

Bristol South Cycling Club



Open 10 Mile Time Trial

Saturday 11th May 2019

Course U7b - Start time 13:30

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Time Keepers: Andy Greenwood
Paul Arayan

Event secretary: David Cullen
29 Apsley Road
Clifton
Bristol
BS8 2SN
Tel: 07464410774

HQ	<p>Falfield Village Hall, Falfield, GL12 8DH. The hall will be open from 1200 - please do not arrive before this time as other users of the village hall will need to leave the premises first. There is limited parking at the hall itself, otherwise please park with consideration for the residents of the surrounding area particularly near to the hall and ensure you are parked legally.</p> <p>No cleats are to be worn in the hall at any time</p>
Signing on	<p>Riders must sign on at race HQ to collect their number and check for any last minute information regarding the event or course. Please return your number for a free drink, and ensure you sign off at the same time.</p> <p>Failure to sign-on AND sign-off will result in DNF recorded on your result</p>
Course notes	<ul style="list-style-type: none">• Do not warm up on the course once the event has started.• Avoid making U-turns near to the start or finish of the course. Riders failing to follow this instruction may be disqualified. After crossing the finish line proceed back to HQ.• Be aware of the road narrowing on approach to the railway bridge and rumble strips• Be aware of the road narrowing and cars turning into the car auction premises• Take extreme care crossing the A38 when returning to HQ
Safety	<p>Riders are asked to take great care while riding the course, and in particular note the following point:</p> <ul style="list-style-type: none">• Please be aware that there are several large potholes and trenches on the course, especially on the return leg• The race takes place on public roads with live traffic on the course so competitors must obey the highway code at all times and not impede other road users. There are marshals located on the Slimbridge roundabout to help indicate direction only, it is the competitor's responsibility to give way to any traffic with right of way at any time on the course.• Cycling Time Trials recommends that all competitors wear a hard shell helmet that meets internationally recognised safety standards• All junior/juvenile riders MUST wear protective hard shell helmets• If the weather is bad with poor visibility or other conditions which present a danger to riders the event may be delayed or postponed• Please keep your head up for a safe ride
Course details	<p>The start is approximately 2.5 miles north of the HQ by the A38. Start on A38 in northern end of layby (GR695963) approximately half a mile south of Newport. Proceed north on the A38 through Newport and over the railway bridges to Slimbridge roundabout where turn (5.3 miles). Circle and retrace south on the A38 to finish on opposite side of the road to a bus stop just south of Newport (GR698971) approx. 1/4 mile before the start.</p> <p>Please SHOUT your number as your cross the finishing line</p>

Prizes (one per person, except team)

1st Men	£25	1st Women	£25	1st V4	£15
2nd Men	£20	2nd Women	£20	1st V5	£15
3rd Men	£15	3rd Women	£15	1st V6+	£15
1st Men - Road bike	£15	1st Women - road bike	£15		

1st Team of three riders - £10 each

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Notes on road bike category

The purpose of this category is to recognise competitors riding a drop bar bike, as might be used in mass-start road racing, with a separate prize category. Any competitors to whom the criteria do not apply either for their bike or clothing will remain eligible for all other prizes

While the list below is not exhaustive, it indicates some of the equipment which does and does not apply for this category. This list uses British Cycling and UCI technical regulations as a starting point but diverges in several ways - any questions arising can be directed to the organiser.

All bikes will be assessed on the start-line by the organiser and their decision will be final.

Anyone using any of the following equipment will not be eligible for the road bike prizes:

- Tri bars/ski-extensions
- A full disc rear wheel (including coverings/fairing on a spoked wheel)
- Any front or rear wheel with fewer than 12 spokes
- Wheels where the rim depth exceeds 65mm
- Overshoes and oversocks
- Socks extending above the mid-point between the ankle and knee
- Aerodynamic helmets with a "tail" (e.g. Kask Bambino, Giro Aerohead, Lazer Wasp)

