



# CYCLING CLUB



1894 - 2019

PRESIDENT – ROBIN JOHNSON

51st Annual 25 Mile Time Trial – Sunday 20 October 2019

Course G25/93

**Event Secretary:** Robin Johnson 7 Gorselands, Billingshurst, West Sussex RH14 9TT

Email: [mr\\_rjohnson@outlook.com](mailto:mr_rjohnson@outlook.com)

Tel: 01403 783368 (or 07733 132043 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## HQ

### Steyning Centre

Fletcher's Croft  
Steyning  
West Sussex

Postcode BN44 3XZ

Open from 0700.



Plenty of parking is available, free on Sundays.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only, where please sign-on. After the event, please return your number and sign-out at the event HQ.

HQ to start: 1.63 miles

Finish to HQ: 1.94 miles

Route to start: Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and then immediately right onto the B2135, and continue to the start near top of hill.

SIGNING-ON and SIGNING-OFF at the HQ only.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

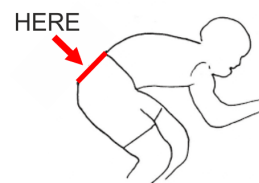
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



**Roundabouts:** Competitors must exercise extra care at all roundabouts.

**Start/Finish Areas:** Competitors must exercise extra care at the start and **ABSOLUTELY NO U-TURNS** in the vicinity of either start or finish.

## OFFICIAL TIME KEEPERS

SU BALCOMBE (BRIGHTON EXCELSIOR CC)  
MICK KILBY (LEWES WANDERERS CC)

Start  
Finish

## EVENT RECORD

SEAN YATES 50:27 1997

## COURSE RECORDS

MEN	MICHAEL HUTCHINSON	49:31	May 2013
LADIES	JOANNE ROWSELL	55:38	May 2013
JUNIORS	GLENN HOY	57:18	2000
VETERANS	KEVIN TYE	52:21	2018
MEN (72" GEAR)	RAY HUGHES	59:23	2006
TANDEMS	SEAN + CHRISTIAN YATES	49:34	2006
ROAD BIKE	DAVE DENT	56:05	2018

## SPONSORS:

As always, our extremely grateful thanks to all sponsors who have been so very generous in giving to us a prize list of £2,094

Please reciprocate by buying their products/services.

### VERY GRATEFUL THANKS to:

<a href="#">U.S.E. Ltd</a> for transforming the club's £250 into goods	value £1,241
<a href="#">HENRY SQUIRE + SONS Ltd</a> for bike locks, etc.	value £360
MOUSEHOLD PRESS for 14 cycling books	value £198

## SUPPORT THOSE WHO SUPPORT OUR SPORT.

### PRIZES : MENS "25"

Awarded to all starters: Free drink and free food provided , but do make a free donation, please.....

CATEGORY	PRIZES	VALUE
FIRST	U.S.E. EXPOSURE STRADA front light, SQUIRE Hammerhead 230 bike lock, MOUSEHOLD PRESS' new book, "Pedro Delgado – a life on the pedals", + a bottle of champagne	£406 + £40
2nd	U.S.E. jersey, U.S.E. EXPOSURE Flash + Flare light set, SQUIRE Mako Combi bike lock, MOUSEHOLD PRESS' book, "A Peiper's tale", + a bottle of wine	£161 + £20
3rd	U.S.E. jersey, U.S.E. Tula carbon extensions, MOUSEHOLD PRESS' book, "I like Alf", SQUIRE 112 cablelock + a bottle of wine	£118 + £10
4th	U.S.E. aluminium extensions, U.S.E. EXPOSURE Flash front light, MOUSEHOLD PRESS' book, "Master Jacques" SQUIRE 116 cablelock + a bottle of wine	£87
5th	U.S.E. EXPOSURE jersey, MOUSEHOLD PRESS' book, "I like Alf", U.S.E. feeding bottle, + a bottle of wine	£77

