

West Cheshire TTCA



Liverpool TTCA



Manchester & District TTA



Merseyside Ladies CA



Associations 12 Hour



12 Hour

National Championship

First rider starts at

06:05 hours on

Sunday 23rd August 2020

promoted for and on behalf of Cycling Time Trials under its
rules, regulations and conditions

Incorporating the V.T.T.A. 12 Hour National Championship



Event Organiser

Ruth Williams

6 Balfour Road, Prenton, Merseyside CH43 4UD

Tel: 0151 653 7870 Mob (on the day): 07743483672

e-mail: ruthandbobmrc@btinternet.com

Any complaints should be sent to the event organiser, in writing, within 48 hours of the finish.

Timekeepers

Edwin Hargraves

Adrian Humpage

Bridget & Ian Boon

Course Controller

Jon Williams & Sam Williams

Any issues on the day or any abandonments please call the course controllers on 07753612619.

Event HQ

Farndon Community Club, Sibbersfield Lane, Farndon, Cheshire, CH3 6NX

Toilet facilities available from 05:00 – 08:00 and from 16:00

Please follow our Facebook or Twitter page for latest updates:

www.facebook.com/MerseyRoads24

[Twitter.com/MerseyRoads24](https://twitter.com/MerseyRoads24)

COVID-19 Arrangements

Due to the current situation with the COVID-19 pandemic spectators are strongly discouraged from attending the event.

Competitors should not attend if they feel ill in ANY way or if family members have any symptoms.

An elevated resting heart rate or exceptionally quick to react heart rate during warm up can suggest an underlying asymptomatic illness of ANY kind. You should NOT start the event (DNS) and leave immediately. Do not go to the start line if you feel this is the case and notify the organiser of your intention not to start as a result of an adverse warmup.

Ideally all warm-ups should be done on the road, although static warm-ups can be permitted if strict social distancing can be maintained.

Competitors MUST NOT gather in anyway regardless of current guidelines in the car park, HQ area or elsewhere.

There is sufficient parking for all competitors to park at the HQ. Please park responsibly using all the space available. Park head to toe to allow for social distancing when preparing for the event.

Changing facilities will not be available. Toilets are available, please follow social distancing guidelines when using these facilities.

You must bring your own pen to sign on and off.

Start: Riders must maintain a 2m distance and there will be no pusher off.

Competitors on finishing MUST NOT stop at the finish and MUST NOT loiter at the HQ/car park and MUST pack away and leave immediately upon completion of the race. There will be no result displayed at the HQ or prize presentation on the day.

It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.

COVID-19 Arrangements – Support Crews

Support crews are requested not to congregate at Espley or Prees roundabouts. Please spread yourselves around the course.

Support crews should consist of as few helpers as is possible and within current government guideline. Support vehicles must ensure when stopped there is sufficient room to provide the government advised social distancing space in all directions so that each support crew will be minimum of twice the distance from the next. This is to ensure that people remain in a 'safe box' to conduct hand-ups.

Bottles should ONLY be retrieved by support crew. It is suggested that where that person does not live in the same household that nitrile gloves are used and the dropped bottles are deposited in a bucket of hot soapy water and NOT reused during the event. This is be the responsibility of the supporter/competitor and not the organiser. The supporter is advised to change gloves/sanitise hands after retrieving/completing a hand-up. All rubbish must be collected afterwards. Support crews not following social distancing will potentially result in the competitor assisted being disqualified

COVID-19 Arrangements – Marshals

Please do not congregate at the HQ go straight to your marshalling position. If you are running late or unable to attend please let the race organiser know by calling Jon Williams on 07753612619

While marshalling please keep a 2 metre distance between other people

CYCLING TIME TRIALS
NATIONAL CHAMPIONSHIP AWARDS

MEN

- 1st** RTTC Medallion, Championship Trophy, Jersey & Cap
- 2nd** RTTC Medallion
- 3rd** RTTC Medallion

WOMEN

- 1st** RTTC Medallion, Championship Trophy, Jersey & Cap
- 2nd** RTTC Medallion
- 3rd** RTTC Medallion

TEAM AWARDS

First Team of three men

First Team of three women

Age Group Awards:

furthest distance in the following age categories – MEN & WOMEN

A – 40-44

B – 45-49

C – 50-54

D – 55-59

E – 60-64

F – 65-69

G – 70-74

H – 75-79

Awards and prizes – eligibility

Only riders whose names appear in the official result qualify for awards

ASSOCIATIONS 2020 AWARDS

Greatest Distance: £100

2nd Greatest Distance: £80

3rd Greatest Distance: £60

4th Greatest Distance: £40

Fastest Team of 3 Riders: £20 each

2nd Fastest Team of 3 Riders: £15 each

M.L.C.A.:

