



Veterans Time Trials Association

Founded in 1943 by E H Strevens

The National Time Trial Association for Cyclist over 40 year old

The North Group of the Veteran Time Trials Association are proud to promote, on behalf of the VTTA National Executive Committee

THE 2019 NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIP (including an open event & National Tandem Championship) to be held on Sunday 8th September 2019 on the T154 course.

This event is being organised under the Rules & Regulations of Cycling Time Trials, the national body for time trials in the England, Scotland, Wales & the Isle of Man

Event Secretary:

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Event Headquarters:

Colburn Leisure Centre
Catterick Road
Colburn
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DL9 4QH

VTTA National Representative: Mike Penrice

AWARDS:

VTTA National Awards	
Overall Champion – Jersey & Cap	
(Awards to VTTA Members only)	
1 st Man on Standard	Gold Medal
2 nd Man on Standard	Silver Medal
3 rd Man on Standard	Bronze Medal
1 st Woman on Standard	Gold Medal
2 nd Woman on Standard	Silver Medal
3 rd Woman on Standard	Bronze Medal
Club Team of Three on Standard	Gold Medals
Group Team of Three on Standard	Gold Medals
1 st Tandem on Standard	Gold Medals

Medals are dummies for presentation purposes only and must be returned to the organiser following the presentation.

Please stay for the medal ceremony which we anticipate will be in the headquarters at approx. 12 noon.

A formal prize presentation of the medals will take place at the National VTTA AGM.

ADDITIONAL AWARDS: Kindly provided by the North Group VTTA

(One prize per rider – open to all competitors across championship and open event)
(Road bike must comply with Teesside District Specification for road bikes & notify signing on official that they are using a compliant road bike)

Fastest rider on time	£30
2nd Fastest rider on time	£25
3rd Fastest rider on time	£20
4th Fastest Rider on time	£15
5th Fastest Rider on time	£15
Fastest in age Group 40 – 44years	£20
Fastest in age Group 45 – 49years	£20
Fastest in age Group 50 – 54years	£20
Fastest in age Group 55 – 59years	£20
Fastest in age Group 60 – 64years	£20
Fastest in age Group 65 – 69years	£20
Fastest in age Group 70 – 74years	£20
Fastest in age Group 75 – 79years	£20
Fastest in age Group 80 plus	£20
Fastest club team of 3	£15 each
Fastest rider on time on road bike	£30
2nd Fastest rider on time on road bike	£25
3rd Fastest rider on time on road bike	£20

Cheque will be sent to award winners following confirmation of final results and in the week following the event.

TI54: COURSE DETAILS - START opposite the second No Through Road sign on the roundabout and head south signed A6055 Catterick and continue on this road for (approx 5.9miles) until the first roundabout, taking the **FOURTH EXIT** marked A684 Leyburn (Bedale B6285) with care and continue in a westerly direction to the next roundabout **ENCIRCLE** it (7.65miles) and return in the opposite direction on the A684 signed Northallerton, until the next roundabout (9.4miles) take the **FIRST EXIT** left with care marked A6055 North, proceed in a northerly direction for approximately 5.7 miles and **FINISH** opposite the large Blue motorway sign marked The North/The South A1(M) (15.1miles)

This is the first time this course has been, so winner will set course record. The road on which this course covers produced a 17 minute 10 mile time in 2018. The surface is new and smooth with no potholes.

RIDERS NOTES:

SIGNING ON: SIGNING IN & OUT SHEET, BODY NUMBERS & RESULTS will be available to collect from the HQ. Please return number after your ride, sign out and enjoy drinks and food. The headquarters will be open from 8.00am

DO NOT FORGET – FAIL TO SIGN OUT = DNF

2019 TEESSIDE GUIDELINES:

1. Numbers, to be collected from & returned to the Headquarters, where the signing on and out sheet and result board will be located. Any additional hazards identified on the day will be advised on a notice adjacent to the signing on/in sheet.
2. No cars other than the event officials to be parked at the start or finish.
3. No U turns in sight of the start.
4. Riders are not to warm up on any part of the course, whilst an event is being held
5. No turbo trainers are to be used for warming up within 100 metres of inhabited properties.

SAFETY:

- Always give priority to traffic from your right when negotiating roundabouts.
- Be aware the first roundabout you will encounter, where you take the 4TH exit, is at the bottom of a descent, so please approach with caution and in a safe manner.
- Signal clearly to other road users the course you intend to take.
- Safety – not your performance – is the first priority at all times. Anyone caught riding in a “head down” position may face a disqualification and/or disciplinary action.
- CTT regulations require competitors under 18 years of age to wear a helmet of hard/soft shell construction and recommends the use helmets by all other competitors.

