Welsh 25 Mile Time Trial Championship 2019 for Men, Women & Juniors + Non Championship Overflow Event



Promoted for and on behalf of Cycling Time Trials Under their rules and regulations



Sunday 5th May 2019

Timekeepers: Start:- Tudor Thomas. Finish:- Robin Field, Frances Field and Norman James Pusher off: Paul Robinson, Marshalls: Peter Jones, Steve Clarke as well as Sharon Preddy Catering.

Event Secretary: Martyn Heritage-Owen. 28 Clos Tyla Bach, St Mellons, Cardiff. CF3 0EJ Tel: 0778 606 7819 E-mail: <u>coaching@realteam.co.uk</u>

Thanks to the team, without you the event wouldn't happen. The weather looked ok from where I was but a tough headwind made for hard going. Congratulations to all who improved on the day.

Congratulations all the prize winners and our 1st time champions Tom Ward and Steph Post. I hope handing out the medallions on the day added to the occasion. Come back in the summer in warmer weather! Realteam team will be promoting again on this course on 21st July and 18th August. See also the Celtic Series events.

The WCA hopes to see you at our other championships or at the Prize Presentation at the TRW club in November.

In the week after the champs I was bitten by a dog who savaged my finger resulting in a hospital stay. I'm so grateful it wasn't the week before. So, forgive the slightly longer timescale for producing a full result with plenty for you to digest.

Finally, as I write Scott Davies, after a fabulous TT in his first Grand Tour made it over the Mortirolo in appalling conditions. We wish you well with the other 2 mountain stages. I hope with an early start in the last TT you get to sit in the leaders chair even if it's a fleeting visit. Pob lwc on your quest to become a "King of the Road".

Martyn

Men's Championship	Winner				
1 st . Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	Tom Ward - Aerol	Tom Ward - AeroLab Ward WheelZ - 47:15			
2 nd WCA Plaque	Ioan Smallwood -	Cardiff Ajax CC - 47:53			
3 rd WCA Plaque	Andy Jackson - A	eroCoach - 48:04			
Women's Championship					
1 st Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	Stephanie Post - T	Feam Bottrill - 52:30			
2 nd WCA Plaque	Alice Lethbridge -	DRAG2ZERO - 53:07			
3 rd WCA Plaque	Anna Morris - Aer	oLab Ward WheelZ - 53:13			
Juniors Championship					
1 st Championship Trophy (for one year WCA Plaque & invitation to BAR lunch)	George Elliott - In	novation Racing - 48:15			
1 st Woman WCA Plaque	Caitlin Peters - St	orey Racing - 55:16			
Champion Team	Fastest team of three	riders from the Championship fields			
Championship Team Shield (for 1 year) WCA Plaques & invitations to BAR lunch	Cycle Specific - 02:32:09 Lee Perrott - 49:21, Philip Tucker - 50:00, Dave Williams - 52:48				
Awards	Winner				
Fastest Man Vet in Age Bands	Name	Club	Cat	Time	
VA – VH WCA Plaque	Andy Jackson	AeroCoach	MVA	00:48:04	
	Liam Maybank	Twickenham CC	MVB	00:48:19	
	Greg Parker	Estrella Bikes	MVC	00:50:04	
	Chris Ledger	Ace Test Team	MVD	00:51:20	
	Keith Ainsworth	Sheffrec CC	MVE	00:49:41	
	Tom Cox	Northover VT / Rudy Project / SCS	MVF	00:56:06	
	Stuart Evans	Port Talbot Whs CC	MVG	01:00:05	
	Terry Icke	CC Weymouth	MVH	00:57:06	
Fastest Woman Vet in Age	Name	Club	Cat	Time	
Bands WVA - WVF WCA	Carrie Brookes	Blaydon CC	WVA	00:59:16	
Plaque	Karen Ledger	Ace Test Team	WVB	00:53:51	
	Andrea Parish	VeloSistas TT Team	WVC	00:57:40	
	Joanna Knight	Bristol South Cycling Club	WVD	01:02:37	
	Deborah Sheridan	Warwickshire Road Club	WVE	01:00:32	
	Diane Hynam	Bynea Cycling Club	WVF	01:12:48	
Greatest Improvement on last three seasons WCA Plaque	Carrie Brookes - E	Blaydon CC - 08:01			

