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Sussex Cyclists' Association

ESTABLISHED 1921

PRESIDENT - Mike Watson, Angmering CC

Open 10 miles Time Trial Saturday 24th August 2019

Course G10/45

Qualifying event for S.C.A. B.A.R., + S.C.A. SPOCO.

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

Course Records

	20:43	James Boyman	2018
Vets	22:09	Alex Napier	2016
Ladies:	26:11	Lisa Davis	2017
Juniors:	23:55	Jack Donaldson	2011
Juveniles	26:51	Jack Churchill	2015
Road Bikes	24:11	Colin McDermott	2017

Previous Winners

20:43	James Boyman	2018
20:45	James Boyman	2017
20:57	James Boyman	2016
22:54	Carl Ferri	2015
21:31	Chris McNamara	2014
22:09	Chris McNamara	2013
22:10	Steve Dennis	2012
21:46	Felix English	2011
22:39	Nicolas Hutchings	2010

Event Secretary

Robin Johnson, (Brighton Mitre CC),
7 Gorselands, Billingshurst, West Sussex RH14 9TT
Tel: 01403 783368
(or 07733 132043 on day of event)

Email: mr_rjohnson@outlook.com

Event HQ is

**LOXWOOD SPORTS ASSOCIATION PAVILION,
PLAISTOW ROAD,
LOXWOOD, WEST SUSSEX, RH14 0SX**

Open from 0900

Large car park at HQ.

Licensed bar available, before and after event.

Timekeepers

Thank you in advance for not wearing cycling shoes or cleats in the hall

Start: Mick Irons Worthing Excelsior CC
Finish: Lesley Donington Clarence Wheelers

Please pay attention to the following Safety Notes

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

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Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on, and after racing, sign back in when you return your number.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet

After the event please return your race number to the event HQ in exchange for tea or coffee.

Please note: No times will be given out at the finish

Warming up and to the start

Competitors are requested not to warm up on the course after the event has started.

HQ to Start: 1.76 miles

Finish to HQ: 1.99 miles

(if retracing – take care turning around)

Prizes

1 st	£20 + champagne (value £25)	1 st Veteran (40-44)
2 nd	£10 + wine, value £5.	and each 5 years: Wine, value £5.
3 rd	£5 + wine, value £5.	
4 th	Wine, value £5.	
1 st team	£10 + wine, value £5, each rider.	
2 nd team	Wine, value £5, each rider.	ROAD BIKES:
1 st Woman	£10 + wine, value £5.	1 st £10 + wine, value £5.
2 nd Woman	£5 + wine, value £5.	2 nd £5 + wine, value £5.
3 rd Woman	Wine, value £5.	3 rd Wine, value £5.

PLEASE NOTE

Prize Presentation

To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

Lottery Prizes

To be awarded at the prize presentation.

A bottle of wine, value £5, to each of the first three names drawn.

To be eligible, be present and be a finisher.

