

Promoted by Mid-Devon CC
on behalf of the South West District
PRESENT:

START SHEET

2019 RTTC National Hill Climb Championships

Sunday 27th October 2019



HILL Climb



Promoted for and behalf of Cycling Time Trials
under ITS Rules, Regulations and Conditions



2019 RTTC National HILL CLIMB Championships



Cycling time trials representative
Sheila Hardy



Championship Awards

Men, women, junior men, junior women

1st Championship Trophy, Gilt RTTC Medallion, Championship cap

2nd Silver RTTC Medallion

3rd Bronze RTTC Medallion

AGE Awards

age awards to the fastest in each of the following:

JUNIOR boy / girl 12, 13, 14, 15, 16, 17, 18

Men/women 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74 etc.

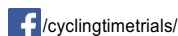
TEAM CHAMPIONS

Men Gilt RTTC Medallions & Championship Shield

Women Gilt RTTC Medallion and the Vic Clark Trophy



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A warm welcome from Andy Perkins, Chairman of Mid-Devon Cycling Club:

“The return of these championships to Haytor is a great honour for our club and for Devon. Haytor Hill is a superb setting for the championships.

The club last promoted the National Hill Climb Championship on this climb in 1979. when Jeff Williams set the course record of 12.44 on a still day – remarkably, that record has only recently been beaten.

The hill is a long climb from the village of Bovey Tracey up onto the open moorland of Dartmoor – gaining over 350 metres. The first half is relatively sheltered, but after a couple of 12% corners and a cattle grid, it emerges onto open windswept moorland – where you may either face a strong headwind or (if you are lucky) a rarer Easterly wind.

With close to 300 riders taking part, huge thanks must go out to the organisation team, led by Lee Sanderson. With over 60 volunteers assisting it has been a huge task to promote these championships and the event would simply not be possible without their support.

MDCC welcomes you to Dartmoor, best of luck and (if it's possible) enjoy your ride !”



**RTTC
National Hill Climb
Championships 2019
Rider Information**



SUNDAY 27TH OCTOBER 2019, 08:00 START ON S20 HAYTOR

PROMOTED by MID DEVON CYCLING CLUB FOR & ON BEHALF OF THE CTT UNDER THEIR RULES & REGULATIONS & CHAMPIONSHIP CONDITIONS

Event Secretary – Lee Sanderson. 8 Marlborough Avenue, Torquay, Devon, TQ1 1TT.
Tel: 07765 292909 Email:leedsanderson1@gmail.com

Timekeepers – Ian Myers, Ann Guest, Sally Hutter, Phil Burrows, Lynn Marris,
Jonathan Crawford

Marshalls - Members & friends of the Mid-Devon CC

Event HQ - The Moorlands Hotel, Haytor Vale, Dartmoor National Park, TQ13 9XT
The allocated room at Hotel all will be open from 07:00; from where you should allow 15 minutes to ride downhill to the start. From HQ head down the B3387 to the Edgemoor Hotel, turn right at the crossroads onto Chapple Road. Proceed down-hill for 400 yards.

How to find HQ - Haytor Vale is 5.5 miles from the A38. Shortly after Exeter the road divides, take the right hand fork in the direction of Plymouth and after about 12 miles take the exit to Newton Abbot, Bovey Tracey and Moretonhampsted. Take same exit if travelling in the opposite direction from Plymouth. Take the 3rd turning off the roundabout (first turning if coming from Plymouth) towards Liverton and Ilsington, then turn first right to Liverton and Ilsington. Follow the road for approximately 4 miles to the village of Ilsington (TQ13 9RR). Go past the village sign at the top of the hill and carry on going up this road for another 1.2 miles. The event car park located on your left hand side; behind the HQ/Moorland Hotel. (See satellite map)

Keeping clear of the course - All competitors, guests and spectators are kindly requested to stay clear of the course. Please do not approach HQ/Haytor Vale from the direction of Bovey Tracey.

Parking – The event car park is a field behind HQ. Marshals will direct you. Further parking is available at Haytor's lower, middle and upper car parks. Those wishing to warm-up on turbo trainers are encouraged to use the main car park in Bovey Tracey; allowing 10 minutes to ride to the start after your turbo warm up. (See Satellite Map)

No Parking – At HQ/Moorlands Hotel, the start, Edgemoor Hotel, Chapple Road or anywhere on the course.

Numbers and Signing on – will be at event HQ – remember to sign back in. Wear all numbers provided. Body number on lower back, arm numbers on both upper arms facing forwards, all visible to the timekeepers. Numbers are yours to keep after you finish. Again – do sign back in!

Warming Up – Competitors choosing to warm up on the road are strongly encouraged to descend towards the start, turn left into Lowerdown at the Edgemore hotel and warm up on the road running leading towards Becky Falls.

Presentation – Prize giving at HQ at approximately 14:00, MC - Nigel Kenneison, Newton Abbot Town Crier. Awards by Lauren Dolan (World Championship Bronze Medallist 2019), Peter Harper (Deputy Chairman Dartmoor National Parks Authority) Paul Jones (Author of Corinthian Endeavour), Colin Lewis (President MDCC).