National and Welsh Championships 2019

Distance	Date	Course Code	Organised by
10 Miles	Sunday 11 August	R10/17	Pontypool RCC - (Roger Wood)
25 Miles	Sunday 5 May	R25/3H	WCA - <u>www.realteam.co.uk - (</u> Martyn Heritage-Owen)
30 Miles	Sunday 7 July	R30/7	Welsh CA – <u>www.realteam.co.uk - (</u> Martyn Heritage-Owen)
50 Miles	Sunday 29 September	R50/1b	Welsh CA – <u>www.realteam.co.uk - (</u> Martyn Heritage-Owen)
100 Miles	Sunday 16 June	R100/9	Welsh CA - (Robin Field)
12 Hour	Sunday 1 September	R12/16	Welsh CA - (Robin Field)
Hill Climb	Sunday 13 October	RH10X	Welsh CA - (Robin Field)

MENS CHAMPIONSHIP

Pos	Name	Club	Cat	Time	IMP
1	Tom Ward	AeroLab Ward WheelZ	М	00:47:15	
2	Ioan Smallwood	Cardiff Ajax CC	М	00:47:53	
3	Andy Jackson	AeroCoach	MVA	00:48:04	
4	Liam Maybank	Twickenham CC	MVB	00:48:19	
5	Chris Gibbard	Bynea Cycling Club	М	00:48:20	
6	Jonathan Gates	Royal Air Force Cycling Association	MVA	00:48:26	
7	Samuel Wadsley	Primera-Teamjobs	М	00:48:51	00:00:10
8	Dan Evans	ASSOS Equipe UK	М	00:48:52	
9	Graham Kemp	Team Bottrill	MVA	00:49:08	00:02:37
10	Robert West	AeroCoach	MVA	00:49:12	
11	Joseph Dobson	Manchester Bicycle Club	М	00:49:20	
12	Lee Perrott	Cycle Specific	MVA	00:49:21	00:00:24
13	Mitch Russell	The Bike Bar	М	00:49:26	00:00:42
14	Keith Ainsworth	Sheffrec CC	MVE	00:49:41	
15	Paul Jones	Primera-Teamjobs	MVB	00:49:45	
16	Will Bevan	Ross on Wye & Dist CC	М	00:49:52	
17	Philip Tucker	Cycle Specific	М	00:50:00	00:00:34
17	Andy Davies	Cardiff Jif	М	00:50:00	
19	Julian Macbride	Team Kirkley Cycles	М	00:50:03	00:05:32
20	Greg Parker	Estrella Bikes	MVC	00:50:04	
21	Joshua Clark	Royal Navy & Royal Marines CA	М	00:50:37	00:00:40
22	James Garrett	Rugby Velo	М	00:50:39	00:00:21
23	John Osborn	Folkestone Velo Club	MVB	00:50:58	00:04:08
24	Rob Scott	City Cycle Couriers RT	М	00:51:05	00:00:59
25	Chris Ledger	Ace Test Team	MVD	00:51:20	
26	Kevin Baker	Andover Wheelers	М	00:51:44	00:01:48
27	Chris Jones	Bynea Cycling Club	MVB	00:51:49	

