

**In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard shell helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.**

**Medium gear league** - Points will be awarded in each event according to your finishing position, 120 for 1st, 119 for 2nd and so on down the field. You can ride as many events as you like but your 4 best rides will count towards the overall league so the more you ride the better your chances. The maximum gear allowed is 72", if you ride gears you must have them adjusted so a higher gear cannot be selected, gears will be checked at each event. A 72" gear was traditionally achieved using 48x18, however with modern smaller wheels and tyres a 49x18 is ideal and in some cases (19mm tyres) you can use a 52x19. The only way to be sure of your gear is to measure the distance travelled for one complete pedal revolution, this should be 18ft 10 1/4 inches. Remember if you are using a track bike with a single front brake you must have a lock ring securely fitted to the fixed sprocket. See website <http://www.fixedwheel.co.uk> for list of events and results

Please see - <http://www.fixedwheel.co.uk/>

Gear inspection will be carried out at the headquarters. Please ensure that your bike is inspected.

Unfortunately no YCF points will be given to riders of the medium gear event.

**Yorkshire Cycling Federation points events for 2019, including additional points scoring event**

Event	Day	Date	Start time	Course	Organiser
YCF Open 10	Sun	10 Mar	9.30	V910	Richard Haigh
Harrogate Nova CC 15	Sat	23 Mar	14.00	V226	Duncan Mullier
Ravensthorpe CC	Sat	6 Apl.	14.00	V910	David Sugden
YCF Open 10	Sat	4 May.	14.00	V212	Martin Turner
YCF association 25	Sun	5 May	7.30	V236/1	Yassir A-Ausi
YCF Open Hill Climb	Tues	25 June	19.00	V9916	Phil Hurt
YCF 100 – CTT national	Sun	7 July	9.00	V270	Keith Lawton
Entries close 11/06/2019					
YCF Andy Wilson 50	Sat	20 July	14.00	V150	Phil Hurt
Seacroft Whs 10	Sun	8 Sept	14.00	V511	Ian Brown
Harrogate Nova CC	Sat	21 Sept	14.00	V212	Duncan Mullier
YCF Association 25 (Awards for Teams only)	Sun	6 Oct	8.00	V232	George Barker

This year is the 5th year that the YCF has coordinated a Yorkshire SpoCo series. Most events will be run by member clubs, except for 2 events that are run by the YCF, both of these events count to both points series and the SpoCo series.

**SpoCo Points competition**, open to all, riding for CTT affiliated clubs Best 6 positions from 12 events, Awards for winning positions overall and categories to be presented at the YCF luncheon Feb 2018.

At previous winners request these will be trophies not monetary values

Riders please note that you must complete a minimum of 5 events to qualify for any award

**Note – in the event of a tie for major awards, position will be decided by the riders positions in events that they have both ridden. If this is not conclusive the rider who has ridden the events with the largest amount of ascent will be given the award.**

**Please see CTT website or handbook for full list of events or email me and I will send you a full programme of YCF events**

Promoted for and on the behalf of Cycling Time Trials, under their rules and regulations.



## Yorkshire Cycling Federation

10-mile open Time Trial held on Sunday 10th March 2019, first rider off at 9.31

Timekeepers  
George Barker - Pennine CC  
Betty Philipson - City Road Club Hull  
Event Secretary Richard Haigh, 75, Hall Ing Lane, Honley,  
Holmfirth W Yorkshire HD9 6QW  
Tel 01484 665682 Mobile 07823 405085  
Email Richard.a.haigh@btinternet.com

### Course V910

START on unclassified road leading from Brotherton village to A1246, at north side of gully grate, 10yds north of traffic sign for roundabout, on east side of road, and approx. 50 yds south of roundabout.

PROCEED NORTH to roundabout where 1st exit, left onto A1246.

CONTINUE northwards via Fairburn South (0.606 mls), Fairburn North (1.040 mls) and Selby Fork (junc.A63 - 2.208 mls) roundabouts to Micklefield (Boot & Shoe) roundabout (3.757 mls).

TAKE 1st EXIT (left) and continue to Peckfield roundabout (junc. A656 - 5.244 mls).

ENCIRCLE ISLAND and RETRACE outward route via Micklefield (6.803 mls), Selby Fork (8.39 mls) and Fairburn North (Wagon & Horses – 9.584 mls) roundabouts to FINISH at south end of Fairburn village, at northern edge of tarmac area leading to field, 50yds south of "speed limit ends" sign, approx.50 yds before Fairburn South roundabout. (10.0 mls).

### Headquarters

Fairburn Community Centre, North Road, Fairburn, Knottingley, WF11 9LA Please park neatly. You can use the car park and the road south of the HQ. Please do not block any entrance. **There is additional parking on the road at the start, south of the start point only**

Note – please enter the full address in your Satnav, the postcode will take you to a housing estate

### Situated

From M62 leave motorway at junction 33, continue north on the old A1; now the A1246 and continue straight across 3 traffic islands, at the 4<sup>th</sup> TI (Fairburn North TI) turn left. The HQ can be found at the left hand side of the road. From the north turn right at the Fairburn North TI

### Restrictions

The Yorkshire District CTT Council forbids the use of turbos and rollers within 100 yards of households. No U turns in the start area or passing the start time keeper; please do not warm up on the course after 9.30 hrs, other than passing timekeeper to the start

Prizes for Open event for all riders in the open event		Prizes for categories	
1 <sup>st</sup> Fastest	£40.00	1st Fastest Woman	£30.00
2 <sup>nd</sup> Fastest	£30.00	2nd Fastest Woman	£20.00
3 <sup>rd</sup> Fastest	£20.00	3 <sup>rd</sup> Fastest Woman	£15.00
4 <sup>th</sup> Fastest	£18.00	1 <sup>st</sup> fastest V40, V50, V60+	£24.00
1 <sup>st</sup> fastest MG	£25.00	2 <sup>nd</sup> fastest V40, V50, V60+ & MG	£18.00
1 <sup>st</sup> fastest junior boy	£20.00	1 <sup>st</sup> fastest junior girl	£20.00
Spot Prizes	10 <sup>th</sup> – 20 <sup>th</sup> & 30 <sup>th</sup> Places (or nearest in time if have won other prizes)		£10.00

One rider one prize. The rider will receive the highest value prize they have won.

### **Please take care when riding on the course to the start**

**This event is the first event in the YCF points series. Only riders, riding from clubs who have paid the YCF subscriptions will be eligible for points.**

**Subscriptions will not be taken on the day of the event.**

**SAFETY NOTE -the road on the exit from Selby Fork outgoing and both ways at Boot & Shoes TI are in a poor condition and full of potholes, PLEASE TAKE CARE**