



1894 - 2016

PRESIDENT - FRANK BLAKE

48<sup>th</sup> Annual 25 Mile Time Trial – Sunday 23<sup>rd</sup> October 2016

Course G25/93

**Event Secretary:** Robin Johnson

7 Gorselands, Billingshurst, West Sussex RH14 9TT

Email: [mr\\_rjohnson@outlook.com](mailto:mr_rjohnson@outlook.com)

Tel: 01403 783368 (or 07733 132043 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## HQ

### Steyning Centre

Fletcher's Croft  
Steyning  
West Sussex

Postcode BN44 3XZ

Open from 06:00



Plenty of parking is available.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 1.63 miles

Finish to HQ: 1.94 miles

Route to start: Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and then immediately right onto the B2135, and continue to the start near top of hill.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

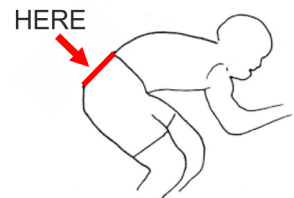
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



**Roundabouts:** Competitors must exercise extra care at all roundabouts.

**Start/Finish Areas:** Competitors must exercise extra care at the start and **ABSOLUTELY NO U-TURNS** in the vicinity of either start or finish.

## OFFICIAL TIME KEEPERS

SU BALCOMBE (BRIGHTON EXCELSIOR CC)	Start
MICK KILBY (LEWES WANDERERS CC)	Finish
LESLEY DONINGTON (CLARENCE WHEELERS)	12.6 miles

## EVENT RECORD

SEAN YATES	50:27	1997
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## COURSE RECORDS

MEN	MICHAEL HUTCHINSON	49:31	May 2013
LADIES	JOANNE ROWSELL	55:38	May 2013
JUNIORS	GLENN HOY	57:18	2000
VETERANS	STEVE DENNIS	53:04	2010
MEN (72" GEAR)	RAY HUGHES	59:23	2006
TANDEMS	SEAN + CHRISTIAN YATES	49:34	2006

## SPONSORS

As always, our extremely grateful thanks to all sponsors who have been so very generous in giving to us a prize list of £2,280.

Please reciprocate by buying their products/services.

### VERY GRATEFUL THANKS to:

<a href="#">U.S.E. Ltd</a> for transforming the club's £250 into goods	value £1,283
<a href="#">HENRY SQUIRE + SONS Ltd</a> for bike locks, etc.	value £375
<a href="#">THE BIKE STORE, WORTHING</a> for vouchers	value £170
<a href="#">MOUSEHOLD PRESS</a> for 10 cycling books	value £105

## SUPPORT THOSE WHO SUPPORT OUR SPORT.

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### PRIZES : MENS "25"

Awarded to all starters: Free drink and Free food  
But a donation is requested, please

CATEGORY	PRIZE	VALUE
FIRST	U.S.E. EXPOSURE SIRIUS + FLARE lighting set, U.S.E. carbon tri-bar extensions, U.S.E. carbon bottle cage, U.S.E. T Shirt, SQUIRE D lock, + a bottle of champagne	£313 + £40
2nd	U.S.E EXPOSURE SIRIUS + FLARE light set, MOUSEHOLD PRESS book, "Golden stages of Tour de France", U.S.E. T Shirt + a bottle of wine	£150 + £25
3rd	U.S.E. EXPOSURE SIRIUS + FLARE lighting set, + a bottle of wine	£125 + £15
4th	U.S.E. carbon bottle cage, SQUIRE Mako Combi lock, U.S.E. T Shirt + a bottle of wine	£85 + £10
5th	U.S.E. carbon tri-bar extensions + a bottle of wine	£80
6th	U.S.E. carbon bottle cage, SQUIRE hasp + staple, + 2 padlocks + a bottle of wine	£65
7th	U.S.E. carbon bottle cage + a bottle of wine	£45
8th	SQUIRE combination cablelock + a bottle of wine	£21