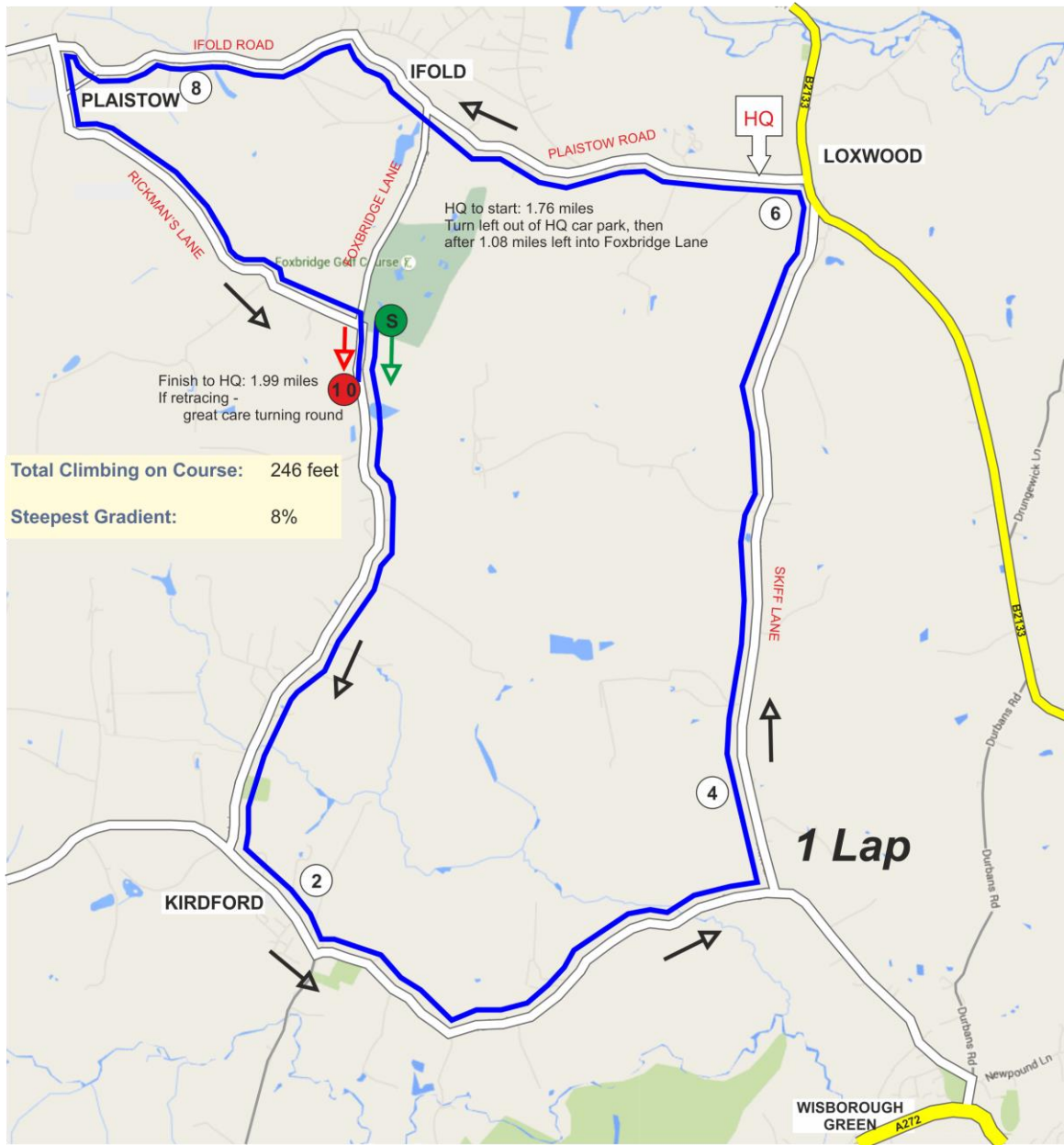
SUSSEX C.A. ANNUAL LUNCHEON + PRIZE PRESENTATION

Date: Sunday 24th November 2019

Time: 12:30

Venue: Dial Post Village Hall.

Cost: £12 to Robin Johnson not later than 20th November 2019..



OS REF (TQ)	COURSE DIRECTIONS – G10/45	MILES	
019297	START at southern end of Foxbridge Lane 5 yards from junction with Plaistow to Kirdford road	0.00	0.00
013271	LEFT at junction and proceed to T junction at western end of Kirdford	1.70	1.70
018266	LEFT and follow road through Kirdford village to T junction at eastern end of Kirdford	0.42	2.12
040269	LEFT and follow road round to the right past Barkfold Manor to junction with Skiff Lane (CHECK)	1.58	3.70
041303	LEFT and follow Skiff Lane via Gunshot Common to junction with B2133	2.14	5.84
041304	LEFT on B2133 to junction with Plaistow Road	0.07	5.91
004310	LEFT along Plaistow Road to Ifold. Continue, now in Loxwood Road to T junction in Plaistow (CHECK)	2.48	8.39
019297	LEFT along The Street, which becomes Rickman's Lane, and continue southeast to complete circuit at junction with Foxbridge Lane	1.38	9.77
019295	Continue south for 405 yards to FINISH 5 yards south of rectangular green sign "Costrong Fruit Farm and Nursery" on west side of road.	0.23	10.00

ORDER OF START:

