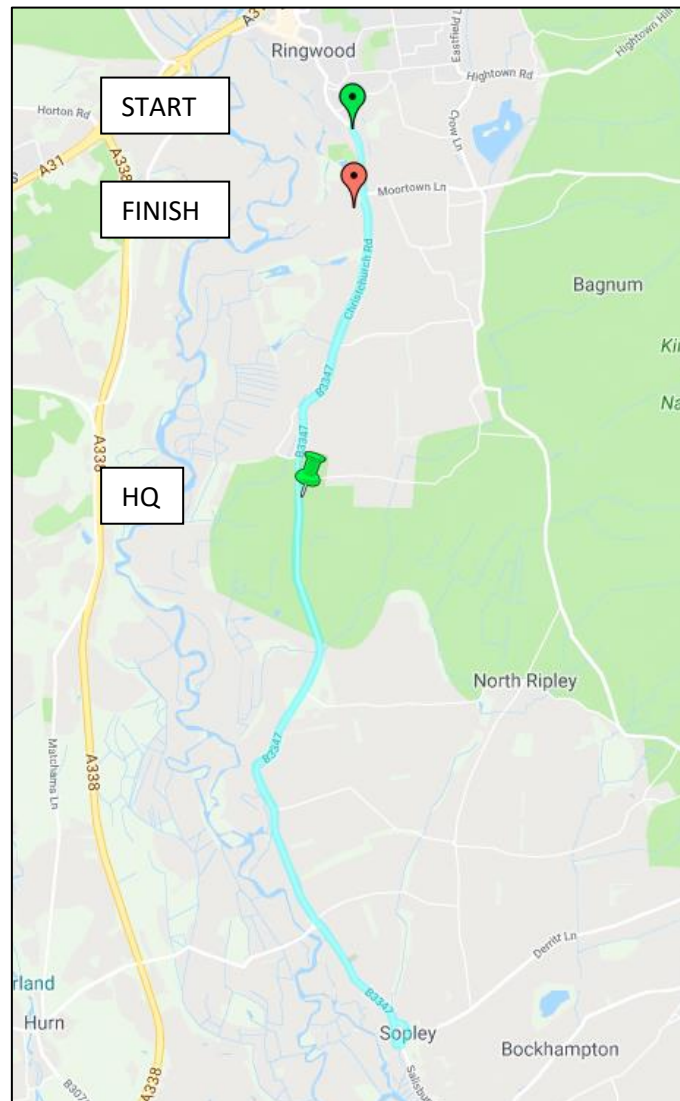
This event is being run by the New Forest Cycling Club, promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

Time Keepers: Roger Bacon – New Forest CC
Maggie Bracher – New Forest CC
John Burrige – New Forest CC

Event Secretary: Catherine Pascoe, 13 Avenue Road, Walkford, Dorset. BH23 5QH.
Telephone: 0796 482 9454

P311 - Full Course Description:

START at first lamp post in Wellworthy Road, proceed west for 30m to new roundabout on B3347 (SU153044). Turn left (**CARE – give way**) onto Christchurch Road. Proceed south via Bisterne and Avon to Sopley one-way system. (5.2m). Turn right over bridge at The Woolpack and retrace to Ringwood via Avon and Bisterne to **FINISH** at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green (SU153038).



Safety Notes:

Riders must:

- ❖ not make U turns in the vicinity of the Start or Finish
- ❖ not warm up on the Course.
- ❖ not stop at the Finish but continue to the event Headquarters.
- ❖ not cut the corner at Sopley one-way system on first right turn as road is two-way at this point

Take Extra Care:-

- ❖ From start to Moortown Lane – busy with houses and side roads, busy garage on left, finish on right.
- ❖ Avon Tyrrell Farm - sharp bend with possible gravel.
- ❖ Avon Causeway - beware of traffic stopping to turn right or emerging onto course.

