

10 mile Time Trial

First rider starts at 1.01pm Newport Village Hall

Organised for and on behalf of cycling time trials under their rules and regulations.





- HQ Newport Village Hall
- Numbers, toilets, result board and most importantly tea & cake will be available from 11.45pm
- Sign In / out
- Riders are required to sign in when collecting their number. Riders are also required to sign out when leaving their number.
- Course
- A map of the course can be seen on the following page. Or via this link https://www.mapmyride.com/routes/vie w/2894325307
- Please note 20 min ride to the start!
 Newport Village hall was the nearest available HQ The route to the start will be signposted.
- Presentation
- Presentation will be made in the hall at Approx 3.15pm



The course – V7115

- Start is on North Cave / Market Weighton Road .
- Start at Hotham cross roads at western arm leading to north carr farm, Start is approx 20metres from junction. Riders turn left, in a northerly direction to junction with A1079 (4.52 miles). Riders turn left on to A1079 & proceed west to turn left at roundabout on to Holme road (5.46) continue south west to Beechwood roundabout, straight on past Beechwood café & left with care onto minor road (7.88). Riders follow road towards Cliff to finish eastern end of copse & approx 0.17 miles from lane opposite Avenue Farm.

Time Trial Etiquette

Riders are set off at one min intervals and aim to complete the course as quickly as they can. Your time is worked out by the finish timekeeper and displayed on the result board in the HQ

- If you are caught by another rider, or if you catch another rider, you are not allowed to ride together (or draft in their slipstream).
- You must stick to the rules of the road and the highway code.
 Marshalls and signs are used to direct you around the course but the roads are still open to traffic in the usual way.

Prizes will be awarded for:

1st Male 1st Female

• 2nd Male 2nd Female

3rd Male
 3rd Female

• 1st Vet (40+) 1st Vet (65+)

1st Junior

- 1st Team of 3 (including 1 Female or 1 Junior)
- Prize presentation will take place in the HQ At 3.15pm



No.	start_t Name	Surname	Club	gender	category
1	13:01: David	Maskell	Jolly Triathlon Club	Male	Veteran
2	13:02: Dave	Bower	Hull Thursday RC	Male	Veteran
3	13:03: Jonathon	Bennett	N/A	Male	Veteran
4	13:04: Grzegorz	Semik	Jolly Tri	Male	Senior
5	13:05: Adrian	Smith	N/A	Male	Veteran
6	13:06: Michael	Reed	N/A	Male	Veteran
7			•		
8					
9					
10					
11	13:11: Richard	Maxted	Mark White Coaching RT	Male	Veteran
12	13:12: Matt	Purnell	Scarborough Paragon CC	Male	Veteran
13	13:13: Abi	Smith	Clifton CC York	Female	Junior
14	13:14: Julie	Swindin	City RC (Hull)	Female	Veteran
15	13:15: Craig	Scaife	Barracuda Tri Club	Male	Veteran
16	13:16: Jennifer	Lynn	Selby CC	Female	Veteran
17	13:17: Emily	Heaton	Royal Air Force Cycling Association	Female	Espoir
18	13:18: Liz	Ball	Valley Striders Cycling Club	Female	Veteran
19	13:19: Jack	Mckinley	Bridlington CC	Male	Veteran
20	13:20: Rebecca	Bland	JRC Shutt Ridley RT	Female	Senior
21	13:21: Karen	Brooks	Team Sportslab	Female	Veteran
22	13:22: Kevin	Sayles	Yorkshire Road Club	Male	Veteran
23	13:23: David	Percival	Team Swift	Male	Veteran
24	13:24: John	Hallas	Valley Striders Cycling Club	Male	Veteran
25	13:25: Sandra	Burrows	VTTA (Yorkshire)	Female	Veteran
26	13:26: Jacob	Riby	Team Sportslab	Male	Juvenile
27	13:27: Chris	Jones	Calderdale Tri Club	Male	Veteran
28	13:28: Tony	Boynton	City RC (Hull)	Male	Veteran
29	13:29: Alan	Gay	Team Swift	Male	Veteran
30	13:30: Mike	Cole	Huddersfield RC	Male	Veteran
31	13:31: Tom	Broadley	Otley CC	Male	Senior
32	13:32: Alan	Kaye	City RC (Hull)	Male	Veteran
33	13:33: Andrew	Johnsin	VC Beverley	Male	Veteran
34	13:34: Luke	Backhouse	Scarborough Paragon CC	Male	Senior
35	13:35: Simon	Posnett	Hull Thursday RC	Male	Veteran
36	13:36: Anna	Docherty	Liv CC Halo Cycles	Female	Espoir
37	13:37: Andy	Clark	Rutland Cycling Club	Male	Veteran
38	13:38: Alan	Thompson	Hull Thursday RC	Male	Veteran
39	13:39: Ben	Norton	Aerobic Power Race Team (APRT)	Male	Senior
40	13:40: Ben	Birtles	City RC (Hull)	Male	Veteran