6th	U.S.E. EXPOSURE jersey, MOUSEHOLD PRESS' book, "I like Alf" + a bottle of wine	£69
7th	SQUIRE Keykeep, MOUSEHOLD PRESS' book, "This island race", U.S.E. feeding bottle, + a bottle of wine	£44

CATEGORY	PRIZES	VALUE
<b>BEST IMPROVEMENT since 1.1.2016</b>	U.S.E. jersey, U.S.E. EXPOSURE Flash front light, SQUIRE heavy duty cable + 116 cablelock, MOUSEHOLD PRESS' book, "This island race", + a bottle of wine	£119
<b>2nd Best improvement</b>	U.S.E. gilet, MOUSEHOLD PRESS' book, "Master Jacques", SQUIRE 10c security cable + a bottle of wine	£85
<b>3rd Best improvement</b>	MOUSEHOLD PRESS' book, "Master Jacques" SQUIRE 8mm hardened alloy steel chain + a bottle of wine	£32
<b>Fastest on a road bike (no tri-bars)</b>	U.S.E. gilet, SQUIRE Mako Combi bike lock, + a bottle of wine,	£101
<b>2<sup>nd</sup> fastest on a road bike (no tri-bars)</b>	U.S.E. gilet, U.S.E. feeding bottle, + a bottle of wine,	£63
<b>3<sup>rd</sup> fastest on a road bike (no tri-bars)</b>	SQUIRE Keykeep + 8c security cable, MOUSEHOLD PRESS' book, "I like Alf", + a bottle of wine,	£49
<b>1st Team of Three</b>	U.S.E. EXPOSURE Flash + Flare light set, U.S.E. feeding bottle, + a bottle of wine	(each rider) £58 x 3
<b>2nd Team of Three</b>	SQUIRE 5' covered chain, + a bottle of wine	(each rider) £20 x 3
<b>Fastest veteran 40-44</b>	A bottle of wine	£5
<b>Fastest veteran 45-49</b>	A bottle of wine	£5
<b>Fastest veteran 50-54</b>	A bottle of wine	£5
<b>Fastest veteran 55-59</b>	A bottle of wine	£5
<b>Fastest veteran 60-64</b>	A bottle of wine	£5
<b>Fastest veteran 65-70</b>	A bottle of wine	£5
<b>Fastest veteran 70-74</b>	A bottle of wine	£5

## **PRIZES : WOMEN'S + JUNIORS + TANDEM "25"**

**Awarded to all starters:**      **Free drink and free food provided but please make a free donation.**

	<b>PRIZES</b>	<b>VALUE</b>
1st woman	U.S.E. EXPOSURE SIRIUS front light,  MOUSEHOLD PRESS' new book, "Pedro Delgado – a life on the pedals",  + a bottle of champagne	£140 + £15
2nd woman	SQUIRE 112 cablelock + a bottle of wine	£16
1st Juvenile	SQUIRE BDL2 bike lock, MOUSEHOLD PRESS' book, "Master Jacques" + a bottle of non-alcoholic drink	£43
TANDEM:		
FIRST:	U.S.E. EXPOSURE Flash + Flare light set, MOUSEHOLD PRESS' book, "A Peiper's tale", SQUIRE 116 cablelock + 2 bottles of wine, value £83.	