WHEN FIXING YOUR NUMBER VIA THE PINS PROVIDED OR BY USE OF THE INTEGRAL POCKET IN YOUR SKINSUIT, PLEASE DO NOT FOLD THEM AS THIS CAUSES DAMAGE TO THE NUMBERS AND SHORTENS THEIR LIFE SPAN. IT ALSO CONTRAVENES THE CTT REGULATIONS TO DO SO. IN ADDITION, AS A CONTRIBUTING SAFETY FEATURE, THE FULL NUMBER ON SHOW ACTS AS AN 8 INCH FLUORESCENT SIGN TO OTHER ROAD USERS APPROACHING FROM THE REAR THAT THERE IS A RIDER AHEAD.

FIRST RIDER STARTS AT 9:01AM

No	Competitors Name		Club/Organization/ Racing Team	Age	Std	VTTA GROUP	Start Time
TANDEM CHAMPIONSHIP COMPETITORS							
1	Murray	Kirton	A5 Rangers CC	78		Midlands	09:01
	David	Stockley	A5 Rangers CC	79		Midlands	09:01
2	Mike	Holtby	Cleveland Wheelers CC	53		North	09:02
	Elaine	Holtby	Cleveland Wheelers CC	52		North	09:02
3	Tim	Humphries	Team Swift	55		North	09:03
	Richard	Dixon	Team Swift	56		Yorkshire	09:03
4							
OPEN EVENT COMPETITORS (ALL AGES)							
5	Lee	Kermode	AIMS Cycling	36			09:05
6	Richard	Lilleker	Cleveland Wheelers CC	31			09:06
7	Peter	Guy	Adept Cycling	59			09:07
8	Thomas	Heighton	Stockton Wheelers CC	15			09:08
9	Sophie	Heighton	Stockton Wheelers CC	12			09:09
10	Marcel	Schubert	Darlington Cycling Club	38			09:10
11	Neil	Wilkinson	Blaydon CC	51			09:11
12	Gary	Thornton	Barnsley Road Club	45			09:12
13	Neil	Johnson	Stockton Wheelers CC	63			09:13
14	Callum	Bowler	Stockton Wheelers CC	59			09:14
15	Joe	Simons	Albarosa CC	35			09:15
16	Paul	Felce	Adept Cycling	47			09:16
17	Martin	Rasmussen	Tyneside Vagabonds CC	52			09:17
18	Nicholas	Johnson	Cyclesense CC	34			09:18
19	Paul	Fountain	Hartlepool CC	55			09:19
20	Harry	Walker	Revolver Racing	51			09:20
WOMENS VTTA NATIONAL CHAMPIONSHIP COMPETITORS							
21	Sue	Cheetham	North Lancashire RC	56	44:40	N L & Lakes	09:21
22	Louise	Hamilton	Mountain Goat Coaching	49	43:45	North	09:22
23	Caroline	Ratcliff	Ferryhill Whs	54	44:23	North	09:23
24	Jo	Scott	Team Swift	56	44:40	North	09:24
25	Fiona	Sharp	Team Swift	40	42:33	Yorkshire	09:25
26	Caroline	Heighton	Stockton Wheelers CC	41	42:42	North	09:26
27							
28							
29							
VTTA NATIONAL CHAMPIONSHIP COMPETITORS							
30	Mark	Wolstenholme	Team Swift	41	39:22	Yorkshire	09:30
31	Phil	Wright	Hartlepool CC	64	42:22	North	09:31
32	Withdrawn						
33	Mick	Bradshaw	GS Metro	68	43:13	North	09:33
34	David	Nichol	Ferryhill Whs	67	42:59	North	09:34
35	Steven	Fullerton	Darlington Cycling Club	51	40:32	North	09:35
36	Steven	Loraine	Team Swift	63	42:12	Midlands	09:36
37	Howard	Heighton	Ferryhill Whs	46	39:59	North	09:37
38	Andrew	Simpkins	Solihull CC	65	42:34	Midlands	09:38
39	Alexander	Munro	SVTTA	86	51:16	Scotland	09:39
40	Gray	Walker	VTTA (North)	48	40:12	North	09:40
41	Philip	Kennell	GS Metro	52	40:39	North	09:41
42	Gary	Bates	Team Swift	56	41:08	N Midlands	09:42
43	George	Skinner	Royal Albert CC	73	44:34	Scotland	09:43
44	John	Hatfield	Ravensthorpe CC	72	44:16	Yorkshire	09:44
45	Steve	Gibson	Peak Road Club	53	40:46	N Midlands	09:45
46	Chris	Dyason	Cambridge CC	71	43:59	East Anglia	09:46

