

Liverpool Phoenix C.C. Peter Tyas Memorial 10 mile Time Trial 1<sup>st</sup> June 2019

START at the first raised kerbstone 210 yds South of sign "Intake Lane" near Bickerstaffe church. Proceed via "Intake Lane" and "Lodge Lane" to Wheatsheaf/Elephant Restaurant Island, where left along A570 to Motorway Island. Encircle island & follow A570 via Wheatsheaf/Elephant restaurant Island to Rainford/Mossborough Island. Encircle island & follow A570 to Wheatsheaf/Elephant restaurant Island where left into "Lodge Lane" & "Intake Lane" to FINISH at second gate post into plantation.

Event Secretary:- Keith Williams 47 Greenville Drive, Maghull, L31 7DF 0151 222 4481

email:- liverpoolphoenixcc@virginmedia.com : mobile 07970 24 7676

Timekeepers:- John Lahiff, Malcolm Sheridan.

PLEASE READ AND ADHERE TO THE SAFETY INFORMATION, GUIDELINES AND REGULATIONS

**HQ IS AT THE BICKERSTAFFE AFC CLUBHOUSE, HALL LANE, BICKERSTAFFE, ORMSKIRK L39 0EH.**

Parking for about 30 cars, available alongside the Bickerstaffe Football clubhouse, **NO PARKING IN INTAKE LANE**

YOU MUST SIGN ON YOUR OWN NUMBER.

In the interest of Safety, Cycling Time Trials and the Liverpool Phoenix C.C. (Aintree) recommend that you wear a hard shell helmet that meets internationally accepted safety standards.

Please adhere to all road safety requirements as this Time Trial is on public roads.

Obey any instructions that Marshals may require you to follow.

NO 'U' turns near start or finish. On finishing you must continue up the lane to the headquarters and the results board to **sign back in with your number.**

**Prize List. One rider one prize except team of three.**

Fastest Male £30	Fastest Female £30	Vet Best Plus on Std	£25
2nd	£25	£25	£15
3rd	£20	£20	£10
4th	£15	£15	Team of three total £30

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Please download attached file for more information