

CYCLING TIME TRIALS ANNUAL REPORT & STATEMENT OF ACCOUNTS 2019



Christopher Fennell,
The Independent Pedaler



For a meeting of the National Council to be held at
Hellidon Lakes Hotel, Hellidon, Daventry, NN11 6GG
On Sunday 01 December 2019 at 09:30am

CYCLING TIME TRIALS BOARD OF DIRECTORS AND NATIONAL OFFICIALS

Since the National Council Annual General Meeting held on Sunday 02 December 2018 the Board of directors has met nine times. A further meeting will take place the day before the 2019 National Council meeting. Attendance of the Board members and officers has been as follows:

Mrs Sheila Hardy (Chairman) 9; Rob Bailey 9; David Barry 9; Sue Bowler 9; Wendy Dorling 2; Simon Edney 8; Robin Field 9; Peter Rogers 9; Gavin Russell 5; Paul Thomson 8; Roger Wakeling 8; Mark Sanders (Treasurer) 9; Nick Sharpe (National Secretary [Legal & Corporate]) 9; Stewart Smith (National Secretary [Competitions & Development]) 9; Sally Withey (Admin. Support) 9.

Absence from a meeting can be for a variety of reasons; organisation of cycling events, family commitments or health issues.

Sub-Committees

There are three sub-committees. Each sub-committee is appointed with designated areas of responsibility:

SUB-COMMITTEE 1: (Grants, Constitution, Rules & Regulations, Road Traffic Acts, Risk Assessment, Accidents, Child Protection,) – Rob Bailey, David Barry, Sue Bowler, Robin Field, Gavin Russell, Mark Sanders, Nick Sharpe.

SUB-COMMITTEE 2: (Publicity, Technical, Coaching, Computerisation, Meetings & Liaison, Championships, Competitions Development, International Events, Development of the Sport, Doping & Ethics), Wendy Dorling, Simon Edney, Peter Rogers, Stewart Smith, Paul Thomson, Roger Wakeling, Sally Withey.

CHAMPIONS NIGHT: Sue Bowler, Sheila Hardy, Mark Sanders, Stewart Smith, Alison Torode, Roger Wakeling.

The Chairman moves between the sub-committee meetings as subject matter dictates.

BADGES OF HONOUR

Since the publication of the 2018 Annual Report, Badges of Honour have been awarded to:

Marion Fountain – London West
Mick Fountain – London West

FINANCE

The published Cycling Time Trials' accounts cover the year to 31 March 2019, and for comparative purposes show the year to 31 March 2018. The accounts for the year show a deficit of income over expenditure of £95,000 which was a similar figure to the previous year. The material factors in this result when compared with the previous year are:

Income:

Overall, income remained the same, however, there were movements within the income categories:

- Type A levies rose by £3,000 (from £129,000 in 2018 to £132,000 in 2019) and although the number of rides fell by 3,000 in the year, the increased levy to £4 in the first three months of 2019 more than reversed the negative income and resulted in the surplus.
- Type B levies fell by over £12,000 (from £194,000 in 2018 to £182,000 in 2019) which resulted from a decrease of around 7,000 rides, but this was partially countered by the increase in the levy to £3.
- Subscription (affiliation and advertising fees) rose by £2,000 (from £66,000 in 2018 to £68,000 in 2019) due to an increase in the number of clubs affiliating, as described below in Membership and Participation.



Marcin Bialoblocki,
NopinZ



Christina Murray,
Army Cycling

- Handbook deficit fell by £10,000 which was primarily due to a negotiated reduction in printing costs.
- Online charges fell by £3,000 partly as a result of the increased affiliations being paid online (there are no additional charges for paying the affiliation fee online).

increased by £5,000 in respect of the district forum held in March this year.

The reserves as at 31 March 2019 stand at £320,000, £95,000 less than last year's level of £415,000. It is still anticipated that by 2022 CTT will be at the recommended reserve level of around £500,000.

EXPENDITURE

Overall, expenditure remained at a similar level to the previous year (the year to 31 March 2018 had seen an increase of £76,000):

National administration expenses overall increased by £8,000 (from £277,000 in 2018 to £285,000 in 2019). Within this figure salaries increased by £18,000 as a result of an increase in hours worked by officers and a modest inflationary increase. This was offset by a reduction in advertising and publicity and the Board's travel and accommodation expenses.

The other significant changes are repairs and maintenance down by £8,000, medals and trophies down by £6,000. Additionally, overall expenditure

The CTT Board has, and is, addressing the reduction of costs, as can be seen by keeping the above year on year costs similar; this will also be fed through to future years.

MEMBERSHIP AND PARTICIPATION

The number of affiliated clubs currently stands at 1,620, an increase of 33 as compared to 2018. Of these, 542 have registered to carry advertising, an increase of 13 compared to last year.

For the financial year to 31 March 2019, there has been a fall in the overall number of rides: in Type A events with nearly 61,000 rides (down by 5%) and in Type B events to 90,000 (down by 7%). Nearly 10% of open events were cancelled in the season



CTT Board member Peter Rogers with Amy Shilliday, Melinda Atkinson, Bethany Harrison, Lovelo Cycle Works

due mainly to inclement weather and road issues which were outside of CTT's control; however the focus on attracting riders to non-standard events may help to alleviate this. Also, the ongoing development of district websites is partly aimed at advertising club events and over the season, we would hope to see participation increase as a wider audience is reached.

INSURANCE

For 2018/19 CTT renewed its insurance using the same insurance broker, Romero Insurance Brokers Ltd. The policy is underwritten by Barbican Protect Ltd. The total limit of indemnity is £10,000,000.

The third party liability policy provides indemnity in the event of a claim arising from an approved event (promoted under the rules and regulations of CTT) against the promoting club, event officials to include event secretaries, timekeepers, pushers off, marshals, sign erectors, observers and all volunteer helpers.

"Competitor to competitor" cover remains an important element of the policy and provides indemnity should a competitor be involved in an accident involving another competitor whilst participating in a time trial held under CTT's Rules and Regulations.

DATA PROTECTION

All registered riders are reminded to keep their personal information on their profile page up-to-date and to ensure that their preferences are regularly updated. Please remember that if you do not "tick the box" to consent to receive emails from CTT, you will not receive the regular CTT newsletter. CTT will never sell or pass on your information to any third party unless it has your specific consent to do so.

SAFETY OF THE SPORT

In 2018 it was noticed from the accident reports received there may be a trend developing, in that there have been a number of incidents where a rider has fallen from their machine in circumstances where that would not normally be expected to be the case. Regrettably such trend would appear to have continued throughout 2019. In approximately 25% of all accidents in 2019, it is possible a contributory factor could be a lack of control due to the rider using tri-bars or poor choice of equipment, in particular deep rimmed wheels in windy conditions.

Also in 2019 there have been three incidents where a competitor collided with the rear of a stationary vehicle and a further two incidents where the rider

collided with the rear of another competitor. All are accidents that would suggest "head down" riding.

As aerodynamics continue to improve and riders adopt increasingly aerodynamic positions, there is a concern that this may be a contributory factor towards such accidents and this potential trend will continue to be monitored.

In the short term, the accident report form is to be revised prior to the 2020 racing season so as to assist with determining the cause of such accidents.

It is also recommended that in all cases, should there be an accident in an event, the risk assessment should be reviewed and updated as needs be. The date of any update to the risk assessment should be noted at the bottom of the risk assessment, even if only to the effect that the risk assessment was considered and that no changes were considered necessary.

