Bristol South Cycling Club

Solo 25 Mile Time Trial Course U17 Sunday 31st March 2019 First rider 09:35am



www.bristolsouthcc.co.uk

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Please remember the clocks change on the 31st March

Event Secretary

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Timekeepers

Paul Arayan **Andy Greatwood**

Prizes

(One prize per rider except team prize)

Category	Prize
1st Overall	£25 + Charles Glenister Trophy for 1 year
2nd Overall	£15
3rd Overall	£10
1st Female	£25 + Arthur Justin Cup for 1 year
2nd Female	£15
3 rd Female	£10
1 st Juv	£15
1 st Esp	£15
1 st V4	£15
2 nd V4	£10
1 st V5	£15
2 nd V5	£10
1 st V6 + V7	£15
2 nd V6 + V7	£10
1 st Team of 3	£10 Each

Event Headquarters

Falfield Village Hall, A38, Falfield, Wotton-under-Edge, GL12 8DH - Open from 8.30am https://goo.gl/maps/MmZnVZGVA1m http://www.falfield.org.uk/village hall.html

Parking

There is limited parking at the Village Hall.

Previous events have had permission to use the car park of the **Huntsman pub**, however as it is Mother's Day they are expecting to be busy so have asked **riders not to park there**. Also, the **Parish Council has also specifically requested that riders do not park on the grass verges outside the hall**. Please respect their wishes otherwise we could lose the venue for future events.

So, you may need to park a little distance away in some of the laybys on the A38 or local sideroads. If you park near residences please be considerate and try not to make too much noise, particularly if you are using a turbo trainer.

Course Details

To the START. Turn LEFT from the HQ and follow the A38 north through Stone to Woodford. The START is at the north end of the bus stop at Woodford (GR 690958). Allow 10 minutes to reach the START.

Course U17: With great care, head north on the on the A38 to Berkeley Road (GR 717001) (4.01 miles), where turn left **(Marshall)** onto minor road (SP Breadstone, Halmore). Continue to the T-junction in Wanswell, where turn left **(M)**. Continue to roundabout with B4066 where turn left at the first exit (SP Gloucester, Bristol, A38) **(M)**. Continue on B4066 to next roundabout where turn first left again (SP Gloucester, Bristol, A38) **(M)** towards the A38 at Berkeley Heath **(M)**. Turn left with great care to continue north to Berkeley Road to complete the circuit for the first time (10.41 miles).

On reaching the Berkeley Road junction for the second time, turn left to repeat the circuit.

On reaching the Berkeley Road junction for the third time (16.81 miles), continue straight ahead on the A38 ignoring the left turn used twice before. Continue to Slimbridge roundabout (M). Circle roundabout and continue south on the A38 past the start to finish at the southern end of Stone village. The finish is at the second drain cover past Catherine Villa (white house next to garage) (GR684949) (25 miles). Please shout your number at the FINISH.

SHOUT your number as you pass the Timekeeper at the **FINISH**.

Please note that the course uses a loop off the A38 which you will need to complete **TWICE.** This means you will be required to cover a short section (approximately half a mile) of the A38 three times. Therefore, please make a special note of the following:

- a) Take great care when rejoining the A38, as some riders will be coming from the right, already on the A38, having yet to turn off at Berkeley Road.
- b) You will need to turn left at Berkeley Road twice. The third time you reach this junction you should continue straight ahead on the A38 to Slimbridge roundabout.

Directional signs will be placed along the course to help riders. Marshalls will also be at key points. However, riders should also read the course details carefully to ensure they are familiar with the course.

https://www.cyclingtimetrials.org.uk/course-details/u17

Safety

The Police have requested that inconvenience to the public and other road users be kept to a minimum.

Riders are asked to take great care and please note the following points:

- To avoid congestion at the start please queue in single file.
- Please do not make 'U' turns at either the start or finish.
- Please avoid making any other unnecessary 'U' turns on the A38 and adjoining roads.
- Please be considerate to other road users including horses and riders.
- Please take care at the left turn off the A38 at Berkeley Road on to the minor road to Wanswell as the turn is very tight.
- Please take care when re-joining the A38 as some riders may still be on the earlier part of the course.
- Please take care at all the roundabouts and junctions. In particular, riders are asked to note that the road narrows to a greater extent on the A38 northbound (immediately after the Berkeley Road junction). The road also narrows on the approach to the car auctions (about ½ mile north of the Berkeley Road junction).
- Please look both ways at the Wanswell T junction. Parked cars opposite the junction can force northbound traffic on to the opposite side of road in conflict with riders.
- Please take care through Newport with vehicles entering driveways, lay-bys, etc.
- Please be aware of the surroundings and other road users at the finish.
- With the condition of many roads across the country a concern, please be extra careful.

Dangerous riding will result in disqualification. Please keep your head up for a safe ride.

Cycling Time Trials recommends that competitors wear a hard shell helmet that meets an internationally accepted safety standard. **All junior/juvenile riders MUST wear Protective Hard Shell Helmets.** It is also recommended that working rear lights, either flashing or constant are fitted and used.