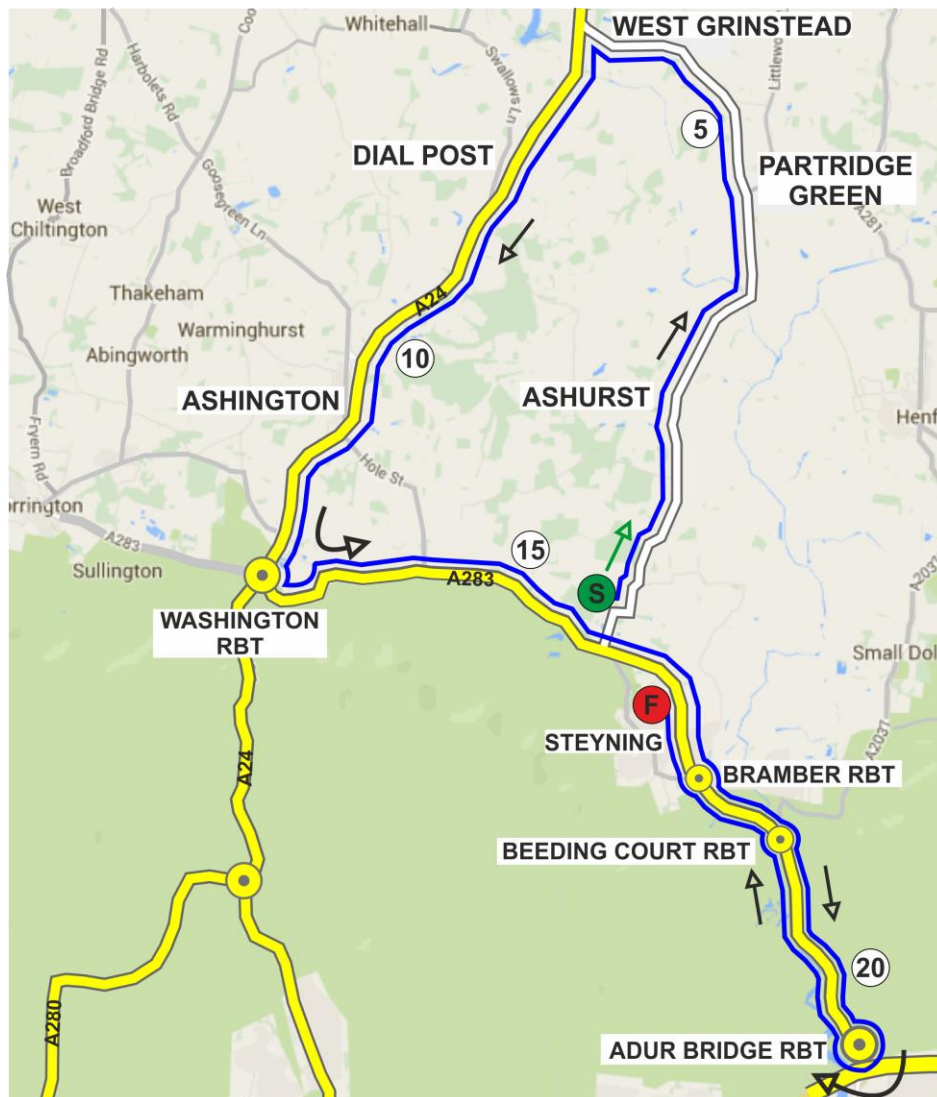
PRIZE PRESENTATION to be held as soon as possible after events.

Please stay to receive your awards/applaud the recipients.

LOTTERY will be held for 4 bottles of wine, each value £5.

Qualify by being a finisher and be present. First names out of the hat.

VERY GRATEFUL THANKS to all entrants as, without you, there are no events.



OS REF (TQ)	COURSE DIRECTIONS – G25/93	MILES	
172130	<b>START</b> on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	<b>LEFT</b> and follow A24 south to Washington RBT (roundabout) <b>(CHECK)</b>	5.88	12.56
209065	<b>LEFT</b> 1 <sup>st</sup> exit and follow A283 via Bramber Castle and Beeding Court RBTs to Adur Bridge RBT, Shoreham, where <b>TURN</b> <b>(CHECK)</b>	8.42	20.98
181118	4 <sup>th</sup> exit to retrace on A283 via Beeding Court and Bramber Castle RBTs to <b>FINISH</b> at paint mark on curb opposite TP3 approximately 25 yards before Canons Way	4.02	25.00

THE COURSE	Is considered by a few locals to be close to sporting. The second half is often a minute quicker than the first half as there are three useful descents between 13 and 16 miles.
MARSHALS	Are only there to point the way. The decision to proceed or not is entirely yours. Obey the Highway Code, and the law of the land, please.

