



Open 10 Mile Time Trial
Saturday 15 June 2019 at 14:00
Course: H10/17R

The event is being run for and on behalf of Cycling Time Trials under their rules and regulations

Event Secretary

Claire Emons
Lorien, Tile Barn
Woolton Hill, Newbury
Berkshire RG20 9XE

Event Headquarters

Buckland Memorial Hall
Buckland
Faringdon
Oxfordshire SN7 8RB

Timekeepers: Maggie Smith (North Hampshire RC); Bob Lyle (Newbury RC)
Assistant Timekeeper Christina Demetriou (Reading CC)
Promoter: Claire Emons (Newbury RC): 07733 272826

SIGN ON

It is compulsory for all riders to sign on **AND sign out**. Numbers will be available at the event headquarters at Buckland Village Hall which will open from 12:30pm. Note that parking at the event HQ is limited so please park well in the car park and be respectful to locals within the village.

SAFETY

- Always give priority to traffic from your right when negotiating roundabouts.
- Signal clearly to other road users the course you intend to take.
- Safety - not your performance - is the first priority at all times.
- CTT regulations require competitors under 18 years of age to wear a helmet of hard/soft shell construction and recommends the use helmets by all other competitors.

COURSE DETAILS

H10/17R A420 Kingston Bagpuize to Tubney Wood and return (Revised July 2006)		
OS Ref	Description	Dist
371975	START at the corner of the lane from Hinton Waldrist about 5 yards south of the "Give Way" signs and in line with the north edge of the metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right.)	0
407986	Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 after the by-pass towards the next dual carriageway section in Tubney Wood	2.428
451007	On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to TURN around the roundabout and take the third exit to return westwards on A420	5.660
407986	Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420	8.899
389980	FINISH, still on the A420 dual carriageway bypass, beside the first drain in the layby, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yds east of the footpath steps in the middle of the layby and 537 yds short of crossroads.	10

NOTES: The A420 is a clearway and no parking is permitted on this road or on its verges. The course is a mixture of single and dual carriageway with traffic limited to 50 mph on all the single carriageway stretches.

District regulations applicable to all events

LWDC 4 No vehicles, except those of the timekeepers, shall be parked at the start or finish

LWDC 5 All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

PRIZES

NOTE ONE RIDER ONE PRIZE

Scratch Men: 1st: £40
 2nd: £30
 3rd: £20

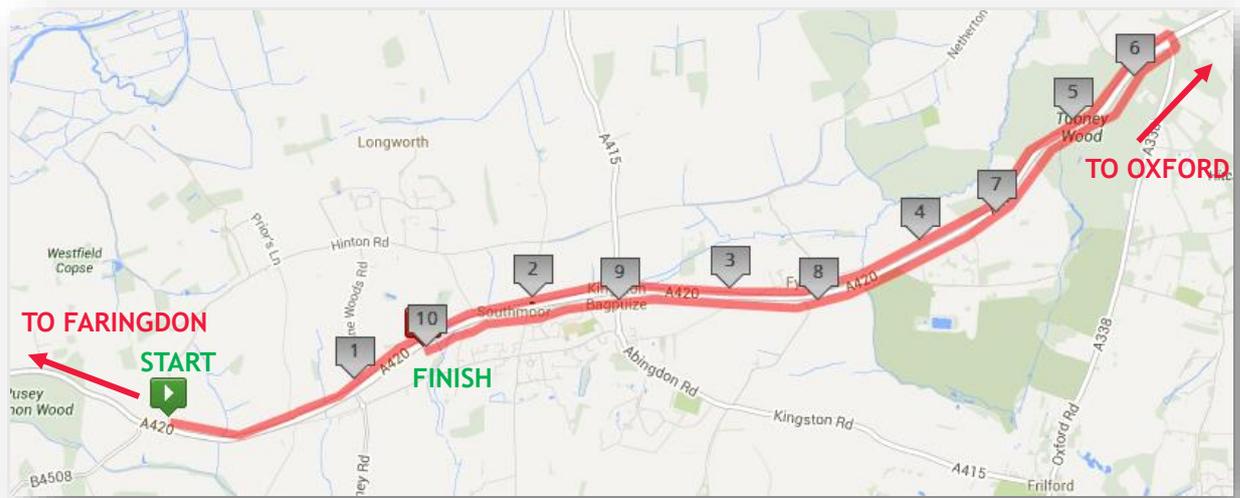
Scratch Ladies: 1st: £40
 2nd: £30
 3rd: £20

