



# **TOMMY BARLOW MEMORIAL**

## **Open Hilly Time Trial**

# **2019**

**Sunday, 9<sup>th</sup> June**

Headquarters

Warslow Village Hall  
Cheadle Road  
Warslow  
Derbyshire  
SK17 0JJ

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Course: **J8/25**

Event Sec : Tom Goldthorpe –  
goldthorpe.tom@gmail.com  
07514 273656

Timekeepers: Mr. I. Ross and Mr. G. Lawrence

Start: On the B5058 by Warslow Church, opposite the HQ

Event HQ: Warslow Village Hall, Post Code: SK17 0JJ  
HQ open from 11:00am

Prize Values & Awards

Category	First	Second	Third
Men	£50	£25	£10
Ladies	£50	£25	£10
Standard Road Bike	£30	£20	£10
Team of 3	£10 each		

## Tommy Barlow Memorial Trophy

to be presented to the overall winner

This Trophy perpetuates the memory of a Past President and long serving Officer of the Club who joined in 1913 and died in 1981. Trophy held for one year  
Presented at the annual Club Prize Presentation evening

Rider Instructions: Numbers will be available at the HQ. You must sign on when collecting your number. Pin rear number low down. Riders must also sign out when leaving numbers.

Directions to Start: The start is directly outside the HQ on the opposite side of the B5053.

Warm-Up: Riders are requested not to use the B5053 to warm up as this could interfere with competing riders. We recommend using Leek Road, between Warslow and The Mermaid.

Please: Only the Timekeepers' cars at the Start and Finish.

Parking at the HQ is limited, please be considerate and leave the spaces for race officials.

**Please do not park on the B5053 to avoid obstructing riders on the course.**

We recommend parking on Leek Road between Warslow and the Mermaid.

Please avoid warming up on stationary bikes directly outside any houses, or obstructing the footpath.

Course J8/25

Start: On the B5053 adjacent to a wooden seat set in the Warslow church wall opposite Warslow Village Hall.

Proceed towards Longnor:-

Longnor [4.2 miles]

Left at the Horseshoe Public House to:-

Royal Cottage [8.4 miles]

Left on the A53 after approximately 80 yards left again along 'Morridge' following the road alignment at all junctions past the Mermaid Holiday Cottage, (formally Mermaid Public House) and past the view point to a black sign marked:-

Alternative route HGV's [12.0 miles]

Left and continue along 'Morridge' to the:-

Junction with B5053 [16.1 miles] Signed Warslow 6 miles,

SHARP left along the B5053 to:-

Finish [20.6 miles] At a field gate just before Warslow Village Hall.

Notes Take care on the descents on the B5053 before and after Onecote.

Warnings:

Care at road junctions: Riders must exercise caution at all junctions. **Any competitor who's riding line causes her/him to cross the central white line into a lane for on-coming traffic, when approaching or leaving a junction, may be disqualified from the event, and will be reported to the District Committee for potential further disciplinary action.**

A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this maneuver will be regarded as a contravention of regulation 47(i), (iii), (v).

**Riders must not perform U turns in the vicinity of the start or finish of the event.** Riders observed performing U turns will be reported to the District Committee who will consider disciplinary proceedings.

IN THE INTERESTS OF YOUR OWN SAFETY,  
Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard.  
In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

## Doping Control

This event may be subject to a Doping Control.

**It is your responsibility to check.**

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control.

Race numbers required for Doping Control will be displayed at the HQ at the sign on / sign out table.

If your number is displayed you should report immediately to Doping Control which will be nearby.

