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Kettering Cycling Club
is proud to present,
for and on behalf of Cycling Time Trials under their rules and regulations,

The Mark Bell Memorial Time Trial

on
Sunday 1st March 2020
10.00am

Course NC1A – 20 miles

- START** On A6116 in lay by north of Islip on the Lowick bypass
Proceed towards Stanion on the A6116 to the roundabout with
the A43. where
- TURN LEFT** (first exit onto the A4300) (M) and proceed towards Geddington,
* carry straight on through the village on A4300, to roundabout
with A6183, where
- STRAIGHT ON** (first exit) (M) to proceed through Weekley village to
- TURN LEFT** (M) onto unclassified road to Warkton village.
(** care on narrow bridge)
Proceed through Warkton to Grafton Underwood crossroads
(M),
carry straight on to Slipton village, and at the bottom of hill keep
right (M) (care) and proceed to junction with old A604 where
- TURN LEFT** (M), proceed towards Thrapston, to
- TURN LEFT** at roundabout (M) onto A6116. Proceed North to
- TURN LEFT** (M) into old road into Lowick village (short of lay-by starting
point), to
- FINISH** In line with north end of brick bridge on right hand side, just
before large opening into field.

HQ:- **Lowick Village Hall**, The Germain Rooms, 1 Drayton Road, Lowick,
Northamptonshire NN14 3BH

HQ open from 9am.

Parking

Riders can park outside the hall or anywhere in the village, please be aware the pub is closed so there is no access into their carpark. Do not park too close to finish. Drayton Road is a dead end, there is a turning point at the bottom as it turns into a gated road.

At all times please be courteous to residents.

Parking at start and finish only by race officials.

To Start:-From HQ proceed to the T junction (Drayton Road) and turn right onto Main Road and continue out of the village to the A6116 (Lowick Bypass). Turn left onto A6116 (take care) and proceed to start (first layby on the left). Please allow approx 10 mins to start.

Timekeepers

Richard Daniells

Sue Holliday (Tove Valley CC)

Pusher off, Marshalls & helpers: Members and friends of Kettering Cycling Club.

Event Organiser

Sue Rust (Kettering Cycling Club)

46 Northampton Road, Broughton, Kettering NN14 1NS

Tel: 07973 502951

E-mail: sue@custardcreative.co.uk

The Mark Bell Memorial Time Trial – event information

Mark Bell was a member of the Kettering Amateur C.C. and an up and coming racing man. He died tragically whilst competing in a time-trial in 1994. The impressive Mark Bell Memorial Trophy was presented by his family.

The Mark Bell Memorial Trophy goes to :- “The fastest rider living in Northamptonshire” and receives the trophy and a complimentary ticket to the Club Dinner to collect the award

The Brian Charouneau Trophy goes to :- “The fastest rider from a Northamptonshire Club”, and receives the trophy and a complimentary ticket to the Club Dinner to collect the award.

Previous Winners

Mark Bell Memorial Time Trial 2019 – Joe Perkins 42:43

Mark Bell Memorial Trophy 2019 – George Fox 44:08

Brian Charouneau Cup 2019 – Fabos Young 45:30

Course Records

Solo Male

41:52

Matthew Bottrill

01-Mar-15 | [Kettering CC](#)

Solo Female

54:13

Linda Hubbard

05-Mar-17 | [kettering cc](#)

Solo Male (Junior)

52:34

Trystan Barnett

03-Mar-19 | [Kettering CC](#)

Solo Female (Junior)

59:34

Bethany Spencer

03-Mar-19 | [Kettering CC](#)

Prizes

Fastest Overall 1st £20 2nd £15 3rd £10

Safety Instructions

All issues affecting competitors as identified by the risk assessment

Safety Advice

- Course note * There are two Pelican crossings in Geddington, please be aware of them.
- Course note ** There is a narrow bridge as you enter Warkton, please be aware of oncoming traffic as this is of a single vehicle width
- Parts of the course are on unclassified roads requiring extreme caution.
- Hard-shell Helmets are recommended (Compulsory for under 18 year olds). In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard-shell Helmet that meets an internationally accepted standard.
- It is compulsory that a working rear light either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use. Any rider without a working rear light may be disqualified.
- Any rider performing a 'U' turn within sight of the start or finish may be disqualified (A 'U' turn is defined as a 180-degree turn completed within the width of the carriageway whilst astride the machine. It is recommended that riders should dismount, check the road is clear in both directions then, with machine, walk across the road.).

Race Numbers

Please sign in at HQ where number can be collected.

Please note that all competitors are required to personally sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as D.N.F.

Return Race Number to HQ (NOT start or finish) and exchange for a drink.

Tea, Coffee and Snacks

Hot teas and coffee available.

Cakes and energy bars can be purchased/donation.

Start Sheet

#	Start time	Rider	Club		
1	10:01:00	Andrew Knight	Team Bottrill	Male	Veteran
2	10:02:00	Danny Metherell	VeloElite RC	Male	Veteran
3	10:03:00	Andrew Carter	Rockingham Forest Wheelers	Male	Veteran
4	10:04:00	Michael Carter	Rockingham Forest Wheelers	Male	Juvenile
5	10:05:00	Trevor Parrish	A5 Rangers CC	Male	Veteran
6	10:06:00	Shane Mezzatesta	Rats Cycling Team	Male	Senior
7	10:07:00	Graham Read	VeloElite RC	Male	Veteran
8	10:08:00	Simon Fitzhugh	45 RC	Male	Veteran
9	10:09:00	Pete Trotman	Tove Valley Cycling Club	Male	Veteran
10	10:10:00	Bradley Dawson	Rats Cycling Team	Male	Veteran
11	10:11:00	Maria Gent	Kettering CC	Female	Espoir
12	10:12:00	Shaun Brennan	Rats Cycling Team	Male	Senior
13	10:13:00	Jon Thorne	Kettering CC	Male	Veteran
14	10:14:00	Linda Hubbard	Welland Valley CC	Female	Veteran
15	10:15:00	Neil Barford	45 RC	Male	Veteran
16	10:16:00	Edward Smith	Kettering CC	Male	Veteran
17	10:17:00	Andrew Hicklin	Peak Road Club	Male	Veteran
18	10:18:00	Michael Cope	Kettering CC	Male	Veteran
19	10:19:00	Chris Spray	Ratae RC	Male	Veteran
20	10:20:00	Antony Brown	Kettering CC	Male	Veteran
21	10:21:00	Phil Bradley	Rats Cycling Team	Male	Senior
22	10:22:00	Ed Watson	Ratae RC	Male	Veteran
23	10:23:00	Tim Phillips	St Ives CC	Male	Veteran
24	10:24:00	George Fox	Team Bottrill	Male	Senior