CATEGORY	PRIZE	VALUE
<b>Fastest Sussex rider in a Sussex club</b>	THE BIKE STORE, WORTHING £30 voucher	£30
<b>2nd Fastest Sussex rider in a Sussex club</b>	THE BIKE STORE, WORTHING £20 voucher	£20
<b>3rd Fastest Sussex rider in a Sussex club</b>	THE BIKE STORE, WORTHING £10 voucher	£10
<b>Fastest Sussex veteran in a Sussex club</b>	THE BIKE STORE, WORTHING £20 voucher	£20
<b>2nd Fastest Sussex veteran in a Sussex club</b>	THE BIKE STORE, WORTHING £10 voucher	£10
<b>BEST IMPROVEMENT since 1.1.2013</b>	U.S.E. EXPOSURE SIRIUS + FLARE light set, SQUIRE hasp + staple, + 2 padlocks, MOUSEHOLD PRESS book "Master Jacques" + a bottle of wine	£160
<b>2nd Best improvement</b>	U.S.E. carbon tri-bar extensions + a bottle of wine	£80
<b>3rd Best improvement</b>	U.S.E. carbon bottle cage + a bottle of wine	£36
<b>Fastest on a road bike (no tri-bars)</b>	SQUIRE hasp + staple, 2 padlocks, + cable lock + a bottle of wine	£36
<b>1st Team of Three</b>	SQUIRE Eiger D lock and a bottle of wine (each rider)	£33 x 3
<b>2nd Team of Three</b>	THE BIKE STORE, WORTHING £10 voucher + a bottle of wine (each rider)	£15 x 3
<b>Fastest veteran 40-44</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 45-49</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 50-54</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 55-59</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 60-64</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 65-70</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 70-74</b>	U.S.E. feeding bottle + a bottle of wine	£11
<b>Fastest veteran 75-80</b>	U.S.E. feeding bottle + a bottle of wine	£11

## PRIZES : LADIES + JUNIORS + TANDEM "25"

**Awarded to all starters:**                      **Free drink and Free food**  
**But a donation is requested, please**

CATEGORY	PRIZE	VALUE
<b>1st LADY</b>	U.S.E. EXPOSURE SIRIUS + FLARE light set, SQUIRE D lock, MOUSEHOLD PRESS book, "Golden Stages of Tour de France", U.S.E. T-shirt and a bottle of champagne	£213 + £25
<b>2nd Lady</b>	U.S.E carbon tr-bar extensions, SQUIRE Eiger D lock, MOUSEHOLD PRESS book, "Master Jacques", U.S.E. T-Shirt and a bottle of wine	£133 + £15
<b>3rd Lady</b>	U.S.E. carbon tri-bar extensions, MOUSEHOLD PRESS book, "Golden Stages of Tour de France", U.S.E. T-shirt and a bottle of champagne	£105
<b>4th Lady</b>	SQUIRE Eiger D lock, MOUSEHOLD PRESS book, "Monsieur Jacques", + a bottle of wine	£48
<b>1st Junior</b>	Brighton Mitre CC medal, MOUSEHOLD PRESS book, "Golden Stages of Tour de France", + a bottle of non-alcoholic drink	£157
<b>Fastest Sussex Lady in a Sussex club</b>	THE BIKE STORE, WORTHING £30 voucher	£30
<b>2nd Fastest Sussex Lady in a Sussex club</b>	THE BIKE STORE, WORTHING £20 voucher	£20
<b>FIRST Tandem Pairing</b>	SQUIRE combination lock + a bottle of wine (each rider)	£21 x 2
<b>2nd Tandem Pairing</b>	A bottle of wine (each rider)	£5 x 2