Lady, with the Greatest Distance:

£40 donated by the Merseyside Ladies, and will hold the Burma Cup for one year

W.C.T.T.C.A. Members only:

Greatest Distance to hold the Pullan Trophy for one year & West Cheshire Medal

Veteran, best on standard: Medal

Lady, greatest distance: Medal

Team of 3 riders, Medal to each rider

L.T.T.C.A. Members only:

Greatest Distance, £25 and hold the Percy Brazendale Trophy for one year

2nd Greatest Distance: £20

3rd Greatest Distance: £15

Best Novice: Plaque

Team of 3 riders: Will hold the Lewis Shield for one year

M.&D.T.T.A. Members only:

Greatest Distance: To hold the Alec Rea Trophy for one year

Lady, Greatest Distance: To hold the Edith Massey Trophy for one year

Best Novice: To hold The Saddle Trophy for one year

Team of 3 riders: To hold the L.H. Brookes Trophy for one year

**Thank you to the following who have
donated to this years event**

**Congleton CC
Mersey Roads Club
Merseyside Ladies Cycling Association**

V.T.T.A. CHAMPIONSHIP AWARDS

All awards are determined by the VTTA

The VTTA 12 Hour National Championship will be taking place in parallel with the RTTC National 12 Hour Championship. The VTTA is open to all riders aged 40 or over. The VTTA will be making awards for the best performances on VTTA standard for the top three men, top three women, top club and top group. To be eligible for these awards riders must be paid up members on the closing date. The VTTA will be publish the VTTA Championship results at www.vtta.org.uk shortly after the event

First Male on Standard: Gold medal, jersey and cap

Second Male on Standard: Silver medal

Third Male on Standard: Bronze medal

First Female on Standard: Gold medal, jersey and cap

Second Female on Standard: Silver medal

Third Female on Standard: Bronze medal

First Tandem on Standard: Gold medals

First Club Team of three riders on Standard: Medals

First Group Team of three riders on Standard: Medals

Riders 2020

| No | Name | Club | | Age | Start time |
|-----------|-----------------------|---------------------------------|---|------------|-------------------|
| 5 | Brigid Night | Frodsham Wheelers | | 55 | 06:05 |
| 6 | Harry Cowley | Chester RC | V | 72 | 06:06 |
| 7 | Malc McAllister | Seamons CC | V | 80 | 06:07 |
| 8 | Kevin Munt | Farnham RC | V | 63 | 06:08 |
| 9 | Paul Revell | Barrow Central Wheelers | | 59 | 06:09 |
| 10 | Toby Williams | Velotik Racing Team | | 27 | 06:10 |
| 11 | Gerry McGarr | Gloucester City Cycling Club | | 68 | 06:11 |
| 12 | David Barry | sportfagley | V | 71 | 06:12 |
| 13 | Dennis Wright | Born to Bike - Bridgtown Cycles | | 57 | 06:13 |
| 14 | Adrian Lee | Reading CC | | 61 | 06:14 |
| 15 | Andrew Whiteside | Bella in Sella Racing | V | 46 | 06:15 |
| | | Ribble Valley Crossroads Care | F | | |
| 16 | Theresa Taylor | CT | V | 60 | 06:16 |
| 17 | Ian Peacock | Leek CC - Den Engel Belgian Bar | V | 68 | 06:17 |
| 18 | Tim Fowler | PSSA Cycling Club | V | 55 | 06:18 |
| 19 | Ian Casson | Birkenhead Victoria CC | V | 68 | 06:19 |
| 20 | Andrew Rivett | Velo Club St Raphael | | 49 | 06:20 |
| 21 | Melinda Atkinson | Lovelo | F | 45 | 06:21 |
| 22 | Robert Corry | Fareham Wheelers CC | V | 56 | 06:22 |
| 23 | Nigel Briggs | South Pennine RC | V | 59 | 06:23 |
| 24 | Laurence Fryer-Taylor | OVB | | 28 | 06:24 |
| 25 | Josh Crow-Stewart | Arctic Aircon RT | | 27 | 06:25 |
| 26 | Kimberley Pickett | Bicester Millennium CC | F | 34 | 06:26 |
| 27 | Kirk Eden | Liverpool Phoenix CC (Aintree) | | 47 | 06:27 |
| 28 | Simon Smith | Ride Harder | V | 46 | 06:28 |