Pos	Name	Club	Cat	Time	IMP
28	Paul Hayward	Pontypool Road Cycling Club	MVB	00:52:01	00:01:21
29	Gary Flower	Acme Whs (Rhondda) CC	MVC	00:52:06	00:00:13
30	Michael Hill	Chester RC	М	00:52:19	
31	Lee Sanderson	Mid Devon CC	MVC	00:52:20	00:00:23
31	Tim May	PDQ Cycle Coaching	MVA	00:52:20	
33	Nev Martin	GS Metro	MVE	00:52:21	
34	Josh Coyne	Bpm Coaching	М	00:52:24	
35	Rod Hicks	Port Talbot Whs CC	MVC	00:52:34	
36	Tom Bowering	ActiveEdge Race Team	М	00:52:42	00:00:11
37	Dave Williams	Cycle Specific	MVB	00:52:48	
38	Steven Cottington	Bath Cycling Club	MVD	00:52:52	
39	Nathan Leaves	Cwmcarn Paragon Road Club	М	00:52:53	
40	Andrew Parnowski	City Cycle Couriers RT	MVB	00:52:54	00:00:21
41	Thomas Dye	Cardiff Ajax CC	M	00:53:08	
42	Guy Rees	Bynea Cycling Club	M	00:53:12	00:01:02
42	Matt Kuwertz	Southborough & Dist. Whs	MVA	00:53:12	
44	Leon Evans	Cardiff Ajax CC	MVB	00:53:25	
45	Michael Portlock	Merthyr CC	MVB	00:53:26	
46	David Medhurst	Cardiff Ajax CC	М	00:53:41	
47	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	MVC	00:53:42	
48	Felix Wilkinson	Velo Club Montpellier	М	00:53:54	
49	Max Lees	Leicestershire RC	М	00:53:57	
50	James Manson	Cardiff Triathletes	MVA	00:54:00	00:00:54
51	Mark Bradley	Bristol South Cycling Club	MVC	00:54:01	
52	Tommy Barlow	Clevedon & District Road Club	MVD	00:54:08	00:01:13
53	John Regan	Pembrokeshire Velo	MVC	00:54:18	
54	Jason Roberts	Cycle Specific	MVB	00:54:19	00:03:55
55	Colin Wallace	Merthyr CC	MVD	00:54:28	
56	Jac Lewis	Energy Cycling Club/Clwb Beicio Egni	М	00:54:29	
57	Lee Williams	North Hampshire RC	М	00:54:32	00:00:51
58	Gareth Jones	Clevedon & District Road Club	MVB	00:54:34	
58	Mark Sanders	Mid Devon CC	MVD	00:54:34	
60	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	MVC	00:54:45	00:01:09
61	Phil Willoughby	Towy Riders Cycle Club	М	00:55:09	
62	Edward Priddy	Solihull CC	MVD	00:55:20	
63	David Wilson-				
	Evans	Bynea Cycling Club	MVE	00:55:29	
64	Nigel Vuagniaux	Bath Cycling Club	MVD	00:55:37	00:01:51
65	David Evans	Team Echelon	MVE	00:55:54	
65	Jon Vickery	Cwmcarn Paragon Road Club	MVD	00:55:54	
67	Roy Carless	Swindon Road Club	MVC	00:55:56	00:01:51
67	Daniel Kempe	Bristol South Cycling Club	MVC	00:55:56	
69	Owain Roberts	CES Sport	М	00:55:57	
70	Robert Hughes	Rhondda Triathlon Club	MVD	00:56:00	
71	Tom Cox	Northover VT / Rudy Project / SCS	MVF	00:56:06	
72	Diccon Hill	Cardiff 100 Miles RCC	MVB	00:56:12	
73	Richard Coleman	Stourbridge Velo	MVF	00:56:18	

