



Thanet Road Club

Presents

A 10 MILE TIME TRIAL

on

SATURDAY 8th June 2019 AT 06:30 Hrs on the Q10/30

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

The following prizes will be awarded

Men Fastest on Scratch

1 st	£20
2 nd	£10

Women Fastest on Scratch

1 st	£20
2 nd	£10

Fastest on Age Std.

1 st	£20
2 nd	£10

Fastest Team of 3 (Total Time

1 st	£30 (£10 each)
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Additional prize of £30 for new
course record

One prize per entrant (excluding team, course record).

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the Event Promoters, strongly advise you to wear a HARD SHELL HELMET which meets an internationally accepted standard. This is compulsory for Junior riders.

It is also recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use

Timekeepers

Start Christine Burrows, Thanet Road Club.

Finish Andy McCall, Thanet Road Club

Event Secretary

Michael Friend,
11 Quex View Road,
Birchington,
Kent,
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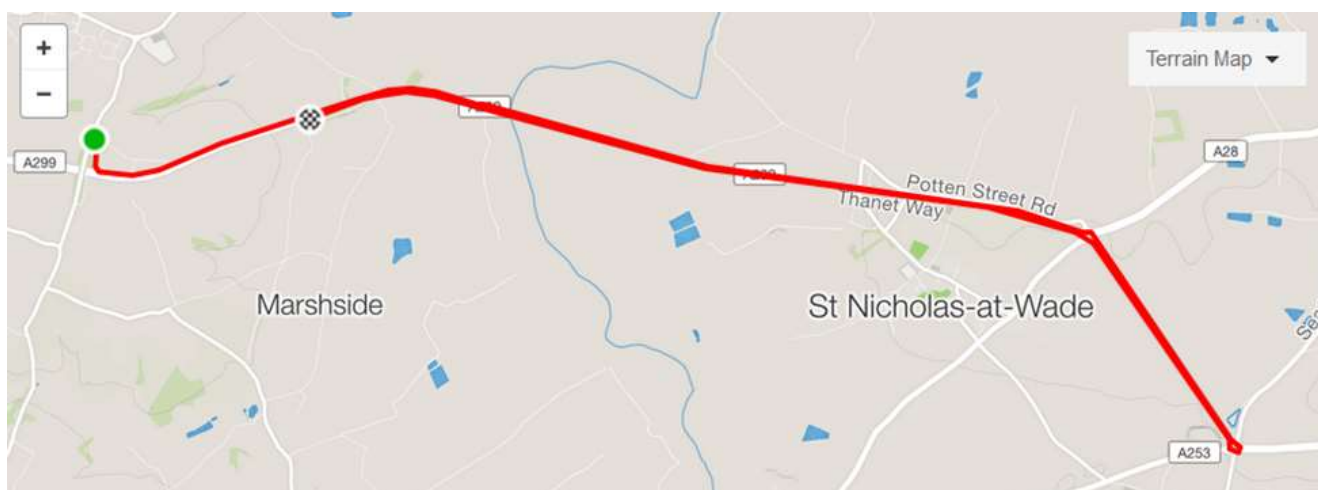
Q10/30 Course Details:-

Start at eastern end of 1st drain in May Street, just before entrance to Southern Water Services Depot. (TR208673). Proceed via service road to join A299, continue on A299 to St Nicholas at Wade RAB, take 3rd exit to Monkton RAB (5.472 miles). Turn and retrace A299 to finish west of the Roman Galley PH on slip road to Chislet, 4 yards before last LP FUV010 before turning left on slip road. (TR225676).

Course Records:- Men:- Graham O`Bree 18.27, Women:- Bronwen Ewing 21:43

The below is the Strava map of the course - <https://www.strava.com/segments/1707344>

Please ensure you are familiar with the course before riding



EVENT HEADQUARTERS:-

We will be using the Spires Academy in Bredlands Lane, Sturry. For satnav users the postcode is CT2 0HD. You cannot miss the new buildings. There are ample toilet and shower facilities.

Directions to Race HQ:-

From the **Thanet Way A229** leave at junction SP **Hillborough, Reculver, Hoath and Chislet..**

Turn left into **Sweechbridge Road**, left at T junction into **Heart in Hand Lane**. Follow this road for 4 miles then turn left into **Bredlands Lane** (Signed). The **Spires Academy** is 0.5 miles on the left.

Coming from **Canterbury** take the A28 towards Thanet. Pass through **Sturry** and take the first left after **Perry's Vauxhall Dealership** into **Bredlands Lane**. The new school is on the right.

Please allow at least 20 minutes to get to the start from the HQ. It is 4½ miles away.

To get to the start turn right out of the car park, down the hill to the T junction, turn right and continue for four miles to reach the start

After finishing proceed up the hill on the A299 for approx. 1 mile, turn off at sign for Reculver, then left at T junction to return to HQ.

No warming up on the course please once the event has started.

No U turns will be permitted on roads adjacent to the start and finish areas whilst the race is in progress.

PLEASE NOTE

For events starting in the morning no rider to use a turbo trainer or rollers in the HQ parking area or adjacent roads that are within 50 metres of a domestic property. Anyone failing to comply with this restriction risks disqualification.