Cycle event signage

2019 saw a slight price increase in the cost of the starter packs and event signage in general. A starter pack is a 'special offer', for clubs promoting for the first time, with a vastly reduced price of £60 including carriage. During the past 12 months, eight clubs have taken up this offer. The Board of Directors see this as a further opportunity to continue with the offer in 2020. An additional 13 clubs have replenished their stock over the last 12 months.

If your club needs signs please order well in advance as at peak times the manufacture and processing of signs can take several weeks. Information regarding cycle event signage/numbers can be obtained via the National Secretary (Competitions & Development) at stewart.smith@cyclingtiments.org.uk

Regulation 25 and Medical Control

During 2019, anti-doping collections were carried out at various events, including some National Championships. In all 20 samples have been collected, all of which were also tested for EPO. At the time of going to print, CTT has not been notified of any adverse analytical findings. In all cases the randomly selected individuals were very co-operative.

As CTT is entirely self-funded through affiliation fees and levies, the budget for doping control represents a considerable percentage of CTT's annual income. Hence, in 2019, the number of riders selected for testing was less than in 2018.

ACCIDENT REPORTING

The total number of reported accidents in CTT events in 2019 was 86 as opposed to 103 reported accidents in 2018, which represents a 17% decrease.

Fifty-eight accidents were reported in open (Type A) events and 28 in club (Type B) events. Fourteen accidents took place on dual carriageways and 72 on single carriageway roads.

The vast majority of accidents are a result of rider error or misfortune. Just 20 accidents involved a motor vehicle. Assuming an estimated number of rides in 2019 being similar to last year at 150,000, only 20 accidents involving a third-party vehicle is a very small percentage. It does nonetheless remain 20 accidents too many and CTT will continue to encourage and promote safety at CTT events.

It is essential that all accidents are reported to the National Secretary (Legal & Corporate) and the appropriate District Secretary as soon as possible after the event. Should an accident occur, copies of the following documents should be retained as they may be needed by CTT's insurers:

1. a copy of the police notification form sent to the police;
2. any letter of acknowledgement from the police;
3. the start sheet;
4. the signing on and signing off sheet;
5. the risk assessment for the course;
6. the "on the day" risk assessment;
7. any warning notice given to the competitors on the day (usually displayed alongside the signing on sheet).

Accidents should be reported using the standard CTT form. **Please use the latest version (January 2018)** of the accident report form which has been agreed with CTT's insurers and is available from either the district secretary, National Secretary (Legal & Corporate) or can be downloaded from the CTT website.

Ideally accident reports should be submitted to the National Secretary (Legal & Corporate) by email to nick.sharpe@cyclingtiments.org.uk or alternatively by post to the address in the current CTT handbook.



Competitors can inadvertently fall foul of the anti-doping regulations, possibly as a result of taking an “over the counter” remedy or even as a result of taking a medicine prescribed by their GP. All competitors are reminded, if they are taking medication, to check with their doctor that the use of such medication does not contravene anti-doping regulations. Also, competitors should be aware that for certain medications a Therapeutic Use Exemption (TUE) may be applied for retrospectively.

It is very important to note that it is the individual rider's responsibility to check if they are required for doping control. A competitor must always return to the event headquarters on completion of their ride, and if required, report to doping control. Importantly, failure to report renders the individual liable to be disqualified from the event and/or further disciplinary action.

Details of banned substances can be found on the

UKAD website. www.ukad.org.uk/documents/uk-anti-doping-rules/

If you have a concern about doping, however small it may seem, you can contact UKAD direct. UKAD would need to know who is involved (can include individuals or teams), what they are doing and why, how they are doping, when and where it is happening and who they are obtaining the substances from. UKAD is constantly building its picture of doping in sport and your information could be just the detail UKAD needs.

You can call UKAD anonymously 24/7 to talk to a highly-trained operator who is independent from UKAD. **Call UKAD: 08000 32 23 32.** If you'd prefer not to speak to anyone, you can also report your concerns online: www.ukad.org.uk/what-we-do/report-doping/

DEVELOPMENT OF THE SPORT

District forum

A CTT Districts' Forum was held on 9 March 2019. The day proved popular and we were delighted to welcome one representative from 15 of the 22 CTT districts. The representatives were split into four groups to consider a variety of questions which had been submitted prior to the day.

1. Courses and Sports Development – this group was to consider and discuss the following:

- Is there a direct link between the falling number of rides and increase of traffic?
- Would more closed circuit events increase the number of rides especially juveniles and juniors each year? How could this be made economically viable given the associated costs?
- What needs to be done to aid districts in sourcing new courses?
- What can be done to encourage juveniles and juniors?

2. District and National – this group was to consider the relationship between district committee and the national:

- How can districts and national become more effectively and efficiently engaged?
- What can be done at district level to encourage clubs, and individuals, to be more actively involved?

3. Volunteers – this group were asked to consider and discuss the following points:

- Encouraging and retaining volunteers both district and event level.
- Sourcing new timekeepers and officials.
- Valuing existing long-standing club and event officials (eg timekeepers, marshals, organisers, etc).

4. Mandating – this group was to consider the value of mandating delegates prior to National Council or giving delegates discretion to vote as they felt appropriate.

A CTT Board representative facilitated each of the groups to keep the discussions focused.

Bringing the day to conclusion, a district representative from each group gave feedback on each of the four topics they had addressed during the day. This proved extremely interesting as not all the discussions took the same direction.

The summaries were all documented and a copy sent to all delegates and every district chairman. These will now be woven into the Forward Plan for CTT.

Publicity

For as many years as most can remember, David Taylor has prepared race previews and reports for CTT. David has now retired and Snowdon Sports Media Partners Ltd (known to many simply as “Snowdon Sports”) has been appointed in David's place. Snowdon Sports are already well-known in the cycling fraternity, having prepared race reports and the like for Cycling Weekly and other publications for many decades. The Board would like to extend their gratitude to David for his dedication and hard work on behalf of CTT.

Social media

CTT's social media presence continues to grow, providing riders with an ever-improving reporting service. In line with global trends, over the last 12 months, Instagram has seen the largest growth (39.7% up over the year, 733 actual increase), whilst our Facebook following has grown 6.9% (593 increase) and Twitter has grown 5.5% (372 increase).

Our followers are also interacting with us more, with the number of likes, comments or shares on Facebook having increased by 19.4% over last year. Over the course of the season, Snowdon Sports provided an average of 16 reports per weekend, 12% more than the previous year, to include round-ups, previews and other coverage.

Snowdon Sports will continue to provide interviews with race winners – although this is not always possible due to data protection restrictions. All riders are reminded to update their profile on the CTT website if they wish to be contacted so race reports can be prepared.

CTT Newsletter

The newsletter has been published on a regular basis throughout the year and provides useful updates on what is happening within CTT. It also highlights various issues that affect CTT and in addition provides the key information in relation to improvements to the website and the resources available to organisers.

The newsletter is sent by email to all those who have registered on the CTT website and have opted in to receive emails from CTT. There does remain some

difficulty as of the 31,000 or so who have registered, only approximately one third of those have indicated that they wish to receive the newsletter.

As an example, the statistics for the August 2019 newsletter are 10,728 emails delivered, of which 5,017 were opened and of those, 1,556 clicked on the link to access the newsletter. Whereas a “click rate” of 15% is high by general standards for an email newsletter, by comparison to more than 31,000 registered users, it does show only a small proportion actually read the newsletter and demonstrates the difficulties there are in communicating with the majority.

Scholarship

During 2019, the Scholarship gave support to: Caitlin Peters, Adam Japs, Adam Robertson and Joshua Sandman. The riders have had a successful season and have performed well in national competitions. Their informative rider blogs have appeared periodically on the website throughout the season.