Pos	Name	Club	Cat	Time	IMP
74	Patrick Kelly	Velo Club Long Eaton	М	00:56:21	00:00:07
75	Christopher Bailey	Lyme Racing Club	MVD	00:56:36	
76	Chris Broad-Drake	Swindon Road Club	MVE	00:56:39	00:01:15
77	David Thomas	Rhondda Triathlon Club	MVA	00:56:43	
78	Jonathan Gall	Clevedon & District Road Club	MVC	00:56:44	00:00:53
79	John Aspell	PDQ Cycle Coaching	MVC	00:56:45	00:01:58
80	Andrew Curley	Warwickshire Road Club	MVD	00:56:48	00:00:16
81	Pete Harris	Andover Wheelers	MVC	00:56:54	
82	Terry Icke	CC Weymouth	MVH	00:57:06	
83	David Singleton	Acme Whs (Rhondda) CC	MVD	00:57:10	
84	Richard Llewellyn	Imperial Racing Team	MVB	00:57:17	00:01:10
85	Matt Robinson	Westbury Wheelers	MVA	00:57:29	
86	John Williams	Bynea Cycling Club	MVF	00:57:59	
87	Gareth Williams	Hereford & Dist Whs CC	М	00:58:02	
88	Les Thomas	Port Talbot Whs CC	MVD	00:58:03	00:01:34
89	lan Piper	Minehead Cycling Club	MVD	00:58:05	
90	Ricki Morgan	Team NBCC	М	00:58:13	
91	Philip Elliott	Liverpool Century RC	MVC	00:58:21	00:01:47
92	Marco Marletta	Cardiff Jif	MVC	00:58:32	
93	Steve Mountford	Solihull CC	MVD	00:58:39	
94	John French	Oxford City RC	MVF	00:58:58	
95	Paul Freegard	Chippenham & District Wheelers	MVE	00:59:15	
96	Warren Jackson	Congleton CC	MVB	00:59:20	
97	Andrew Clarke	North Shropshire Wheelers	MVD	01:00:05	
97	Stuart Evans	Port Talbot Whs CC	MVG	01:00:05	
99	Jeffrey Rees	Gower Riders Cycling Club	MVD	01:00:10	
100	Paul Stephens	Ross on Wye & Dist CC	MVC	01:00:35	
101	Roger Taylor	Frome and District Wheelers	MVG	01:01:07	
102	David Roe	Revo Racing	MVF	01:01:24	
103	John Shehan	Bynea Cycling Club	MVG	01:02:16	
104	Huw Morgan	Narberth Dynamos Cycling Club	MVC	01:02:47	
105	Brad Davies	Bynea Cycling Club	MVC	01:03:22	
106	Paul Rees	Bynea Cycling Club	MVC	01:03:48	
107	Simon Kinsey	Virtual Cycling Club	MVB	01:05:15	
	Richard Wilder	Sportzmad	MVB	DNF	
	Roger Wood	Pontypool Road Cycling Club	MVF	DNF	
	Michael Parker	TMG Horizon Cycling Team	MVC	DNF	
	Benjamin Gannon	St Helens CRC	MVA	DNS	
	Chris Henderson	Nottingham Clarion CC	MVC	DNS	
	Rich Long	Merthyr CC	М	DNS	
	Dominic Norcross	Team NBCC	MVA	DNS	
	G Davies-Jones	Abercynon Road Club	MVC	DNS	
	Mark Woolford	Team Swindon Cycles	MVC	DNS	
	Nicholas Forbes	Bynea Cycling Club	MVB	DNS	
	Colin Barrett	Tenby Aces CC	MVB	DNS	
	Andy Hoskins	Cardiff Jif	М	DNS	
	Scott Davies	Team Dimension Data	Μ	DNS	

