

Northampton & District Cycling Association

14.9-mile Time Trial (TT Series Event 8 of 8)

Saturday 14 September 2019 starting at 2 pm



FOUNDED 1935

PRESIDENT:
Ray Grundy

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

This event is a counting event for the following categories of the N&DCA Time Trial Series Championships, Overall, Ladies, Junior, Masters and Team.

For up to date N&DCA news including the latest points tables visit our website

<http://www.northamptondca.org.uk>

Headquarters: Tilbrook Village Hall, Church Lane, Tilbrook, PE28 0JS

Facilities: The HQ will be open from **12.30 pm**. Signing-on and number collection will be at the HQ. A free cup of tea or coffee will be available for all marshals and helpers and for competitors on return of your race number.

Parking: Parking will be available at the village hall.

Timekeepers: Richard Daniells

CTT Observer: Richard Glover

Prize Values	Fastest	Lady	Junior / Juvenile	Masters X (born 1960-1969)	Masters Y (born 1950-1959)	Masters Z (born 1949 or earlier)	Team of 3
1 st	£15	£9	£9	£9	£9	£9	£18
2 nd	£12	£7	£7	£7	£7	£7	£15
3 rd	£10	£6	£6	£6	£6	£6	-
4 th	£9	-	-	-	-	-	-
5 th	£8						
6 th	£7						

Local Regulations: NO U-TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for DISQUALIFICATION from the event and further disciplinary action by the district committee.

Northamptonshire Police stress that all competitors are made aware of the need for good behaviour and consideration towards other road users and local residents in order to avoid any complaints being received.

National Committee Recommendations: IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets and provide a signed parental consent form. It is recommended that a working REAR LIGHT either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Doping Control: This event may be subject to Doping Control. As soon as you have finished you should return to HQ as it is your responsibility to check if you are required for a Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the results board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure you comply.

Numbers: These will be available at the Event Headquarters, not at the Start. Please ensure that you sign the "Signing-On" sheet and clearly call out your number when crossing the finish line – **failure to do so may result in no time being recorded**. On returning your number you must also sign back in.

***** **ALLOW 5 MINUTES TO RIDE TO START** *****
Course Details: NC23(14.9 miles)

Start At east end of Lay-by, east of Tilbrook, (Grid Ref 087688)

Proceed Eastwards to

Turn Left Onto the B660 to proceed Northwards, past left turn to Tilbrook to

Turn Left At Tilbrook Grange and proceed towards Covington, and at T-Junction south of Covington (Taking extreme care under the trees just before Covington due to rough road surface)

Turn Left And proceed southwards to join B645, taking extreme care to

Turn Left Along the B645 eastwards, passing through the village of Tilbrook to: Start Point (7.5 miles) and repeat circuit to

Finish At west end of Lay-by, just short of the start point (14.9 miles)

Ride with GPS link <https://ridewithgps.com/routes/31068335>

Note: The only motor vehicles associated with the Event allowed at the Start or Finish will be those of the Timekeepers.

No warming up on the course after the first rider has started – the route from the village hall to the start and back inevitably uses the course – riders must take care and should be particularly aware of riders who may be coming through for their 2nd lap.

The road from the B660 to Covington is rough in places especially under the trees – riders are warned to take extra care.

When re-joining the B645 riders are reminded to give way as traffic on the B645 has priority.

Event Secretary: James McKenzie, 22 High Street, Blunham, Bedford, MK44 3NL – Mob 07891513952
HQ: Tilbrook Village Hall, Church Lane, Tilbrook, PE28 0JS