



CTT Scotland District 10tt Championship



incorporating **The Isobel Campbell MBE Memorial Trophy** for ladies



Westferry: WW10/01 Sunday 28th April 2019 08:01



Entries Men - <https://www.cyclingtimetrials.org.uk/race-details/18459>

Entries Women/Juniors - <https://www.cyclingtimetrials.org.uk/race-details/18460>

Entries Tandem - <https://www.cyclingtimetrials.org.uk/race-details/18461>

♂ Gender Equality in Prize Awards - £80 to winner ♀



CTT Scotland District
10tt Championship Bowl
(presented by CTT Scotland)

M1	£80	CTT Gold medal	F1
M2	£60	CTT Silver medal	F2
M3	£40	CTT Bronze medal	F3
M4	£30		F4
M5	£20		F5
MV40	£20	GNCC winners medal	FV40
MV50	£20	GNCC winners medal	FV50
MV60	£20	GNCC winners medal	FV60
MV70	£20	GNCC winners medal	FV70
MV80	£20	GNCC winners medal	FV80
MY	£20	GNCC winners medal	FY
MJ	£20	GNCC winners medal	FJ
MU23	£20	GNCC winners medal	FU23
Tandem Male	£20	GNCC winners medal	Tandem Female
Tandem Mixed	£20	GNCC winners medal	



The Isobel Campbell MBE
Memorial Trophy
(presented by GNCC)

Previous Winners: CTT Scotland District Champions 10mile TT				
	♂		♀	
2016	Chris Smart	20:14	Lynsey Curran	23:34
2017	Jon Entwistle	20:27	Lynsey Curran	23:34
2018	Jamie Davidson	19:30	Lynsey Curran	22:55
2019	?	?	?	?

Event HQ: Bishopton Community Hall, Gledstane Rd, Bishopton, PA7 5AU

Event Sign On from 7:00 am

Event Organiser: Graeme Cockburn

The Isobel Campbell MBE Memorial Trophy



Isobel Campbell, who died in January 2017, at the age of **103**, was President of the Glasgow Nightingale Cycling Club and a remarkable woman by any standards. Her membership of the Club lasted 74 years. Her racing career lasted for around 59 years, she held Club, Scottish and British records and her contribution to cycling earned her an MBE.

In the first 92 years of the Club's existence GNCC only had two presidents', our founder-president, Malcolm Smith, who died in 1983 at the age of 97 and Isobel, who died in January at the age of 103. If nothing else, it shows that cycling is good for you.

She moved to Glasgow, from Bo'ness, with her parents before the Second World War and began cycling. She had her first wins, at 10 and 25 miles, in 1939. Whether she was a member of another club or unattached we don't know. However, in 1943 she joined the Glasgow Nightingale and was a member for the rest of her life.

At the end of the war normal racing resumed, as did Isobel's winning ways, with a string of National and Club records. **She set Scottish competition records at 10, 25, 50 and 100 miles and broke the British Women's 12-hour record twice**, in 1946 and 1948. In 1949, Isobel (nee Adams) married fellow Club member, Bill Campbell.

In 1973 she won the inaugural **British Women's Veterans Championship** and again in 1982. She was Club B.A.R. Champion in 1977, 1980 and 1983, leaving the male members of the Club in her wake. She didn't give up easily, riding her last competitive event at the age of 88.

On another level, she was awarded the **Scottish Cycling Union's Gold Medal** in 1983 and was honoured with an **MBE in 1998 for services to cycling**. Also, in 1983 Isobel became President of the Club following the death of Founder-President Malcolm Smith.

She lived quietly in her later years spending much of the winter at her daughter's home in Mallorca but, until latterly, was able to attend Club functions. We were privileged to have her present the trophies at the Club's 80th Anniversary Dinner in 2005.



Notes for Competitors

1. Sign on will be open from **7:00 am**
2. Please bring along a license/membership card to leave as deposit for your number- i.e. BC/TLI/CTC or similar.
3. Please read the enclosed **anti-doping notice**.
4. Under 18s must complete a **parental consent form** (attached at the end of this document) and hand it in at sign on. No form = No ride.
5. The distance from Race HQ is approximately **2.5miles**, heading West – please allow plenty of time to reach the start area before your allocated time.
6. Course Marshals have **no legal authority** to stop traffic on the course, and as such will only provide course directional information.
7. Limited shower facilities are available at Race HQ, beyond the kitchen area - although these may be seconded for any anti-doping controls.
8. All presentation awards will be at end of race. **In a change to standard policy the Men will compete first then Juniors then Women.** This will hopefully have the conclusion of all events closer together so one prize ceremony can be achieved.