Course Description - Start ½ mile west of Bovey Tracey in Chapple Road, 400 yards South of the Edgemore Hotel. Proceed north to crossroads where bear left towards Haytor, pass the 1/3 way point opposite house “Torling”, cross cattle grid to pass 2/3 way point 30 yards short of double gates between “Bel Alp” signs. Continue to finish at Western end of Haytor Rocks car park, 1280 feet above sea level. Distance = 3.125 miles

Course Records - Women: Hayley Simmonds – 00:15:02 – 2017
Men: Ed Laverack – 00:12:24 - 2018

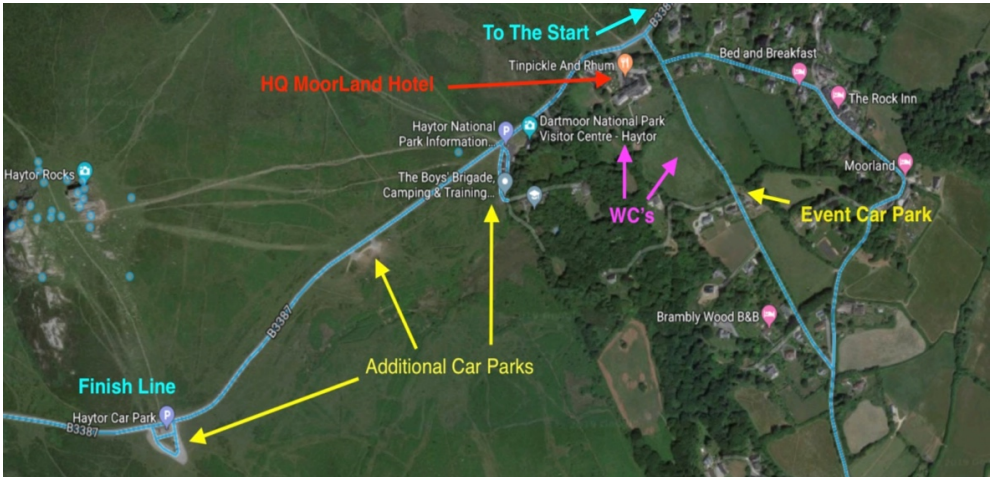
Toilets - At HQ, event car park, start, Haytor lower car park and Bovey Tracey.

Reserves - Riders who know that they will not be starting should inform the promoter as soon as possible so that the ride may be allocated to a reserve, who in turn will inform reserve riders before the event that they have a ride, and allocate them a starting time. An event steward will organise the reserve riders unless they have all been allocated a start time before the day of the event. A reserve rider WILL take priority over a rider reporting for a late start. Reserve riders will start at the position of the rider they are replacing but with their allocated number. Reserve riders who compete in the event will be eligible for prizes. Times recorded by reserves are valid for all purposes. Any reserves that turn up on the day, and fail to get a ride, will have their FULL ENTRY FEE reimbursed by the promoting club/organisation.

Rider warning – No warming up on the course after 08:00. Riders must follow a marshal's instructions. Please do not block the road after finishing. Descend back to HQ on the opposite side of the road, keeping well clear of competitors on the course. Take care at the cattle grid, especially when descending, which can be slippery. The pedestrian gate to the side cattle grid will be open for those wanting to take a safer route. Also be aware of pot holes under trees making it difficult to view any damage to the surface when going downhill.

Hard shell helmets – Compulsory for all riders aged under 18 years. CTT and MDCC also strongly advise all other competitors to wear a helmet that conforms to a recognized safety standard (see regulation 15).

Map of HQ and Car Parks



Map of Start Line and Warm Up areas



“Yes, Dartmoor is a worthy setting. If the devil did desire to have a hand in our affairs.”

And so it goes... the championship returns to Devon and the long, undulating climb of Haytor. The clocks reverse and a deep darkness descends to a landscape unchanged since Jeff Williams crested the summit 40 years ago. The onlooking cairns and kistvaens of prehistory are soundless witnesses to our savage efforts.

“A grey, melancholy hill, with a strange jagged summit, dim in the distance like some fantastic landscape in a dream.”

Of late, the weightless roadmen and testers have been but shadows sketched onto the shorter, shiftier climbs, lurking in the gloaming of Pea Royd or Bank Road, watching the watt monsters racing into and through, rather than over the hill. But now the cleat is on the other foot. Haytor is a rhythm climb, 13 minutes with eyeballs bulging but not bloodied. It is a spiteful sibling to the Horseshoe and the Tumble, where pacing triumphs over power.

“I counsel to forbear you from crossing the moor in those dark hours when the powers of evil are exalted.”

Watch out for Hayley Simmonds taking on Joscelin Lowden, Emily Meakins and Fiona Burnie. See if Andrew Feather can ward off those reliant on the rhythm method in pursuit of ecstasy. Let's hope for a kind day; a long climb in spiteful rain and wind is no friend to the spectator or rider. Lastly look out for the MDCC, home to Colin Lewis, Yanto Barker and Jeremy Hunt. They are the keepers of the flame, eager to see who will be spoken of alongside Williams, Webster and Boardman in the years to come.

“That which is clearly known has less terror than that which is but hinted at.”

Words by Paul Jones (with apologies to Arthur Conan-Doyle)

2018 HILL CLIMB Champions



Men - Andrew Feather



Women - Fiona Burnie



Junior Boy - Joe Baker



Junior Girl - Alana Prior



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Notes to competitors

Numbers: Championship Condition 2(j)

Competitors must only use the numbers supplied by the event organiser. Body numbers should be fitted in accordance with Regulation 16. Arm numbers should be fitted to the upper arms facing forwards.

The numbers provided are event specific and are to keep as a souvenir.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

Regulation 17: Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.

- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to sign the official signing out sheet shall be recorded as a dnf.

IN THE INTERESTS OF YOUR OWN SAFETY,

Cycling Time Trials and the event promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

This event may be subject to a Doping Control

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Cycling Time Trials

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