Vets on standard: 1st: £30
 2nd: £20
 3rd: £10

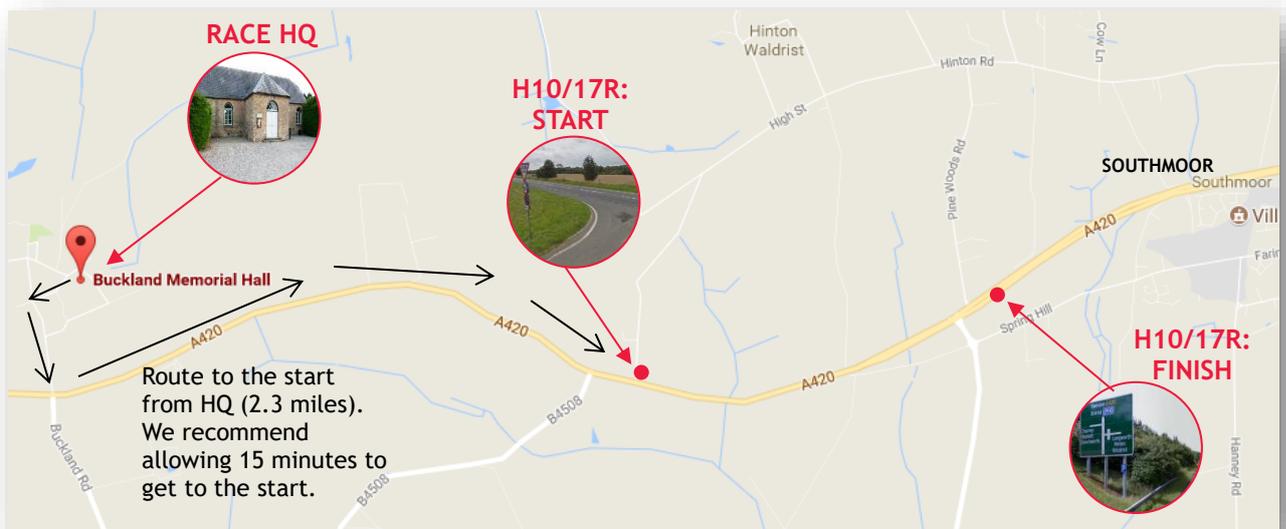
Team: 1st: £10 per rider

Please direct any enquiries prior to the day to Claire Emons on 07733 272826

COURSE MAP



HQ TO THE START



Getting to the start from HQ

Turn left out of HQ onto Orchard Road and when you get to Buckland Road (which leads to the A420) turn left. Follow the road to the junction with the A420 and turn left (CARE). Follow the A420 for approximately two miles until you get to the junction where the start is located (signposted Hinton Waldrist and Longworth). If you are early, you can ride up and down this minor road to stay warm.

Getting to the HQ from the race finish

After passing the finish, continue down the A420 and retrace the route you made to the start.

