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Andy Nosworthy Memorial Time Trial



Andrew Nosworthy
1967 – 2014

So many happy cycling
memories shared with
Andy...Such a big character
who has left a massive hole in
our lives.

10.5 Mile Time Trial
Incorporating 'The Andy Nosworthy Memorial Trophy'

Sunday 16th February 2020
Promoted on behalf of the CTT under their rules and regulations

Event Secretary

Mr. Robert Scott,
City Cycle Couriers, The Business Centre,
2 Cattedown Road, Plymouth, PL4 0EG
Mobile: 07875760254

Timekeeper

Marshals

Event Headquarters

Ian Myers – City Cycle Couriers RT
Members & friends of City Cycle Couriers RT
Ermington Reading Rooms, Church Road, Ermington, PL21
9JT

The Event Headquarters will be open from 8am, please collect number and sign on. Please note limited parking at HQ.

Course Details:

S3/10.5S - The course follows CTT's S3/10S which is a 10.5 mile out-and-back course. Start on A3121 at Ermington approx 100m east of Hollocombe Cross, keeping on the A3121 in a North East direction and heading out to pass Ugborough and Kitterford Cross (M), turn at Ladywell Cross (M), where retrace in South West direction to finish approx. 100m from Hollocombe Cross.

Course Record Holder: Andrew White – 22min 50secs - 2018

Notes to riders:

- 1.) Please allow 10 minutes at least to ride to the start.
- 2.) Observe the Highway Code and keep your head up at all times.
- 3.) Do not "white line"
- 4.) Paced Riding: CTT regulation No.21 must be applied at all times. Any rider seen taking pace from another competitor will be disqualified.
- 5.) Hard shell helmets compulsory. Competitors under the age of 18 must wear a hard shell helmet.
- 6.) **All competitors – please be aware of CTT Regulation 14(i):
No competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.**
- 7.) **NO REAR LIGHT – NO RIDE.**
- 8.) Under NO circumstances should you ride with headphones, anyone seen to do so will be disqualified.

Prize list (to be awarded on the day only & one rider / one prize).

1st Overall - £15 + Andy Nosworthy Memorial Trophy

2nd Overall - £10

3rd Overall - £5

1st Lady - £10

1st Vet 45+ - £5

1st Vet 60+ - £5

Previous Winners:

2014 Adam Gitlin

2015 Gary Fouracres

2016 Niall Todd

2017 Andrew White

2018 Dean Robson

Alltrax

St Austell Wheelers

Tavistock Wheelers

BPM Coaching

Northover VT

Starting Order:

No	Name	Club	Cat	Age	LTS	Start
1	John Morgan	City Cycle Couriers RT	Senior	38	32:14	0901
2	Ivor Pooke	City Cycle Couriers RT	Veteran	69	26:10	0902
3	John Benney	Alltrax	Veteran	68	25:33	0903
4	Philip Young	Alltrax	Veteran	70	24:13	0904
5	Jessica Morrish	North Devon Wheelers	Lady			0905
6	Rob Scott	City Cycle Couriers RT	Senior	31	19:59	0906
7	Francis McBride	Mid Devon CC	Veteran	60	25:02	0907
8	Oliver Allen	Mid Devon CC	Junior	17	25:13	0908
9	Cameron Leslie	RAF CA	Senior	22	25:18	0909
10	Hetty Summerhayes	Mid Devon CC	Lady Esp	20	25:00	0910
11	Andrew Parnowski	City Cycle Couriers RT	Veteran	49	20:40	0911
12	Chris Puertas	Alltrax	Veteran	54	25:00	0912
13	Stuart Pickering	Giant Helston	Veteran	55	24:30	0913
14	Martina Geraghty	Penzance Wheelers	Lady Vet	50	24:10	0914
15	James Greenaway	BPM Coaching	Senior	29	22:47	0915
16	Harry Loader	Team Bottrill	Senior	24	20:41	0916
17	Mark Pierce	Plymouth Corinthian CC	Senior	30	20:33	0917
18	Peter Norris	Cycle Sport South Hams	Veteran	44	22:03	0918
19	James Cartlidge	Plymouth Corinthian CC	Senior	32	20:52	0919
20	Lee Adams	BPM Coaching	Senior	31	20:44	0920
21	John Morse	Penzance Wheelers	Veteran	54	22:44	0921
22	Paul Walshe	Plymouth Corinthian CC	Veteran	44	20:05	0922
23	Morris Elphick	Exeter Wheelers	Veteran	53	22:11	0923
24	Dean Robson	Northover VT / SCS / Rudy Project	Senior	33	18:34	0924

Andrew Nosworthy 1967 - 2014