**** SPECIAL NOTICE FOR ALL COMPETITORS ****

- Safety is paramount to the Organiser, Promoting Club and Governing Body hence why we have moved the start to 8am; highly recommend a powerful rear light is used and no dark coloured clothing be worn.
- Riders **MUST** ensure their bicycle is mechanically fit-for-purpose (steering; brakes; drive-train; contact points etc).
- Riders **MUST NOT change lanes at any point on the course except where manoeuvring into the outside lane for the Newark Castle turn roundabout. Any crossing of the central white line will be an automatic disqualification.**
- Riders **MUST** adhere to the rules and regulations of the Highway, marshals and Police will be monitoring riding standards.
- Any rider that is reported for breach of any of the above **WILL** incur sanctions - this may include disqualification.

This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

Remember, it is up to you to check and ensure that you comply

If required you must report to Doping Control after finishing without delay



Course Details: Westferry WW10/01

1. Start under railway bridge on Greenock Rd heading West... approx. 2.5miles from RaceHQ
2. ... Immediate **LEFT** on slip-road to A8 at Westferry roundabout...
3. Proceed **westbound** on A8...
4. **Straight through first roundabout** at Langbank....
5. Take **2nd exit at second roundabout** at Woodhall...
6. Continue on A8 to **TURN at Newark Roundabout**... PLEASE OBSERVE EXTREME CAUTION.
7. **Retrace** to finish at **slip-road** to Westferry roundabout.

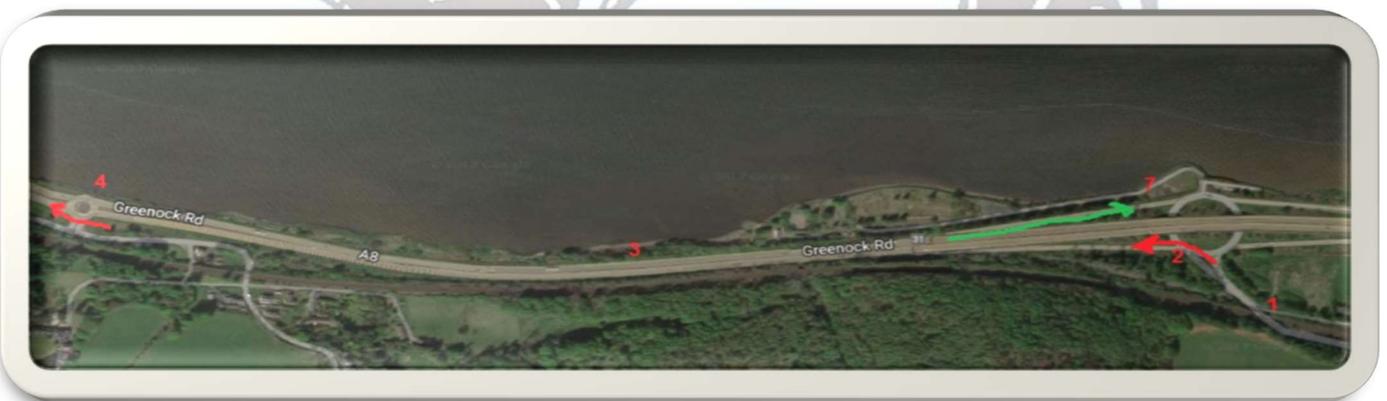
- Race HQ -> Start holding area



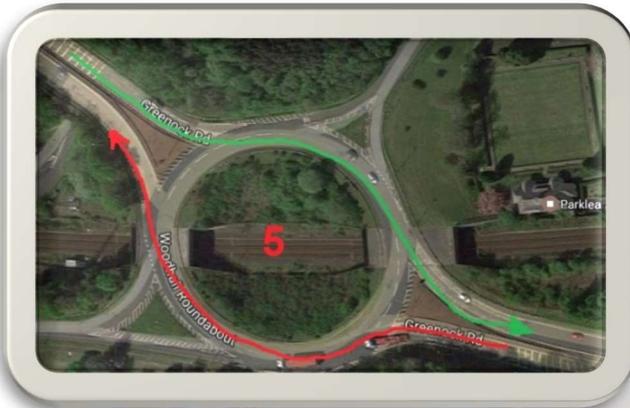
- Route Map with reference points 1-7 as above