F = Female V = eligible for VTTA prizes

Riders 2020

| No | Name | Club | | Age | Start time |
|-----------|-------------------|--------------------------------|-----|------------|-------------------|
| 29 | Robert Jones | Cardiff 100 Miles RCC | V | 68 | 06:29 |
| 30 | Ben Norbury | Congleton CC | | 36 | 06:30 |
| 31 | Amanda Lane | Bynea Cycling Club | F | 40 | 06:31 |
| 32 | Steve Cornish | Mid Shropshire Wheelers | V | 64 | 06:32 |
| 33 | Steve Orriss | Fareham Wheelers CC | V | 68 | 06:33 |
| 34 | Chris Hill | Team Hoppo | | 46 | 06:34 |
| 35 | Stuart Birnie | Willesden CC | | 41 | 06:35 |
| 36 | Emma Bexson | Stratford Cycling Club | F V | 45 | 06:36 |
| 37 | John Hollier | PDQ Cycle Coaching | | 45 | 06:37 |
| 38 | Peter Marshall | Liverpool Phoenix CC (Aintree) | | 41 | 06:38 |
| 39 | Graham Hurrell | Basildon CC | | 61 | 06:39 |
| 40 | Victor Chetta | Pirate juice cc | V | 42 | 06:40 |
| 41 | Mandy Bunn | Datalynx-Parenesis Cycling | F V | 51 | 06:41 |
| 42 | Ben McCreath | Drighlington BC | | 29 | 06:42 |
| 43 | Paul Wainwright | York Cycleworks | | 42 | 06:43 |
| 44 | Nigel Sign | Fareham Wheelers CC | V | 63 | 06:44 |
| 45 | Daniel Colman | Arctic Aircon RT | | 25 | 06:45 |
| 46 | Joanna Cebrat | Bury Clarion CC | F V | 41 | 06:46 |
| 47 | Arthur Winstanley | Liverpool Phoenix CC (Aintree) | V | 64 | 06:47 |
| 48 | Martin Beale | Velo Club St Raphael | | 47 | 06:48 |
| 49 | Jamie Pleavin | Liverpool Century RC | | 49 | 06:49 |
| 50 | Darren Yarwood | Almerico Vive Le Velo | V | 46 | 06:50 |
| 51 | Fiona Burnie | GS Metro | F | 36 | 06:51 |
| 52 | Clive Boulton | Pirate juice cc | | 52 | 06:52 |

F = Female V = eligible for VTTA prizes

Riders 2020

| No | Name | Club | | Age | Start time |
|-----------|---------------------|--|----|------------|-------------------|
| 53 | Sean Sanders | Drighlington BC | V | 50 | 06:53 |
| 54 | Donald Field | Walsall Roads Cycling Club | | 66 | 06:54 |
| 55 | Nick Clarke | Arctic Aircon RT | | 36 | 06:55 |
| 56 | Ede Harrison | Liverpool Braveheart BC | F | 32 | 06:56 |
| 57 | Pete Christensen | Alton CC/Owens Cycles | | 39 | 06:57 |
| 58 | Andrew Scorey | GS Metro | | 36 | 06:58 |
| 59 | Stuart Peckham | Velo Club St Raphael | | 50 | 06:59 |
| 60 | Brian Fogarty | Fogartys Insurance Tri Team | | 36 | 07:00 |
| 61 | Lisa Davis | trainSharp | FV | 45 | 07:01 |
| 62 | Simon Higgins | Liverpool Century RC | V | 60 | 07:02 |
| 63 | Gary Lock | New Forest CC | | 42 | 07:03 |
| 64 | Andrew Hall | GS Metro | | 38 | 07:04 |
| 65 | Tom Thornely | Buxton CC/Sett Valley Cycles Born to Bike - Bridgtown | | 38 | 07:05 |
| 66 | Lynne Biddulph | Cycles | FV | 51 | 07:06 |
| 67 | Andy Tucker | Newbury Velo | | 48 | 07:07 |
| 68 | Jez Willows | Sherwood CC | V | 55 | 07:08 |
| 69 | Scott Gurnett | Minehead Cycling Club | | 24 | 07:09 |
| 70 | Adam Wild | GS Metro | | 23 | 07:10 |
| 71 | Christina MacKenzie | Stirling Bike Club | FV | 43 | 07:11 |
| 72 | Jed Friskney | MULE .C.C. | | 27 | 07:12 |
| 73 | Chris Reynolds | Liverpool Century RC | | 37 | 07:13 |
| 74 | Daniel Ward | South Normanton C C | | 28 | 07:14 |