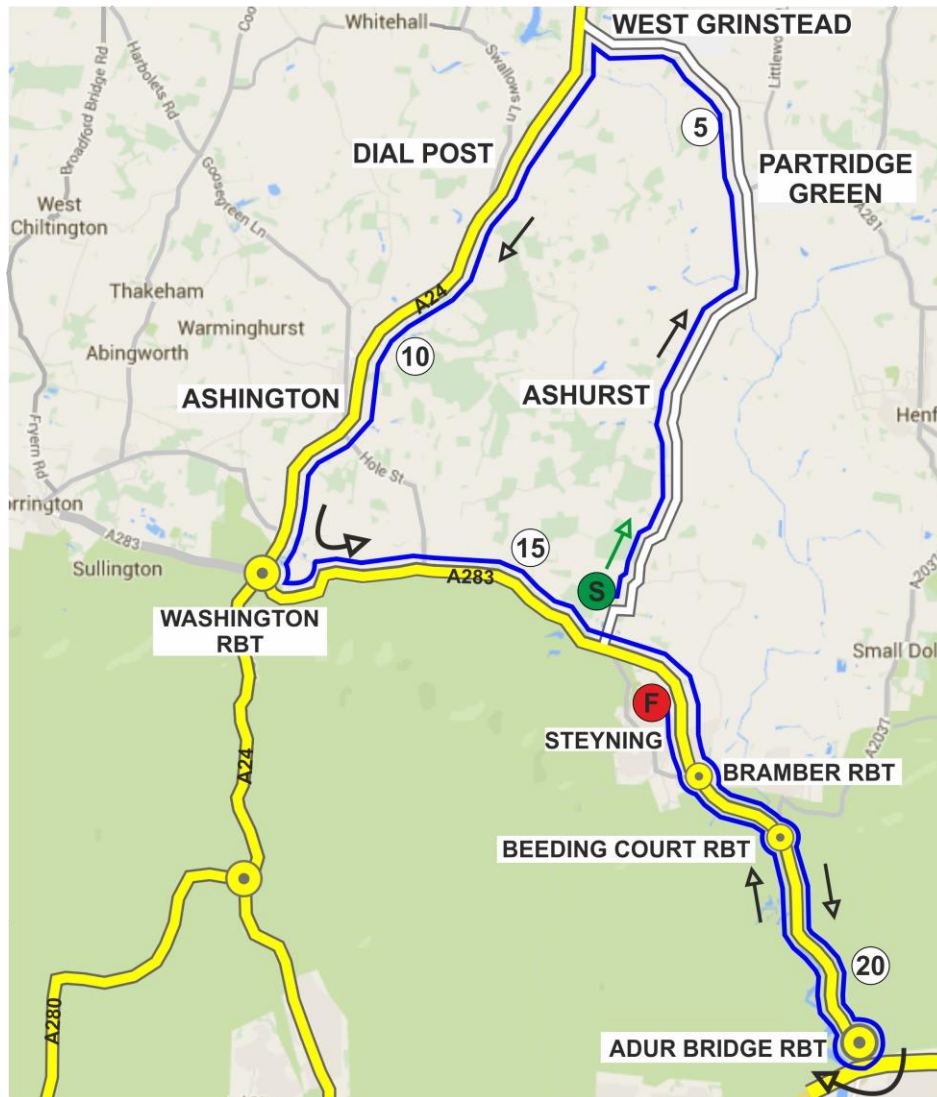
PRIZE PRESENTATION to be held as soon as possible after events.

Please stay to receive your awards/applaud the recipients.

LOTTERY will be held for 4 bottles of wine, each value £5.

Qualify by being a finisher and be present. First names out of the hat.

VERY GRATEFUL THANKS to all entrants as, without you, there are no events.



OS REF (TQ)	COURSE DIRECTIONS – G25/93	MILES	
172130	<b>START</b> on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	<b>LEFT</b> and follow A24 south to Washington RBT (roundabout) (CHECK)	5.88	12.56
209065	<b>LEFT</b> 1 <sup>st</sup> exit and follow A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham, where <b>TURN</b> (CHECK)	8.42	20.98
181118	4 <sup>th</sup> exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to <b>FINISH</b> at paint mark on curb opposite TP3 approximately 25 yards before Canons Way	4.02	25.00

THE COURSE	Is considered by a few locals to be close to sporting. The second half is often a minute quicker than the first half as there are three useful descents between 13 and 16 miles.
MARSHALS	Are only there to point the way. The decision to proceed or not is entirely yours. Obey the Highway Code, and the law of the land, please.
MILEAGE SIGNS	At 5, 10, 12½, 15, 20, 21, 22, 23 and 24 miles.