Bib	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
1	08:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	71
2	08:02:00	Clive	Jackson	Central Sussex CC	Male	Veteran	67
3	08:03:00	Paul	Thatcher	Brighton Mitre CC	Male	Veteran	56
4	08:04:00	Paul	Currie	Hastings & St. Leonards CC	Male	Veteran	41
5	08:05:00	Carl	Richardson	trainSharp	Male	Veteran	55
6	08:06:00	Marek	Shafer	Brighton Mitre CC	Male	Senior	37
7	08:07:00	Marek	Siwicki	Addiscombe CC	Male	Veteran	45
8	08:08:00	Peter	Davies	Brighton Mitre CC	Male	Veteran	62
9	08:09:00	Keith	Geere	GS Stella	Male	Veteran	68
10	08:10:00	Henrik	Persson	Kingston Wheelers CC	Male	Senior	36
11	08:11:00	Richard	Keevil	GS Stella	Male	Veteran	51
12	08:12:00	Gary	Burgess	Brighton Mitre CC	Male	Veteran	55
13	08:13:00	Gary	Holder	VTTA (Surrey/ Sussex)	Male	Veteran	54
14	08:14:00	Tomas	Navickas	Brighton Mitre CC	Male	Senior	27
15	08:15:00	Conall	Yates	trainSharp	Male	Senior	39
16	08:16:00	Jamie	Smith	Brighton Mitre CC	Male	Veteran	47
17	08:17:00	Peter	Horsfield	Redmon CC	Male	Veteran	69
18	08:18:00	Jack	Smith	Brighton Mitre CC	Male	Senior	27
19	08:19:00	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran	64
20	08:20:00	David	Clark	Eastbourne Rovers CC	Male	Veteran	50
21	08:21:00	Andrew	Stewart	N+1 - Lindfield Coffee Works	Male	Veteran	47
22	08:22:00	Peter	Noble	Epsom CC	Male	Veteran	53
23	08:23:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	58
24	08:24:00	Charlie	Cook	London Velo Cafe CC	Male	Senior	24
25	08:25:00	Matthew	Smith	Team ASL	Male	Senior	35
26	08:26:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	42
27	08:27:00	Simon	Mumme	Paceline RT	Male	Senior	37
28	08:28:00	Edwin	Wagena	Brighton Mitre CC	Male	Veteran	49
29	08:29:00	Ian	Newbold	Worthing Excelsior CC	Male	Veteran	47
30	08:30:00	David	Shepherd	...a3crg	Male	Veteran	58
31	08:31:00	Daniel	Sharp	Charlotteville Cycling Club	Male	Veteran	47
32	08:32:00	Donald	Parker	Brighton Mitre CC	Male	Veteran	70
33	08:33:00	Richard	Burchett	Lewes Wanderers CC	Male	Veteran	48
34	08:34:00	Jonathan	Morcombe	Brighton Mitre CC	Male	Veteran	44
35	08:35:00	Neil	Harrigan	Gravesend CC	Male	Veteran	45
36	08:36:00	Martin	Brown	7Oaks Tri Club	Male	Veteran	59
37	08:37:00	Paul	Newsome	Project 51	Male	Senior	32
38	08:38:00	Ben	Cumpstone	Brighton Mitre CC	Male	Veteran	49
39	08:39:00	Mark	Vowells	CC Bexley	Male	Veteran	66
40	08:40:00	Andrew	Meilak	VeloRefined.com Aerosmiths	Male	Veteran	53
41	08:41:00	Neil	Crowther	Blazing Saddles	Male	Veteran	46
42	08:42:00	Christian	Yates	East Grinstead CC (Merlin Cycle Coaching)	Male	Veteran	56
43	08:43:00	Nick	Mccormick	Epsom CC	Male	Veteran	56

