

Event Secretary:

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Kingston Phoenix Road Club

KPRC Tandem 10

Frank Cubis Tricycle Memorial 10

Pete Mitchell Bicycle Memorial 10

Open 10 mile scratch time trials

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Saturday 6th April 2019: Course G10/42

Prize Winners:

First man	Stuart Bettis (21:27)	First woman	Sarah Matthews (24:03)
Second man	Grant Woodthorpe (21:28)	Second woman	Elise Sherwell (24:21)
Second man	Keith Lea (21:28)	Third woman	Jayne Paine (25:25)
First tricycle	Mark Vowells (25:24)		
Second tricycle	Mile Marchant (28:13)	Bicycle Event Age Category Prizes	
Third tricycle	Richard Bailey (30:34)	First vet (A) 40 – 49	Grant Woodthorpe (21:28)
		First vet (B) 50 – 59	David Shepherd (21:55)
First tandem team	Jonathan & Simon Pontin (21:04)	First vet (C) 60 - 69	Robert Gilmour (23:44)
Second tandem team	Mark & Anna Fraser (25:29)	First vet (D) 70 +	David Guy (26:32)

Race Report

The G10/42 hosted the Kingston Phoenix Road Club Open 10 on April 6th. Ninety-four men, forty women, five trikes and two tandems representing 65 clubs competed over a route that has more Strava Segments than a Terry's Chocolate Orange assigned to the course.

Set at the base of the Surrey Hills, the chill in the air and the low cloud cover never threatened anything more than a light drizzle as the last few riders turned the roundabout at Clarkes Green to face an unkind Northerly breeze that had earlier broken many a dream.

Only one second split the fastest three riders in the Pete Mitchell Memorial Bicycle 10. Stuart Bettis (South Downs Bikes/Casco Pets) posted 21:27 just edging Grant Woodthorpe (Twickenham CC) and Keith Lea (Paceline RT) who returned 21:28.

Sarah Matthews (...a3crg) led the women back to the shed with 24:03 followed by Elise Sherwell (Blazing Saddles) at 24:21 and Jayne Paine (Les Filles) with 25:25. It was encouraging to see so many women support this event – and entirely fitting, given the strong women's representation throughout the Phoenix Club.

The Tandem 10 was won by Jonathan and Simon Pontin (Addiscombe CC) who thundered in a 21:04, before taking each other on in the singles format.

Five Trikes lined up to honour Phoenix stalwart Frank Cubis, ensuring that 'Frankie Goes to Holmwood' for another year, Mark Vowells posting a 25:24 to claim the honour with a 25:24.

The Timekeepers, marshals and helpers deserve special mention for making this event so memorable and braving the conditions, it is a tribute to the Kingston Phoenix that a ten mile event run over 90 minutes all passed smoothly. The Phoenix will host the Frank Cubis 50 on the 22 September on the H50/8, where an equally full and enthusiastic field is expected.

Gavin Hughes

KPRC Tandem 10

Position	#	Name		Time
1	2	Jonathan	Pontin	00:21:04
1	2	Simon	Pontin	00:21:04
2	1	Mark	Fraser	00:25:29
2	1	Anna	Fraser	00:25:29

Frank Cubis Memorial Tricycle 10

Position	#	Name		Time
1	15	Mark	Vowells	00:25:24
2	14	Mike	Marchant	00:28:13
3	12	Richard	Bailey	00:30:34
4	11	Grant	Pyke	00:37:18
5	13	Andrew	Avis	00:37:23