**THE GERRY JACKSON MEMORIAL 25 MILES TIME TRIAL**  
**SUNDAY 23<sup>rd</sup> October 2016**

**MENS "25"**

<b>Bib No</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>
1	8:01	Robin Johnson	Brighton Mitre CC
2	8:02	Paul Wishart	Brighton Phoenix Triathlon Club
3	8:03	Chris Wall	Hillingdon Triathletes
4	8:04	Jack Smith	Brighton Mitre CC
<b>5</b>	<b>8:05</b>	<b>Stuart Bettis</b>	<b>South Downs Bikes / Casco Europe</b>
6	8:06	Dan Cole	Dorking Cycling Club
7	8:07	Tom Bandy	Portsmouth Hill CC
8	8:08	Justin Webb	Team Optima
9	8:09	Andrew Vaughan	Bonito Squadra Corse
<b>10</b>	<b>8:10</b>	<b>Jeremy Ponting</b>	<b>Velo Club St Raphael</b>
11	8:11	Dominic Lowden	Lewes Wanderers CC
12	8:12	Simon Taylor	Brighton Triathlon Club
13	8:13	Chris Welch	East Grinstead Tri Club
14	8:14	Simon Adams	In-Gear Quickvit Trainsharp RT
<b>15</b>	<b>8:15</b>	<b>Robert Charles</b>	<b>Blazing Saddles</b>
16	8:16	Colin Toppin	Brighton Excelsior CC
17	8:17	Colin Barton	Worthing Excelsior CC
18	8:18	Jason Le Goff	In-Gear Quickvit Trainsharp RT
19	8:19	Carl Burgess	Addiscombe CC
<b>20</b>	<b>8:20</b>	<b>Alex Napier</b>	<b>Blazing Saddles</b>
21	8:21	Richard May	Islington Cycling Club
22	8:22	Noel Miles	East Grinstead Tri Club
23	8:23	Dan Helyer	Eastbourne Rovers CC
24	8:24	Peter Horsfield	Redmon CC
<b>25</b>	<b>8:25</b>	<b>Jamie Pine</b>	<b>Nuun-Sigma Sport-London RT</b>
26	8:26	Malcolm Davies	VC Elan - Harry Perry Cycles
27	8:27	Stuart Hodd	PB Cycle Coaching Racing Team
28	8:28	Keith Rochfort	Brighton Triathlon Club
29	8:29	Keith Geere	GS Stella
<b>30</b>	<b>8:30</b>	<b>Paul Haywood</b>	<b>Epsom CC</b>
31	8:31	Will Taylor	Brighton Mitre CC
32	8:32	Andrew Quye	Southborough & Dist. Whs
33	8:33	Donald Parker	Brighton Mitre CC
34	8:34	Ben Fielden	GS Stella
<b>35</b>	<b>8:35</b>	<b>Pete Morris</b>	<b>Team ASL360</b>
36	8:36	Tony Reeves	GS Stella
37	8:37	Martin Brown	7 Oaks Triathlon Club
38	8:38	Daniel Ryan	North Road CC
39	8:39	Richard Streeter	Lewes Wanderers CC
<b>40</b>	<b>8:40</b>	<b>Pat Wright</b>	<b>Paceline RT</b>