No	Competitors Name		Club/Organization/	Age	Std	Group	Start Time
47	Nicholas	Stevenson	Wearside Triathlon	47	40:05	North	09:47
48	Ben	Hamilton	Rutland Cycling Club	73	44:34	N Midlands	09:48
49	Kenneth	Stevens	South Pennine RC	89	54:07	Notts & E.Mids	09:49
50	Keith	Ainsworth	Sheffrec CC	60	41:42	N Midlands	09:50
51	Andrew	Askwith	Vive Le Velo	55	41:01	Yorkshire	09:51
52	John	Johnstone	Icarus Racing	77	46:01	SVTTA	09:52
53	Darren	Moody	Team Backstedt Bike Performance	49	40:19	Yorkshire	09:53
54	Paul	Dawson	VTTA (North)	58	41:24	North	09:54
55	Neil	Pendrich	SVTTA	48	40:12	Scotland	09:55
56	Jez	Willows	Sherwood CC	54	40:53	Notts & E.Mids	09:56
57	David	Leckenby	Ilkley CC	55	41:01	Yorkshire	09:57
58	Richie	Grant	Hartlepool CC	54	40:53	North	09:58
59	Roy	Oakes	South Pennine RC	74	44:54	Notts & E Mids	09:59
60	Stephen	Ayres	Bronte Whs	40	39::14	Yorkshire	10:00
61	Russ	Richardson	Teesdale CRC	62	42:01	North	10:01
62	Paul	Tyler	Ferryhill Whs	61	41:51	North	10:02
63	Peter	Macklam	Yorkshire Road Club	76	45:37	Yorkshire	10:03
64	James	Skinner	SVTTA	45	39:52	SVTTA	10:04
65	Ed	Neilson	Vive Le Velo	42	39:30	Yorkshire	10:05
66	Rob	Vessey	Didcot Phoenix CC	56	41:08	West	10:06
67	Mark	Burtonshaw	Team Swift	61	41:51	Yorkshire	10:07
68	Cliff	Beldon	Selby CC	72	44:16	Yorkshire	10:08
69	Keith	Alderson	Cleveland Wheelers CC	79	46:54	North	10:09
70	Paul	Thirling	Hartlepool CC	43	39:37	North	10:10
71	Nev	Martin	GS Metro	60	41:42	North	10:11
72	Ian	Hutchinson	Cleveland Wheelers CC	63	42:12	North	10:12
73	Graham	Sheard	North Lancashire RC	71	43:59	NL & Lakes	10:13
74	Colin	Chandler	Darlington Cycling Club	50	40:26	North	10:14
75	Steve	Gore-browne	Team Swift	51	40:32	Yorkshire	10:10
76	Frank	Anderson	SVTTA	67	42:59	Scotland	10:16
77	Ron	Hallam	South Pennine RC	89	54:07	Notts & E Mids	10:17
78	Alan	Gay	Team Swift	72	44:16	Yorkshire	10:18
79	Derek	Black	Wigan Whs CC	70	43:42	N L and Lakes	10:19
80	Shaun	Tyson	Ribble Pro Cycling	48	40:12	North	10:20
81	Gary	Hunt	Hartlepool CC	56	41:08	North	10:21
82	Richard	Durham	Settle Wheelers	65	42:34	Yorkshire	10:22
83	Sean	Quinn	Law Wheelers	46	39:59	SVTTA	10:23
84	Dennis	Potter	Adept Cycling	59	41:33	North	10:24
85	Ben	Lane	GS Metro	48	40:12	North	10:25
86	Blair	Buss	Halifax Imperial Wheelers	54	40:53	Yorkshire	10:26
87	William	Armstrong	Velo Club Cumbria	65	42:34	N L & Lakes	10:27
88	Richard	Tyson	Rock to Roll CC	52	40:39	N L & Lakes	10:28
89	Roger	Clarke	Tyneside Vagabonds CC	48	40:12	North	10:29
90	Keith	Murray	DRAG2ZERO	44	39:45	North	10:30

PLEASE NOTE: VTTA GROUP MEMBERSHIP INFORMATION HAS BEEN CHECKED AGAINST THE CURRENT 2019 VTTA DATABASE

Have a good safe ride

**Gavin Russell
Event Organiser**

2019 Teesside District Road Bike Specification



To enter a 2019 road bike specific event in the Teesside District, the following specification is appropriate to the conditions of entry:

The Rider:

- No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors should be worn.
- Use of skinsuits is permitted
- No riding with elbows or forearms on the handlebars. If witnessed, competitor will be disqualified.

The Cycle:

- The frame should be constructed in the traditional pattern, i.e. built around a main triangle.
- No time trial style or triathlon forward extension bars with or without elbow pads should be present.
- Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 60mm.

Please apply the spirit of the road bike competition in your equipment choice.

GR/07 February 2019

COURSE MAP & PROFILE:

