



# East Sussex Cycling Association

2019 President Clive Jackson – Central Sussex CC

ESCA 50m Time Trial – Sunday 16th June 2019 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 Mile Championship



## Start Sheet

**Event Secretary**      **Mark Gidney** (Southborough & District Wheelers CC)  
28 Chantlers Mead, Cowden, Kent TN8 7HU  
**Tel:** 01342 851 255      **Mob:** 07775 024 661      **Email:** markgidney2002@hotmail.com

**Timekeeper**      **Mr Paul Tunnell** (Addiscombe CC)

### General Information

#### Event HQ

East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 6am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

#### Car Parking

There is limited parking in the Sports Pavilion car park, when full please park sensibly on London Road – pavilion side only.

#### Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

#### Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

#### Start

The start is less than a mile from the Sports Pavilion. Proceed out of the car park turn right and continue to South Street.

#### Signing Out

Please note that all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

#### VTTA (Surrey & Sussex) Group 50 mile Championship Awards

**Awards:** Only members of the VTTA (Surrey & Sussex) Group (\*) as shown on the order of start are eligible for these awards which will be presented at the group's annual prize presentation lunch.

#### ESCA Open Event Awards

##### Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

##### Fastest Lady

First	£30.00
Second	£25.00

##### Fastest Age Category

not winning another individual prize

Under 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

##### Fastest Team of 3

First	£15.00 each
Second	£10.00 each

#### VTTA Surrey/Sussex Awards

##### Highest Vet on Std

Aldershot Cup and Gilt Medal for the highest Surrey/Sussex group member plus on standard

##### Team of 3 on Std

Gilt Medal each for Surrey/Sussex group team of 3 with highest aggregate plus on standard

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## This is a qualifying event for

**ESCA Points Competition** Overall, 30 points for 1st place down to 1 point for 30th place and Ladies 10 points for 1st place down to 1 point for 10th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies** The fastest rider from an ESCA affiliated club will be awarded the 50m Cup, and fastest Lady the Ladies 50m Cup. The fastest team of three riders from an ESCA affiliated club will also be awarded the 50m Team Cup at the annual prize presentation.

**ESCA BAR** Qualifying event for the Senior, Veteran, Women and Women Veteran BAR competitions.

**BBAR:** Qualifying event for the British Best All Rounder competition.

**Sussex SPOCO** Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

## Course Details

### G50/90 – East Hoathly - Lower Dicker - Maresfield - Boship - Batts Bridge - East Hoathly - A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses.

These course details can be viewed or downloaded from the SCA website <http://www.sussexca.org.uk/g5090.html>

OS Ref	Course G50/90	Distance
TQ517156	<b>START</b> in South Street, East Hoathly, at red paint mark at drain 28 yards before T junction with A22 East Hoathly by-pass	00.00m
TQ572112	<b>LEFT</b> and follow A22 through Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	04.90m
TQ511165	<b>4th exit</b> to retrace through Golden Cross and Whitesmith to The Shaw RBT	10.45m
TQ468231	<b>LEFT 1st exit</b> and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. <b>Straight on 2nd exit</b> and follow A22 via Copwood RBT to Black Down RBT	16.22m
TQ462253	<b>LEFT 1st exit</b> and follow Maresfield by-pass via Batts Bridge RBT to Lampool RBT where <b>TURN</b> (Check)	18.03m
TQ471235	<b>3rd exit</b> to retrace to Black Down RBT. <b>RIGHT 2nd exit</b> and follow A22 via Copwood, Little Horsted, Golf Course and Halland RBTs to The Shaw RBT	25.63m
TQ572112	<b>RIGHT 2nd exit</b> and continue on A22 via Whitesmith and Golden Cross to Boship RBT where <b>TURN</b> (Check)	31.19m
TQ511165	<b>4th exit</b> to retrace on A22 to The Shaw RBT	36.74m
TQ459238	<b>LEFT 1st exit</b> and follow A22 via Halland, Golf Course, Little Horsted, Copwood and Black Down RBTs to Batts Bridge RBT where <b>TURN</b> (Check)	43.30m
TQ510165	<b>4th exit</b> to retrace on A22 to The Shaw RBT. <b>Straight on 1st exit</b> for 176 yards to <b>FINISH</b> at red paint mark on curb opposite power pole and two drains on south side of road	50.00m



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## Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note competitors must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must return their race number and sign the official signing out sheet. A rider who fails to so sign the official signing out sheet shall be recorded as DNF.



## Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>
<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>

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# Order of Start

Race No	Start Time	Name	Club	Cat	Age	VTTA Std
1	06:01	No Rider				
2	06:02	No Rider				
3	06:03	Paul Hulse	Brighton Mitre CC	V	56	2:21:59
4	06:04	Robert Royle-Evatt (*)	Addiscombe CC	V	51	2:19:51
5	06:05	Douglas Mactaggart	Mid Sussex Triathlon Club	V	51	2:19:51
6	06:06	Steve Grout	Epsom CC	V	57	2:22:27
7	06:07	Chris Parker	Hastings & St. Leonards CC	V	63	2:25:40
8	06:08	Vincent Busk	Lewes Wanderers CC	V	68	2:29:14
9	06:09	Rob O'Loughlin	7Oaks Tri Club	S	28	-
10	06:10	Gavin Richards	Lewes Wanderers CC	V	48	2:18:38
11	06:11	Ben Cumpstone	Brighton Mitre CC	V	49	2:19:03
12	06:12	John Mankelow	Lewes Wanderers CC	V	71	2:31:55
13	06:13	Nathan Russell	trainSharp	S	30	-
14	06:14	Michael Valks (*)	Lewes Wanderers CC	V	48	2:18:38
15	06:15	Russell Thorne-Jones	Crawley Wheelers	V	46	2:17:49
16	06:16	Sally Turner	trainSharp	WS	39	-
17	06:17	Clair Hunt	Crawley Wheelers	WV	45	2:29:05
18	06:18	Anita Turner	Eastbourne Rovers CC	WV	48	2:30:27
19	06:19	Mandy Border	Crawley Wheelers	WV	42	2:27:36
20	06:20	Lisa Davis	trainSharp	WV	44	2:28:36
21	06:21	James Ryan	Team ASL	V	42	2:16:05
22	06:22	Peter Owen	Norwood Paragon CC	V	58	2:22:55
23	06:23	Martin Shoesmith	Crawley Wheelers	V	54	2:21:06
24	06:24	Mik Onions	Brighton Mitre CC	V	42	2:16:05
25	06:25	Gunter Eifler	Mid Sussex Triathlon Club	V	42	2:16:05
26	06:26	David Phillips (*)	Old Portlians CC	V	64	2:26:18
27	06:27	James Cheeseman	N+1 - Lindfield Coffee Works	S	33	-
28	06:28	Jez Parsons	Brighton Excelsior CC	V	53	2:20:40
29	06:29	Sam Fuller	7Oaks Tri Club	S	28	-
30	06:30	Neil Giles	Mid Sussex Triathlon Club	V	45	2:17:24
31	06:31	John Marinko (*)	Brighton Mitre CC	V	54	2:21:06
32	06:32	Mark Edwards	Eastbourne Rovers CC	V	45	2:17:24
33	06:33	Donald Parker (*)	Brighton Mitre CC	V	70	2:30:58
34	06:34	Adam Rogers	Eastbourne Rovers CC	V	44	2:16:59
35	06:35	Will Reeder	trainSharp	S	30	-
36	06:36	Robert Gilmour	Hounslow & District Whs	V	67	2:28:26

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37	06:37	Dan Pullen	N+1 - Lindfield Coffee Works	V	43	2:16:32
38	06:38	David Clark (*)	Eastbourne Rovers CC	V	50	2:19:27
39	06:39	Tom Hilder	trainSharp	S	30	-
40	06:40	David Clements (*)	Eastbourne Rovers CC	V	47	2:18:14
41	06:41	Peter Baker (*)	Lewes Wanderers CC	V	61	2:24:30
42	06:42	George Welfare	Eastbourne Rovers CC	S	34	-
43	06:43	Michael Davey	trainSharp	V	41	2:15:36
44	06:44	Brett Davis	Lewes Wanderers CC	V	46	2:17:49
45	06:45	Pete Morris	Team ASL	V	40	2:15:07
46	06:46	Marc Townsend	Eastbourne Rovers CC	S	38	-
47	06:47	Nick Dwyer (*)	Lewes Wanderers CC	V	55	2:21:32
48	06:48	Howard Shaw	trainSharp	S	33	-
49	06:49	Lawrence Wintergold	Hounslow & District Whs	V	54	2:21:06
50	06:50	Matthew Smith	Team ASL	S	35	-

(\*) – VTTA Surrey/Sussex Group member