



Founded in 1885 to Promote Fast and Long Distance Riding on the Great North and other roads

North Road CC "Hardriders" 25

Incorporating Round One of the London North Millennium Trophy

'Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations'

Course F7/25 Revised

Sunday 24th February 2019

Timekeepers: Gordon Hart
Michael Bannister

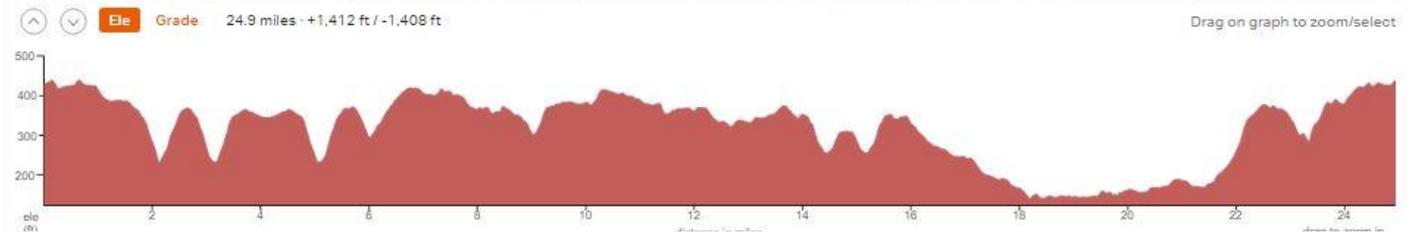
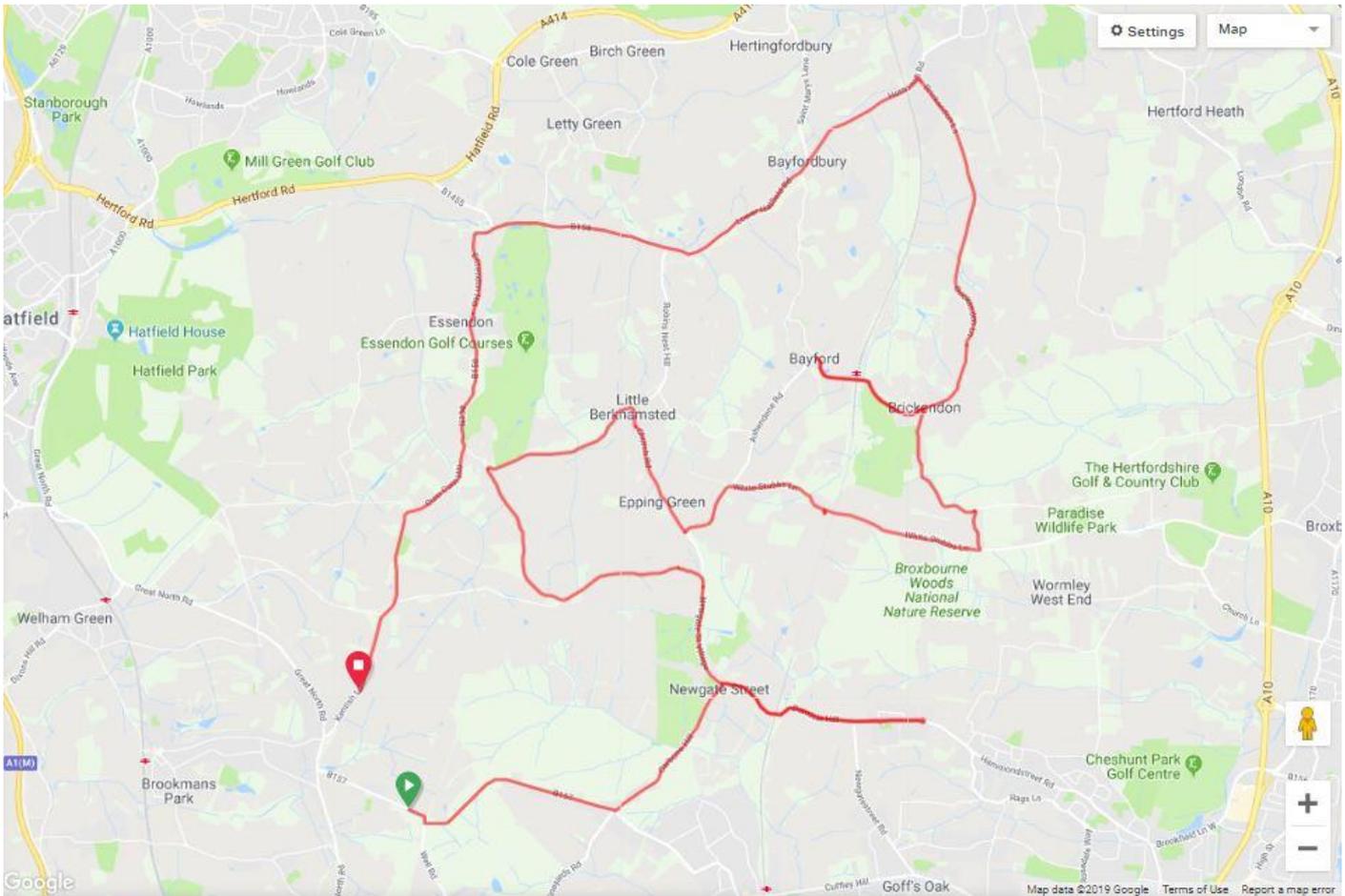
Event Organiser: Neil Lewis
40 Old Rd
East Peckham
Tonbridge
TN12 5ET
01622 872546
07484 297390 (on day)