Website (www.ctt.org.uk)

The website continues to be upgraded over the past year with the addition of district websites being developed.

The site requires individuals to register to use its facilities. Currently the website is showing over 31,000 registrations.

The site is “Role” based with different roles being able to perform different functions. The main roles are: rider (normal), organiser, district official and club official. GDPR was introduced in May 2018 and significantly changed the way we all communicate. For instance, club officials are able to select what form of communication they will allow, as can riders.

Normal users can enter or withdraw from events before the closing date and maintain their own profile area, including the ability to choose what level of privacy they require. Notification of acceptance/rejection to events, as well as notification of the publication of start and result sheets, is now in place. Start and result sheets can be downloaded and printed off as a PDF, XLS or CSV document.

Organisers can manage their events, accept (after the closing date) or reject entrants, upload start and result sheets direct to the site and email entrants with a link where they can download full start and result sheets. It is also possible to email the entrants

with any other information. Standard templates are now available for start and result sheets and these need to be used unless the organiser has their own that complies with all inclusions.

The website also has the facility to recognise if a rider has entered more than one event on the same day in contravention of Regulation 11(e). An added control is that riders applying online are required to tick a box to state they agree to not entering more than one event unless it is possible to start and finish in both events. If an event is cancelled, organisers can arrange through Admin for entrants to receive a full or partial refund.

District users are able to add/amend new events, courses, course maps and clubs. Club officials can pay the club's annual affiliation and/or the advertising fee online via card payment. When payment is made online district officials are informed of the payment by email. If a club was previously shown as having advertising, this element will need to be paid before they can be accepted. After 1 January the £20 re-joining fee applies.

Course records are being added; districts now have the facility to add these and the website takes future records from the results published.

The first of the district websites is live; this is linked to the main website and has a similar look to it. This will have the ability to draw start and result sheets down along with relevant news stories. During 2020 further district websites will follow with the potential to then push this down to club websites.

Another development implemented for 2019 was the payment to organisers of the event fee less the open levy amount. This negated the need for organisers to pay the online event levy to the district treasurer, for them to then forward to the national treasurer, thereby cutting down administration.

Online affiliation

The ability for clubs to pay for their affiliation fee (and advertising fee, if appropriate), became available via the website in 2016. This year, 1,007 clubs affiliated online, representing 62% (up from 43% last year) of those currently affiliated. Of those, 391 carried advertising via the online system representing 72% of the total number of clubs paying for advertising.

Race numbers

New sets of race numbers (1-150) have been available



CTT Chairman,
Sheila Hardy with
Keith Dorling,
Daniel Barnett,
James Rix,
Team Bottrill

at a discounted price of £50 (for clubs that have not taken advantage of this offer) with the normal cost price of a set of numbers of this quality being £175, a slight increase on the previous year. A box of 1,000 pins can also be supplied at an additional cost of £10. Six clubs have included a set of numbers with their signs “Starter Pack” purchase and a further eight clubs have purchased a number set.

National Youth Championship

Having held an extremely successful closed circuit series of events on the Croft circuit in 2019, promoted by Teesside District, where over 390 rides were recorded over the four “come & try it” events, Croft was the venue for the 2019 National Youth Championship, organised by Stockton Wheelers CC.

The Croft circuit is a motor racing circuit closed to all traffic whilst cycle races are in progress. The event was a new “first” for CTT in that this is the first time the National Youth Championship has been held on a totally closed circuit. The circuit, near Dalton-on-Tees in North Yorkshire, being just over two miles in length allowed parents, guardians and supporters the opportunity to see their charges negotiate the circuit five times in the completion of the prescribed ten mile course.

Utilising chip timing and starting at 30 second intervals, results were produced in a timely manner and confirmed by manual timing. Blessed with a dry but blustery afternoon, the organisers received a great number of compliments not only regarding the safety aspect of the event but also on the community and social atmosphere experienced in the pit lane and the headquarters’ lounge.

Worthy of note is the winning time of 21 minutes dead, with the runner up just one second in arrears, one of the fastest times ever recorded in a time trial on this circuit.

Electronic start and result sheets

The majority of start and result sheets are sent electronically; those submitted to the website in the correct format are usually published within 24 hours. Paper entries are added to the system manually.

It is calculated that most events are now via internet entry with only about 5% being through paper entries and CTT are encouraging all organisers to adopt the electronic means.

Many organisers have been ‘coached’ through the process as part of an educational drive. The

process can be viewed through a link on the website where there are tutorials to 'walk' them through the systems. Over the course of 2019, a number of amendments have been introduced around the system to ensure ease of use.

A Sandbox testing area has been introduced where organisers can use 'dummy' data to trial the system prior to their 'live' event.

All literature submitted to the website must still comply with Regulation 27 (e) and (j) and **MUST include the words "Promoted for and on behalf of Cycling Time Trials under its Rules and Regulations". In order to comply with insurance requirements this wording must be included.**

Complete copies of both the start and result sheets must be added to the website. There is

Graham Kemp,
Team Bottrill



now a template for organisers to submit the front cover (with course details, officials, awards, local regulations etc) of the start and result sheet or they can upload their own file to the website. This should be done before contacting the riders to let them know the start sheet or results are the website. Organisers should use the built-in email facility 'contact entrants' to inform riders how they can download the complete copy. A "Bcc" (blind copy) option is also available so that timekeepers, officials or any others can be added to save time on sending various emails.

A complete copy of both the start and result sheet is automatically sent to the relevant district official from the website. Copies of start and results sheets can be downloaded and printed from the website.

If start or results sheets are sent outside of the 'system', in order to comply with the requirements of the data protection legislation, they should be sent using the email "Bcc" (blind copy) function, in order not to disclose the email addresses of other recipients.

Details sent to riders from the website are sent individually. No attachments should contain personal information (eg addresses, telephone numbers, date of birth, etc).

PRINTING

For approximately the 12 month period prior to the publication of this report, CTT has utilised the services of an alternative firm of printers to produce the annual CTT handbook, the annual report and various other miscellaneous items. This has resulted in a significant reduction in costs and has the added benefit of CTT being able to edit publications "in house", with the advantages that this will bring.

CYCLING TIME TRIALS' HANDBOOK

Again in 2019, a copy of the handbook was issued free of charge to all affiliated clubs and event organisers; this will be continued for 2020. The cover price for 2020 will remain £10. There will be a 50p per copy discount on all orders received before 31 December 2019. These will be dispatched direct from the printer (Buxton Press) in mid-January 2020. Orders received after this date will not receive the discount. With more riders using internet entry and full details of the majority of events being available on the CTT website, the total distribution of the handbook remains at approximately 4,000.

Kelly Murphy,
Storey Racing



CHAMPIONS NIGHT 2019

Champions Night remained at Heythrop Park Hotel, Enstone, Oxfordshire in 2019. It is a fantastic setting and lends itself to displaying our silverware perfectly on its stage.

A warm welcome was given to our very special guest for the evening, Alf Engers. Alf needed little introduction and was a popular guest, lots of stories were swapped and he was most entertaining when speaking after dinner.

The Chairman, Sheila Hardy was invited to the stage along with Peter McGrath from the CTT Trophy Trustees who were honoured to receive the Earnshaw Trophy from the family of Harry 'Shake' Earnshaw; this trophy was presented in 2018 as an additional trophy to the winner of the men's BBAR and it continue to be so in future years. Michael Hutchinson yet again did a first class job as Master of Ceremonies and the Champions and Age Category winners of 2018 collected their prizes to rapturous applause.