Pete Mitchell Memorial Bicycle 10

Position	#	Name		Time	Age Category		Gender
1	120	Stuart	Bettis	00:21:27	Senior		Male
2	130	Grant	Woodthorpe	00:21:28	Veteran	A	Male
2	150	Keith	Lea	00:21:28	Veteran	A	Male
4	38	Andrew	Martin	00:21:39	Senior		Male
5	70	Peter	Tadros	00:21:41	Veteran	A	Male
6	32	Chris	Newberry	00:21:54	Senior		Male
7	147	David	Shepherd	00:21:55	Veteran	B	Male
8	140	Dale	Lush	00:22:00	Veteran	A	Male
9	149	David	Triska	00:22:04	Senior		Male
10	40	Robert	Taylor	00:22:06	Senior		Male
11	144	Ian	Bray	00:22:08	Senior		Male
12	50	Paul	Batten	00:22:32	Senior		Male
13	145	Simon	Arnold	00:22:32	Senior		Male
14	104	Stuart	Gillies	00:22:40	Veteran	B	Male
15	127	Sam	Humpheson	00:22:48	Veteran	A	Male
16	90	Thomas	Pfeiffer	00:22:49	Veteran	A	Male
17	110	Stuart	Stow	00:22:51	Veteran	B	Male
18	126	Iain	Duncan	00:22:52	Veteran	A	Male
19	44	Ralph	Carter	00:22:54	Veteran	B	Male
20	117	Tom	Hilder	00:22:57	Senior		Male
21	99	Lewis	Roberts	00:22:58	Senior		Male
22	142	Jonathan	Pontin	00:23:04	Senior		Male
23	42	John	Franklin	00:23:13	Senior		Male
24	131	Stephen	Wilkinson	00:23:21	Veteran	B	Male
25	148	Adrian	Blacker	00:23:22	Veteran	B	Male
26	122	Stephen	Morgan	00:23:24	Veteran	B	Male
27	60	Dave	Dawkins	00:23:25	Veteran	A	Male
28	146	Richard	Moore	00:23:27	Veteran	A	Male
29	137	Simon	Pontin	00:23:30	Senior		Male
30	141	Michael	Porter	00:23:33	Veteran	B	Male
31	100	Anthony	Draper	00:23:38	Veteran	A	Male
32	121	Michael	Gates	00:23:38	Senior		Male
33	125	Jason	Hunter	00:23:41	Veteran	B	Male

34	138	Robert	Gilmour	00:23:44	Veteran	C	Male
35	111	Conor	Boyle	00:23:52	Veteran	A	Male
36	94	Daniel	O'riordan	00:24:02	Espoir		Male
37	139	Sarah	Matthews	00:24:03	Veteran	B	Female
38	19	Marcus	Edwards	00:24:05	Veteran	B	Male
39	115	Derrick	Thirlwell	00:24:09	Veteran	A	Male
40	17	Simon	Trehearn	00:24:10	Veteran	A	Male
41	119	Liam	Smith	00:24:10	Senior		Male
42	22	Gavin	Hughes	00:24:19	Veteran	B	Male
43	30	Matthew	Durdy	00:24:19	Veteran	B	Male
44	118	Anthony	Brown	00:24:20	Veteran	C	Male
45	128	Elise	Sherwell	00:24:21	Veteran	A	Female
46	85	Stuart	Hourigan	00:24:28	Veteran	A	Male
47	92	Paul	Molesworth	00:24:32	Veteran	A	Male
48	133	Jon	Fry	00:24:39	Veteran	A	Male
49	106	Chris	Osborn	00:24:40	Senior		Male
50	80	Neill	Keaney	00:24:57	Senior		Male
51	129	Alexander	Kew	00:24:58	Veteran	A	Male
52	134	Kevin	Austen	00:25:19	Veteran	A	Male
53	103	Jayne	Paine	00:25:25	Veteran	B	Female
54	109	Nick	Mccormick	00:25:38	Veteran	B	Male
55	98	Daniel	Sharp	00:25:43	Veteran	A	Male
56	87	Elliott	Dickenson	00:25:51	Veteran	A	Male
57	136	Andy	Appleyard	00:25:53	Veteran	A	Male
58	83	Helen	Sharp	00:25:55	Senior		Female
59	114	Angela	Radden-rutt	00:25:55	Senior		Female
60	84	Katie	Simmonds	00:25:56	Senior		Female
61	108	John	Mcglashan	00:25:58	Veteran	C	Male
62	107	Mj (gosia)	Cyganowska	00:26:01	Veteran	A	Female
63	132	Mark	Houlden	00:26:06	Senior		Male
64	91	Nicole	Oh	00:26:10	Veteran	A	Female
65	113	David	Guy	00:26:32	Veteran	D	Male
66	102	Gemma	Hayes	00:26:33	Senior		Female
67	36	Louise	Moriarty	00:26:39	Veteran	A	Female
68	77	Tracy	Corbett	00:26:40	Veteran	A	Female
69	112	Michael	Gowan	00:26:41	Veteran	D	Male