42 13:42: George Young Team Swift 43 13:43: Karen Taylor Team Sportslab	Male Veteran Female Veteran
43 13:43: Karen Taylor Team Sportslab	Female Veteran
44 13:44: Nicholas Fairfield City RC (Hull)	Male C4
45 13:45: Cliff Beldon Selby CC	Male Veteran
46 13:46: Sarah Lewthwaite Team Sportslab	Female Veteran
47 13:47: Mark Philipson City RC (Hull)	Male Veteran
48 13:48: Tim Swindin City RC (Hull)	Male Veteran
49 13:49: Alex Beldon Team Bottrill	Male Juvenile
50 13:50: Mark Mckeown Hull Thursday RC	Male Veteran
51 13:51: Richard Howe Bishop Auckland CC	Male Veteran
52 13:52: Stephen Dodds Scarborough Paragon C	C Male Veteran
53 13:53: James Punton Transition Race Team	Male Senior
54 13:54: Stephen Robinson VC Beverley	Male Veteran
55 13:55: Steve Burrows VTTA (Yorkshire)	Male Veteran
56 13:56: Andrew Miller VC Beverley	Male Veteran
57 13:57: Rob Hill Team Sportslab	Male Veteran
58 13:58: Richard Walker Selby CC	Male Veteran
59 13:59: Fiona Sharp Team Swift	Female Veteran
60 14:00: Ciaran Pickering Team Sportslab	Male Veteran
61 14:01: Melvin Blackford Vive Le Velo	Male Veteran
62 14:02: Matthew Asquith Team Sportslab	Male Veteran
63 14:03: Matt Pilling Bridlington CC	Male Veteran
64 14:04: Simon Abdy Barton Wheelers Cyclin	g Club Male Veteran
65 14:05: Dave Diston Muckle Cycle Club	Male Senior
66 14:06: Richard Hembrough Team Swift	Male Veteran
67 14:07: Andrew Carroll Cliff Pratt Racing	Male Veteran
68 14:08: Jonathan Croft Team Sportslab	Male Senior
69 14:09: Mark Rowland Selby CC	Male Veteran
70 14:10: Rich Steels Ilkeston Cycle Club	Male Veteran
71 14:11: Bevan Jones Team Sportslab	Male Espoir
72 14:12: Jymmy Trevor Hull Thursday RC	Male Veteran
73 14:13: Daniel Posnett Squadra RT	Male Senior
74 14:14: Thomas Hutchinson Team Kirkley Cycles	Male Senior
75 14:15: Simon Beldon Team Bottrill	Male Veteran
76 14:16: James Meadows Cleveland Wheelers CC	Male Senior
77 14:17: George Evans Team Bottrill	Male Senior
78 14:18: John Brearley Squadra RT	Male Senior
79 14:19: Simon Geraci Team Swift	Male Veteran
80 14:20: Philip Graves VC York	Male Senior