



## Round 4 of the Celtic Series

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PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRAILS UNDER THEIR RULES AND REGULATIONS

### Thursday 13<sup>th</sup> June 2019 - R10/17 – 19:17

Timekeepers – Start: Phyllis Harradine, Finish: Robin Field, Recorder: Frances Field

Pusher off: Martyn Heritage-Owen, Turn: Linda Jones

**EVENT SEC: Martyn Heritage-Owen 28 Clos Tyla Bach, St Mellons, Cardiff, CF3 0EJ**  
**Mobile: 0778 606 7819. Complaints should be made in writing to me within 24hrs.**

**Event Headquarters - St John's Ambulance Hall**  
**Fairfield Car Park Abergavenny (NP7 5SG) – open from 18:00**

RIDERS MUST SIGN ON FOR RACE NUMBERS AT HQ IN THE INTERESTS OF YOUR OWN SAFETY, CYCLING TIME TRAILS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD. IT IS A REGULATION OF THE CTT THAT ALL RIDERS UNDER THE AGE OF 18 OR JUNIORS AS DEFINED BY REG 9 SHOULD WEAR A HARD SHELL HELMET CONFORMING TO A SAFETY STANDARD IN ACCORDANCE WITH THE REGULATION 15 AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE. **Please do not use adhesive tape to affix your race number, use the pins provided.**

**REMEMBER to sign in and sign out after the race. Failure to do so will result in a disqualification. Signing in will be at the refreshment bar run by Sharon Preddy**

#### **Course Description R10/17 - A40 Hardwick - Raglan and return**

OS References: Sheet 161 - Start and finish 333100 Start at 1st drain cover in 3rd lay-by east of Hardwick rbt, Abergavenny, on A40, 25 yards east of Kilo post 97 and 400 yards east of bridge over road. Proceed on A40 to Raglan rbt (4.94 miles) and turn by circling rbt and retrace on A40 to finish at road joint 136 at western end of lay-by opposite start. District Regulation: No cars connected with riders are to travel on the A40 during the event. Competitors observed crossing the dual carriageway will be disqualified.

#### **Prize List:**

**Celtic Series Medals** in the following categories Men, Women, Junior, Juv and Male and Female Vets £20 cash prize for beating the Course record (Male or Female) or Competition record \* (incentive for our talented Junior and Juveniles). \* As per the CTT Handbook.

**Prizes presentation will be held at the end of the event.**

**Free tea or coffee on return of your number. Sharon Preddy Catering will be providing a selection of homemade cakes and rolls at reasonable prices.**

**Have a safe race - Martyn**

Have a safe ride and we hope to see you again at the other Realteam events:-  
Thu 27<sup>th</sup> June Celtic Series R5 (R10/17). Sun 21<sup>st</sup> July & Sun 18<sup>th</sup> August – R25/3H