Remember, it is up to you to check and ensure that you comply



No.	START TIME	FIRST NAME	LAST NAME	CLUB	GENDER	AGE
3	13:03	Jan	SCOTCHFORD	North Lancashire Road Club	Female (V)	52
4	13:04	Katie	TOFT	Storey Racing	Female (C1)	26
5	13:05	Jayne	DICKENS	Pro Vision Cycle Clothing	Female (V)	50
6	13:06	Sally	MAITLAND	Peak Road Club	Female (V)	51
7	13:07	Ruth	GAMWELL	Macclesfield Wheelers	Female (V)	44
8	13:08	Yasmin	MARKS	Beeston Cycling Club	Female (S)	27
9	13:09	Karolina	KUCHAREK	Ilkeston Cycle Club	Female (V)	40
10	13:10	Monica	DEW	Storey Racing	Female (Esp)	21
15	13:15	Andy	ASHURST	Manchester Wheelers	Male (V)	54
16	13:16	Tony	GRASSBY	Peak Road Club	Male (V)	52
17	13:17	Lachlan	HACKER	Giant Halifax Race Team	Male (J)	16
18	13:18	Marcus	ABBOTTS	Audlem Cycling Club	Male (V)	53
19	13:19	Mark	BOOTH	Macclesfield Wheelers	Male (V)	51
20	13:20	Alastair	RIBBANDS	Manchester Wheelers	Male (S)	35
21	13:21	Ian	HOLBROOK	Stone Wheelers CC	Male (V)	50
22	13:22	Rob	WILD	Velo Club Long Eaton	Male (S)	36
23	13:23	Oliver	SMYTH	Macclesfield Wheelers	Male (Jv)	15
24	13:24	Josh	DICKSON	Chorlton Velo	Male (S)	29
25	13:25	Simon	BRIDGE	Manchester Bicycle Club	Male (V)	48
26	13:26	Bhima	BOWDEN	Macclesfield Wheelers	Male (S)	31
27	13:27	Martin	HARNEY	Manchester Bicycle Club	Male (V)	56
28	13:28	Liam	ABBOTTS	Audlem Cycling Club	Male (Esp)	20
29	13:29	David	CURTIS	Rutland Cycling Club	Male (V)	54
30	13:30	Chris	MYHILL	Peak Road Club	Male (V)	52
31	13:31	Saymon	MUSSIE	Manchester Wheelers	Male (Esp)	21
32	13:32	Matt	LAWTON	Macclesfield Wheelers	Male (S)	38
33	13:33	Joseph	MOLYNEAUX	Leek CC - Den Engel Belgian Bar	Male (S)	26
34	13:34	James	RUSSELL	Macclesfield Wheelers	Male (V)	57
35	13:35	Kevin	WHITE	Matlock CC	Male (V)	50
36	13:36	Tom	PICKERING	Manchester Triathlon Club	Male (S)	27
37	13:37	Christian	FOX	B38/Cycles In Motion	Male (V)	46
38	13:38	Adrian	DERBYSHIRE	Leek CC - Den Engel Belgian Bar	Male (V)	47
39	13:39	Anthony	LOCK	Rapha Cycling Club	Male (S)	26
40	13:40	Gavin	McCLOSKEY-LAMBERT	Manchester Wheelers	Male (S)	30
41	13:41	Jimmy	FROGGATT	SKCC	Male (V)	50
42	13:42	Rick	BAILEY	B38/Cycles In Motion	Male (S)	31
43	13:43	Jamie	HEEDS	Macclesfield Wheelers	Male (V)	42
44	13:44	Carl	TELFORD	Manchester Bicycle Club	Male (V)	61
45	13:45	Sam	CLARK	Buxton CC/Sett Valley Cycles	Male (S)	39

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46	13:46	Paul	ARMSTRONG	B38/Cycles In Motion	Male (S)	34
47	13:47	Simon	HOLDEN	Macclesfield Wheelers	Male (V)	40
48	13:48	Chris	WILCOX	Lyme Racing Club	Male (V)	56
49	13:49	Andrew	GRACE	Crewe Clarion Wheelers	Male (V)	63
50	13:50	Alexander	ROYLE	Manchester Bicycle Club	Male (S)	25