	Start						Age
Bib	Time	Firstname	Lastname	Club	Gender	Category	On Day
1	10:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	71
2	10:02:00	Mandy	Border	Crawley Wheelers	Female	Veteran	42
3	10:03:00	Alan	Robinson	Central Sussex CC	Male	Veteran	78
4	10:04:00	Andrew	Green	Old Portlians CC	Male	Veteran	53
5	10:05:00	Eddie	Allen	Redmon CC	Male	Senior	26
6	10:06:00	Andy	Long	Epsom CC	Male	Veteran	54
7	10:07:00	Ben	Fielden	GS Stella	Male	Veteran	77
8	10:08:00	Gary	Holder	VTTA (Surrey/ Sussex)	Male	Veteran	54
9	10:09:00	Imogen	Gifford	trainSharp	Female	Junior	17
10	10:10:00	Stuart	Bettis	South Downs Bikes / Casco Pet	Male	Senior	34
11	10:11:00	Jack	Smith	Brighton Mitre CC	Male	Senior	27
12	10:12:00	John	Mcglashan	Redmon CC	Male	Veteran	68
13	10:13:00	Tim	Holmes	Brighton Excelsior CC	Male	Veteran	57
14	10:14:00	Dylan	Coyne	Balcombe Cycle Club	Male	Veteran	46
15	10:15:00	Howard	Bayley	Blazing Saddles	Male	Veteran	45
16	10:16:00	Simon	Arnold	Oxted Cycle Club	Male	Senior	26
17	10:17:00	Nick	Mccormick	Epsom CC	Male	Veteran	56
18	10:18:00	Lisa	Davis	trainSharp	Female	Veteran	44
19	10:19:00	Lara	Taylor	Velo Club Godalming & Haslemere	Female	Veteran	46
20	10:20:00	Simon	Mcnamara	South Downs Bikes / Casco Pet	Male	Veteran	44
21	10:21:00	Mark	Brambleby	Northover VT / Rudy Project / SCS	Male	Veteran	53
22	10:22:00	Andrew	Payne	Maidenhead & District CC	Male	Veteran	58
23	10:23:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	50
24	10:24:00	Andrew R	Green	Bec CC	Male	Veteran	44
25	10:25:00	Angus	Macinnes	Royal Air Force Cycling Association	Male	Veteran	54
26	10:26:00	Tom	Houghton	Brighton Excelsior CC	Male	Veteran	47
27	10:27:00	Marcus	Edwards	Kingston Phoenix RC	Male	Veteran	55
28	10:28:00	Matthew	Butler	Charlotteville Cycling Club	Male	Senior	25
29	10:29:00	Tom	Foot	Blazing Saddles	Male	Senior	33
30	10:30:00	Dan	Pullen	N+1 - Lindfield Coffee Works	Male	Veteran	44
31	10:31:00	Gareth	Williams	Twickenham CC	Male	Veteran	53
32	10:32:00	Marek	Shafer	Brighton Mitre CC	Male	Senior	37
33	10:33:00	Jennifer	George	Torelli	Female	Senior	36
34	10:34:00	Eva	Nyirenda	...a3crg	Female	Senior	34
35	10:35:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran	48
36	10:36:00	Brett	Davis	Lewes Wanderers CC	Male	Veteran	46
37	10:37:00	Andy	Tedd	South Downs Bikes / Casco Pet	Male	Veteran	52
38	10:38:00	Dan	Charleston	High Wycombe CC	Male	Veteran	46
39	10:39:00	Jez	Parsons	Brighton Excelsior CC	Male	Veteran	53
40	10:40:00	Kevin	Tye	VeloRefined.com Aerosmiths	Male	Veteran	57
41	10:41:00	Kevin	Nelson	Crawley Wheelers	Male	Senior	31
42	10:42:00	Fabien	Large	NOPINZ	Male	Junior	17
43	10:43:00	Adrian	Blacker	C and N Cycles RT	Male	Veteran	55
44	10:44:00	John	Franklin	Twickenham CC	Male	Senior	33
45	10:45:00	James	Boyman	Hoops Velo	Male	Senior	31

ORDER OF START, ROAD BIKES:

Bib	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
49	10:49:00	Barrie	Foster	Anerley BC	Male	Veteran	70
50	10:50:00	Matthew	Smith	Team ASL	Male	Senior	35
51	10:51:00	Paul	Newsome	Project 51 Hounslow & District	Male	Senior	32
52	10:52:00	Robert	Gilmour	Whs	Male	Veteran	68
53	10:53:00	Martin	Scofield	VTTA (Surrey/ Sussex)	Male	Veteran	59
54	10:54:00	Mark	Hancock	Anerley BC South Downs Bikes /	Male	Veteran	57
55	10:55:00	Paul	Barnard	Casco Pet N+1 - Lindfield Coffee	Male	Senior	34
56	10:56:00	Andrew	Stewart	Works	Male	Veteran	46
57	10:57:00	Robin	Harris	Clapham Chasers	Male	Veteran	52
58	10:58:00	Max	Brown	Thanet RC	Male	Juvenile	15
59	10:59:00	Roger	Hutchings	Lewes Wanderers CC	Male	Veteran	49
60	11:00:00	Dave	Dent	GS Stella	Male	Veteran	56

Entries up 12 on 2018.