Neil.lewis68@yahoo.co.uk

Awards

Fastest rider to hold the Thistle Trophy for one year

1 st	£120	6 th	£40
2 nd	£100	7 th	£30
3 rd	£70	8 th	£25
4 th	£60	9 th	£15
5 th	£50	10 th	£10



START on the B157 approximately half a mile to the east of the junction with the A1000 - 50 yards east of Ramsey Close at a field gate on the north side of the road. A white line marks the spot. Proceed east to junction with Cuffley Ridgeway, B157, where turn LEFT (M). continuing on B157 to junction with Carbone Hill, a cross roads where turn LEFT (M) Proceed to Newgate Street where at mini RAB turn RIGHT, east, in the direction of Hammond Street (M). At 2nd RAB TURN (M) and retrace to Newgate Street mini RAB (M) to proceed STRAIGHT and immediately bear RIGHT. In approx one mile Turn LEFT into Tylers Causeway (M). Take first RIGHT sign posted Essendon (M) Then at Cucumber Hall turn Sharp RIGHT (M) to Little Berkhamstead where turn RIGHT (M). Proceed to Epping Green where at White Stubbs Lane turn LEFT (M). Follow White Stubbs Lane keeping RIGHT at Ashdene (M) to Pembridge Lane where turn LEFT (M). In 200 yards turn LEFT (M) to Brickendon Green. At "T" Junction turn sharp LEFT (M). Proceed via Bayford Station to Bayford where TURN at junction complex keeping LEFT to circulate the junction in a clockwise direction (M) to retrace to Brickendon Green (M). Keep STRAIGHT on Brickendon Lane to Hertford where at junction with B158 turn LEFT (M). Follow B158 through Essendon and Wild Hill to:- FINISH on B158 at a point opposite gateway on right hand side of road approx 600 yards north of junction with A1000.. A chequered flag/finish board will mark the spot.

****Please note** All under 18's entered via Internet Entry need to bring signed consent forms when signing on.**

If is now a requirement by CTT to return to the HQ and sign out of the event when returning your number

Local Regulations:

Local Regulation No. 1 - No U turns should be made in sight of the start or finish areas while riding on the public highway.

Local Regulation No. 3 - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.

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IN THE INTERESTS OF YOUR SAFETY

The course runs mostly on unclassified roads, the surface of which is poor in many places and there are many fast descents which are slippery when wet.

*******Watch out for and give room to pedestrians and give appropriate notice to equestrians when passing.*******

Please also be aware that the course uses roads which can be busy with local traffic.

**NEGOTIATING ROUNDABOUTS - Give priority to traffic from your right.
Signal clearly to other road users the course you intend to take.**

Safety - not your performance - is the first priority.

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

If the weather should be inclement, please consider race clothing appropriate for the conditions.

Riders and spectators must not approach the time keepers, or congregate near the finish area. Please avoid parking on the course, especially near the finish area.

The North Road CC wishes all riders a safe and successful ride. Please keep your head up at all times. Marshalls will be stationed at points where there is a change of direction, but the final responsibility for keeping on course remains with the rider. A study of the course details or even better a ride over the course will pay dividends.