Numbers

Race numbers will be available from the HQ. A drink will be available at HQ on return of your number. Allow 10 minutes to reach the START. Please do not wear cycling shoes in the main hall.

Important: Signing on and signing out

All competitors are required to sign on before the start and sign out at the end. As soon as you finish the time trial and return to the HQ to hand in your number, you must also sign out and be available for any doping control! **Riders who do not sign-out will be recorded as DNF.** The signing on/out sheets will be in the HQ.

Start List

No.	Start Time	Name	Club	Gender	Cat
5	09:35	Euan Taylor	Salt and Sham Cycle Club	Male	J
6	09:36	Alice Thomson	Bristol South Cycling Club	Female	S
7	09:37	Mark Evans	Chippenham & District Wheelers	Male	V5
8	09:38	Matt Reynolds	Sodbury Cycle Sport	Male	V5
9	09:39	Anne-marie Bowring	Cambridge University CC	Female	Esp
10	09:40	Peter Garnett	Swindon Road Club	Male	V4
11	09:41	Gerry Mcgarr	Gloucester City Cycling Club	Male	V6
12	09:42	Alastair Mcchesney	Bath Cycling Club	Male	V5
13	09:43	Rebekah Nash	University of Bristol Cycling Club (UOBCC)	Female	Esp
14	09:44	Steve Harding	Velo Club Walcot	Male	V4
15	09:45	Daniel Kempe	Bristol South Cycling Club	Male	V5
16	09:46	Charles Coleman	Rogue Racing	Male	S
17	09:47	Roy Carless	Swindon Road Club	Male	V5
18	09:48	Andrew Legge	Bristol South Cycling Club	Male	V4
19	09:49	Charlotte Fisher	Swindon Wheelers	Female	V4
20	09:50	Michael1 Murkin	Swindon Road Club	Male	V7
21	09:51	Jamie Richardson Paige	Chippenham & District Wheelers	Male	S
22	09:52	Russell Boon	Avonlea/Treasure RT	Male	V5
23	09:53	Louise Georgi	Giant CC Halo Films	Female	V5
24	09:54	James Coleman	Rogue Racing	Male	S
25	09:55	Mark Bradley	Bristol South Cycling Club	Male	V5
26	09:56	Leigh Pinchen	Northover VT / Rudy Project / SCS	Male	V4
27	09:57	Joanna Knight	Bristol South Cycling Club	Female	V5
28	09:58	Graham Smith	Severn Road Club	Male	V5
29	09:59	Bob Foxwell	1st Chard Wheelers	Male	S
30	10:00	Steven Cottington	Bath Cycling Club	Male	V5
31	10:01	Robert Grover	Bradford-on-Avon Cycling Club	Male	S
32	10:02	Digby Rusling	Royal Dean Forest Cycle Club	Male	V4
33	10:03	Charles Thibault	Velo Club Walcot	Male	S
34	10:04	Robbie Richardson	Chippenham & District Wheelers	Male	V5

35	10:05	Pfeiffer Georgi	Liv CC Halo Cycles	Female	Esp
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36	10:06	Paul Freegard	Chippenham & District Wheelers	Male	V6
37	10:07	Harry Woodman	Rogue Racing	Male	J
38	10:08	Corinne Clark	Team Swindon Cycles	Female	S
39	10:09	Peter Rogers	Team Tor 2000 KALAS	Male	V6
40	10:10	Tony Chapman	Frome and District Wheelers	Male	V4
41	10:11	Jacob Sargent	Bristol Road Club	Male	Esp
42	10:12	Megan Dickerson	Bristol South Cycling Club	Female	S
43	10:13	Chris Broad-drake	Swindon Road Club	Male	V6
44	10:14	Mary-jane Hutchinson	Bristol South Cycling Club	Female	V6
45	10:15	Simon Cox	Chippenham & District Wheelers	Male	V4
46	10:16	Nigel Vuagniaux	Bath Cycling Club	Male	V5
47	10:17	Jerry Rayner	Westbury Wheelers	Male	V4
48	10:18	lan Mountjoy	Bristol South Cycling Club	Male	V5
49	10:19	Steven Barber	VTTA West Group	Male	V5
50	10:20	Josh Griffiths	Bikestrong-KTM	Male	Esp
51	10:21	lan Lindsay	Royal Navy & Royal Marines CA	Male	V4
52	10:22	Mike Gibbons	Chippenham & District Wheelers	Male	V5
53	10:23	Andrew Turner	Bristol South Cycling Club	Male	S
54	10:24	Richard Emery	Severn Road Club	Male	V5
55	10:25	Simon Coles	Northover VT / Rudy Project / SCS	Male	V5
56	10:26	Joanne Jago	Performance Cycles CC	Female	S
57	10:27	Chris Lowe	Swindon Road Club	Male	V6
58	10:28	Arran Armstrong	Velo Club Walcot	Male	V4
59	10:29	Alec Johnson	Westbury Wheelers	Male	S
60	10:30	Nick Livermore	Bristol South Cycling Club	Male	S