2018 proved to be a special year for long distance cycling when "our own" Michael Broadwith beat Gethin Butler's 17 year old Land's End to John O'Groats record by 40 minutes. It seemed that the world of cycling had been touched by Michael's achievement and as such he was the recipient for 2018 of the Joe Summerlin Memorial award. It was fitting that this special award should be presented by Dick Poole. Dick completed LEJOG in 1965, one day 23 hours, 46 minutes, 35 seconds. The first man to do it in less than two days, his record stood for 14 years.

Very occasionally CTT is asked by other organisations to present awards or trophies on their behalf and Champions Night 2018 was one such occasion. The Bidlake Prize was presented to Michael Broadwith, on behalf of the FT Bidlake trustees. Paul Jones took over the lectern and presented a beautifully edited video and spoke about Michael's record breaking ride. This concluded the prize presentations and our guests made their way to dinner.

MAJOR EVENTS

Champion of Champions Competitions Ron Kitching Trophy

By winning the National Championship at 25 miles and placing second in the 10 miles and 50 miles, Christopher Fennell took the overall honours from Phil Williams with Adam Wild in third.

- 1 Christopher Fennell, The Independent Pedaler 5
Phil Williams, Liverpool Phoenix CC (Aintree) 10
- 3 Adam Wild, GS Metro 11

Beryl Burton Trophy

Emma Lewis took the honours by winning the 50 miles, placing second in the 25 miles and placing sixth in the 10 miles from second place Alison Vessey, with Emma Angove in third.

- 1 Emma Lewis, The Independent Pedaler 9
- 2 Alison Vessey, Didcot Phoenix CC 56
- 3 Emma Angove, 73 Degrees Bicycles, WestSide Coaching RT 62

Chris Boardman Trophy

By winning the 10, Circuit and Closed Circuit, Thomas Day (Giant CC Halo Films) takes the overall honours from Euan Backus (ZeroBC Race Team) in second and Fabien Large (NOPINZ) in third place.

- 1 Thomas Day, Giant CC Halo Films 3
- 2 Euan Backus, ZeroBC Race Team 21
- 3 Fabien Large, NopinZ 26

Junior Girls Champion of Champions Trophy

By winning the Hill Climb, taking second in the 10 miles and third in the Closed Circuit, Caitlin Peters (Storey Racing) takes the overall honours from second placed Sophie Heighton (Stockton Wheelers CC).

- 1 Caitlin Peters, Storey Racing 6
- 2 Sophie Heighton, Stockton Wheelers CC 13

Sigma Sports Classic TT Series

2019 saw a new sponsor takeover as Classic Series sponsors, Sigma Sports, who donated gift vouchers for each event and for the overall awards, matching those given by CTT. Classic Series events were held in South, Midland, Manchester, Scotland, North and West districts on a variety of classic courses.

The Series winners Adam Wild (Men and Espoirs); Kelly Murphy (Women); Graeme Church, (Para-

cyclists); Fabien Large (Junior); Ben Lane (Veterans Actual); Karen Taylor (Ladies Veteran) and David Hargreaves (Veterans Target Time); with GS Metro taking the team prize.

British Best All-Rounder Competitions

A total of 83 men and 49 women have completed the appropriate distances. Sixty-five men and 47 women have achieved the 22mph and 20mph standards respectively required to be awarded a certificate. Congratulations are due to both Jonathan Shubert and Vicky Gill (Drag2Zero) on winning the 2019 British Best All Rounder titles. Jonathan won this year's BBAR by 0.393mph from second placed Tim McEvoy. Jonathan achieved times of 1.37.55 (50 miles), 3.19.58 (100 miles) and 295.187 (12 hour) in his 2019 campaign.

Vicky, recorded times of 50.02 (25 miles), 1.49.40 (50 miles) and 3.44.12 (100 miles), her average speed being just 0.242mph faster than second placed Alice Lethbridge, also Drag2Zero and defending champion. The men's team award was won by Arctic Aircon RT (Jonathan Shubert, Michael Broadwith, Nick Clarke) with the women's team award being won by Drag2Zero (Vicky Gill, Alice Lethbridge, Liz Powell).

MAJOR EVENTS 2020

Correct at time of going to press

Championship	Date	District
Circuit	31 May	London East
25 Women/Juniors	13 June	South West
25 Men	14 June	South West
TTT	28 June	Central
50 Men	5 July	North East
24-hour	18/19 July	Liverpool
100	16 August	West
12-hour	23 August	Liverpool
10 Women/Juniors	5 September	South Wales
10 Men	6 September	South Wales
Youth	13 September	South
Closed Circuit	11 October	South
Hill Climb	25 October	London West

Sigma Sport Classic Series	Date	District
Round 1	29 March	South
Round 2	10 April	Manchester
Round 3	26 April	Midland
Round 4	10 May	Scotland
Round 5	24 May	North
Round 6	31 May	London East



Joscelin Lowden,
Emily Meakin,
Emma Lewis,
The Independent
Pedaler

NATIONAL CHAMPIONSHIP RESULTS 2019

Circuit Championships, 9 June, West DC

U603A – Women, Junior and Paras

U603B – Men

Men

1	Marcin Bialoblocki, NopinZ	1:20:40
2	Phil Williams, Liverpool Phoenix CC (Aintree)	1:23:49
3	Rupert Graham, Spirit Tifosi RT	1:24:30
Age awards		
40-44	Brett Harwood, Team Bottrill	1:26:06
45-49	Rich Hunt, Army Cycling	1:28:22
50-54	Nick Young, Yeovil Cycling Club	1:42:36
55-59	Philip Watts, North Hampshire RC	1:35:36
60-64	Keith Dorling, Team Bottrill	1:36:32
65-69	Chris Scawn, Plymouth Corinthian CC	1:44:27
70-74	Graham Huck, Doncaster Wheelers CC	2:11:31
75-79	Graham Green, Team Bottrill	2:05:58

Women

1	Kelly Murphy, Storey Racing	0:46:26
2	Megan Dickerson, Bristol South CC	0:47:56
3	Helen McKay, Les Filles Racing Team	0:49:09
Age awards		
40-44	Helen McKay, Les Filles Racing Team	0:49:09
45-49	Jennifer Smart, Team Velovelocity	0:57:35
50-54	Karen Brooks, Team Sportslab	0:57:01
65-69	Alison Vessey, Didcot Phoenix CC	1:04:41

Juniors

1	Thomas Day, Giant CC Halo Films	0:44:51
2	Fabien Large, NopinZ	0:46:10
I Girl		
	Sophie Heighton, Stockton Wheelers CC	1:04:58
Age awards		
14 boy	Bruno Cabrelli, Hemel Hempstead CC	0:52:37
15 boy	Thomas Heighton, Stockton Wheelers CC	0:52:53
16 boy	Thomas Day, Giant CC Halo Films	0:44:51
17 boy	Fabien Large, NopinZ	0:46:10
12 girl	Sophie Heighton, Stockton Wheelers CC	1:04:58

Team Time Trial, 16 June, J4/31, Manchester DC

Men

1	Ribble Pro Cycling, Simon Wilson, John Archibald, Dan Bigham	0:57:43
2	Team Bottrill, George Evans, Brett Harwood, Matthew Bottrill	1:01:19
3	Didcot Phoenix CC, Harri James, Henry Latimer, Richard Gildea	1:01:50

Women

1	The Independent Pedaler, Joscelin Lowden, Emily Meakin, Emma Lewis	1:05:47
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2	Storey Racing, Elynor Backstedt, Zoe Backstedt, Sarah Storey	1:08:48
3	Storey Racing, Chanel Mason, Monica Dew, Kelly Murphy	1:10:44

