

2019 NLTTA SENIOR 10 MILE TIME TRIAL CHAMPIONSHIPS

Organised on Behalf of the NLTTA by Beacon Wheelers

OPEN 10 MILE TIME TRIAL

Saturday 3rd August 2018 First Rider off at 14.00hrs

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

START SHEET

Timekeepers: Richard Abram, Keith Bickley, Tracey Moore

Event Secretary: Russell McLean 132 Scholars Green Wigton Cumbria Tel - 07836623266

Course - L108 – Tebay

START on the A685 road approximately half a mile west of the western link to Newbiggin-on Lune at a point at the west side of a concrete plinth approximately 25 yards west of a concreted area on a bridge over a small stream (Start is identified with a white mark on the road). Proceed west along the A685 to **TURN** by encircling the first traffic island at Tebay (5.1 miles). Retrace along the A685 to **FINISH** at a point approximately 0.2 miles short of the start point at a grate on the north side of the road identified with a white mark on the road. (10 miles)

EVENT HEADQUARTERS

Newbiggin on Lune Methodist Church CA17 4NT

1st on left as you enter village

Sign-on & Number collection / Number return & Sign Out

Risk assessment and result board and after race Refreshments will be located here.

Please Park considerately and do not annoy the residents by using turbo trainers / rollers in the vicinity of residential properties

Do not park in the village as there is further unlimited parking available on the opposite side of the A685 to the Village hall Please only park along one side of this road!

Please see overleaf for local regulations, prize list and rider list

I wish a safe and fast ride to all, please see additional prize list and start list below.

Rgds

Russell McLean

LOCAL CTT NORH DC REGULATIONS

The following local regulations have been approved by the CTT National Committee in accordance with Regulation 38.

Any breaches may lead to disciplinary action being taken.

Local reg No. 5: In all events, competitors prior to starting are not permitted to ride past the finish timekeeper during the duration of the event.

Local reg No. 6: Any competitor making a 'U' turn in the vicinity of the start or finish will be disqualified from the event.

Local reg No. 15: Riders must keep to the left hand side of the road except when overtaking. Failure to comply with the above may lead to disqualification.

Local Guidance

Riders must give their number at the finish and elsewhere on the course if requested.

Riders must NOT stand in the road at the start or finish. (This constitutes obstruction, and is a breach of regulations).

Riders must NOT ride with their heads down.

Riders must sign in & out failure to comply will result in disqualification from the results.

Helmets & Lights

All competitors under the age of 18 and/or Juniors must wear a HELMET of HARD/SOFT SHELL construction that conforms to a recognised standard (See regulation 15).

CTT strongly recommends ALL competitors wear such a helmet.

CTT recommends that a working rear light, either constant or flashing, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Prize Fund under CTT North DC local regulations

Income – 65 Riders @ £10 = £650 - CTT Levies = 65 x £4 = £260

Minimum Prize Fund – $(£650 - £260)/2 = £195$ - **Prize List = £220**

Prize	Values	Rider	Club	Time
Overall Male	Winner - £20			
	Runner Up - £15			
Overall Female	Winner - £20			
	Runner Up - £15			
Veterans £10 Each	V40			
	V50			
	V60			
	V65+			
Junior	Winner - £10			
Ability Awards £10 Each	A			
	B			
	C			
	D			
	E			
	F			
Team Prize £10 Each	Best team of two riders			
Improvement on PB £10 Each	Male			
	Female			
Total Prize Fund				£220