70	86	Rachel	Przybylski	00:26:44	Senior		Female
71	73	John	Levison	00:26:46	Veteran	A	Male
72	49	Tim	Styles	00:27:00	Veteran	C	Male
73	78	Abigail	Carter	00:27:03	Espoir		Female
74	34	Sam	Hewgill	00:27:13	Senior		Male
75	65	Peter	Adams	00:27:14	Senior		Male
76	116	Tom	Cosgrove	00:27:15	Veteran	B	Male
77	71	Suzanne	Shaw	00:27:16	Veteran	B	Female
78	93	Fiona	Inskip	00:27:18	Veteran	A	Female
79	59	Ajay	Hoxha	00:27:28	Senior		Male
80	72	Maria	Fitzpatrick	00:27:41	Senior		Female
81	76	Barrie	Foster	00:27:42	Veteran	C	Male
82	66	Lesley	Levison	00:27:45	Veteran	B	Female
83	29	Harriet	Hayward	00:27:58	Senior		Female
84	35	Phil	Barella	00:28:14	Veteran	A	Male
85	55	David	Percival	00:28:15	Veteran	B	Male
86	88	Alan	Robinson	00:28:26	Veteran	D	Male
87	56	Lillian	Choy	00:28:28	Veteran	A	Female
88	96	Brian	Jones	00:28:29	Veteran	C	Male
89	20	John	Froud	00:28:53	Veteran	D	Male
90	63	Chris	Kennard	00:29:00	Veteran	A	Male
91	74	Jackie	Dodd	00:29:01	Veteran	B	Female
92	37	Ben	Daniels	00:29:08	Senior		Male
93	62	Nigel	Robathan	00:29:08	Veteran	B	Male
94	43	Vikki	Filsell	00:29:26	Veteran	B	Female
95	67	Nicola	Whittock	00:29:29	Veteran	B	Female
96	57	Peter	Smith	00:29:32	Veteran	C	Male
97	64	Chris	Brewer	00:29:34	Veteran	B	Male
98	54	Debbie	Richards	00:29:36	Veteran	B	Female
99	26	Jon	Grubb	00:30:04	Veteran	A	Male
100	68	Debra	Ogden	00:30:04	Senior		Female
101	75	Gary	Holder	00:30:29	Veteran	B	Male
102	31	Eleonore	Lazat	00:30:49	Senior		Female
103	58	Mark	Hancock	00:30:57	Veteran	B	Male
104	23	Sarah	Rounding	00:31:06	Senior		Female
105	52	Emily	Robinson	00:31:38	Senior		Female

106	105	Colin	Gray	00:32:15	Veteran	B	Male
107	53	Kim	Dickenson	00:32:42	Veteran	B	Female
108	47	Frances	Stedman	00:32:51	Veteran	B	Female
109	18	Zoe	Rocholl	00:35:04	Senior		Female
110	28	Helene	Grinsted	00:36:21	Veteran	C	Female
111	21	Sally	Wood	00:36:37	Senior		Female
112	24	Hannah	Smith	00:39:04	Senior		Female
	69	Tobias	Nilsson	DNF	Senior		Male
	25	Gregg	Ball	DNS	Senior		Male
	27	Becca	Drake	DNS	Senior		Female
	33	Colin	Merton	DNS	Senior		Male
	39	Alan	Harvey	DNS	Veteran	D	Male
	41	Emma	Williams	DNS	Senior		Female
	45	Debbie	Knott	DNS	Veteran	A	Female
	46	Naomi	Hartopp	DNS	Senior		Female
	48	Jamie	Olsson	DNS	Senior		Male
	51	Suzanne	Sisson	DNS	Veteran	B	Female
	61	Neil	Lynagh	DNS	Veteran	B	Male
	79	Neil	Meadows	DNS	Veteran	B	Male
	81	Andrew	Grant	DNS	Veteran	C	Male
	82	Jay	Chisnall	DNS	Veteran	B	Male
	89	Laura	Vipond	DNS	Senior		Female
	95	Madelaine	Lee-smith	DNS	Veteran	A	Female
	97	Ben	Christy	DNS	Senior		Male
	101	Sam	Christy	DNS	Senior		Male
	123	Richard	Payn	DNS	Veteran	B	Male
	124	Andrew	Murray	DNS	Veteran	B	Male
	135	Jim	Ford	DNS	Veteran	B	Male
	143	Neil	Crowther	DNS	Veteran	A	Male

Congratulations to all winners, and thanks to everyone that supported this event and made it possible.