F = Female V = eligible for VTTA prizes

Riders 2020

| No | Name | Club | | Age | Start time |
|-----------|------------------|----------------------------|---|------------|-------------------|
| 75 | Jonathan Shubert | Arctic Aircon RT | | 33 | 07:15 |
| 76 | Michelle Lee | PDQ Cycle Coaching | V | 47 | 07:16 |
| 77 | John Forbes | Birkenhead North End CC | V | 55 | 07:17 |
| 78 | Rob Milnes | Thanet RC | | 40 | 07:18 |
| 79 | Paul Russell | Springfield Financial RT | V | 53 | 07:19 |
| 80 | Carl Donaldson | GS Metro | | 40 | 07:20 |
| 81 | Lee Williams | North Hampshire RC | | 35 | 07:21 |
| 82 | Angus Wilson | Dundee Thistle | V | 51 | 07:22 |
| 83 | Matthew Davies | Holohan Coaching Race Team | | 37 | 07:23 |
| 84 | Sam Hughes | Liverpool Century RC | | 33 | 07:24 |
| 85 | Mark Smith | Crawley Wheelers | V | 46 | 07:25 |
| 86 | Matthew Grey | Pankhurst Cycles | | 20 | 07:26 |
| 87 | Nick Tarmey | Velo Club Venta | | 42 | 07:27 |
| 90 | Andy Jackson | AeroCoach | V | 45 | 07:30 |

F = Female V = eligible for VTTA prizes

RIDERS INSTRUCTIONS

PLEASE BE AWARE THAT DUE TO VARYING COVID-19 RESTRICTIONS THAT THE COURSE IS SUBJECT TO CHANGE

- * Any incidents should be reported immediately to the course controller Jon Williams (07753612619)
 - *At traffic lights riders must obey the highway code and STOP if the light is red
- * Cycling Time Trials (CTT) Strongly advise you to wear a hard shell helmet that meets an internationally accepted safety standard. All junior competitors MUST wear protective hard shell helmets
- * No competitor shall be permitted to start the event unless they have affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users
 - * Riders who decide to abandon the event must let the officials know as soon as possible. You must sign off.
- * Support vehicles must be registered, please print one from the cycling time trials website and bring completed to the event. Please put in the box on the signing on table.
- * Course controller may direct riders to omit or repeat certain parts of the course, support teams should find out from the marshals if their rider is to be detoured.
 - * Please take extra care on the Quina Brook circuit when joining the A49.
 - * Riders must ensure their race numbers are visible at all times.
- * Please ask your support crew to behave safely and wear Hi Visibility clothing.

Course details 2020

Only the fastest riders will complete the full course.

Riders will be moved onto the next section of the race at the discretion of the course controller. This will depend upon the speed at which the fastest riders complete each section. Pay attention to the marshals at all times.

All distances are given in miles and decimal parts thereof.

Bold text indicates a mileage reference point.

| | Inter. | Cumul |
|---|--------|--------|
| <u>Section one</u> | | |
| From Farndon Community Club (HQ)to the start turn right out of gate then left on the A534, continue for 3/4 mile to the start in first lay-by | | 0.00 |
| continue on A534 to Broxton Island where Right on A41. Straight on via Hampton Heath RAB to RAB (Grindley Brook) | 2.89 | 2.89 |
| Right via A49/A41 (Whitchurch outer by-pass) Straight on at RAB (Wrexham Rd.) on A49/A41 and take 3 rd exit at RAB (Wem Rd) to continue on A49/A41 via Whitchurch south RAB | 8.73 | 11.62 |
| | 2.27 | 13.89 |
| where Right along dual carriageway (A49/A41) to RAB (Prees Heath) | 1.70 | 15.59 |
| <u>Section two</u> | | |
| From Prees Heath follow A41 to RAB (Tern Hill) where Right on A53 to RAB (Espley) where Left on A442 to RAB (Shawbirch) where encircle & retrace to RAB (Espley) where encircle & retrace to RAB (Shawbirch) where encircle & retrace to RAB (Espley) where encircle & retrace to RAB (Shawbirch) where encircle & retrace to RAB (Espley) where Right on A53 to RAB (Tern Hill) | 6.98 | 22.57 |
| | 3.33 | 25.90 |
| | 9.39 | 35.29 |
| | 9.43 | 44.72 |
| | 9.39 | 54.11 |
| | 9.43 | 63.54 |
| | 9.39 | 72.93 |
| | 9.43 | 82.36 |
| | 3.34 | 85.70 |
| where Left on A41 to RAB (Prees Heath) sharp Left at 1st exit of RAB & take A49 southbound to RAB (Battlefield Church) where encircle & retrace to RAB (Prees Heath) | 6.92 | 92.62 |
| | 13.99 | 106.61 |
| | 14.02 | 120.63 |