WOMANS & JUNIOR CHAMPIONSHIPS

<u>Women</u>

No	Name	Club	Cat	LTS	Time	Imp
1	Stephanie Post	Team Bottrill	W	00:52:54	00:52:30	00:00:24
2	Alice Lethbridge	DRAG2ZERO	W	00:50:10	00:53:07	
3	Anna Morris	AeroLab Ward WheelZ	W	00:54:58	00:53:13	00:01:45
4	Karen Ledger	Ace Test Team	WVB	00:52:31	00:53:51	
5	Megan Dickerson	Bristol South Cycling Club	W	00:59:13	00:53:55	00:05:18
6	Pip Jenkins	Southborough & Dist. Whs	W	00:55:31	00:54:45	00:00:46
7	Caitlin Peters	Storey Racing	FJUN	00:56:16	00:55:16	00:01:00
8	Crystal Spearman	Born to Bike - Bridgtown Cycles	W	00:55:00	00:56:00	
9	Marianne Holt	Team Bottrill	W	00:58:03	00:56:15	00:01:48
10	Andrea Parish	VeloSistas TT Team	WVC	00:55:36	00:57:40	
11	Louisa Cooper	Bournemouth Jubilee Whs	W	00:57:27	00:58:11	
12	Emma Serjeant	Hafren CC	W	00:57:32	00:58:31	
13	Dena Ford	High Wycombe CC	WVC	00:57:26	00:58:44	
14	Carrie Brookes	Blaydon CC	WVA	01:07:17	00:59:16	00:08:01
15	Joanne Rea	Blaydon CC	W	01:02:00	00:59:30	00:02:30
16	Philippa Shubert	High Wycombe CC	W	01:02:12	01:00:24	00:01:48
17	Deborah Sheridan	Warwickshire Road Club	WVE	00:58:25	01:00:32	
18	Anita Saycell	Ystwyth CC	WVA	01:03:46	01:01:28	00:02:18
19	Joanna Knight	Bristol South Cycling Club	WVD	01:00:29	01:02:37	
20	Emma Bexson	Stratford Cycling Club	WVA	01:02:23	01:02:44	
21	Fenella Brown	Beacon Roads CC	WVC	01:05:56	01:03:12	00:02:44
	Diane Wilson-					
22	Evans	Bynea Cycling Club	WVD	01:01:21	01:03:49	
22	Caryl Williams-	Burnes Cueling Club		01.06.20	01.04.51	00.01.20
23	Ford	Bynea Cycling Club	WVA WVF	01:06:30 01:08:33	01:04:51 01:12:48	00:01:39
24	Diane Hynam	Bynea Cycling Club				
	Jessica Evans	ASSOS Equipe UK	WVA	N/A	DNS	
	Jo Buckland	PDQ Cycle Coaching	WVC	00:58:15	DNS	

Junior Women

No	Name	Club	Cat	LTS	Time	Imp
1	Caitlin Peters	Storey Racing	FJUN	00:56:16	00:55:16	00:01:00

<u>Junior Men</u>

No	Name	Club	Cat	LTS	Time	Imp
1	George Elliott	Innovation Racing	JUN	00:51:51	00:48:15	00:03:36
2	Thomas Day	Giant CC Halo Films	JUN	00:54:06	00:50:19	00:03:47
3	Fabien Large	NOPINZ	JUN	00:54:12	00:52:05	00:02:07
	Thomas					
4	Harrington	Abergavenny RC	JUN	00:57:10	00:53:54	00:03:16
		Salt and Sham Cycle				
5	Euan Taylor	Club	JUN	01:01:35	00:55:11	00:06:24
6	Morgan Lloyd	Cycle Specific	JUV	00:57:39	00:55:28	00:02:11
7	Joel Ackers	Innovation Racing	JUN	00:53:00	00:55:39	
8	Luke Protheroe	Abergavenny RC	JUN	00:59:50	00:56:12	00:03:38
9	lago Williams	Towy Riders Cycle Club	JUV	01:03:58	00:57:30	00:06:28

Team Championship

Pos	Club	Time
1	Cycle Specific	02:32:09
2	Bynea Cycling Club	02:33:21
3	Cardiff Ajax CC	02:34:26
4	Team Bottrill	02:37:53
5	Energy Cycling Club/Clwb Beicio Egni	02:42:56
6	Bristol South Cycling Club	02:43:52
7	Clevedon & District Road Club	02:45:26
8	Port Talbot Whs CC	02:50:42

<u>Vet A Men</u>

Pos	Name	Club	Cat	Time
1	Andy Jackson	AeroCoach	MVA	00:48:04
2	Jonathan Gates	Royal Air Force Cycling Association	MVA	00:48:26
3	Graham Kemp	Team Bottrill	MVA	00:49:08
4	Robert West	AeroCoach	MVA	00:49:12
5	Lee Perrott	Cycle Specific	MVA	00:49:21
6	Tim May	PDQ Cycle Coaching	MVA	00:52:20
7	Matt Kuwertz	Southborough & Dist. Whs	MVA	00:53:12
8	James Manson	Cardiff Triathletes	MVA	00:54:00
9	David Thomas	Rhondda Triathlon Club	MVA	00:56:43
10	Matt Robinson	Westbury Wheelers	MVA	00:57:29
11	Mark Leeming	PDQ Cycle Coaching	MVA	00:57:41
12	Robert Powell	Ogmore Valley Wheelers	MVA	00:59:18