START SHEET

Start Time	No.	Name	Club	Vet Std
14:01	1	Graham Morrison	Newbury RC	26:31
14:02	2	Nick McCormick	Epsom CC	27:17
14:03	3	Sharon Scott	Swindon Road Club	29:21
14:04	4	Teresa Robbins	Reading CC	28:52
14:05	5	Susan Triplow	CC Sudbury	29:16
14:06	6	Emma Wardall	Tri Training Harder	
14:07	7	Jen Magill	Reading CC	28:36
14:08	8	Rachel Green	Cheltenham & County Cycling Club	29:43
14:09	9	Samantha Messenger	Bicester Millennium CC	28:52
14:10	10	Linda Dewhurst	Team Milton Keynes	30:02
14:11	11	Emma Angove	73 Degrees Bicycles, WestSide Coaching rt	
14:12	12	Charlotte Fisher	Swindon Wheelers	28:42
14:13	13	Andy Tucker	Banjo Cycles.com/Raceware/Specialized	26:36
14:14	14	Robert Joliffe	New Forest CC	28:21
14:15	15	Gareth Williams	Twickenham CC	27:03
14:16	16	Adrian Cox	Team Milton Keynes	27:28
14:17	17	Stuart Carver	North Hampshire RC	27:03
14:18	18	Jorj James	Maidenhead & District CC	27:03
14:19	19	Stephen Messenger	Bicester Millennium CC	26:49
14:20	20	Olly Wilkins	VeloVitesse/ALLCAP/James Barry/SiS	
14:21	21	Graham Giggs	Bath Road Club	26:02
14:22	22	Andrew Pollard	Cowley Road Condors CC	
14:23	23	Gerrard Rafferty	Bonito Squadra Corse	26:54
14:24	24	Chris Summers	Sotonia CC	28:30
14:25	25	Roderick Macfadyen	Reading CC	27:28
14:26	26	Alan Allcock	Didcot Phoenix CC	28:06
14:27	27	Pete Scott	Swindon Road Club	26:40
14:28	28	Kevin Hurley	Newbury RC	27:07
14:29	29	Bob Brabbins	Somerset Road Club	30:13
14:30	30	Peter Garnett	Swindon Road Club	26:45
14:31	31	Martin Attwood	Cowley Road Condors CC	
14:32	32	Darren Milligan	Abingdon Race Team	
14:33	33	Stewart House	Arctic Tacx RT	26:54
14:34	34	Andrew Grant	Chelmer CC	27:39
14:35	35	William Grainger	Andover Wheelers	26:17
14:36	36	Colin Barton	Worthing Excelsior CC	27:28
14:37	37	Robert Jones	Performance Cycles CC	26:17
14:38	38	Paul James	VTTA West Group	26:40
14:39	39	Les Gardner	Maidenhead & District CC	29:20
14:40	40	Mark Woolford	Team Swindon Cycles	27:03
14:41	41	Simon Drewett	Fairly United Cycling Team	26:58
14:42	42	Hans Nilsson	London Phoenix CC	27:59
14:43	43	John French	Oxford City RC	28:13
14:44	44	Steve Way	Wincanton Wheelers	27:45
14:45	45	Rob Vessey	Didcot Phoenix CC	27:45
14:46	46	Robin Short	Performance Cycles CC	26:17
14:47	47	Jeffrey Davis	Farnborough & Camberley CC	27:45
14:48	48	John Bourton	Bicester Millennium CC	28:21
14:49	49	Brian James	Brighton Mitre CC	35:04

Start Time	No.	Name	Club	Vet Std
14:50	50	Jon Simpkins	DRAG2ZERO	26:40
14:51	51	Tony Ball	Team Swift	26:49
14:52	52	David Wright	Cotswold Veldrijden	27:12
14:53	53	Chris Aitken	Thames Valley Triathletes	26:02
14:54	54	Nicholas Cosgreave	Farnborough & Camberley CC	27:45
14:55	55	Tim Cartwright	Newbury RC	26:02
14:56	56	Paul Welsby	DRAG2ZERO	26:58
14:57	57	Philip Porteous	High Wycombe CC	27:33
14:58	58	James Schofield	Cowley Road Condors CC	
14:59	59	Matt Fisher	Newbury RC	26:27