Section three: Quina Brook circuit

(1 lap = 12.62 miles)

Inter.

Commence circuit at RAB (Prees Heath)

Straight on at 1st exit (*NOT the service road*)

via A49/A41 to RAB (**Wem Rd**) where **Left on**

B5476

1.66

122.29

via Tilstock & Quina Brook.

Turn **Left on unclassified road**

5.15

127.44

Proc. to 'T' junction with A49 where **Left on A49**

2.20

129.64

Proceed on A49 via Prees by-pass to RAB (**Prees Heath**)

3.61

133.25

to complete the circuit

Repeat this circuit as follows.

RAB (Prees Heath) 2nd time

12.62

145.87

RAB (Prees Heath) 3rd time

12.62

158.49

RAB (Prees Heath) 4th time

12.62

171.11

RAB (Prees Heath) 5th time

12.62

183.73

RAB (Prees Heath) 6th time

12.62

196.35

RAB (Prees Heath) 7th time

12.62

208.97

Proceed to Wem Rd. RAB Straight on along

1.66

210.63

A49/A41 to RAB (**Wrexham Rd**)

1.43

212.06

where Left on A525 (SP Wrexham)

Continue via Cross Lanes (**junc. A525/B5130**)

CAUTION! YOU MUST STOP IF TRAFFIC LIGHTS ARE ON RED

Proceed Straight on and take 2nd exit at RAB

11.19

223.25

again 2nd exit at **next RAB**

0.78

224.03

again 2nd exit at **next RAB**

0.11

224.14

Straight on at **next RAB**

0.44

224.58

again Straight on at **next RAB**

0.27

224.85

Left at 'T' junction

0.10

224.95

at Wrexham Industrial estate RAB encircle and retrace

To TK1

1.36

226.31

Finishing circuit details

one lap = 9.01 miles

| | Inter | |
|---|-------|--------|
| to commence circuit southbound at TK1 | 0.00 | 226.31 |
| To 'T' Junction Left on B5130 (TK2) | 2.60 | 228.91 |
| pass TK3 | 3.15 | 232.06 |
| to junction with A534. | | |
| Left on A534 to RAB (Llan-y-pwl) | | |
| Left to Wrexham Industrial Estate RAB | | |
| take 3rd Exit to complete the 1 st lap at TK1 | 3.26 | 235.32 |

| Lap N ^o | | | |
|--------------------|------------|------------|------------|
| 2 | <u>TK2</u> | <u>TK3</u> | <u>TK1</u> |
| 2 | 237.92 | 241.07 | 244.33 |
| 3 | 246.93 | 250.08 | 253.34 |
| 4 | 255.94 | 259.09 | 262.35 |
| 5 | 264.95 | 268.10 | 271.36 |
| 6 | 273.96 | 277.11 | 280.37 |
| 7 | 282.97 | 286.12 | 289.38 |
| 8 | 291.98 | 295.13 | 298.39 |
| 9 | 300.99 | 304.14 | 307.40 |
| 10 | 310.00 | 313.15 | 316.41 |
| 11 | 319.01 | 322.16 | 325.42 |
| 12 | 328.02 | 331.17 | 334.43 |

On the finishing circuit

Once a riders 12 hours has elapsed they should keep riding until they reach either TK1 TK2 or TK3. Final mileage will be extrapolated based on the speed between the TK passed before your time elapsed and the TK after time elapsed.