44	08:44:00	Ed	Jarman	Brighton Excelsior CC	Male	Veteran	42
45	08:45:00	Steve	Dennis	East Grinstead CC (Merlin Cycle Coaching)	Male	Veteran	56
46	08:46:00	Paul	Deen	Epsom CC	Male	Veteran	48
47	08:47:00	Stephen	Morgan	Tooting BC	Male	Veteran	51
48	08:48:00	Rob	Luff	GS Stella	Male	Veteran	62
49	08:49:00	Paul	Wishart	Brighton Phoenix Athletic Club	Male	Veteran	51
50	08:50:00	Stuart	Bettis	South Downs Bikes / Casco Pet	Male	Senior	35
51	08:51:00	Dave	Dent	GS Stella	Male	Veteran	56
52	08:52:00	Colin	Mcdermott	Festival Road Club	Male	Veteran	52
53	08:53:00	Robert	Charles	Blazing Saddles	Male	Veteran	53
54	08:54:00	John	Marinko	Brighton Mitre CC	Male	Veteran	54
55	08:55:00	Pat	Wright	Paceline RT	Male	Senior	35
56	08:56:00	Ian	Bray	Addiscombe CC	Male	Senior	32



**THE GERRY JACKSON MEMORIAL 25 MILES TIME TRIAL**  
**SUNDAY 20th October 2019**

**LADIES + JUNIORS "25"**

Bib	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
58	08:58:00	Katerina	Avramides	Brighton Mitre CC	Female	Senior	39
59	08:59:00	Ali	Platt	Charlottesville Cycling Club	Male	Juvenile	15
60	09:00:00	Mel	Wasley	Epsom CC	Female	Senior	39

**TANDEM "25"**

62	09:02:00	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran	44
62	09:02:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran	49
63	09:04:00	Mark	Jones	GS Stella	Male	Veteran	59
63	09:04:00	Tony	Reeves	GS Stella	Male	Veteran	48

**SUSSEX C.A. LUNCH and PRIZE PRESENTATION:**

**Sunday 24 November 2019, £12,**

**Cheques, payable to Sussex C.A., by 21 November, please, to Robin Johnson.**

**All prizewinners, non-prizewinners, and also cyclists from outside Sussex are welcome.**

## BRIGHTON MITRE '25' – PAST WINNERS

	Mens '25'		Ladies '25'		Juniors '25'		Tandem '25'	
1969	Cliff Sharp	59:35						
1970	Peter Crofts	59:59						
1971	Willi Moore	56:20	Gill Clapton	1:02:49				
1972	Dave Holliday	57:21	Beryl Burton	58:56				
1973	Mick Ballard	57:38	Gill Reynolds	1:08:42				
1974	Mick Ballard	59:50	Chris Goodfellow	1:08:33				
1975	John Patston	56:09	Gill Reynolds	1:08:28				
1976	Eddie Adkins	56:07	Sue Swetman	1:10:46				
1977	Eddie Adkins	54:22	Lorna Hanton	1:04:11				
1978	Sean Yates	55:19	Fran Browning	1:02:41	Mike Thorogood	59:01		
1979	Tim Stevens	55:16	Shirley Killingbeck	1:01:43	Mick Tanner	57:51		
1980	Tim Stevens	56:13	Fran Browning	1:06:46	Nick Gritton	59:37		
1981	Tim Stevens	54:13	Fran Browning	1:06:42	Nick Gritton	58:06		
1982	John Oakes	58:04	Sarah Thompson	1:07:16	Paul Reeves	1:00:31		
1983	Peter Cookson	59:05	Fran Browning	1:08:54	Mike Saunders	1:02:32		
1984	Ian Browning	55:15	Fran Browning	1:03:06	Baz Molloy	1:00:54		
1985	Tim Stevens	55:38	Sue Swetman	1:04:47	Paul Nathan	59:21		
1986	Terry Icke	55:55	Fran Browning Claire Newman	1:05:56	Kevin Penfold	58:27		
1987	Phil Headen	59:53	(no starters)		Stuart Collins	1:06:07		
1988	Tim Stevens	56:23	Sue Swetman	1:07:36	Simon Tully	1:02:08		
1989	Martin Palmer	57:46	Gill Reynolds	1:06:16	Ben Merricks	58:26		
1990	Tim Stevens	56:47	Gill Reynolds	1:06:06	Alex Beale	1:02:45		
1991	Peter Cookson	56:33	Gill Reynolds	1:05:49	Colin Toppin	59:27	Andy Smith Rick Holkham	53:35
1992	Eddie Adkins	53:30	Gill Reynolds	1:04:19	Barry Elcome	58:23	Andy Smith Rick Holkham	53:34
1993	Eddie Adkins	55:14	Gail Cheatle	1:08:55	Paul Rowden	1:04:38	Andy Smith Colin Toppin	54:38
1994	Bryan Taylor	53:13	Carole Gandy	1:02:02	Barry Elcome	57:09	Andy Smith Colin Toppin	53:39
1995	Dave Redding	53:32	Theresa Thompson	1:08:39	Steve Comben	59:10	Andy Smith Rob Allen	53:44
1996	Sean Yates	52:54	Jenny Derham	1:01:13	Alan Curtis	59:38	Ray Hughes Pauline Strong	55:12
1997	Sean Yates	50:27	Natacha Maes	1:02:39	Jacob Hall	1:02:38	Glenn Longland Neville Stroud	52:36
1998	Sean Yates	51:32	Natacha Maes	0:59:51	Max Rumball	58:02	Ian Dawson Ray Hughes	52:00
1999	Sean Yates	54:17	Natacha Maes	1:06:15	Liam Terry	1:11:23	Mark Jones John Limpus	53:42
2000	Richard Prebble	52:45	Natacha Maes	1:00:13	Glenn Hoy	57:18	Chris Birch Rowan Horner	50:59
2001	Richard Prebble Tim Stevens	53:24	Marina Bloom	1:04:51	Liam Terry	1:02:57	Mark Jones John Limpus	52:54
2002	Kevin Neary	56:19	Gill Reynolds	1:09:39	Daniel Frederick	1:05:20	Ray Hughes Ian Neville	53:53