<u>Vet B Men</u>

Pos	Name	Club	Cat	Time
1	Liam Maybank	Twickenham CC	MVB	00:48:19
2	Paul Jones	Primera-Teamjobs	MVB	00:49:45
3	John Osborn	Folkestone Velo Club	MVB	00:50:58
4	Chris Jones	Bynea Cycling Club	MVB	00:51:49
5	Paul Hayward	Pontypool Road Cycling Club	MVB	00:52:01
6	Dave Williams	Cycle Specific	MVB	00:52:48
7	Andrew Parnowski	City Cycle Couriers RT	MVB	00:52:54
8	Leon Evans	Cardiff Ajax CC	MVB	00:53:25
9	Michael Portlock	Merthyr CC	MVB	00:53:26
10	Jason Roberts	Cycle Specific	MVB	00:54:19
11	Gareth Jones	Clevedon & District Road Club	MVB	00:54:34
12	Diccon Hill	Cardiff 100 Miles RCC	MVB	00:56:12
13	Richard Llewellyn	Imperial Racing Team	MVB	00:57:17
14	Richard Leary	Bynea Cycling Club	MVB	00:57:51
15	Warren Jackson	Congleton CC	MVB	00:59:20
16	Simon Kinsey	Virtual Cycling Club	MVB	01:05:15

Vet C Men

Pos	Name	Club	Cat	Time
1	Greg Parker	Estrella Bikes	MVC	00:50:04
2	Gary Flower	Acme Whs (Rhondda) CC	MVC	00:52:06
3	Lee Sanderson	Mid Devon CC	MVC	00:52:20
4	Rod Hicks	Port Talbot Whs CC	MVC	00:52:34
5	Garry Ellis	Energy Cycling Club/Clwb Beicio Egni	MVC	00:53:42
6	Mark Bradley	Bristol South Cycling Club	MVC	00:54:01
7	John Regan	Pembrokeshire Velo	MVC	00:54:18
8	Alun Williams	Energy Cycling Club/Clwb Beicio Egni	MVC	00:54:45
9	Roy Carless	Swindon Road Club	MVC	00:55:56
9	Daniel Kempe	Bristol South Cycling Club	MVC	00:55:56
11	Jonathan Gall	Clevedon & District Road Club	MVC	00:56:44
12	John Aspell	PDQ Cycle Coaching	MVC	00:56:45
13	Pete Harris	Andover Wheelers	MVC	00:56:54
14	Philip Elliott	Liverpool Century RC	MVC	00:58:21
15	Marco Marletta	Cardiff Jif	MVC	00:58:32
16	Paul Stephens	Ross on Wye & Dist CC	MVC	01:00:35
17	Huw Morgan	Narberth Dynamos Cycling Club	MVC	01:02:47
18	Brad Davies	Bynea Cycling Club	MVC	01:03:22
19	Paul Rees	Bynea Cycling Club	MVC	01:03:48