Marshalling Schedule

| | |
|------------------------|---------------------------------|
| Principal Time keeper | Edwin Hargaves |
| Time Keeper/recorder 1 | Bridget & Ian Boon |
| Time Keeper/recorder 2 | Edwin Hargaves & Ian Price |
| Time Keeper/recorder 3 | Adrian Humpage & Martin Jackson |
| Course Controller | Jon Williams & Sam Williams |
| Recorder | Sam Williams & Barry Williams |

please wait for the last man marshal to tell you all riders have completed the section

| Location | Job | Approx Time | Names |
|---------------------|-------------------------------------|-------------|-----------------------|
| Section 1 | course marshal | | Barry & Ruth Williams |
| Start | | | |
| Broxton Island | Roundabout Right Turn | 06:05 | Chester RC |
| Grindley Brook | Roundabout Right Turn | 06:30 | Anfield BC |
| Wrexham Road Island | Roundabout straight on | 06:30 | Graham Weigh |
| Wem Road Island | Roundabout Right | 06:30 | Pirate Juice |
| Whitchurch South | Roundabout Right | 06:30 | AN other |
| Prees Heath | Roundabout straight on & time check | 06:40 | Mersey Tri & Bob Jump |
| Section 1 | Last man marshal | | Greg Melia |
| Section 2 | course marshal | | Barry & Ruth Williams |

| | | | |
|--|--|-------|----------------------------|
| Tern Hill | right turn & Time check | 07:00 | Birkenhead Victoria |
| Espley | left turn & time check | 07:10 | Nick Lang & Jon Fairclough |
| Shawbirch | Roundabout encircle | 07:30 | North Shropshire Wheelers |
| | Lap/Time Check | 07:30 | North Shropshire Wheelers |
| Espley | Roundabout encircle | | Nick Lang & Jon Fairclough |
| | Lap/Time Check | | Paul Martin |
| Tern Hill | Left Turn & time check | 10:00 | Birkenhead Victoria |
| Prees Heath Island (entrance from Tern Hill) | Roundabout Turn Left 1st exit & Time check | 10:00 | Frodsham Wheelers |
| Battlefield Island | Roundabout encircle & Time check | 11:00 | Mid Shropshire Wheelers |
| | Approx. 100 mile Time check | | Ian & Bridget Boon |
| Section 2 | Last man marshal | | Greg Melia |

| | | | |
|-------------------------------|----------------------------------|-------|-----------------------------------|
| | | | |
| Section 3 | course marshal | | Barry & Ruth Williams |
| Prees Heath Island | Roundabout straight on 2nd exit | 11:30 | Birkenhead North End |
| | Lap/Time Check | | John & Lil Clarke |
| Wem Road | Left turn & time check | 11:35 | Liverpool Phoenix |
| | Lap/Time Check | | Andy & Diane White |
| Quina Brook | Left turn & time check | 11:45 | Port Sunlight Wheelers |
| Prees Green | Left turn & time check | 11:50 | Liverpool Century & Colin Baldwin |
| Section 3 | last man marshal | | Greg Melia |
| Section 4 | course marshal | | Barry & Ruth Williams |
| Wrexham Road Island | Left turn & time check | | Prescot Eagle |
| 1st RAB | 2nd exit | | Helen Tudor & Jason Arnold |
| 2nd RAB | 2nd exit | | David Gostelow |
| 3rd RAB | 2nd exit | | Brian Parry |
| 4th RAB | Straight on | | John Kay |
| 5th RAB | Straight on | | AN other |
| 'T' junction | Left turn | | Manchester TTA |
| Wrexham Industrial estate RAB | Roundabout encircle & Time check | | Manchester TTA |
| Section 6 | last man marshal | | Greg Melia |

| | | | |
|-------------------------------------|-----------|--|----------------|
| Finishing Circuit | | | |
| 'T' Junction on B5130 | left turn | | Manchester TTA |
| Left on A534 | left turn | | Manchester TTA |
| RAB (Llan-y-pwl) | left turn | | Manchester TTA |
| Wrexham Industrial Estate RAB | 3rd Exit | | Manchester TTA |

Advice for Marshals

The most important thing when marshalling is to ensure your own safety. DO NOT STAND IN THE ROAD. Wear a Hi-vis jacket.

During the 12 hour event the Time Check cards completed by marshals are very important. If you don't see a riders number please just write the time and a ? in the number column.

When marshalling at a roundabout please have somebody standing at the entrance point of the roundabout indicating which way to turn and the exit point showing the way so it is as clear as possible where the riders must go. If you have enough marshals then cover all the exits from the roundabout to ensure riders do not take the wrong one.