Good luck and a safe ride

33	Andrew Hadfield	North Road CC	S	8:33
34	Richard Miller	CC London	V	8:34
35	Andrew Jarratt	Southgate CC	S	8:35
36	Sinclair Easton	CC London	V	8:36
37	Anthony Taylor	North Road CC	V	8:37
38	James Fox	Rapha Cycling Club	S	8:38
39	David Atkinson	VCT Racing	V	8:39
40	Chris Jones	Royal Navy & Royal Marines CA	S	8:40
41	Ryan Sheppard	G.S. Henley	S	8:41
42	Pete Lindsell	Tri London	S	8:42
43	Chris Dixon	North Road CC	V	8:43
44	Simon Mac	London Phoenix CC	V	8:44
45	Jim Higson	CC London	S	8:45
46	Jeremy Simpson	OV Cycling Club	V	8:46
47	Toma Chitu	CC Ashwell	S	8:47
48	Richard Lofthouse	Eagle Road Club	V	8:48
49	Peter Holden	Team Trident	V	8:49
50	Jody Paxman	Team LDN	S	8:50
51	Gareth Davies	London Phoenix CC	V	8:51
52	Thomas Coombes	Tri London	S	8:52
53	Sean Odonnell	CC London	S	8:53
54	Oliver Chapman	Welwyn Whs	S	8:54
55	David Green	North Road CC	V	8:55
56	Marcus Shields	Ayr Roads CC	V	8:56
57	Andrew Mussett	Team Trident	S	8:57
58	Derrick Nelmes	CC London	V	8:58
59	Ben Luget	Tri London	V	8:59
60	Michael Atkinson	North Road CC	S	9:00
61	Rory Mccarron	Regents Park Rouleurs	S	9:01
62	Steve Rust	Team Trident	V	9:02

63	Graham Irvine	London Phoenix CC	V	9:03
64	Robert Barrett	High Wycombe CC	V	9:04
65	Oliver Knight	HMT Hospitals Giant Cycling Team	J	9:05
66	Thomas Arkell	East London Velo	J	9:06
67	Joe Kiely	Welwyn Whs	Jv	9:07
68	Conor Dash	Cycling Club Hackney	J	9:08
69	Nuala Robinson	North Road CC	W	9:09
70	Elizabeth Marvelly	Liv AWOL	WJ	9:10
71	Amy Pritchard	Giant Camden Team Liv	WV	9:11
72	Lenka Vackova	Rapha Cycling Club	W	9:12
73	Jennifer Andrews	CC Ashwell	WV	9:13
74	Christine Pout	Verulam Really Moving	WV	9:14
75	William Wallace	CC London	V	9:15
76	James Jenkins	Richardsons-Trek RT	E	9:16
77	Sean Bradley	Team Trident	S	9:17
78	Michael Edmunds	Verulam Really Moving	V	9:18
79	Sam Humpheson	Look Mum No Hands!	V	9:19
		ActiveEdge Race Team P/B		
80	Felix Barker	Cooper/BMW Inchcape	S	9:20
81	Geir Robinson	Regents Park Rouleurs	V	9:21
82	Martin Smith	London Phoenix CC	S	9:22
83	Wayne Crombie	East London Velo	V	9:23
84	Anton Blackie	Rapha Cycling Club	S	9:24
85	Nicholas Candy	North Road CC	E	9:25
86	Jon Friend	Bedfordshire Road RT	V	9:26
87	Nicholas Coe	Verulam Really Moving	V	9:27
88	Gregory Smith	Finsbury Park CC	V	9:28
89	James Moss	North Road CC	V	9:29
90	Neil Lauder	Arctic Tacx RT	S	9:30
91	Daniel Northover	Finsbury Park CC	V	9:31
92	Robert Gilmour	Hounslow & District Whs	V	9:32

93	Alex Elferink	East London Velo	V	9:33
94	Hugh Williams	Pro Vision Cycle Clothing	V	9:34
95	Adam Gascoigne	Race Hub	S	9:35
96	Josh Crow-stewart	Arctic Tacx RT	S	9:36
97	Barry Connolly	Milton Keynes RC	S	9:37
98	Mark Aldred	Kingston Wheelers CC	S	9:38
99	Callum Stewart	East London Velo	S	9:39
100	Paul Hart	Southend Wheelers	S	9:40
101	Simon Bowler	AS Test Team	V	9:41
102	Ian Knight	Milton Keynes RC	V	9:42
103	Richard Wertz	Team Trident	S	9:43
104	Tom Haines	East London Velo	V	9:44
105	Toby Cowell	Cambridge University CC	E	9:45
106	Michael Parker	TMG Horizon Cycling Team	V	9:46
107	Steve Torley	Milton Keynes RC	V	9:47
108	Neal Marrin	Finsbury Park CC	V	9:48
109	Adam Laycock	VTTA (East Anglia Group)	V	9:49
110	Ollie Jones	ActiveEdge Race Team P/B Cooper/BMW Inchcape	E	9:50
111	Henry Farrell	Full Gas Racing Team	S	9:51
112	Gareth Wignall	Hertfordshire Whs	S	9:52
113	Matt Yardley	Macclesfield Wheelers	V	9:53
114	Dominic Bray	Finsbury Park CC	V	9:54
115	Chris Bartley	AS Test Team	S	9:55
116	Nick Clarke	Arctic Tacx RT	S	9:56
117	Aaron Mccaffrey	Milton Keynes RC	V	9:57
118	Jonas Rooze	CC London	S	9:58
119	Tom Elwood	Team LDN	S	9:59
120	Lloyd Chapman	Plomesgate CC	S	10:00