50 Miles, 30 June, R50/5, South Wales DC

Men		
1	Marcin Bialoblocki, Nopin	1:36:23
2	Christopher Fennell, The Independent Pedaler	1:39:41
3	Chris Bartley, AS Test Team	1:40:49
Team	Nopin (Marcin Bialoblocki, Conrad Moss, Lee Frost)	5:07:43

Age awards		
40-44	Matthew Smith, Drag2Zero	1:43:01
45-49	Alan Murchison, Drag2Zero	1:50:32
50-54	David Langlands, Team Bottrill	1:45:53
55-59	Greg Parker, Estrella Bikes	1:53:31
60-64	Keith Dorling, Team Bottrill	1:56:31
65-69	Chris Scawn, Plymouth Corinthian CC	2:01:39
70-74	Ray Retter, Born to Bike – Bridgtown Cycles	2:22:22
75-79	Bob Awcock, Born to Bike – Bridgtown Cycles	2:27:10

Women		
1	Emma Lewis, The Independent Pedaler	1:51:31
2	Alice Lethbridge, Drag2Zero	1:57:23
3	Vicky Gill, Drag2Zero	1:58:14
Team	Drag2Zero (Alice Lethbridge, Vicky Gill, Liz Powell)	5:53:57
Age awards		
40-44	Liz Powell, Drag2Zero	1:58:20
50-54	Andrea Parish, VeloSistas TT Team	2:12:41
55-59	Virginia McGee, ...a3crg	2:17:58
60-64	Deborah Sheridan, Warwickshire Road Club	2:15:43
65-69	Alison Vessey, Didcot Phoenix CC	2:37:30

100 Miles, 7 July, V270, Yorkshire DC

Men		
1	Marcin Bialoblocki, Nopin	3:24:55
2	Adam Wild, GS Metro	3:34:03
3	Arthur Franklin, Portishead Cycling Club	3:36:55
Team	Vive Le Velo, (Darren Yarwood, Neil Cleminshaw, Ed Neilson)	12:25:05
Age awards		
40-44	Tim McEvoy, Lanhydrock Wheelers	3:49:12
45-49	Mark Smith, Crawley Wheelers	3:39:51
50-54	Darren Gough, Barnsley Road Club	4:14:24
55-59	Michael Cross, Yorkshire Road Club	4:03:50
60-64	Keith Dorling, Team Bottrill	4:07:11
70-74	Ray Retter, Born to Bike – Bridgtown Cycles	4:49:22

Women		
1	Vicky Gill, Drag2Zero	4:02:12
2	Alice Lethbridge, Drag2Zero	4:05:13
3	Alex Clay, AeroLab Ward WheelZ	4:07:08
Team	Drag2Zero, (Vicky Gill, Alice Lethbridge, Liz Powell)	12:14:50
Age awards		
40-44	Liz Powell, Drag2Zero	4:07:25
55-59	Janet Fairclough, St Helens CRC	4:59:31
65-69	Alison Vessey, Didcot Phoenix CC	5:35:45

24 Hour, 20 July, D24HR, Liverpool DC

Men		
1	Graham Kemp, Team Bottrill	544.32
2	Michael Broadwith, Arctic Aircon RT	533.99
3	Nick Clarke, Arctic Aircon RT	528.02
Team	Arctic Aircon RT (Michael Broadwith, Nick Clarke, Josh Crow-Stewart)	1399.38
Age awards		
40-44	Graham Kemp, Team Bottrill	544.32
45-49	Mark Turnbull, TORQ Performance	527.77
50-54	Paul Jackson, Team Bottrill	485.21
55-59	Martin Brown, 7Oaks Tri Club	446.65
60-64	Bob Richards, RNRMCA	336.96
65-69	Nigel Brooks, Stirling Bike Club	396.08
75-79	Bob Awcock, Born to Bike RT	284.23

Women		
1	Christina Murray, Army Cycling	478.42
2	Crystal Spearman, Born to Bike – Bridgtown Cycles	464.70
3	Pip Jenkins, Southborough & Dist Wchs	463.80
Team	Born to Bike – Bridgtown Cycles, (Crystal Spearman, Lynne Biddulph, Kate Bradley)	1143.15
Age awards		
40-44	Christina Murray, Army Cycling	478.42
50-54	Lynne Biddulph, Born to Bike – Bridgtown Cycles	404.42

12 Hour, 11 August, B12/2, East DC

Men		
1	Andy Jackson, AeroCoach	303.98
2	Mark Smith, Crawley Wheelers	302.84
3	Tom Thornely, Buxton CC/Sett Valley Cycles	298.47
Team	Arctic Aircon RT, (Neil Lauder, Jonathan Shubert, Nick Clarke)	884.37
Age awards		
40-44	Andy Jackson, AeroCoach	303.98
45-49	Mark Smith, Crawley Wheelers	302.84
50-54	Matthew Robson, Oxonian CC	271.22
55-59	David Shepherd, ...a3crg	289.45
60-64	Nigel Sign, Fareham Wheelers CC	258.42

Euan Backus,
ZeroBC Race Team



65-69	Gerry McGarr, Gloucester City CC	237.73	50-54	Tracy Rawlinson, Lyme Racing Club	1:01:42
70-74	Peter Holland, Lincoln Wheelers CC	172.60	55-59	Sarah Matthews, ...a3crg	0:56:32
75-79	John J Murphy, Gloucester City CC	174.40	60-64	Deborah Sheridan, Warwickshire Road Club	0:59:27
80-84	Brian Hygate, Fareham Wheelers CC	185.68	65-69	Alison Vessey, Didcot Phoenix CC	1:05:48

Women		
1	Vicky Gill, Drag2Zero	276.40
2	Christina Murray, Army Cycling	266.43
3	Becky Taylor, Wisbech Wheelers	262.34
Team	Lovelo Cycle Works, (Melinda Atkinson, Amy Shilliday, Bethany Harrison)	658.55
Age Awards		
40-44	Christina Murray, Army Cycling	266.43
45-49	Katja Rietdorf, Born to Bike – Bridgtown Cycles	251.55
50-54	Kerstin Langer, Great Yarmouth CC	212.97
55-59	Theresa Taylor, Ribble Valley Crossroads Care CT	228.88
65-69	Kathryn Smith, Sleaford Wheelers CC	224.10

25 Miles, 24 August, A25/11, Central DC

Women		
1	Emily Meakin, The Independent Pedaler	0:49:45
2	Emma Lewis, The Independent Pedaler	0:50:00
3	Alex Clay, AeroLab Ward Wheelz	0:51:45
Team	Not awarded	
Age awards		
40-44	Jessica Beyer-Lyons, Nottingham Clarion CC	1:01:01
45-49	Deborah Moss, Team Merlin	0:55:39

Juniors

1	Euan Backus, ZeroBC Race Team	0:50:53
2	Tristan Pilling, Team SB Hub	0:52:47
3	Kieran Morris, Total Tri Training	0:53:47
1 girl	Not awarded	
Team	Not awarded	
Age awards		
15 boy	Charlie Knowler, West Suffolk Wheelers	1:02:39
17 boy	Euan Backus, ZeroBC Race Team	0:50:53
18 boy	Kieran Morris, Total Tri Training	0:53:47

25 Miles, 25 August, A25/11, Central DC

Men		
1	Christopher Fennell, The Independent Pedaler	0:46:07
2	Phil Williams, Liverpool Phoenix CC (Aintree)	0:46:33
3	Adam Wild, GS Metro	0:46:47
Team	Team Bottrill, (James Rix, Daniel Barnett, Keith Dorling)	2:29:57
Age awards		
40-44	Will Bjergfelt, AeroCoach	0:48:11
45-49	Daniel Barnett, Team Bottrill	0:49:06