PLEASE USE APPROPRIATE CYCLE EVENT WARNING SIGNAGE

Previous Winners of the Open 12

| | | |
|----------------------|------------------------------|---------------|
| 1962 G.P. Hughes | Birkenhead N.E. | 252.306 miles |
| 1963 G.P. Hughes | Birkenhead N.E. | 250.315 miles |
| 1964 W.K. Aitken | Crewe Wheelers | 251.221 miles |
| 1965 E.G. Richards | Merseyside Wheelers | 260.155 miles |
| 1966 A. Ashworth | Birkenhead N.E. | 263.008 miles |
| 1967 D.F. Short | Liverpool Eagle R.C. | 257.177 miles |
| 1968 J. Leach | Clayton Velo | 245.693 miles |
| 1969 E.G. Richards | Merseyside Wheelers | 252.084 miles |
| 1970 J. Atkinson | Mersey Roads Club | 239.956 miles |
| 1971 D.J. Wooton | Port Sunlight Wheelers | 248.239 miles |
| 1972 R.C. Goodfellow | Beacon Roads C.C. | 255.466 miles |
| 1973 A.R. Masterson | Birkenhead N.E. | 249.700 miles |
| 1974 A. Roberts | Chester R.C. | 248.449 miles |
| 1975 K. Boardman | Birkenhead Victoria C.C. | 252.872 miles |
| 1976 P. Guy | Chester R.C. | 254.813 miles |
| 1977 P. Guy | Chester R.C. | 254.347 miles |
| 1978 M. Judge | Seamons C.C. | 244.796 miles |
| 1979 G.C. Smith | Merseyside Wheelers | 253.298 miles |
| 1980 K.S. Denny | Liverpool Century R.C. | 250.817 miles |
| 1981 P. Guy | Mid Shropshire Wheelers | 261.625 miles |
| 1982 A.R. Masterson | Birkenhead N.E. | 255.455 miles |
| 1983 G.C. Smith | Merseyside Wheelers | 262.262 miles |
| 1984 K. Crosbie | Merseyside Wheelers | 252.945 miles |
| 1985 N.R. Oakley | Wrexham R.C. | 269.163 miles |
| 1986 C.M. Mellor | Holme Valley Wheelers | 250.894 miles |
| 1987 J.J. Parker | Wrekinsport C.C. | 246.266 miles |
| 1988 P.S. Kavanagh | VC Halton | 258.228 miles |
| 1989 P.S. Kavanagh | VC Halton | 254.369 miles |
| 1990 K. Silvester | Mid Shropshire Wheelers | 242.49 miles |
| 1991 P. Guy | Mid Shropshire Wheelers | 248.85 miles |
| 1992 P.B. Goodfellow | Sheffield Univ. C.C. | 260.41 miles |
| 1993 Nick Gardiner | Oxford Polytechnic C.C. | 276.81 miles |
| 1994 Keith Murray | North Wirral Velo - Kodak | 257.97 miles |
| 1995 Roy Hodgkinson | Crewe Clarion Wheelers | 270.99 miles |
| 1996 Tim Phillips | Worcester St. Johns C.C. | 246.76 miles |
| 1997 Paul Costain | Port Sunlight Wheelers | 261.80 miles |
| 1998 Eamonn Deane | Bournemouth Jubilee Wheelers | 273.80 miles |
| 1999 Keith Murray | Pete Read Racing-Steve Goff | 262.46 miles |
| 2000 Steve Davies | Seamons CC | 257.25 miles |
| 2001 Nick Giles | Warrington Road Club | 264.21 miles |
| 2002 Robert Nelson | Dukinfield Cyclists Club | 259.61 miles |
| 2003 Darren White | North Shropshire Wheelers | 262.16 miles |
| 2004 Chris Hopkinson | Matlock C.C. | 260.28 miles |

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|-----------------------|-------------------------|--------------|
| 2005 Neil Skellern | Congleton Cycling Club | 267.11 miles |
| 2006 Neil Skellern | Congleton Cycling Club | 269.12 miles |
| 2007 Neil Skellern | Congleton Cycling Club | 267.60 miles |
| 2008 Andrew Wilkinson | Port Sunlight Wheelers | 283.12 miles |
| 2009 Andrew Wilkinson | Port Sunlight Wheelers | 302.46 miles |
| 2010 Neil Skellern | Congleton Cycling Club | 276.89 miles |
| 2011 Andy Bason | Team Peddle Revolution | 302.80 miles |
| 2012 Mark Turnbull | Leigh Premier Road Club | 286.89 miles |
| 2013 Grigor Wallace | Team Midland Racing | 288.02 miles |
| 2014 Ultan Coyle | Feather Cycles Racing | 280.61 miles |
| 2015 Rob Townsend | Team Swift | 292.46 miles |
| 2016 Victor Chetta | Mid Shropshire Wheelers | 282.66 miles |
| 2017 Victor Chetta | Mid Shropshire Wheelers | 288.93 miles |
| 2018 Andy Jackson | AeroCoach | 284.58 miles |
| 2019 Ben Norbury | Congleton Cycling Club | 282.68 miles |