It is advisable to wear a hard shell helmet and to have a front and a rear light on flashing or steady mode.

When navigating to the start. Please take care on exiting the HQ if turning right across the on-coming traffic. If you have later start, also please take particular care not to impede riders from either direction who may already be on the course.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

Prizes:

Prizes in the form of gifts will be given to:

- ❖ Senior men and women - 1st, 2nd, 3rd
- ❖ Vet 40-49 men and women - 1st, 2nd, 3rd
- ❖ Vet 50-59 men and women - 1st, 2nd, 3rd
- ❖ Vet 60+ men and women - 1st, 2nd, 3rd
- ❖ Junior men and women - 1st, 2nd, 3rd
- ❖ Tandems – 1st, 2nd, 3rd
- ❖ Fancy dress – 1st, 2nd, 3rd, 4th, 5th

Please stay for the prize presentation, which will take place as soon as possible after the event. There are a lot of prizes and you may have won something!

If you are wearing fancy dress please come and show off your costume so that we can award prizes for the best!

Start list

Number	Start Time	Name		Club	Gender	Category	VTTA Standard
1	10:02:00	Mary	Corbett	Sotonia CC	Female	Veteran	00:27:18
2		Michael	Rice	Farnham RC	Male	Veteran	
3	10:04:00	Maria	Golden	...a3crg	Female	Veteran	00:27:59
4		Deana	Rice	Farnham RC	Female	Veteran	
5	10:06:00	Bethany	Gee	Sotonia CC	Female	Senior	
6		Julian	Gee	Sotonia CC	Male	Veteran	
7	10:08:00	Beth	Allum	University Of Manchester CC	Female	Espoir	
8		Sam	Humpheson	Look Mum No Hands!	Male	Veteran	
10	10:10:00	Peter	Hawker	New Forest CC	Male	Veteran	00:31:17
11	10:11:00	Stewart	Ward	New Forest CC	Male	Senior	
12	10:12:00	Thomas	Day	Poole Whs	Male	Junior	
13	10:13:00	Joey	Blythe	Bournemouth Arrow CC	Male	Juvenile	
14	10:14:00	Jacqueline	York	Christchurch Bicycle Club	Female	Veteran	00:29:51
15	10:15:00	Mike	Anderson	Velo Club Venta	Male	Veteran	00:27:38
16	10:16:00	Amanda	Hawkes	New Forest CC	Female	Veteran	00:28:39
17	10:17:00	Matthew	Cafferky	New Forest CC	Male	Senior	
18	10:18:00	Monique	Hoban	34 Nomads CC	Female	Veteran	00:29:38
19	10:19:00	Clementina	Davies	Yeovil Cycling Club	Female	Veteran	00:28:02
20	10:20:00	Robert	York	Christchurch Bicycle Club	Male	Veteran	00:27:38
21	10:21:00	Beverley	Hards	New Forest CC	Female	Veteran	00:29:32
22	10:22:00	Lucy	Gadd	Liv CC Halo Cycles	Female	Junior	
23	10:23:00	Andrew	Thomas	Poole Whs	Male	Veteran	00:26:50
24	10:24:00	Alun	Tribe	Blazing Saddles	Male	Veteran	00:25:59
25	10:25:00	Ryan	Sheppard	G.S. Henley	Male	Senior	
26	10:26:00	Mat	Jessop	Tornado Road Cycling Club	Male	Senior	
27	10:27:00	Martin	Ross	Bournemouth Jubilee Whs	Male	Veteran	00:26:23
28	10:28:00	Dan	Byrne	Poole Whs	Male	Junior	
29	10:29:00	Michael	Round	Bournemouth Jubilee Whs	Male	Veteran	00:26:59
30	10:30:00	Lizzy	Stocker	IRIS Race Team	Female	Senior	
31	10:31:00	Pete	Coombs	New Forest CC	Male	Veteran	00:26:45
32	10:32:00	Julian	Sheppard	New Forest CC	Male	Veteran	00:26:18
33	10:33:00	Nathan	Wilson	Thames Turbo Triathlon Club	Male	Junior	
34	10:34:00	Martin	Balk	3C Cyclexperience	Male	Veteran	00:27:32
35	10:35:00	Naomi	Shinkins	BournemouthCycleworks Vitec Weber	Female	Senior	
36	10:36:00	Stuart	Willis	Farnham RC	Male	Veteran	00:27:04
37	10:37:00	Barry	Hards	New Forest CC	Male	Veteran	00:27:38
38	10:38:00	Gary	Chiverton	Bournemouth Jubilee Whs	Male	Veteran	00:27:20
39	10:39:00	Phillip	Scriven	Bournemouth Jubilee Whs	Male	Veteran	00:26:13
40	10:40:00	Adrian	Watkins	Tornado Road Cycling Club	Male	Veteran	00:26:45
41	10:41:00	Ian	Sherin	3C Cyclexperience	Male	Veteran	00:27:20
42	10:42:00	Louisa	Cooper	Bournemouth Jubilee Whs	Female	Senior	
43	10:43:00	Pete	Wilson	Bournemouth Arrow CC	Male	Veteran	00:28:14
44	10:44:00	Jack	Martin	Velo Club Venta	Male	Junior	
45	10:45:00	Sean	Williams	New Forest CC	Male	Veteran	00:26:59
46	10:46:00	Ben	Lorton	London Dynamo	Male	Senior	
47	10:47:00	Martin	Beale	Velo Club St Raphael	Male	Veteran	00:26:27