50-54	Ian Guilor, Mapperley CC	0:49:33
55-59	Sean Hunt, Lincoln Wheelers CC	0:51:52
60-64	Keith Ainsworth, Sheffrec CC	0:49:50
65-69	Philip Brown, Walsall Roads Cycling Club	0:55:42
70-74	David Hargreaves, North Lancashire Road Club	0:57:25
75-79	Bob Awcock, Born to Bike – Bridgtown Cycles	1:06:13

**10 Miles, 31 August, E2/10,
London East DC
Women**

1	Joscelin Lowden, The Independent Pedaler	0:19:42
2	Anna Turvey, Drag2Zero	0:20:01
=3	Neah Evans, Team HUUB	0:20:08
=3	Emily Meakin, The Independent Pedaler	0:20:08
Team	The Independent Pedaler (Joscelin Lowden, Emily Meakin, Emma Lewis)	1:00:07
Age awards		
40-44	Melanie Sneddon, TORQ Performance	0:21:45
45-49	Debbie Bradley, Team Bottrill	0:22:03
50-54	Angela Carpenter, ...a3crg	0:20:53
55-59	Sarah Matthews, ...a3crg	0:22:10
60-64	Deborah Sheridan, Warwickshire RC	0:23:22

Juniors

1	Thomas Day, Giant CC Halo Films	0:18:46
2	Oliver Knight, HMT Hospitals Giant Cycling Team	0:18:56
3	Josh Charlton, Hetton Hawks CC	0:19:00
1 girl	Elynor Backstedt, Storey Racing	0:20:40
2 girl	Caitlin Peters, Storey Racing	0:21:45
3 girl	Sophie Lewis, Cycle Team Onform	0:22:20
Team	Innovation Racing (George Elliot, Daniel Yates, Joel Ackers)	1:01:44
Age awards		
12 boy	Finlay Tarling, Team Backstedt Bike Performance	0:20:54
14 boy	Morgan Lloyd, Cycle Specific	0:21:54
15 boy	Daniel Yates Innovation Racing	0:20:39
16 boy	Josh Charlton, Hetton Hawks CC	0:19:00
17 boy	Thomas Day, Giant CC Halo Films	0:18:46
18 boy	Oliver Knight, HMT Hospitals – Giant Cycling Team	0:18:56
12 girl	Sophie Heighton, Stockton Wheelers	0:26:30
17 girl	Elynor Backstedt, Storey Racing	0:20:40
18 girl	Elizabeth Marvely, Liv AWOL	0:22:30



Eva Callinan,
Liv AWOL



Charlie Quarterman,
Zappi Racing Team

**10 Miles, 31 August, E2/10,
London East DC
Men**

1	Charlie Quarterman, Zappi Racing Team	0:18:14
2	Christopher Fennell, The Independent Pedaler	0:18:26
3	Adam Duggleby, Vive Le Velo	0:18:47
Team	AeroLab Ward Wheelz (William Perrett, Tom Ward, Alex Pritchard)	0:57:31
Age awards		
40-44	David Mead, Race Rapid	0:19:26
45-49	Alan Murchison, Drag2Zero	0:19:46
50-54	Simon Bowler, AS Test Team	0:20:55
55-59	Kevin Tye, VeloRefined.com Aeromsmiths	0:20:25
60-64	Keith Ainsworth, Sheffrec CC	0:19:57
65-69	Andrew Grant, Cambridge CC	0:22:21

**Youth Championships, 14 September, T10C
Teesside DC**

Boys		
1	Charlie Bailey, Lee Valley Youth CC	0:21:00
2	Josh Charlton, Hetton Hawks CC	0:21:01
3	Jamie Whitcher, Bournemouth Cycleworks - Vitec Fire - Ford Civil - Trek	0:21:21

Girls

1	Eva Callinan, Liv AWOL	0:24:49
2	Millie Van Nierop, Welland Valley CC	0:25:53
3	Holly Ramsey, Poole Whs	0:26:35
Team	Bourne Wheelers (Alex Galpin, Bryn Richards, Dan Galpin)	1:10:28
Age awards		
12 boy	Finlay Tarling, Team Backstedt Bike Performance	0:22:40
13 boy	Alex Beldon, Team Bottrill	0:22:33
14 boy	Alex Galpin, Bourne Wheelers	0:23:12
15 boy	Jamie Whitcher, Bournemouth Cycleworks - Vitec Fire - Ford Civil - Trek	0:21:21
16 boy	Charlie Bailey, Lee Valley Youth CC	0:21:00
12 girl	Rebecca Woodvine, Mid Shropshire Wheelers	0:28:17
13 girl	Holly Ramsey, Poole Whs	0:26:35
14 girl	Ella Jamieson, Clifton CC York	0:26:39
15 girl	Maddy Hall, Breeze Bikes RT	0:27:13
16 girl	Eva Callinan, Liv AWOL	0:24:49

**Closed Circuit, 20 October, P/Thrupton
South DC
Men**

1	Christopher Fennell, The Independent Pedaler	0:21:47
2	Ken Buckley, Nuun-Sigma Sport-London RT	0:22:27
3	Arthur Franklin, Team HUUB	0:22:41
Age awards		
40-44	Brett Harwood, Team Bottrill	0:22:48
45-49	Paul Jones, Primera-Teamjobs	0:24:24
50-54	Simon Bowler, AS Test Team	0:24:10
55-59	Greg Parker, Estrella Bikes	0:24:27
60-64	Antony Brown, Kettering CC	0:24:56
65-69	David Butt, CC Weymouth	0:26:53
70-74	Roger Barnes, Dursley Road Club	0:31:54
75-79	Terry Icke, CC Weymouth	0:28:45

Women

1	Joscelin Lowden, The Independent Pedaler	0:24:22
2	Emily Meakin, The Independent Pedaler	0:25:07
3	Megan Dickerson, Storey Racing	0:25:53
Age awards		
40-44	Sarah Storey, Storey Racing	0:25:56
45-49	Lisa Davis, trainSharp	0:28:29
50-54	Angela Carpenter, ...a3crg	0:26:00
55-59	Sarah Matthews, ...a3crg	0:28:20
60-64	Deborah Sheridan, Warwickshire Road Club	0:30:27
65-69	Alison Vessey, Didcot Phoenix CC	0:32:59
70-74	Gillian Reynolds, Willesden CC	0:32:18

Juniors

1	Thomas Day, Giant CC Halo Films	0:22:50
2	James Lloyd, Oxonian CC	0:23:49
3	Joshua Tarling, Team Backstedt Bike Performance	0:24:15
1 girl	Zoe Backstedt, Storey Racing	0:25:59
2 girl	Isabel Sharp, Estrella Bikes	0:26:30
3 girl	Caitlin Peters, Storey Racing	0:26:38
Age awards		
7 boy	Dylan Jones, Bournemouth Jubilee Whs	1:01:07
9 boy	Joseph Fiander, Monmouth Tri Club	0:44:10
11 boy	Charlie Pettifer, Poole Whs	0:35:10
12 boy	Juri Reidenbach, Leicester Forest CC	0:31:31
13 boy	Finlay Tarling, Team Backstedt Bike Performance	0:25:22
14 boy	Cormac Nisbet, High Wycombe CC	0:28:02
15 boy	Joshua Tarling, Team Backstedt Bike Performance	0:24:15
16 boy	Oisín Murphy, Hillingdon Slipstreamers	0:25:26
17 boy	Thomas Day, Giant CC Halo Films	0:22:50