Previous Holders of the MLCA Burma Cup

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|--------------------------|---------------------------|---------------|
| 1963 C.Hawes | Merseyside Wheelers | 221.775 miles |
| 1964 A. Bradburn | Merseyside Wheelers | 222.570 miles |
| 1965 W. Boulton | Exodus R.C. | 216.629 miles |
| 1966 J. Kershaw | Liverpool Eagle R.C. | 248.248 miles |
| 1967 R. Williams | Liverpool Eagle R.C. | 225.559 miles |
| 1970 C. Moody | Birdwell Wheelers | 220.740 miles |
| 1975 A.D. Hooton | Prescot Eagle R.C. | 177.903 miles |
| 1976 J. Pierce | Merseyside Wheelers | 193.871 miles |
| 1979 J. Colman | Scarborough Paragon C.C. | 203.934 miles |
| 1983 J. Kershaw | Prescot Eagle R.C. | 224.742 miles |
| 1984 E. Carpenter | Southborough Wheelers | 212.048 miles |
| 1986 L. Meliia | Mersey Roads Club | 206.938 miles |
| 1988 S. Hiley | St. Anne's C.C. Ormskirk | 183.698 miles |
| 1989 S. Hiley | St. Anne's C.C. Ormskirk | 203.116 miles |
| 1991 L.E.A. Taylor | Walsall R.C.C. | 210.13 miles |
| 1992 C. Roberts | Crewe Clarion Wheelers | 253.92 miles |
| 1993 L.E.A. Taylor | Walsall Roads C.C. | 234.03 miles |
| 1994 C. Roberts | Crewe Clarion Wheelers | 256.78 miles |
| 1995 C. Roberts | Crewe Clarion Wheelers | 248.83 miles |
| 1996 L.E.A. Taylor | Walsall Roads C.C. | 242.15 miles |
| 1997 C. Roberts | Crewe Clarion Wheelers | 244.14 miles |
| 1998 C. Roberts | North Shropshire Wheelers | 247.42 miles |
| 1999 C. Roberts | North Shropshire Wheelers | 245.30 miles |
| 2000 C. Roberts | North Shropshire Wheelers | 248.77 miles |
| 2001 L.E.A. Taylor | Walsall Roads C.C | 249.02 miles |
| 2002 L.E.A. Taylor | Walsall Roads C.C. | 244.48 miles |
| 2004 Ann Wooldridge | Walsall Roads C.C. | 228.21 miles |
| 2005 Lynne Entwistle | Lyme Racing Club | 187.23 miles |
| 2006 Lynne Taylor | Walsall Roads C.C. | 232.80 miles |
| 2007 Christine Roberts | North Shropshire Wheelers | 235.45 miles |
| 2008 Jane Kew | Weaver Valley C.C. | 210.60 miles |
| 2009 Christine McLean | Shetland Wheelers | 236.85 miles |
| 2010 Deborah Hales | Cestria CC | 218.47 miles |
| 2011 Lynne Taylor | Born to Bike RT | 252.55 miles |
| 2012 Jenny York | Mid Shropshire Wheelers | 218.64 miles |
| 2013 Helen Bennett | Cadence RT | 230.74 miles |
| 2014 Hannah Fawcett | Liverpool Bravehearts | 223.62 miles |
| 2015 Jasmijn Muller | Paceline RT | 256.41 miles |
| 2016 Pauline Atkinson | Seamons CC | 231.24 miles |
| 2017 Christina Mackenzie | Stirling Bike Club | 246.60 miles |
| 2018 Hannah Fawcett | Liverpool Bravehearts | 223.95 miles |
| 2019 Jill Wilkinson | Chester RC | 240.95 miles |

This event may be subject to a Doping Control

It is your responsibility to check

As soon as you have finished you should return to the event HQ as **it is your responsibility to check** if you are required for Doping Control

Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board

If your number is displayed you should report immediately to Doping Control which will be nearby

**Remember, it is up to you to check and ensure that
you comply**

If required you must report to Doping Control after finishing without delay

