Please note, please do not use the layby on the A570 as riding to and from the start could interfere with riders still competing.

THE HEADQUARTERS are at Bickerstaffe Football Clubhouse Hall Lane, Bickerstaffe Ormskirk, L39 0EH

In the interest of Safety , Cycling Time Trials and the Liverpool Phoenix C.C. (Aintree) recommend that you wear a hard shell helmet that meets internationally accepted safety standards.

Please adhere to all road safety requirements as this Time Trial is on public roads.

Obey any instructions that Marshals may require you to follow.

NO 'U' turns near start or finish. On finishing you must continue up the lane to the headquarters and the results board. YOU MUST SIGN ON YOUR OWN NUMBER. ALSO SIGN BACK IN WITH YOUR NUMBER OR A TIME WILL NOT BE GIVEN.

Liverpool Phoenix C.C. (Aintree) est.1919

The Peter Tyas Memorial 10 mile

Open Time Trial

For & on behalf of Cycling Time Trials under it's Rules and Regulations

Saturday 1st June 2019

Course D10/1 Time of start 08:00- First rider off at 08:01

COURSE DESCRIPTION - D10/1

START at the first raised kerbstone 210 yds South of sign "Intake Lane" near Bickerstaffe church. Proceed via "Intake Lane" and "Lodge Lane" to Wheatsheaf Island, where left along A570 to Motorway Island.

Encircle island & follow A570 via Wheatsheaf Island to Mossborough Island.

Encircle island & follow A570 to Wheatsheaf Island where left into "Lodge Lane" & "Intake Lane" to FINISH at second gate post into plantation.

Event Secretary:- Keith Williams 47 Greenville Drive, Maghull, L31 7DF 0151 222 4481

email:- liverpoolphoenixcc@virginmedia.com : mobile 07970 24 7676

Timekeepers:- John Lahiff , Malcolm Sheridan.

PLEASE READ AND ADHERE TO THE SAFETY INFORMATION, GUIDELINES AND REGULATIONS

www.phoenixccaintree.net

	Fastest Male	Fastest Female	Vet best plus on Std.	Juv/Jun closest to best
1st	£30	£30	£25	£15
2nd	£25	£25	Prize List . One rider one prize except team of three	
3rd	£20	£20		
4th	£15	£15		
			Team of three:- Total £30.00	