**THE GERRY JACKSON MEMORIAL 25 MILES TIME TRIAL**  
**SUNDAY 23<sup>rd</sup> October 2016**

**MENS "25"**

<b>Bib No</b>	<b>Start Time</b>	<b>Rider</b>	<b>Club</b>
41	8:41	Hamish Walker	Blazing Saddles
42	8:42	Peter Cutler	Regents Park Rouleurs
43	8:43	Sean Yates	In-Gear Quickvit Trainsharp RT
44	8:44	Mark Dinwiddy	Southdown Velo
<b>45</b>	<b>8:45</b>	<b>Gavin Hinxman</b>	<b>Kettering CC</b>
46	8:46	Gareth Williams	Twickenham CC
47	8:47	Stephen McWilliams	Brighton Mitre CC
48	8:48	Mark Storie	GS Stella
49	8:49	Perry Lee	Southdown Velo
<b>50</b>	<b>8:50</b>	<b>Julius Reeves</b>	<b>CC London</b>
51	8:51	Christian Yates	East Grinstead CC
52	8:52	Graham Giggs	Bath Road Club
53	8:53	Jon Fry	Horsham Cycling
54	8:54	Barry Packman	Dorking Cycling Club
<b>55</b>	<b>8:55</b>	<b>Conall Yates</b>	<b>In-Gear Quickvit Trainsharp RT</b>
56	8:56	Shaun Smart	Southdown Velo
57	8:57	Mark Jones	GS Stella
58	8:58	Shay Giles	VC Elan - Harry Perry Cycles
59	8:59	Mark Field	London Dynamo
<b>60</b>	<b>9:00</b>	<b>James Copeland</b>	<b>Fareham Wheelers CC</b>
61	9:01	Roland Kitson	Horsham Cycling
62	9:02	Niall Digby	Sigma Sport.co.uk
63	9:03	Thomas Garner	Brighton Triathlon Club
64	9:04	John Howells	Corinium Cycle Club
<b>65</b>	<b>9:05</b>	<b>Peter Tadros</b>	<b>In-Gear Quickvit Trainsharp RT</b>
66	9:06	David Shepherd	GS Stella
67	9:07	Richard Gifford	In-Gear Quickvit Trainsharp RT
68	9:08	Garfield Hall	Woolwich CC
69	9:09	Phillip Knell	Ashford Roads CC
<b>70</b>	<b>9:10</b>	<b>Colin Ward</b>	<b>Essex Roads CC</b>
71	9:11	Dave Dent	Offshore RT
72	9:12	Colin Crocker	Sotonia CC



THE GERRY JACKSON MEMORIAL 25 MILES TIME TRIAL  
SUNDAY 23<sup>rd</sup> October 2016

LADIES + JUNIORS "25"

Bib No	Start Time	Rider	Club
73	9:13	Bart Filmer-Cox	Sussex Nomads CC
74	9:14	Sarah Phelps	Brighton Mitre CC
75	9:15	Theo Tadros	In-Gear Quickvit Trainsharp RT
76	9:16	Katie Crowe	Dulwich Paragon CC
77	9:17	Michelle Lock	Offshore RT
78	9:18	Sigrid Makins	Cranleigh Cycling Club
79	9:19	Pippa O'Brien	RT PODA
80	9:20	Ruth Summerford	Velopace
81	9:21	Tamar Vanderhaas	Lewes Wanderers CC

TANDEM "25"

Bib No	Start Time	Rider	Club
82	9:22	Jon Frost	Redmon CC
82	9:22	Dave Abbott	GS Stella

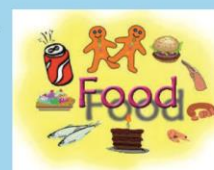
## SUSSEX C.A. PRIZE PRESENTATION

Sunday 4th December 2016, £10  
Dial Post Village Hall, 12:30 p.m.



Optional 40 miles ride before: hot drinks before and after  
Ride leaves at 9:30 a.m.

Meal - soup; cold buffet plus hot food,  
several desserts,  
cheese + biscuits,  
tea + coffee



Names + cheques, payable to Sussex C.A. to Robin Johnson by 1/12/2016  
State if special dietary needs.