<u>Vet D Men</u>

Pos	Name	Club	Cat	Time
1	Chris Ledger	Ace Test Team	MVD	00:51:20
2	Steven Cottington	Bath Cycling Club	MVD	00:52:52
3	Tommy Barlow	Clevedon & District Road Club	MVD	00:54:08
4	Colin Wallace	Merthyr CC	MVD	00:54:28
5	Mark Sanders	Mid Devon CC	MVD	00:54:34
6	Edward Priddy	Solihull CC	MVD	00:55:20
7	Nigel Vuagniaux	Bath Cycling Club	MVD	00:55:37
8	Jon Vickery	Cwmcarn Paragon Road Club	MVD	00:55:54
9	Robert Hughes	Rhondda Triathlon Club	MVD	00:56:00
10	Christopher Bailey	Lyme Racing Club	MVD	00:56:36
11	Andrew Curley	Warwickshire Road Club	MVD	00:56:48
12	David Singleton	Acme Whs (Rhondda) CC	MVD	00:57:10
13	Les Thomas	Port Talbot Whs CC	MVD	00:58:03
14	lan Piper	Minehead Cycling Club	MVD	00:58:05
15	Steve Mountford	Solihull CC	MVD	00:58:39
16	Andrew Clarke	North Shropshire Wheelers	MVD	01:00:05
17	Jeffrey Rees	Gower Riders Cycling Club	MVD	01:00:10
18	David Garrett	Rugby Velo	MVD	01:01:46

Vet E Men

Pos	Name	Club	Cat	Time
1	Keith Ainsworth	Sheffrec CC	MVE	00:49:41
2	Nev Martin	GS Metro	MVE	00:52:21
3	David Wilson-Evans	Bynea Cycling Club	MVE	00:55:29
4	David Evans	Team Echelon	MVE	00:55:54
5	Chris Broad-Drake	Swindon Road Club	MVE	00:56:39
6	James Davies	Cycle Specific	MVE	00:59:13
7	Paul Freegard	Chippenham & District Wheelers	MVE	00:59:15
8	Kevin Grant	Frome and District Wheelers	MVE	01:10:23

Vet F Men

Pos	Name	Club	Cat	Time
1	Tom Cox	Northover VT / Rudy Project / SCS	MVF	00:56:06
2	Richard Coleman	Stourbridge Velo	MVF	00:56:18
3	John Williams	Bynea Cycling Club	MVF	00:57:59
4	John French	Oxford City RC	MVF	00:58:58
5	Geoff Thomas	Rhondda Triathlon Club	MVF	00:59:27
6	David Roe	Revo Racing	MVF	01:01:24

<u>Vet G Men</u>

Pos	Name	Club	Cat	Time
1	Stuart Evans	Port Talbot Whs CC	MVG	01:00:05
2	Roger Taylor	Frome and District Wheelers	MVG	01:01:07
3	John Shehan	Bynea Cycling Club	MVG	01:02:16

<u>Vet H Men</u>

Pos	Name	Club	Cat	Time
1	Terry Icke	CC Weymouth	MVH	00:57:06
2	John Murphy	Gloucester City Cycling Club	MVH	01:06:15
3	John Howells	Corinium Cycle Club	MVH	01:16:02

Non-Championship – Overflow

No	Name	Club	Cat	LTS	Time	Imp
	James					
1	Greenaway	Exeter Whs CC	М	01:01:38	00:57:12	00:04:26
2	Mark Leeming	PDQ Cycle Coaching	MVA	01:00:06	00:57:41	00:02:25
3	Richard Leary	Bynea Cycling Club	MVB	N/A	00:57:51	
	Matthew					
4	Garfield	Cycle Specific	М	01:01:46	00:59:11	00:02:35
5	James Davies	Cycle Specific	MVE	01:00:35	00:59:13	00:01:22
6	Robert Powell	Ogmore Valley Wheelers	MVA	N/A	00:59:18	
7	Geoff Thomas	Rhondda Triathlon Club	MVF	01:03:23	00:59:27	00:03:56
8	David Garrett	Rugby Velo	MVD	01:04:40	01:01:46	00:02:54
9	John Murphy	Gloucester City Cycling Club	MVH	01:00:57	01:06:15	
10	Kevin Grant	Frome and District Wheelers	MVE	01:10:37	01:10:23	00:00:14
11	John Howells	Corinium Cycle Club	MVH	01:05:30	01:16:02	
	Craig Hopkins	Wyre Forest Cycle Racing Club	MVD	N/A	DNS	
	Harry Cowley	Chester RC	MVG	01:07:07	DNS	
	Graham Smith	Severn Road Club	MVC	01:03:37	DNS	
	Tony Harvey	Mid Shropshire Wheelers	MVD	01:00:12	DNS	