

New Forest Cycling Club

Boxing Day 10

26th December 2019

This event is being promoted for and on behalf of Cycling Time Trials under their Rules and Regulations.

The Boxing Day 10 has traditionally been a fun event to end the year, although we have still seen fast times in previous years. In the fact, the solo course record was broken in the event last year by Ken Buckley in a time of 20:11.

This year a bottle of champagne will be awarded to the person who breaks the solo course record of 20:11 and to the tandem pair who break the fastest known open mixed tandem time of 23:02 (done in August 2017).

Fancy dress is encouraged and there will be prizes for the best costumes!

Any profit from the event is being donated to our two nominated charities, Oakhaven Hospice and the Hampshire and Isle of Wight Air Ambulance.

Teas and refreshments will be available on the day for a donation that will also go to the charities.

HQ and Parking

The event HQ and signing on is at Bisterne Village Hall on the B3347 and will be open for sign on from 8:00am. Please be aware that parking at the village hall itself is limited. There is space for 20 cars at St Paul's church car park almost next door to the village hall; the gate will be open from 8:00am. There is a long layby a short distance north of the HQ and one to the south just past the start of the 30mph limit. Please DO NOT park on the grass verge outside the HQ.

Riding to and from the start and finish

The distance from the HQ to the start is 2 miles. Please allow plenty of time to get to the start.

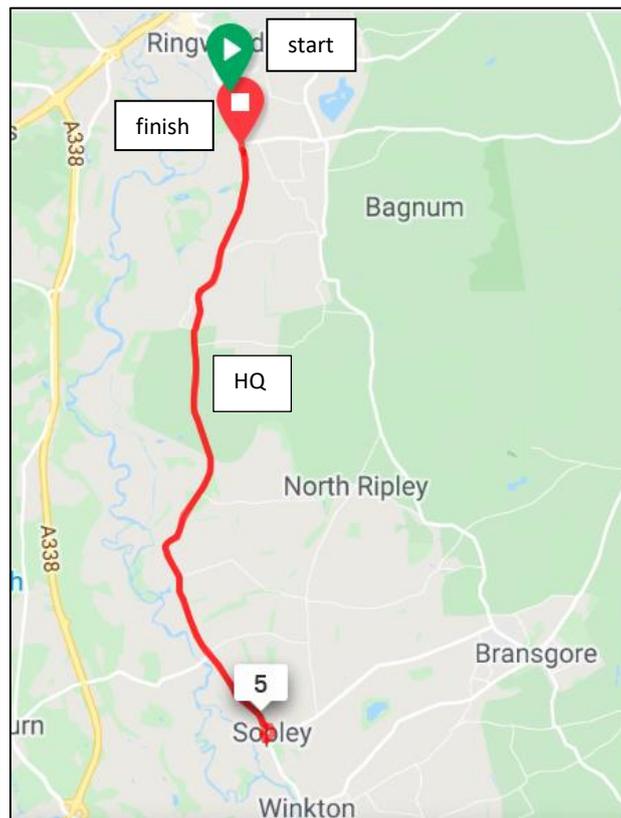
You will be on the course when you ride to the start and back from the finish. **Please be mindful of riders racing.** I cannot recommend another route, as some of the lanes are in quite bad condition after the wet weather. But feel free to use the local lanes to get to and from the start/finish if you prefer.

Time Keepers: Maggie Bracher – New Forest CC
John Burrige – New Forest CC
Martin Napier – Sotonia CC

Event Secretary: Catherine Pascoe, 13 Avenue Road, Walkford, Dorset. BH23 5QH.
Telephone: 0796 482 9454

P311 - Full Course Description:

START at first lamp post in Wellworthy Road, proceed west for 30m to new roundabout on B3347 (SU153044). Turn left (**CARE – give way**) onto Christchurch Road. Proceed south via Bisterne and Avon to Sopley one-way system. (5.2m). Turn right over bridge at The Woolpack and retrace to Ringwood via Avon and Bisterne to **FINISH** at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green (SU153038).



Safety Notes:

Riders must:

- not make U turns in the vicinity of the Start or Finish
- not warm up on the Course.
- not stop at the Finish but continue to the event Headquarters.
- not cut the corner at Sopley one-way system on first right turn as road is two-way at this point

Take Extra Care:-

- From start to Moortown Lane – busy with houses and side roads, busy garage on left, finish on right.
- Avon Tyrrell Farm - sharp bend with possible gravel.
- Avon Causeway - beware of traffic stopping to turn right or emerging onto course.

It is advisable to wear a hard shell helmet

It is compulsory to have a rear light on flashing or steady mode. A front light is advised.

When navigating to the start please take care on exiting the HQ if turning right across the on-coming traffic. If you have later start, also please take particular care not to impede riders from either direction who may already be on the course.

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

Signing-on Sheet and Signing-out Sheet

- The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.
- In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s); and (ii) sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.
- This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to

check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Prizes:

Prizes in the form of gifts will be given to:

- Junior men and women - 1st, 2nd, 3rd
- Espoir men and women – 1st, 2nd, 3rd
- Senior men and women - 1st, 2nd, 3rd
- Vet 40-49 men and women - 1st, 2nd, 3rd
- Vet 50-59 men and women - 1st, 2nd, 3rd
- Vet 60+ men and women - 1st, 2nd, 3rd
- Tandems – 1st, 2nd, 3rd
- Fancy dress – 1st, 2nd, 3rd, 4th, 5th, 6th, 7th, 8th, 9th, 10th.