## BRIGHTON MITRE '25' – PAST WINNERS

	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
1969	Cliff Sharp	59:35						
1970	Peter Crofts	59:59						
1971	Willi Moore	56:20	Gill Clapton	1:02:49				
1972	Dave Holliday	57:21	Beryl Burton	58:56				
1973	Mick Ballard	57:38	Gill Reynolds	1:08:42				
1974	Mick Ballard	59:50	Chris Goodfellow	1:08:33				
1975	John Patston	56:09	Gill Reynolds	1:08:28				
1976	Eddie Adkins	56:07	Sue Swetman	1:10:46				
1977	Eddie Adkins	54:22	Lorna Hanton	1:04:11				
1978	Sean Yates	55:19	Fran Browning	1:02:41	Mike Thorogood	59:01		
1979	Tim Stevens	55:16	Shirley Killingbeck	1:01:43	Mick Tanner	57:51		
1980	Tim Stevens	56:13	Fran Browning	1:06:46	Nick Gritton	59:37		
1981	Tim Stevens	54:13	Fran Browning	1:06:42	Nick Gritton	58:06		
1982	John Oakes	58:04	Sarah Thompson	1:07:16	Paul Reeves	1:00:31		
1983	Peter Cookson	59:05	Fran Browning	1:08:54	Mike Saunders	1:02:32		
1984	Ian Browning	55:15	Fran Browning	1:03:06	Baz Molloy	1:00:54		
1985	Tim Stevens	55:38	Sue Swetman	1:04:47	Paul Nathan	59:21		
1986	Terry Icke	55:55	Fran Browning Claire Newman	1:05:56	Kevin Penfold	58:27		
1987	Phil Headen	59:53	<i>(no starters)</i>		Stuart Collins	1:06:07		
1988	Tim Stevens	56:23	Sue Swetman	1:07:36	Simon Tully	1:02:08		
1989	Martin Palmer	57:46	Gill Reynolds	1:06:16	Ben Merricks	58:26		
1990	Tim Stevens	56:47	Gill Reynolds	1:06:06	Alex Beale	1:02:45		
1991	Peter Cookson	56:33	Gill Reynolds	1:05:49	Colin Toppin	59:27	Andy Smith Rick Holkham	53:35
1992	Eddie Adkins	53:30	Gill Reynolds	1:04:19	Barry Elcome	58:23	Andy Smith Rick Holkham	53:34
1993	Eddie Adkins	55:14	Gail Cheatle	1:08:55	Paul Rowden	1:04:38	Andy Smith Colin Toppin	54:38
1994	Bryan Taylor	53:13	Carole Gandy	1:02:02	Barry Elcome	57:09	Andy Smith Colin Toppin	53:39
1995	Dave Redding	53:32	Theresa Thompson	1:08:39	Steve Comben	59:10	Andy Smith Rob Allen	53:44
1996	Sean Yates	52:54	Jenny Derham	1:01:13	Alan Curtis	59:38	Ray Hughes Pauline Strong	55:12
1997	Sean Yates	50:27	Natacha Maes	1:02:39	Jacob Hall	1:02:38	Glenn Longland Neville Stroud	52:36
1998	Sean Yates	51:32	Natacha Maes	0:59:51	Max Rumball	58:02	Ian Dawson Ray Hughes	52:00
1999	Sean Yates	54:17	Natacha Maes	1:06:15	Liam Terry	1:11:23	Mark Jones John Limpus	53:42
2000	Richard Prebble	52:45	Natacha Maes	1:00:13	Glenn Hoy	57:18	Chris Birch Rowan Horner	50:59
2001	Richard Prebble Tim Stevens	53:24	Marina Bloom	1:04:51	Liam Terry	1:02:57	Mark Jones John Limpus	52:54
2002	Kevin Neary	56:19	Gill Reynolds	1:09:39	Daniel Frederick	1:05:20	Ray Hughes Ian Neville	53:53

