

## COURSE V810

### Addingham – Bolton Bridge – Skipton - Addingham

Start in Bolton Road, Addingham (B6160), in gateway to Addingham Primary School, at a point 6 yards south of lamp-post no.8. Proceed north on B6160 to Traffic Island at junction with A59, Bolton Bridge. (2.021mils).

Take 1<sup>st</sup> exit, left, and continue westwards on A59 to Skibeden Traffic Island, junction A65. (5.924mils). Take 1<sup>st</sup> exit, left, and proceed east on A65, via Draughton by-pass, to finish at green road sign, indicating exit point 300 metres, before Traffic Island at junction of A65/B6160 on Addingham by-pass (10.000mils).

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Riders must not stop at the finish - continue on A65 towards Ilkley, to parking area to east of Addingham, or continue to HQ.

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There will be direction boards on the course, as well as marshals. Look out for these. Note: Marshals are only to indicate your direction, and not to control traffic in your favour. At each junction it is your responsibility to ensure that it is safe to proceed. Keep your heads up, and keep to the left of the carriageway.

**TAKE CARE** when turning left at Skibiden Island, not to cross central white line on exiting island. The approach to the island is on a slight downhill, and can be quite fast with a following wind.

**THERE ARE** a few pot-holes, especially around some of the drain covers on the section to Bolton Bridge. Please watch out for these.

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**There is NO PARKING, other than for Officials, at START or FINISH.**

In the interest of your own safety, CYCLING TIMETRIALS, and the Event Promoters strongly advise you to wear a HARD SHELL HELMET that meets an internationally accepted safety standard. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users, and is active whilst the machine is in use.

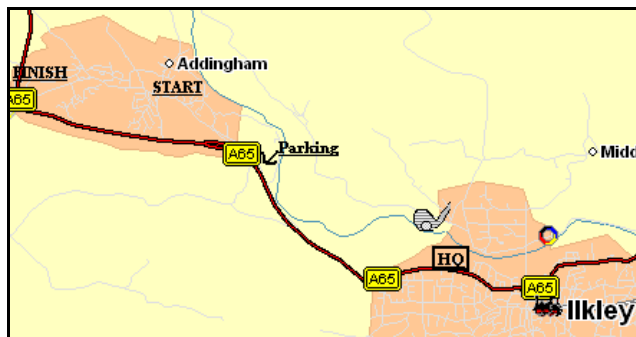
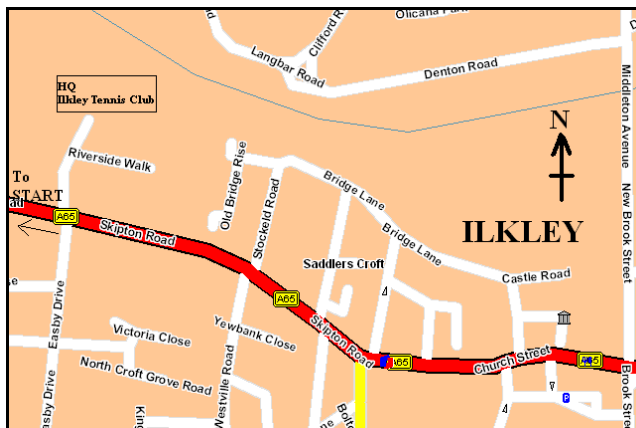
**NB. Junior & Juvenile riders MUST wear an approved Hard Shell Helmet (reg.15).**

## HEADQUARTERS and PARKING

Event Headquarters is the Ilkley Lawn Tennis & Squash Club, Stourton Road, Ilkley, LS29 9BG (see maps). Numbers, signing-on sheet, and Result Board will be located here. There will be Tea & Coffee for riders on return after their ride. There is also a Café & Bar located in the Club. No parking next to HQ building. For those who require parking nearer the start/finish, there is plenty of room on the old Skipton Road (on north side of current A65) to the east of Addingham, about a mile from the start

## SHOE-PLATES ARE NOT TO BE WORN IN HQ

It is approx. 3 miles from the HQ to the start, so allow plenty of time to get there. From HQ proceed to A65 Skipton Road, turn right and continue to turn off for Addingham. Turn right (parking area is on right here, on old road to Ilkley - Sandbeds), and continue on old A65, Addingham Main Street, to junction with A6160. Turn right here, start is on left in about 400yds, in entrance to school.



Promoted for, and on behalf of, Cycling Time Trials, under their Rules & Regulations



## YORKSHIRE ROAD CLUB

### Hilly 10 mile Time Trial

Counting Event for YCF SpoCo Series 2017

Sunday 19<sup>th</sup> March 2017 – Course V810

First rider to start at 09.01 hrs.

**Timekeeper:** John Hardy

**Assistant:** Phil Hurt.

**Event Secretary:** Phil Hurt (for Russell Brown).

11, Greenside Terrace, Leeds LS12 4SZ 07887 622370

Emailto: [philhurt@live.co.uk](mailto:philhurt@live.co.uk)

#### **Awards:**

<b>1<sup>st</sup> Fastest:</b>	£25.	<b>1<sup>st</sup> Woman:</b>	£25.
<b>2<sup>nd</sup> Fastest:</b>	£20.	<b>1<sup>st</sup> Woman on Std:</b>	£15.
<b>3<sup>rd</sup> Fastest:</b>	£15.		
<b>1<sup>st</sup> Vet on Std Age 40-54</b>	£15.		
<b>1<sup>st</sup> Vet on Std Age 55+</b>	£15.		