48	10:48:00	Matt	Blythe	Bournemouth Arrow CC	Male	Veteran	00:26:32
49	10:49:00	Stuart	Thompson	Velo Club St Raphael	Male	Veteran	00:26:18
50	10:50:00	Stuart	Peckham	New Forest CC	Male	Veteran	00:26:36
51	10:51:00	Aron	Kelly	New Forest CC	Male	Senior	
52	10:52:00	Erica	Fogg	Sotonia CC	Female	Veteran	00:28:02
53	10:53:00	Nick	Frewin	Bournemouth Jubilee Whs	Male	Veteran	00:27:38
54	10:54:00	Stuart	Martingale	Sotonia CC	Male	Veteran	00:26:45
55	10:55:00	Chris	Birch	Hoops Velo	Male	Veteran	00:26:04
56	10:56:00	Mark	Valentine	Poole Whs	Male	Veteran	00:26:09
57	10:57:00	Tom	Stocker	Bournemouth Jubilee Whs	Male	Senior	
58	10:58:00	John	Sibley	Uttag RT	Male	Veteran	00:26:45
59	10:59:00	Julian	Lockwood	Primera-Teamjobs	Male	Veteran	00:26:59
60	11:00:00	Simon	Berogna	Velo Club St Raphael	Male	Veteran	00:26:23
61	11:01:00	Brendan	Reese	Army Cycling	Male	Veteran	00:26:04
62	11:02:00	Julia	Shaw	DRAG2ZERO	Female	Veteran	00:29:09
63	11:03:00	Michelle	Lock	GS Stella	Female	Veteran	00:29:14
64	11:04:00	Ant	Gritton	Sotonia CC	Male	Senior	
65	11:05:00	B Xavier	Disley	AeroCoach	Male	Senior	
66	11:06:00	Andy	Langdown	Blazing Saddles	Male	Veteran	00:26:45
67	11:07:00	Alan	Murchison	DRAG2ZERO	Male	Veteran	00:26:32
68	11:08:00	Dave	Dent	GS Stella	Male	Veteran	00:27:09
69	11:09:00	Samuel	Wadsley	Primera-Teamjobs	Male	Espoir	
70	11:10:00	Ken	Buckley	Nuun-Sigma Sport-London RT	Male	Senior	