18 boy	Sam Clark, Hargroves Montezuma's RT	0:24:54
10 girl	Abbey Thompson, Suffolk Youth Race Team	0:31:51
12 girl	Sophie Heighton, Stockton Wheelers CC	0:32:52
13 girl	Holly Ramsey, Poole VVhs	0:29:39
14 girl	Isabel Sharp, Estrella Bikes	0:26:30
15 girl	Zoe Backstedt, Storey Racing	0:25:59
16 girl	Eva Callinan, Liv AWOL	0:26:41
17 girl	Freya Richardson, Hargroves Montezuma's RT	0:29:11
18 girl	Caitlin Peters, Storey Racing	0:26:38

Hill Climb, 27 October, S20, South West DC

Men

1	Ed Laverack, SwiftCarbon Pro Cycling	11:37.0
2	Paul Double, Velo Club Venta	11:46.1
3	Richard Bussell, AeroCoach	12:15.2
Team	Cycles In Motion (Patrick Clark, Archie Cross, Eugene Cross)	38:31.2

Age awards

40-44	Phil Stonelake, Bristol Road Club	13:12.2
45-49	Conrad Moss, Nopinz	14:19.3
50-54	Steve Thomas, Bristol Road Club	14:22.7
55-59	Gary Fouracres, Northover VT/Rudy Project/SCS	15:30.8
60-61	John Flanagan, Moonglu CC	16:24.7
65-69	Richard Burt, Solihull CC	19:39.2
70-74	Chris Ash, Mid Devon CC	22:50.9
75-79	Murray Kirton, A5 Rangers CC	26:52.7

Women

1	Hayley Simmonds, AeroCoach	14:17.8
2	Joscelin Lowden, The Independent Pedaler	14:29.3
3	Rebecca Richardson, Brother.UK Fusion RT	14:41.7
Team	Brother.UK Fusion RT (Rebecca Richardson, Nicole Coates, Lucy Lee)	48:07.4

Age awards

40-44	Bithja Jones, Pankhurst Cycles	17:02.0
45-49	Maryka Sennema, Paceline RT	15:25.1
50-54	Wiebke Rietz, 1st Chard Wheelers	19:48.3
55-59	Sue Wood, Mid Devon CC	19:51.4
60-64	Karen Brooks, Team Sportslab	21:15.6
65-69	Janet Burthem, Velo Club Melyd	19:10.6

Juniors

1	Chris Mann, Velotik Racing Team	13:47.0
2	Jacques Coates, Cycle Team Onform	14:00.6
3	Sam Clark, Hargroves Montezuma's RT	14:01.1
1 girl	Caitlin Peters, Storey Racing	17:00.5

Age awards

13 boy	Patrick Casey, Cycle Sport Pendle	15:25.3
14 boy	Abe Reid, Dartmoor Velo	15:10.4
15 boy	Lewis Holmes, Matlock CC	16:00.0
16 boy	Taylor Hill, Team JRC	14:48.2
17 boy	Matthew Houlberg, Portsmouth North End CC	14:07.6
18 boy	Chris Mann, Velotik Racing Team	13:47.0
13 girl	Sophie Heighton, Stockton Wheelers CC	23:30.1
16 girl	Connie McLaughlin, Dartmoor Velo	19:34.9
18 girl	Caitlin Peters, Storey Racing	17:00.5

BRITISH BEST ALL-ROUNDER COMPETITION

Men

1	Jonathan Shubert, Arctic Aircon RT	28.414
2	Tim McEvoy, Lanhydrock Wheelers	28.021
3	Neil Lauder, Arctic Aircon RT	27.714
4	Mark Smith, Crawley Wheelers	27.622
5	Darren Yarwood, Vive Le Velo	27.531
6	Andy Jackson, AeroCoach	27.527
7	Nick Clarke, Arctic Aircon RT	27.412
8	Tom Thornely, Buxton CC/Sett Valley Cycles	27.272
9	Anthony Jones, Towry Riders Cycle Club	26.861
10	Stephen Williamson, ...a3crg	26.855
11	Henrik Persson, Kingston Wheelers CC	26.764
12	Peter Hooper, Eastbourne Rovers CC	26.752

Team

1	Arctic Aircon RT, (Jonathan Shubert, Neil Lauder, Nick Clarke)	27.847
2	Vive Le Velo, (Darren Yarwood, Neil Cleminshaw, Andrew Askwith)	25.793

Women

1	Vicky Gill, Drag2Zero	28.032
2	Alice Lethbridge, Drag2Zero	27.790
3	Michelle Lee, PDQ Cycle Coaching	27.099
4	Angela Carpenter, ...a3crg	27.067
5	Jackie Field, CC Ashwell	26.504
6	Liz Powell, Drag2Zero	26.290

Team

1	Drag2Zero, (Vicky Gill, Alice Lethbridge, Liz Powell)	27.371
2	Blaydon CC, (Joanne Rea, Carrie Brookes, Gemma Hutchins)	22.525

Junior BBAR

Boys

1	George Elliott, Innovation Racing	31.019
2	Joshua Tarling, Team Backstedt Bike Performance	30.597
3	Sam Murray, Drag2Zero	29.126



Jonathan Shubert,
Arctic Aircon RT

Girls

1	Caitlin Peters, Storey Racing	27.818
2	Isabella Johnson, Datallynx-Parenesis Cycling	24.775
3	Katie-Ann Elliston, Southend Wheelers	23.338

Juniors

1	Fabien Large, Nopinz	238
2	Arthur Boulton, Vision Innovative Leisure Racing Team	234
3	Thomas Heighton, Stockton Wheelers CC	222

SIGMA SPORTS CLASSIC SERIES

Men

1	Adam Wild, GS Metro	237
2	Phil Williams, Liverpool Phoenix CC (Aintree)	236
3	Leon Wright, Race Hub	227

Points

Paracyclists

1	Graeme Church, Team Milton Keynes	238
2	Nicholas Fairfield, City RC (Hull)	237
3	Ben Watson, Glossop Kinder Velo Cycling Club	60

Espoirs

1	Adam Wild, GS Metro	240
2	Rob Walker, Cambridge University CC	177
3	Cameron Oliver, RT 23	114

Veterans Actual

1	Ben Lane, GS Metro	232
2	Simon Deeley, Team HUUB	230
3	Dave Dent, GS Stella	221

Women

1	Kelly Murphy, Storey Racing	236
2	Fiona Burnie, GS Metro	228
3	Karen Taylor, Team Sportslab	209

Veterans Target Time

1	David Hargreaves, North Lancashire Road Club	240
2	Dave Dent, GS Stella	228
3	Mark Sanders, Mid Devon CC	225

Women Veterans

1	Karen Taylor, Team Sportslab	232
2	Jennifer Smart, Team Velovelocity	230
3	Alison Vessey, Didcot Phoenix CC	224

Team Winners

GS Metro (Adam Wild, Ben Lane, Fiona Burnie)	700
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COMPETITION RECORDS