## BRIGHTON MITRE '25' – PAST WINNERS


	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
2003	Dean Lubin	55:17	Carole Gandy	1:03:13	Daniel Frederick	1:09:03	Tristan Court Nick Harvey	54:22
2004	Sean Yates	54:40	Carole Gandy	1:02:41	<i>(no entries)</i>		John Limpus Jeremy Wooton	53:51
2005	Dave Dent	56:33	Margaret Duganski	1:11:08	Zaac Lane	1:21:11	Andrew Smith Dave Abbott	59:18
2006	Richard Prebble	53:20	Rebecca Romero	58:10	Mark Williams	1:15:32	Sean Yates Christian Yates	49:34
2007	Richard Prebble	54:07	Carole Gandy	1:07:16	<i>(no starters)</i>		Julian Gee Geoff Clinton	1:07:00
2008	Richard Prebble	56:24	Deborah Percival	1:11:32	Nick Smith	1:11:24	Julian Gee Geoff Clinton	1:05:11
2009	Ben Instone	53:04	Deborah Percival	1:08:59	Nick Smith	59:42	Peter Baker Thomas Baker	57:51
2010	Steve Dennis	53:04	Carole Gandy	1:03:43	Nick Smith	59:35	<i>(no starters)</i>	
2011	Steve Dennis	53:19	Deborah Percival	1:04:53	<i>(no starters)</i>		Peter Baker Thomas Baker	55:39
2012	Adam Topham	53:58	Deborah Percival	1:06:11	<i>(no starters)</i>		Jon Frost David Eccles	1:02:32
2013	Steve Dennis	56:30	Lizzy Brama	1:04:22	Arthur Venables	1:15:40	Lawrence Wintergold Damien Poulter	58:13
2014	Steve Dennis	54:06	Lizzy Brama	1:01:42	<i>(no starters)</i>		Lawrence Wintergold Damien Poulter	57:06
2015	Colin Ward	52:32	Sophie Coleman	58:43	Theo Yates	1:00:45	Jon Frost Kurt Godfrey-Evans	58:01

# OUR GENEROUS SPONSORS




## (and links to their web sites)

Welcome to The Bike Store, a bicycle shop located in Worthing, West Sussex. Known along the south coast, with customers from Worthing, Brighton, Eastbourne, Chichester, Littlehampton, Crawley and even London for our friendly expert advice on all things connected with bicycles and cycling. We have a fully equipped workshop for bicycle repairs, services and general maintenance. All our staff love riding and regularly race their own bikes and can pass on in depth knowledge so that you can get the best out of your bike. We also stock an extensive range of cycle parts and cycling accessories such as clothing, shoes, helmets, bicycle wheels, energy products, Garmin GPS systems, high performance lights, Shimano, Campagnolo and much more.

If you're interested in the 'Cycle to Work Scheme' then The Bike Store is an approved partner. Cyclescheme is the UK's number one administrator for the Government's Green Transport Plan Initiative. Cyclescheme offers the most admin-friendly scheme for employers and the greatest choice of bikes and equipment for employees through its network of independent bike shops such as The Bike Store. If you've any questions, or would like some assistance with choosing your bike, please drop into our Worthing shop or call now on 01903 206311.



**The Bike Store, Worthing, West Sussex**

<p><b>Servicing</b></p>  <p><b>Full Servicing</b></p> <p>We've a fully equipped workshop for bicycle repairs, services and general maintenance.</p>	<p><b>Specialized</b></p>  <p>We are approved to service and supply Specialized Bikes.</p>	<p><b>Why The Bike Store</b></p>  <p>We stock all well known brands and types of bicycle; road, hybrid, urban, commuting, mountain bikes, time trial, triathlon, touring, mens, ladies and children's bicycles.</p>
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**SQUIRE**

### Securing the future

Squire is a global pioneer of top-selling security products for the home, for work and on the move. With a 230-year heritage as an independent family-owned lock manufacturer, we are uncompromising in our commitment to innovation, service and performance. We offer one of the most comprehensive padlock ranges made to World Class standards, continuing our tradition of making high-quality products to meet ever-evolving security needs. Our site uses cookies, please click here for more information

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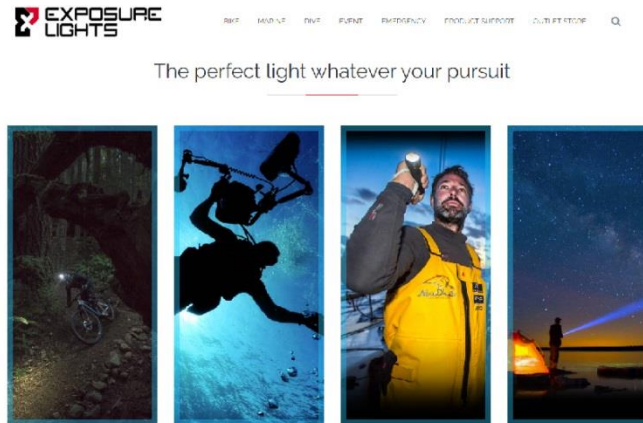
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### Cycling

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