**NB: one rider, one prize.**

**YRC WEBSITE –** [www.yorkshirerc.org.uk/](http://www.yorkshirerc.org.uk/)

**EVENT HQ** is Ilkley Lawn Tennis & Squash Club,  
Stourton Road, Ilkley LS29 9BG

**PARKING AT HQ – At bottom of hill from A65, go straight ahead,** across field, to hard standing near tennis courts.  
**Do not park in main car park –** you may find yourself boxed in by regulars arriving for junior clubs etc.

**OPEN from 08:00**

Enter through front door, up stairs to right, through café, past toilets to room at end.

**NO SHOE-PLATES IN HQ PLEASE**

Signing-on/Numbers/Results here.

**Awards available at HQ when last rider has returned.**

See Map & Details overleaf.

**THIS IS THE 3<sup>rd</sup> COUNTING EVENT FOR THE YORKSHIRE CYCLING FEDERATION SPOCO COMPETITION 2017.**

The Competition is **open to all riders**, not just members of YCF Affiliated Clubs. Awards in all categories. Riders must complete 6 of the 13 counting events. Fastest Rider scores 120 pts, 2<sup>nd</sup> 119pts etc. There is a separate competition for women: 1<sup>st</sup> Woman 120pts. 2<sup>nd</sup> 119pts etc.

**Counting Events:**

Date	Event	Course
Sun 11 <sup>th</sup> March	Malton Whs 10	V411/1
Sat 18 <sup>th</sup> March	Harrogate Nova 24	V262/24
Sun 19 <sup>th</sup> March	Yorkshire RC 10	V810
Sun 26 <sup>th</sup> March	Ilkley CC 10	V810
Sat 15 <sup>th</sup> April	Otley CC 10	V212
Sun 23 <sup>rd</sup> April	Otley CC 25	V235
Sat 29 <sup>th</sup> April	Yorks Coast Clarion 24	V733/24
Wed 31 <sup>st</sup> May	Halifax Imps 21	V965
Sun 4 <sup>th</sup> June	East Bradford CC 15	V221
Sat 24 <sup>th</sup> June	Bridlington 10	V415
Sun 25 <sup>th</sup> June	Holmfirth CC 10	V915
Tues 27 <sup>th</sup> June	YCF Hill Climb	V9916
Sun 2 <sup>nd</sup> July	Huddersfield Star Whs 10	V915
Sat 8 <sup>th</sup> July	Valley Striders 25	V235
Sat 19 <sup>th</sup> August	YCF 30 (M Pts)	V241
Sat 19 <sup>th</sup> August	YCF 15 (W Pts)	V226
Sat 26 <sup>th</sup> August	Scarborough Paragon 10	V415
Sat 23 <sup>rd</sup> Sept	Harrogate Nova 10	V212

**ORDER OF START – 1<sup>st</sup> RIDER @ 09:01**

No	Rider	Club	Age	Cat
1	Steven Smith	Yorkshire RC	50	V
2	Paul Carr	East Bradford CC	50	V
3	Andrew Lambe	Ilkley CC	46	V
4	Mike Cole	Huddersfield RC	72	V
5	<b>Andy Marshall</b>	<b>VS Cycles</b>	<b>50</b>	<b>V</b>
6	Nigel Austin	Ilkley CC	68	V
7	Sam Leng	Malton Wheelers	26	
8	Mike Firth	Ilkley CC	46	V
9	Jean Croft	Harrogate Nova	53	W
10	<b>Thomas Brabbin</b>	<b>Halifax Imperial</b>	<b>30</b>	
11	John Eric Potter	Bridlington CC	62	V
12	Paul Felce	Adept Precision	45	V
13	Michael Sowden	Airedale Olympic	55	V
14	Claire Jessop	Otley CC	47	W
15	<b>Kieran Savage</b>	<b>Team B38/Underpin</b>	<b>19</b>	
16	Levi Moody	Wheelbase Altura	21	
17	Timothy Mansfield	HD Revolutions	27	
18	John Hobbah	Yorkshire RC	52	V
19	Clare Crabtree	Pedalsport	38	W
20	<b>Alastair Wareham</b>	<b>SLL Racing Team</b>	<b>32</b>	
21	Duncan Mullier	Harrogate Nova	47	V
22	James Lindsay	Hoppers Rollers	33	
23	Dave Bramley	Team Swift	43	V
24	Jim Trevor	Hull Thursday RC	44	V
25	<b>Dan Evans</b>	<b>Team Elite</b>	<b>35</b>	
26	Craig Moody	VTTA Yorkshire	50	V
27	<b>Adam Duggleby</b>	<b>Vive Le Velo</b>	<b>32</b>	

**!!WARNING!!**

The road surface, in the direction ridden, is quite good; however there are a few sunken grates to look out for:

0.77 miles – drain cover, about 3 feet out from grass verge

1.67 miles – man-hole cover, about 3 feet out from verge, some of tarmac has fallen away, leaving a raised leading edge.

2.93 miles – Bikers Café/Garage – beware groups of motorbikes slowing to enter, or those leaving café.

6 to 6.5 miles – a couple of the grates in gutter have sunk slightly

**Please be aware of the new CTT Regulation 17(b)**

For 2017 all competitors in open (Type A) events will be required to return to the event HQ, hand in their number(s) and **SIGN OUT**.

A competitor **MUST** sign out him/herself. It is not permissible for another person to sign out on behalf of the competitor.

***Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number.***

**Failure to do will result in the competitor being recorded as DNF.**