A drink will be provided after the event in exchange for your race number. Numbers can be collected in the hall before the event. **All riders must sign the sheet provided when collecting and returning numbers.** Please ensure that you pin your number on your lower back as per CTT regulation 16 so that it is easily visible to the Timekeeper. A missed number could result in a DNF.

All riders should note that Event Safety Concern forms are available for those riders with comments and suggestions, which could significantly improve safety and to bring these to the attention of promoters. These forms can also be used to notify CTT of equipment failures.

Num	Start Time	Firstname	Lastname	Club	Cat	Std	Time	+/-
1	6:31	Paul	Kirkness	Thanet RC	MV	27:13		
2	6:32	Christopher	Bax	PMR	MV	27:30		
3	6:33	Andy	Burrows	Thanet RC	MV	30:13		
4	6:34	Paul	Kelk	Thanet RC	MV	26:58		
5	6:35	Theo	Tadros	TrainSharp	MJ			
6	6:36	Peter	Huckstep	Thanet RC	MV	27:39		
7	6:37	Malcolm	Adams	De Laune CC	MV	31:22		
8	6:38	Paul Simon	Griffiths	Thanet RC	MV	26:22		
9	6:39	Shay	Giles	VC Elan - Harry Perry Cycles	MV	29:45		
10	6:40	Martin	Jones	Colour Tech RT	MV	26:40		
11	6:41	Simon	Charles	Thanet RC	MV	26:45		
12	6:42	Andy	Heather	Deal Tri	MS			
13	6:43	Grant	Cousins	Thanet RC	MS			
14	6:44	Gary	Ricks	Woolwich CC	MV	26:45		
15	6:45	Stephen	Tierney	Team Bottrill	MV	26:45		
16	6:46	Mike	Perry	Thanet RC	MV	29:45		
17	6:47	Robert	Philbrook	Wigmore CC	MV	26:45		
18	6:48	Graham	Strugnell	Kassei CC TeknoFuel	MV	29:09		
19	6:49	Rob	Milnes	Thanet RC	MS			
20	6:50	John	Osborn	Folkestone Velo Club	MV	26:40		
21	6:51	Andy	Macpherson	VC Deal	MV	26:58		
22	6:52	Colin	Robinson	Thanet RC	MV	26:58		
23	6:53	Neal	Watson	7Oaks Tri Club	MV	26:54		
24	6:54	Nick	Elson	Wildcats CC	MS			
25	6:55	Bill	Hawkes	Thanet RC	MV	26:54		
26	6:56	Charmaine	Pullen	Folkestone Velo Club	FV	29:01		
27	6:57	Mark	Thomas	Bigfoot CC	MV	26:17		
28	6:58	Jim	O'leary	GS Avanti	MV	26:52		
29	6:59	Gary	Pullen	Folkestone Velo Club	MV	26:40		
30	7:00	Alex	Pearson	Wildcats CC	MV	26:17		
31	7:01	Matt	Nunn	Medway Velo Club	MS			
32	7:02	Tracy	Wilkinson-begg	Folkestone Velo Club	FV	29:16		
33	7:03	Mark	Doxey	Abellio - SFA Racing Team	MV	26:49		
34	7:04	Susan	Walbrook	Folkestone Velo Club	FV	27:42		
35	7:05	Dean	Chapman	Ashford Road CC	MS			
36	7:06	Sarah-anne	Lucas	Folkestone Velo Club	FV	29:01		
37	7:07	David	Barnes	Gravesend CC	MV	26:52		
38	7:08	Neil	Gerrard	Folkestone Velo Club	MS			
39	7:09	Steve	Jezzard	PMR	MV	26:17		
40	7:10	Emma	Lewis	The Independent Pedaler	FS			
41	7:11	Natasha	Jarman	Southborough & Dist. Whs	FS			
42	7:12	Danny	Frost	Folkestone Velo Club	MV	26:12		
43	7:13	Marcus	Boret	Abellio - SFA Racing Team	MV	26:03		
44	7:14	Antony	Bee	Wigmore CC	MV	26:12		

Num	Start Time	Firstname	Lastname	Club	Cat	Std	Time	+/-
45	7:15	Pete	Elms	Colour Tech RT	MV	26:54		
46	7:16	Tom	Morton	PMR	MV	27:06		
47	7:17	Martin	Foord	Abellio - SFA Racing Team	MV	26:22		
48	7:18	Sally	Smith	Medway Velo Club	FS	00:00		
49	7:19	Keith	Brown	Southborough & Dist. Whs	MV	26:36		
50	7:20	Nicholas	Fennell	Thanet RC	MS			
51	7:21	Debbie	Percival	Kent Velo Girls/Boys	FV	29:43		
52	7:22	Mark	Hill	VeloRefined.com Aerosmiths	MV	26:54		
53	7:23	Gary	Grayland	CC Bexley	MV	26:07		
54	7:24	Peter	Tadros	TrainSharp	MV	26:40		
55	7:25	Christopher	Fennell	The Independent Pedaler	MS			