2003	Dean Lubin 55:17	Carole Gandy 1:03:13	Daniel Frederick 1:09:03	Tristan Court Nick Harvey 54:22
2004	Sean Yates 54:40	Carole Gandy 1:02:41	(no entries)	John Limpus Jeremy Wootton 53:51
2005	Dave Dent 56:33	Margaret Duganski 1:11:08	Zaac Lane 1:21:11	Andrew Smith Dave Abbott 59:18
2006	Richard Prebble 53:20	Rebecca Romero 58:10	Mark Williams 1:15:32	Sean Yates Christian Yates 49:34
2007	Richard Prebble 54:07	Carole Gandy 1:07:16	(no starters)	Julian Gee Geoff Clinton 1:07:00
2008	Richard Prebble 56:24	Deborah Percival 1:11:32	Nick Smith 1:11:24	Julian Gee Geoff Clinton 1:05:11
2009	Ben Instone 53:04	Deborah Percival 1:08:59	Nick Smith 59:42	Peter Baker Thomas Baker 57:51
2010	Steve Dennis 53:04	Carole Gandy 1:03:43	Nick Smith 59:35	(no starters)
2011	Steve Dennis 53:19	Deborah Percival 1:04:53	(no starters)	Peter Baker Thomas Baker 55:39
2012	Adam Topham 53:58	Deborah Percival 1:06:11	(no starters)	Jon Frost David Eccles 1:02:32
2013	Steve Dennis 56:30	Lizzy Brama 1:04:22	Arthur Venables 1:15:40	Lawrence Wintergold Damien Poulter 58:13
2014	Steve Dennis 54:06	Lizzy Brama 1:01:42	(no starters)	Lawrence Wintergold Damien Poulter 57:06
2015	Colin Ward 52:32	Sophie Coleman 58:43	Theo Yates 1:00:45	Jon Frost Kurt Godfrey-Evans 58:01
2016	Colin Ward 52:16	Ruth Summerford 1:01:08	Theo Yates 58:50	Jon Frost, Dave Abbott 1:01:16
2017	Pat Wright 52:06	Angela Carpenter 59:35	(no entries)	(no entries)
2018	Kevin Tye 52:21	Eva Nyirenda 1:09:55	(no entries)	(no entries)
2019				

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