One Rider One Prize Rule

Prize Presentation Immediately after the event

No.	Start Time	Name	Club	Category	Vet	Group	PB
1	14:01	Julia Wardley-kershaw	St Ives CC	Espoir		F	25:55
2	14:02	Maggi Biggs	Team Bader Amputees	C4	V65+	F	25:26
3	14:03	Theresa Taylor	Ribble Valley Crossroads Care Cycling Team	Vet	V50	E	25:16
4	14:04	Esther Hamill	Dumfries CC	Vet	V40	E	25:13
5	14:05	Rachel Brown	Kendal Cycle Club	Senior		E	24:52
6	14:06	Nikola Matthews	Halifax Imperial Wheelers	Senior		D	23:47
7	14:07	Karen Bailey	East Lancashire RC	Vet	V40	D	23:45
8	14:08	Daisy Barnes	The Racing Chance Foundation	Espoir		D	23:00
9	14:09	Lindsey Styler	Croston Velo	Senior		C	22:50
10	14:10	Julie Mann	Transition Race Team	Vet	V40	C	22:35
11	14:11	Deborah Moss	Team Merlin	Vet	V40	B	21:37
12	14:12	Charlotte Boothman	ABC Centreville	Senior		B	21:04
13	14:13	Russell Mclean	Beacon Wheelers	Vet	V40	A	19:51
14	14:14	Peter Knott	Kent Valley RC	Vet	V65+	F	30:04
15	14:15	Brian Moore	The Tricycle Association North Western Region	Vet	V65+	F	29:51
16	14:16	Simon Bullock	Kendal Cycle Club	Vet	V40	F	26:27
17	14:17	Gordon Johnston	Team Terminator	Vet	V65+	F	26:13
18	14:18	John Leach	Rosendale RC	Vet	V65+	E	25:16
19	14:19	Harvey Stroh	Team SB Hub	Junior		E	24:09
20	14:20	Nick Higginson	Cleveleys Road Club	Senior		E	23:54
21	14:21	Brian Morrell	Dumfries CC	Vet	V50	E	23:33
22	14:22	Mark Goodchild	Preston CC	Vet	V50	E	23:26
23	14:23	Bill Sedgwick	Southport CC	Vet	V65+	E	23:25
24	14:24	Martin Coopland	Condor RC	Vet	V50	E	23:20
25	14:25	Phil Wright	Hartlepool CC	Vet	V65+	E	22:53
26	14:26	Bill Maxwell	Border City Whs CC	Vet	V65+	E	22:51
27	14:27	Craig Wilson	Nelson Whs CC	Vet	V50	D	22:46
28	14:28	Julian Cook	Velo Club Cumbria	Vet	V40	D	22:45
29	14:29	Denis Thompson	West Pennine Road Club	Vet	V65+	D	22:38
30	14:30	Adam Harris	Abergavenny RC	Junior		D	22:21
31	14:31	Mark Snape	Fietsen Tempo	Vet	V50	D	22:12
32	14:32	Stephen Makin	Falkirk B C	Vet	V40	D	22:08
33	14:33	Danny McCabe	Garstang CC	Vet	V50	D	22:05
34	14:34	Daniel Styler	Croston Velo	Senior		D	22:00

No.	Start Time	Name	Club	Category	Vet	Group	PB
35	14:35	John Huggon	Ribble Valley C&RC	Vet	V60	D	21:56
36	14:36	Mark Hulme	West Pennine Road Club	Vet	V50	D	21:49
37	14:37	Stuart Timmins	North Lancashire Road Club	Vet	V60	D	21:49
38	14:38	Graham Balshaw	Team ASL-Bolton	Vet	V50	D	21:46
39	14:39	David Mcneill	All Terrain Cycles	Senior		C	21:37
40	14:40	Richard Tyson	Rock to Roll CC	Vet	V50	C	21:34
41	14:41	Stephen Wilkinson	Nelson Whs CC	Vet	V50	C	21:32
42	14:42	Dan Kendall	Rock to Roll CC	Senior		C	21:29
43	14:43	Peter Leonard	Southport CC	Vet	V65+	C	21:28
44	14:44	Sean Quinn	Law Wheelers	Vet	V40	C	21:26
45	14:45	Kenneth Brown	Velo Club Cumbria	Senior		C	21:24
46	14:46	Roy Nield	Lancashire RC	Vet	V50	C	21:10
47	14:47	Richard Durham	Settle Wheelers	Vet	V65+	C	21:08
48	14:48	Mervyn Wilson	North Lancashire Road Club	Vet	V65+	C	21:07
49	14:49	Mike Dalton	Stockton Wheelers CC	Senior		B	21:07
50	14:50	Sandy Waller	Edinburgh Road Club	Senior		B	21:01
51	14:51	David Bigio	Croston Velo	Senior		B	21:00
52	14:52	Tom Roper	Liverpool University Cycling Club	Espoir		B	20:59
53	14:53	Colin Stevenson	Hawick Cycling Club	Senior		B	20:38
54	14:54	Jason Bateman	Team Bottrill	Vet	V40	B	20:24
55	14:55	Tristan Pilling	Team SB Hub	Junior		B	20:18
56	14:56	Andrew Askwith	Vive Le Velo	Vet	V50	B	20:11
57	14:57	Russ Richardson	Teesdale CRC	Vet	V60	B	20:01
58	14:58	Gary Hunt	Hartlepool CC	Vet	V50	A	20:00
59	14:59	Paul Braithwaite	Pendle Forest CC	Vet	V40	A	19:37
60	15:00	Gray Walker	VTTA (North)	Vet	V40	A	19:22
61	15:01	David Beattie	Hawick Cycling Club	Senior		A	19:18
62	15:02	Craig Horseman	Beacon Wheelers	Vet	V40	A	19:13
63	15:03	Liam Beaty	Hawick Cycling Club	Senior		A	19:00
64	15:04	Dan Taylor	Coveryourcar.co.uk RT Fitted and Tailored Car Covers	Vet	V40	A	18:57
65	15:05	Philip Jones	Transition Race Team	Senior		A	18:45