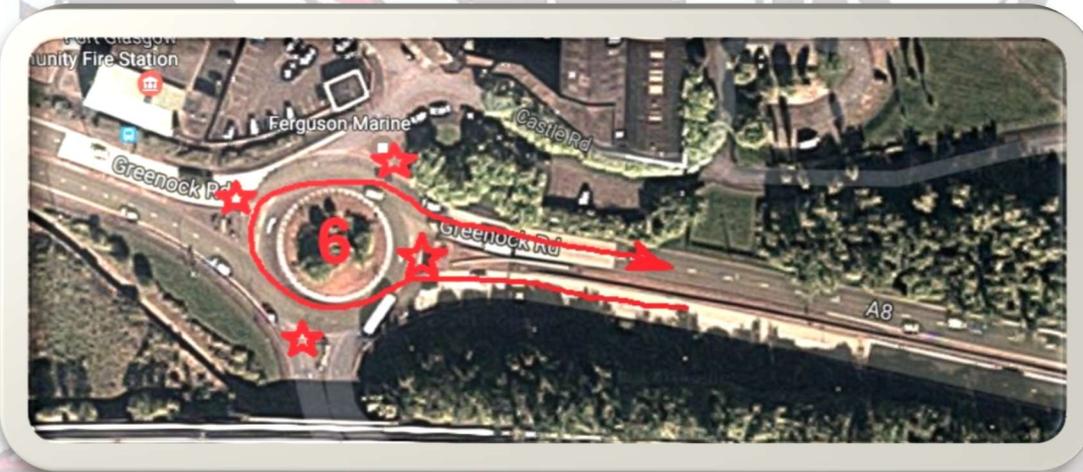
- Start and Finish points with Langbank roundabout (points 1,2,3,4,7)



- Woodhall roundabout – exit 2nd left out and return legs (point 5)



- **TURN roundabout – PLEASE EXERCISE EXTREME CAUTION with approaching traffic (point 6)**



- **Finish Slip-Road Approach (point 7)**





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 **Westferry: WW10/01** **Sunday 28th April 2019 08:01** 

<INSERT START SHEET HERE >





PARENTAL CONSENT **(Internet Entry)** **TO BE SIGNED BY PARENT OR GUARDIAN** **OF ENTRANTS UNDER THE AGE OF 18**

I (Name and Address)

Being the Parent (or Guardian) of

Who was born on:

Name of Event

Date of Event

HEREBY AGREE to his/her participation in the above named event promoted for and on behalf of Cycling Time Trials under their Rules and Regulations and DECLARE as follows:-

I confirm that I have read and understand the rider declaration. I understand and agree that my said son/daughter participates in the event promoted under the Rules and Regulations of Cycling Time Trials, entirely at his/her risk and without liability whatever on the part of Cycling Time Trials, its Chairman, National Committee Members, District Committee Members, Officers and Officials of member clubs, Event Secretary (promoter), Timekeepers, Marshals, Course Measurers, Caterers or helpers in the conduct of the event in respect of any injury loss or damage suffered by him/her however caused.

I understand that the function of the marshals in such the event is to do no more than indicate the precise spot at which the rider should turn or the direction he or she should take and that the responsibility for safely negotiating a turn or any other change of direction must rest with the rider alone.

I understand further that all competitors in or in the vicinity of the event must observe the law of the land relating to road travel and when racing must ride entirely alone and unassisted. I am satisfied that my son/daughter is sufficiently responsible and experienced to assume full and entire responsibility for his/her own safety whilst engaged in a competition of this kind held wholly or in part on public or private property or on the public highway.

I agree to my son/daughter participating in the Drug Testing Programme whenever required to do so.

SIGNED:

DATE:

Photocopied signatures are not acceptable.

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