Please stay for the prize presentation, which will take place as soon as possible after the event. There are a lot of prizes and you may have won something! If you are wearing fancy dress please come and show off your costume so that we can award prizes for the best!

Start List

No	Start Time	Name		Club	M/F	Cat
		Tandem				
1	10:02:00	Julian	Gee	Sotonia CC	M	Vet 60
2	10:02:00	Bethany	Gee	Sotonia CC	F	Senior
3	10:04:00	Michael	Rice	Farnham RC	M	Vet 50
4	10:04:00	Deana	Rice	Farnham RC	F	Vet 50
5	10:06:00	James	Horton	Velo Club St Raphael	M	Senior
6	10:06:00	Emma	Needham	Poole Whs	F	Senior
7	10:08:00	Mary	Corbett	Sotonia CC	F	Vet 60
8	10:08:00	Michele	Ward	Velo Club Venta	F	Vet 40
		Solo				
10	10:10:00	Anthony	Fowler	Christchurch Bicycle Club	M	Senior
11	10:11:00	Maria	Golden	...a3crg	F	Vet 50
12	10:12:00	Emma	Fowler	Christchurch Bicycle Club	F	Senior
13	10:13:00	Mike	Anderson	Club Cycliste Moncontourais	M	Vet 60
14	10:14:00	Nicholas	York	Christchurch Bicycle Club	M	Senior
15	10:15:00	W George	Bolton	Bournemouth Arrow CC	M	Vet 90
16	10:16:00	Andrina	Kelly	Brighton Mitre CC	F	Vet 40
17	10:17:00	Jacqueline	York	Christchurch Bicycle Club	F	Vet 60
18	10:18:00	Beth	Allum	University Of Manchester CC	F	Espoir
19	10:19:00	Norman	King	St Neots CC	M	Vet 60

20	10:20:00	Barry	Hards	New Forest CC	M	Vet 60
21	10:21:00	Matthew	Cafferky	New Forest CC	M	Senior
22	10:22:00	Robert	York	Christchurch Bicycle Club	M	Vet 60
23	10:23:00	Paul	Brown	Bournemouth Jubilee Whs	M	Vet 40
24	10:24:00	Kym	Harvey	FATCREATIONS	F	Vet 50
25	10:25:00	Tony	Hamilton	Salisbury Road and Mountain CC	M	Vet 40
26	10:26:00	Nicholas	Brewster	Solent Pirates Youth Cycling Club	M	Junior
27	10:27:00	Joey	Blythe	Bournemouth Arrow CC	M	Juv
28	10:28:00	Martin	Balk	3C Cycle Club	M	Vet 60
29	10:29:00	Tom	Kelly	Poole Whs	M	Vet 40
30	10:30:00	Raymond	Hughes	Clarence Wheelers CC	M	Vet 60
31	10:31:00	Matt	Blythe	Bournemouth Arrow CC	M	Vet 40
32	10:32:00	Richard	Hambly	Christchurch Bicycle Club	M	Vet 40
33	10:33:00	Julian	Sheppard	New Forest CC	M	Vet 40
34	10:34:00	Naomi	Shinkins	Bournemouth Cycleworks - Vitec Fire – Ford Civil - Trek	F	Senior
35	10:35:00	Stuart	Willis	Farnham RC	M	Vet 50
36	10:36:00	Jeremy	Hubbard	Hargroves Cycles CC	M	Senior
37	10:37:00	Gavin	Robinson	New Forest CC	M	Senior
38	10:38:00	Damon	Payne	Royal Navy & Royal Marines CA	M	Vet 40
39	10:39:00	Adrian	Watkins	Tornado Road Cycling Club	M	Vet 50
40	10:40:00	Phillip	Scriven	Bournemouth Jubilee Whs	M	Vet 40
41	10:41:00	Steve	Skinner	Bognor Regis CC	M	Vet 60
42	10:42:00	Pete	Wilson	Bournemouth Arrow CC	M	Vet 60
43	10:43:00	George	Creasey	Bournemouth Cycleworks - Vitec Fire – Ford Civil - Trek	M	Espoir
44	10:44:00	Stewart	Ward	New Forest CC	M	Vet 40
45	10:45:00	Ryan	Sheppard	G.S. Henley	M	Senior
46	10:46:00	Martin	Beale	Velo Club St Raphael	M	Vet 40
47	10:47:00	Stuart	Thompson	Velo Club St Raphael	M	Vet 40
48	10:48:00	George	Skinner	Primera-Teamjobs	M	Espoir
49	10:49:00	Jack	Martin	Velo Club Venta	M	Espoir
50	10:50:00	Nick	Frewin	Bournemouth Jubilee Whs	M	Vet 60
51	10:51:00	Ray	Claridge	New Forest CC	M	Vet 40
52	10:52:00	Russell	Kingston	Worcester St. Johns CC	M	Vet 40
53	10:53:00	Julian	Lockwood	Primera-Teamjobs	M	Vet 50
54	10:54:00	Brendan	Reese	Army Cycling	M	Vet 40
55	10:55:00	Aron	Kelly	New Forest CC	M	Senior
56	10:56:00	Craig	Haslam	Bournemouth Cycleworks - Vitec Fire – Ford Civil - Trek	M	Vet 40
57	10:57:00	James	Fawcett	...a3crg	M	Vet 50
58	10:58:00	B Xavier	Disley	AeroCoach	M	Senior
59	10:59:00	Paul	Lockyer	New Forest CC	M	Senior
60	11:00:00	Samuel	Wadsley	Primera-Teamjobs	M	Espoir
61	11:01:00	Alan	Murchison	DRAG2ZERO	M	Vet 40