20/04/19	Men, 25 miles, Tricycle Team	Ian Pike Andy Newham David Mason	Lincoln Wheelers CC	2:54:17
06/05/19	Men, 15 miles, Tricycle Team	Ian Pike Andy Newham Lez Young	Lincoln Wheelers CC	1:56:12
09/06/19	Mixed, 25 miles, Tandem Bicycle	Rachael Elliott Ian Greenstreet	Newbury RC AeroCoach	47:09
05/06/19	Mixed, 15 miles, Tandem Bicycle	Rachael Elliott Ian Greenstreet	Newbury RC AeroCoach	28:01
05/06/19	Women, 15 miles, Bicycle	Emma Lewis	The Independent Pedaler	29:48
05/06/19	Men, 15 miles, Bicycle	Christopher Fennell	The Independent Pedaler	27:33
15/06/19	Juvenile men, 10 miles, Bicycle	Joshua Tarling	Team Backstedt Bike Performance	18:55
23/06/19	Men, 100 miles, Bicycle Team	Neil Lauder, Nick Clarke, Jonathan Shubert	Arctic Aircon RT	10:25:56
13/07/19	Mixed, Tandem Bicycle, 30 miles	Rachael Elliott Ian Greenstreet	Newbury RC AeroCoach	57:19
14/07/19	Mixed, Tandem Bicycle, 100 miles	Becky Lewis, Howard Lewis	Mid Shropshire Wheelers	3:32:02
14/07/19	Men, Tandem Bicycle, 100 miles	Adam Duggleby, Darren Yarwood	Vive Le Velo	3:17:51
14/07/19	Men, 100 miles, Bicycle	Marcin Bialoblocki	NopinZ	3:13:37

Rachael Elliott, Newbury RC, and
Ian Greenstreet, AeroCoach



Andy Newham,
Lincoln Wheelers CC

10/07/19	Men, 15 miles, Tricycle Team	Ian Pike Andy Newham David Mason	Lincoln Wheelers CC	1:42:12
13/07/19	Women, 30 miles, Bicycle Team	Angela Carpenter, Kirsty McSeveney, Lucy Mitchell	...a3crg	3:28:12
24/07/19	Mixed, 15 miles, Tandem Bicycle	Rachael Elliott Ian Greenstreet	Newbury RC AeroCoach	27:55
24/07/19	Men, 15 miles, Bicycle	Marcin Bialoblocki	NopinZ	26:35
24/07/19	Men, 15 miles, Bicycle Team	Marcin Bialoblocki, Conrad Moss, Lee Frost	NopinZ	1:24:05
20-21/07/19	Women, 24 hours, Bicycle	Christina Murray	Army Cycling Union	478.42 miles
20-21/07/19	Men, 24 hours, Bicycle	Graham Kemp	Team Bottrill	544.32 miles
26/06/19	Junior women, 15 miles, Bicycle	Caitlin Peters	Storey Racing	33:57
05/06/19	Junior women, 15 miles, Bicycle	Freya Richardson	Hargroves Montezuma's RT	35:53
31/08/2019	Women, 10 miles, Bicycle Team	Joscelin Lowden, Emily Meakin, Emma Lewis	The Independent Pedaler	1:00:07
21/09/19	Mixed, 30 miles, Tandem Bicycle	Rachael Elliott Ian Greenstreet	Newbury RC AeroCoach	56:54
21/09/19	Junior women, 30 miles, Bicycle	Katie-Ann Elliston	Southend Wheelers	01:17:31

**CYCLING TIME TRIALS
INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2019**

	2019		2018	
	£	£	£	£
Income				
Subscriptions		67,671		65,909
Levies		132,010		129,097
Club		181,760		194,140
Investment income		1,478		1,921
Handbook				
Costs				
Printing	5,420		18,315	
Postage	3,776		5,137	
Production	5,000		3,000	
	14,196		26,452	
Sales	10,140		11,823	
Deficit		(4,056)		(14,629)
Online charges		24,604		27,373
TOTAL		403,467		403,811
Expenditure				
National administration expenses:-				
Salaries, honoraria etc	129,691		111,298	
Administration costs	26,578		23,662	
Advertising and publicity	28,972		35,664	
National Council – printing	4,777		5,029	
National Council – travel and accommodation	20,790		19,887	
Board of Directors – travel and accommodation	45,309		49,878	
Web maintenance and web entry expenses	28,638		31,269	
	284,755		276,687	
Repairs and maintenance	4,157		12,904	
District Council expenses	14,467		15,488	
Competition and championship expenses:-				
National championship expenses	19,196		16,739	
Drug tests	46,804		47,407	
Medals and trophies	12,361		18,697	
Competition secretary costs	17,184		16,832	
Time trial series	7,479		8,392	
Race numbers	3,762		4,418	
Champions night	19,834		19,138	
	126,620		131,623	
Other expenses:-				
Insurance	42,522		45,125	
Audit fees	3,481		3,216	
Course measurers' workshop	4,938		5,515	
Warning signs and safety vests	832		3,357	
Scholarship funding	4,750		1,600	
District forum	5,116		240	
Depreciation	6,125		2,849	
Charitable donations	-		250	
Profit on disposal of fixed asset	-		(510)	
Corporation tax	281		365	
	68,045		62,007	
Total expenditure	498,043		498,709	
(Deficit)/Surplus of income over expenditure		(94,577)		(94,898)
TOTAL		403,466		403,811

**CYCLING TIME TRIALS
BALANCE SHEET AS AT 31 MARCH 2019**

	2019		2018	
	£	£	£	£
Fixed Assets				
Motor Vehicle	27,348		27,348	
Less				
Depreciation	(8,974)		(2,849)	
Book value		18,374		24,499
Current Assets				
Stocks	19,620		8,446	
Debtors etc	52,698		37,398	
Cash at bank and in hand	60,418		75,140	
Cash invested on deposit	185,993		283,217	
Cash at Districts	2,126		3,045	
	320,855		407,246	
Current Liabilities				
Creditors and accruals	18,989		16,928	
	18,989		16,928	
Net Current Assets		301,866		390,318
TOTAL ASSETS		320,240		414,817
Reserves				
Other reserves		157,855		157,855
Profit and loss account		162,385		256,962
TOTAL		320,240		414,817

INDEPENDENT AUDITOR'S STATEMENT TO THE MEMBERS OF CYCLING TIME TRIALS LIMITED

We have examined the Summary Financial Statement of Cycling Time Trials Limited for the year ended 31 March 2019.

Respective responsibilities of the directors and the auditor

The directors are responsible for preparing the Summary Financial Statement in accordance with applicable United Kingdom law. Our responsibility is to report to you our opinion on the consistency of the Summary Financial Statement with the full annual financial statements. We also read the other information contained in the Summary Financial Statement and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the Summary Financial Statement.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/3 'The auditor's statement on the summary financial statement in the United Kingdom' issued by the Auditing Practices Board. Our report on the full financial statements describes the basis of our audit opinion on those financial statements.

Opinion on summary financial statement

In our opinion the Summary Financial Statement is consistent with the full financial statements of Cycling Time Trials Limited for the year ended 31 March 2019.

Porthill Lodge
High Street
Newcastle under Lyme
Staffordshire
ST5 0EZ

DJH Accountants Limited
Chartered Certified Accountants



Ed Laverack,
SwiftCarbon Pro Cycling



Chairman:
MRS SHEILA HARDY

National Secretary (Legal & Corporate):

NICK SHARPE

Wash Farm, Wash
Chapel-en-le-Frith
High Peak

SK23 0QW

07798 552390

nick.sharpe@cyclingt看trials.org.uk

NOTE:

Three copies of the agenda are being sent to the secretary of each affiliated club. If the recipient is not now the secretary of the club it is requested that these be forwarded promptly to the new secretary who should notify the National Secretary (Competitions & Development) of the change of secretary to keep the Company's records up-to-date.

CYCLING TIME TRIALS IS A COMPANY LIMITED BY GUARANTEE REGISTERED IN ENGLAND No: 4413282
Registered Address: C/O DJH Accountants Ltd, Porthill Lodge, High Street, Wolstanton, Newcastle under Lyme,
Staffordshire, ST5 0EZ