Equipment that is allowed

- Skinsuits
- Fixed gear bicycles that conform to the above rules (while not legal in UCI mass start regulations, so long as a fixed gear bicycle confirms to the requirements set out in CTT regulations, and does not have any equipment listed in the "aerodynamic" list above)

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No.	Start time	First Name	Last Name	Club	Cat.
Tandem					
2	13:34:00	Nick	Hill	Webbs 1902	Tandem
	13:34:00	Mitchel	Hill	Webbs 1902	Tandem
Solo					
7	13:37:00	Robert	Hutchinson	Bristol South Cycling Club	V6
8	13:38:00	Matthew	Norris	Sodbury Cycle Sport	Senior
9	13:39:00	Alice	Thomson	Bristol South Cycling Club	W
10	13:40:00	Carlo	Toledo	Gloucester City Cycling Club	V5
11	13:41:00	Christopher	Britten	Sodbury Cycle Sport	V4
12	13:42:00	Robin	Fox	Dursley Road Club	V6
13	13:43:00	Chris	Truman	Velo Club Bristol	V4
14	13:44:00	Mary-jane	Hutchinson	Bristol South Cycling Club	W
15	13:45:00	Matt	Boulton	Minuteman CC	Senior
16	13:46:00	Thomas	Hall	Bristol South Cycling Club	Senior
17	13:47:00	Paul	Rogoll	Salt and Sham Cycle Club	V6
18	13:48:00	Steven	Macdonald	Bristol South Cycling Club	V4
19	13:49:00	Andrew	Metherell	Salt and Sham Cycle Club	V4
20	13:50:00	Phil	Stonelake	Bristol Road Club	V4
21	13:51:00	Andy	Kelly	Bristol South Cycling Club	V5
22	13:52:00	Roger	Taylor	Frome and District Wheelers	V6
23	13:53:00	Andy	Morgan	PDQ Cycle Coaching	V5
24	13:54:00	Dan	Morgan	Gloucester City Cycling Club	Senior
25	13:55:00	Christopher	Davis	Giant CC Halo Films	V6
26	13:56:00	Ian	Mountjoy	Bristol South Cycling Club	V5
27	13:57:00	Ashley	Dunn	Velo Club Bristol	V4
28	13:58:00	Rosey	Mushens	Velo Club St Raphael	W
29	13:59:00	Bob	Brabbins	Somerset Road Club	V6

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No.	Start time	First Name	Last Name	Club	Cat.
30	14:00:00	Robert	Borek	Bristol South Cycling Club	Senior
31	14:01:00	Vincent	Douglas	Gloucester City Cycling Club	V4
32	14:02:00	Freya	Richardson	Portsmouth North End CC	W (J)
33	14:03:00	Alastair	Mcchesney	Bath Cycling Club	V5
34	14:04:00	Jonathan	Bevan	Bristol Road Club	V5
35	14:05:00	Mark	Bradley	Bristol South Cycling Club	V5
36	14:06:00	Gary	Harvey	Dursley Road Club	V5
37	14:07:00	Thomas	Southey	Bristol South Cycling Club	Senior
38	14:08:00	Simon	Davis	VTTA (Midlands)	V4
39	14:09:00	John	Pinfold	Cheltenham & County Cycling Club	V6
40	14:10:00	Mark	Hudson	Bristol South Cycling Club	Senior
41	14:11:00	Euan	Taylor	Salt and Sham Cycle Club	Junior
42	14:12:00	Joanna	Knight	Bristol South Cycling Club	W
43	14:13:00	Jim	Tickner	Velo Club Bristol	V5
44	14:14:00	Steve	Wiltshire	Somer Valley Cycling Club	V4
45	14:15:00	Megan	Dickerson	Bristol South Cycling Club	W
46	14:16:00	Dan	Pons	Blaydon CC	Senior
47	14:17:00	Adrian	Rowley	Gloucester City Cycling Club	V5
48	14:18:00	Martin	Wiltshire	Somer Valley Cycling Club	V4
49	14:19:00	Peter	Rogers	Team Tor 2000 KALAS	V6
50	14:20:00	Matt	Burden	73 Degrees Bicycles, WestSide Coaching rt	V4