

Welsh Hill Climb Championship 2019



Promoted for and on behalf of Cycling Time Trials Under their rules and regulations

Promoted by the
Welsh Cycling Association

Sunday 13 October 2019

Timekeepers:

Start: Martyn Heritage-Owen Bush Healthcare

Finish: Robin Field Cardiff Byways CC

Course **RH/10X** Starting at 10.00am

H.Q. Salisbury Community Hall, Merthyr Road, Govilon NP7 9PT (The green clad building)

Numbers will be at H.Q.

This event is subject to Dope Control

Event Secretary: Robin Field 89 Velindre Road, Whitchurch, Cardiff CF14 2TG

To whom any complaints must be made in writing within 72 hours

Tel: 02920 632358 Mob. (On the day) 07753 603098 E-mail: robin.field@cyclingt看metrials.org.uk

Welsh Points Competition

Points are awarded in all the Welsh Championships (10, 25, 30, 50, 100, 12 Hour and Hill Climb) to riders from clubs affiliated to the Welsh Cycling Association. Riders in all Welsh Championship events count to the final total and awards are made to the six riders with the highest score.

The full result of this event will be published on www.southwalesdc.co.uk

Course RH/10X ‘The Keepers’

Start at telephone pole opposite junction with B4246 and Unclassified road to Govilon. Proceed uphill on B4246 beyond cattle grid (CARE) (1.85 miles) to continue climbing beyond Pen-Ffordd-Goch pond Car Park (The Keepers pond) to FINISH at ‘Y Tymble 514 m’ post on road 5 yds north of minor road junction from the east (2.64 miles)	2.64 Miles
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Allow 15 minutes to ride to the start. Directions to start. From HQ go west along B4246 continue past shops to T junction (also the B4246) signpost Blaenavon. Continue on B4246 crossing the canal to junction with unclassified road to Govilon – approx. 1.5 miles

All riders are asked to comply with the following requests.

- ✓ Do keep your head up; be aware of your surroundings and **HAVE A SAFE RIDE.**

The Welsh Time Trial Champions will be presented with their trophies at the Annual Welsh BAR Lunch, **Sunday 3 November 2019 at the TRW Club Resolven 12.30 for 13.00.**

Tickets £15 (from me).

Awards

(All Caps and medallions will be awarded on the day)

Men’s Champion	Championship Cap, Hill Climb Trophy (for one year) WCA Medallion & invitation to BAR lunch
Women’s Champion	Championship Cap, WCA Medallion & invitation to BAR lunch
Junior Male Champion	Championship Cap, WCA Medallion & invitation to BAR lunch
Junior Female Champion	Championship Cap, WCA Medallion & invitation to BAR lunch
Youth Male Champion	Championship Cap, WCA Medallion & invitation to BAR lunch
Youth Female Champion	Championship Cap, WCA Medallion & invitation to BAR lunch
1st Male Vet	WCA Medallions
1st Female Vet	WCA Medallions
2nd and 3rd (all categories)	WCA Medallions

IN THE INTERESTS OF YOUR OWN SAFETY Cycling Time Trials and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear protective helmets. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active when the machine is in use.